



Faith

The MHR Parish family is a faith community in the Roman Catholic tradition. The Worship Committee reflects and fosters this religious experience in an atmosphere of welcome and inclusion.

THIS WEEK AT MOST HOLY REDEEMER

Monday, February 9

7 pm **Centering Prayer** in the Church
7 pm **Administration Committee** in the Rectory

Tuesday, February 10

10 am **Gardening**
7:30 pm **Faith Sharing Group** in the Church

Wednesday, February 11

5 pm **Wednesday Night Suppers** in Ellard Hall

Thursday, February 12

10 am **Gardening**

Friday, February 13

2:30 pm **Thomas Aquinas Seminar** in the Rectory

Saturday, February 14

10 am **Gardening**

Sunday, February 15

After the 8 am and 10 am Mass - Open Library
9:30 am **Weekly Rosary** by Our Lady's Statue near the stairs going to the Church
After the 10 am Mass - Coffee Hour and Fat Sunday Pancake Breakfast in Ellard Hall
4 pm **Secular Franciscans at MHR** in the Children's Rm.

Lenten Vesper Services

Please come and pray, sing, and reflect together this Lent. We will have our annual Lenten vesper services every Wednesday evening beginning at 7:30 pm in the Church starting on February 25, Ash Wednesday. Rev. Glenda Hope will be our speaker on Feb 25. Rev. Thomas Bonacci, C.P. will be our speaker on Mar 4 and 11. **Fr. Tomas Bonacci, C.P.** directs the InterFaith Peace Project and resides at St. Ignatius of Antioch parish in Antioch, CA. This is not Fr. Tom's first time at MHR. He presided at liturgy a number of times over the years. Fr. Tom reaches out to people of all faiths to advance dialogue, understanding, and cooperation for the promotion of peace. The InterFaith Peace Project seeks "to provide hope and local-based education programs to person and groups interested in developing or enhancing their appreciation of the faith traditions of the world."

Lenten Soup Suppers

In the past, we held Soup Suppers during Lent. Generally, they were held Thursday evenings at 7 pm. Anyone who can make a soup and bring it to share is welcome. We will provide bread. These were very successful and many were able to show their soup making prowess. Are you interested? Please call Ramona at 415-431-2152 or Larry 415-776-1759.

Parish Retreat

The 2009 MHR Parish Lenten Retreat: **I Call You Friends**, will be held March 6 to 8, 2009 at Vallombrosa Center in Menlo Park. **Fr. Xavier Lavagetto, O.P.**, Pastor of St. Dominic's Parish, has agreed to lead this year's retreat which will allow participants to explore their own strengths and gifts as we develop our ministry of friendship to one another at MHR and beyond. Stop by our table during coffee hour after the 8 am and 10 am Masses to learn more. For more information contact Ramona Michaels at 415-431-2152.

Time and Talent Survey

Today during the offertory, we will collect your completed surveys indicating where you are willing to **Invest Your Time and Share Your Talent** with the MHR Community. Place your completed survey into the collection basket as a sign of your involvement in the coming year at MHR.

MHR Community Corner

We would like to say **Happy Birthday** to those celebrating their birthdays this week: *Sara Baker-Flynn, Roderic W. Cathcart, Charles Chow, Jacqueline Fegan, Edna Aileen Flores, David B. Grant, Victoria L. Knapp, Gordon Lam, Rene B. Lazo, Andrew Leas, Michael Lewis, Diadema Tor Mansour, Michael Mazzaferro, Arthur L. Montero Sr., Rodney C. Pearson Sr., Steve E. Rosera, Kenneth L. Vandenberg, Gregory C. Wrenn and Daisy Young.*

Save the Date!

Feb 22 Academy Awards at MHR
Feb 25 Ash Wednesday
Mar 4 Lenten Vesper Service starts
Mar 6-8 Parish Retreat
Mar 14 St. Patrick's Day Dinner Dance

See you there!

We need each other to *Bridge the Gap*.
Please complete your pledge card
and put it in the basket or drop it off at the Rectory.



Family

The MHR Parish family provides a caring environment where a sense of community is nurtured and grows. This takes place through the many ministries and programs of the Administration, and Community Life Committee.

Academy Awards at MHR

Walk the Red Carpet with the Stars of MHR, "Oscar" Fund Raiser, Sunday February 22, 2009. Join the fun. Casting notice: How about being a volunteer or donating a prize? Call Gloria at 415-552-3232.

MHR on Facebook

Most Holy Redeemer is now on Facebook. If you are a Facebook member, you can search and become a friend of MHR. Or you can reach it by going to www.mhr.org. The more the merrier. Friend us now and help spread the word and extend our all inclusive community.

Communications in the Parish

For the bulletin and inserts in the bulletin, please submit them *Thursday, nine days before publication*. And, starting this year, groups, committees and ministries submitting inserts are asked to photocopy their inserts after they are approved by the pastor, and have one of their members stuff them in the bulletins before the weekend.

Archbishop's Annual Appeal

The AAA has been mailed out. This year's assessment amount for Most Holy Redeemer is **\$66,600**. If you have not received the brochure yet, you may can get one from the pews in the Church.

Treasury Notes

- The **2008 Statements** have been mailed already. Please contact the Parish Office if you have not received them yet.
- The *Mortgage Sunday Collection* for the whole month of *January* was **\$8,125**. This amount includes payments towards *Second Century Campaign/Bridging the Gap* pledges made in that month.

Collection for Jan 31 - Feb 1:

5 pm Mass	\$298.00
8 am Mass	\$670.00
10 am Mass	\$2,347.00
<u>Miscellaneous</u>	<u>\$687.00</u>
Total:	\$4,002.00

Thank you !

MHR AIDS Support Group

- **Upcoming Retreats** for persons living with HIV/AIDS are available **at Catherine's House** in the Sierra Foothills on the following dates: Feb 23-26, Mar 9-12, Mar 23-26, Apr 13-16, Apr 30-May 3, May 11-14, May 25-28. Call toll free 1-888-644-4584 to make reservations or for more details about these "themed" retreats. They request a minimum donation of \$40 to cover all expenses including transportation. Scholarships are available for those in need through our AIDS Support Group at 415-863-1581, or by contacting David at the above toll free number.
- Some have expressed interest in resurrecting our weekly **HIV/AIDS Faith Sharing** meetings. Please contact us if you would like to participate or for more information. Individuals from all faith backgrounds are welcome and would be invited to structure the group to meet their specific needs and availability.
- Our **St. Patrick's Day Dinner Dance Fundraiser** is scheduled for Saturday, March 14. This is a joint effort of our AIDS Support Group and Parish Community with preparations and benefits split equally. Invitations will be mailed this week. Event and Raffle Tickets can be purchased using the mailed order form, after the 10 am Mass at Coffee Hour starting next week, or at the door. Reserve March 14 and plan to join in the fun!



Library Notes

The Parish Library is open after the 8 am and 10 am Masses. This week, we celebrate women in the Church. Next week, we will highlight the new book "Sense of the Faithful" which contains several interviews with parishioners.

Young Adults Group Upcoming Events

- Feb 27-Mar 1 - RE Congress, Anaheim
- Mar 15 - Service Day, Location TBD
- Mar 27 - Faith Sharing, Church
- Apr 10 - Service Day - Decorating for Easter, Church
- Apr 17 - Faith Sharing, Church

Young adults in their 20s, 30s, and early 40s are invited to participate. To learn more about MHR's Young Adult Group, contact Marc Contreras or Frances Grimstad or email them at yag@mhr.org. Visit YAG at www.mhr.org/yag.html.



MOST HOLY REDEEMER CHURCH LENTEN RETREAT

“I Call You Friends”

Living our strengths in our ministry of friendship

at MHR and beyond

March 6 to March 8, 2009

Vallombrosa Center, Menlo Park

Prepare for Easter this year by taking this opportunity to step away from your routine with other members of the MHR Parish Family.

Led by Fr. Xavier Lavagetto, O.P.

Pastor of St. Dominic’s Parish in San Francisco

- Learn your top five strengths and how to live from them
- Small group sharing
- Private Reflection
- Opportunity for Reconciliation

\$250 Registration Fee includes private accommodations a private bath, meals, and a copy of the book *Living Your Strengths*. Each participant will be able to complete an online analysis of your personal strengths to prepare for this special retreat. *Please Register by Ash Wednesday, February 25.*

For More Information contact: Ramona Michaels, 415-431-2152



MOST HOLY REDEEMER CHURCH LENTEN RETREAT

*100 Diamond Street
San Francisco, CA 94114
Tel (415) 863-6259
Fax (415) 552-8786*

Registration Form

Name: _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Phone:
(Day:) _____ **(Evening:)** _____

Email: _____

Please include a check, payable to Most Holy Redeemer, for \$250. Mail or deliver to the Parish Office. Registrations will be confirmed on a “first-come, first-served” basis.

We will confirm your registration, and provide you with a copy of the book *Living Your Strengths*, with instructions on how to complete your personal strengths assessment prior to the retreat.



MOST HOLY REDEEMER CHURCH

*100 Diamond Street
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Investing Our Time and Sharing Our Talent in 2009

Most Holy Redeemer is a very special place. We are glad that you are with us today for Stewardship Sunday, whether you've been a parishioner for years, have just joined, or are simply here exploring the parish and what it has to offer.

Vibrant parishes, such as Most Holy Redeemer, are characterized by people both **investing their time** in spiritual pursuits (prayer, meditation, daily Mass, retreats, etc.) and also **sharing their talents** in ministries (lectoring, making coffee, serving on a committee, etc.). It is both our time and our talent which signifies our active involvement in the full life of the parish.

Here you will find a brief description of more than thirty different ministries, committees, programs, or events which would benefit from your involvement. Where the activity is not self-evident, we've included a short description. Some of these you may already be an active participant in while others may interest you as an avenue of new involvement in the parish. To learn more about any of these, we invite you to attend the **Ministry Fair on Sunday, February 1** after the 10:00 Mass in Ellard Hall.

Then, we invite you to prayerfully consider what level of involvement you can make with both your **time and talent** here at the parish. The inserted form will allow you to indicate where you are already active, and where you might like to become more active in the parish. During lent leaders of each activity will provide you with more information on any of the programs you select.

On the back of this form you will find basic demographic information as well as the opportunity to participate in the final phase of *Bridging the Gap*, the MHR capital campaign or to receive weekly envelopes for your regular tithes to financially support the parish. If you've never registered with the parish, please complete the entire form. If you're already registered, simply provide us your name, phone, email, and any updates.

As part of our offertory at each of the three weekend Masses on February 7 and 8 we will collect these forms as a communal sign of our commitment to one another and the parish as a whole. As the collection basket is being passed please place the time and talent form and place it in the basket. Please keep the listing of ministries for future reference.

*"As each has received a gift, use it to serve one another
as good stewards of God's varied grace." (1 Peter 4:10)*

Time . . . investing time in our relationship with God

All relationships require an investment of our time to be vital and fulfilling. While this is easy to see in our relationships with friends and family, it can be harder to remember this in our relationship with God. This year we invite all members of the MHR community to consider what more you can do to invest time in your relationship with God, beyond your weekly participation in Mass.

Here are some ways which are available to you. As a tangible sign of your commitment to these we invite you to complete the Time and Talent Survey and indicate which of these commitments you already do, or wish to begin. If it involves joining a group or registering, (like the Parish Retreat or a Small Faith Group) a leader will contact you to provide you more information. If it's simply a personal commitment on your part (like attending daily Mass regularly or spending time in personal prayer) we still invite you to indicate that on the form, as a sign of your personal commitment to spending this time with God.

Commitments with Others – (note this on the time/talent survey)

- Faith Sharing Groups – a way to build a small group connection with 6 to 8 other parishioners during Lent; see the next page for more details.
- Parish Retreat – March 6 to 8 in Menlo Park at Vallombrosa Center; this year's retreat "I Call You Friends" will focus on helping retreatants identify their personal strengths which they bring into their own ministry of friendship within and beyond the parish.
- Centering Prayer – weekly gathering to practice centering prayer on Monday evenings at 7:00 pm in the church

Individual Commitments – (personal commitments you may consider making)

- Rosary – a small group gathers between the two Sunday Masses to share the communal experience of the rosary
- Daily Mass – each morning at 8:00 am many from the parish begin their day together with daily celebration of the Eucharist
- The Little Black Book – the Young Adults Group is selling this simple guide to Lent which you can practice on your own as a devotion to prepare for Easter.
- The Little White Book – a companion book for daily devotions between Easter and Pentecost, also sold by the Young Adults Group
- Lenten Vesper Series – each Wednesday at 7:30 PM during Lent we will gather for a prayer service featuring a reflection offered by individuals in the parish

Time . . . investing time in our relationship with God

Small Faith Groups – Lent 2009

This year we're hoping to launch a number of small groups to meet weekly during Lent for faith sharing, prayer, and service. These groups will meet either at MHR or in the homes of different members. We are looking for both leaders and participants for this venture; our goal is to see if we can find 12 individuals (or couples) willing to lead small groups of 8 to 10 parishioners each.

Here is what Leaders Can Expect

- Guidance and support on how to facilitate a group
- Support in securing a location for the meeting, if you want it at MHR
- Weekly email exchange with other leaders on best practices

Here is what Leaders Will Do:

- Select a day and time for their meeting each week from (2/25 to 4/8)
- Secure a co-leader (or alternate) to assist them
- Determine a format – some groups simply use the coming Sunday's readings as their discussion point while others may choose to read a spiritual book together.
- Participate in a team leader training (one hour on a weekend or weeknight)
- Participate in a Small Group Launch on Sunday Feb. 22

Here is what Participants Can Expect:

- Matching with a group that meets their neighborhood/scheduling interest
- Weekly fellowship with other MHR Parishioners
- Opportunity to reflect more deeply on your faith during this time of year

If you are interested in either leading or participating in a Small Faith Group, please indicate this on the **Time and Talent Survey**. We will be back in touch with you about the scheduling and assignment.

Talent... Sharing our gifts with the community

Here below is a list of programs or ministries where your talents could make a difference.

Parish Wide – working on a level to ensure the success of all MHR programs

- Parish Council
- Finance Council

Administration – coordinating the non-financial temporal affairs of the parish: how the physical plant is maintained and how the parishioners are kept informed

- Building and Grounds
- Communications – weekly bulletin, website, and ads
- Stewardship – linking parishioners by sharing time, talent, and treasure
- MHR Garden Volunteers
- MHR Parish Office Volunteers
- Capital Campaign – helping retire our parish mortgage

Worship – attends to those areas of the Parish life which provide for spiritual growth through celebrations that are spiritual or liturgical in nature.

- Acolytes
- Environment Committee – seasonal and general interior church décor
- Eucharistic Ministers
- Lectors
- Liturgy Planning – sets goals, directions and standards for the overall liturgical and prayer life
- Ministers of Hospitality/Greeters
- Ministers of Music – instrumentalists and vocalists for worship

Community Life – build a deeper sense of Christian community for all ages and interest groups in the parish.

- Adult Education – teaching others about our faith
- AIDS In Africa – prayer, advocacy, education, and fundraising activities to sponsor the tuition of orphans
- AIDS Support Group – mitigate the suffering and enhance the quality of life of persons with HIV/AIDS
- Castro Street Fair/Pride Outreach – promoting MHR to the community
- Outreach to the Homebound
- Peace and Social Justice – promoting justice in and beyond the Church
- RCIA – process for non-Catholics become members of the Church
- Reconnecting – for those who have been away from the Church and are thinking about coming back
- Social Events – organizing events and parties to bring MHR together
- St. Vincent DePaul Society
- Sunday Coffee Hour Volunteers
- Wednesday Night Suppers – cultivate relationships with our homeless neighbors in the Castro
- Young Adult Group – young adults in their 20s, 30s and early 40s meeting for spiritual and social activities

Most Holy Redeemer Parish Time and Talent Survey

Name: _____ Phone: _____

Email: _____

If you are currently active in a ministry, please check the left hand side of this list. If you'd like to join (or simply learn more) about any programs please place a check to the right of the ministry.

Current		Future		
Leader	Member	Program or Ministry	Join	Explore
Commitments of Time				
		Faith Sharing Groups		
		Parish Retreat Planning		
		Centering Prayer		
Commitments of Talent				
		Parish Council		
		Finance Council		
		Administration Committee		
		Building and Grounds		
		Communications		
		Stewardship		
		MHR Garden Volunteers		
		MHR Parish Volunteers		
		Capital Campaign		
		Worship Committee		
		Acolytes		
		Environment Planning		
		Eucharistic Ministers and Homebound		
		Lectors		
		Liturgy Planning		
		Minister of Hospitality/Greeters		
		Ministers of Music		
		Community Life Committee		
		Adult Education		
		AIDS in Africa/AIDS Orphans Ministry		
		AIDS Support Group		
		Castro Street Fair/Pride Outreach		
		MHR Library		
		RCIA – interest in becoming a Catholic		
		Reconnecting		
		Social Events		
		St. Vincent DePaul Society		
		Sunday Coffee Hour Volunteers		
		Wednesday Night Suppers		
		Young Adult Group		

Most Holy Redeemer Parish Time and Talent Survey

If you are already registered with the parish, simply provide name and email (on both sides) and update any data which has changed since last year. Each adult member of the family should complete a separate survey. Thank You.

Name (First, Middle Initial, Last) _____

Email address (please print clearly; this will not be used other than contact you request) _____

_____/_____/_____
Nickname Gender Date of Birth

Relationship Status:

Single Partnered Married Anniversary Date ____/____/____

Home Address: _____

Partner/Spouse: _____ Parishioner of MHR? Yes No

Children (and ages) who are a part of your current household? _____

Occupation: _____ Primary Phone: () _____

<u>Spiritual Milestones</u>	Completed	Interested	Would you like to receive offertory envelopes for this coming year? <input type="checkbox"/> Yes <input type="checkbox"/> No
Baptism	<input type="checkbox"/>	<input type="checkbox"/>	<i>(This allows us to provide you with a statement of contributions for tax purposes)</i>
Confirmation	<input type="checkbox"/>	<input type="checkbox"/>	
Eucharist	<input type="checkbox"/>	<input type="checkbox"/>	
Matrimony	<input type="checkbox"/>	<input type="checkbox"/>	
Holy Orders	<input type="checkbox"/>	<input type="checkbox"/>	
Religious Profession	<input type="checkbox"/>	<input type="checkbox"/>	Would you like to receive the Catholic San Francisco Newspaper? <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Already have

Bridging the Gap Campaign

Have you made a pledge or contribution since 11-01-07 toward the capital campaign? Yes No

Other Gifts/Skills/Interests

Please circle any of the skills below you'd be interested in sharing with the MHR Community

Accounting	Electrical	Painting
Art/Photography	Fundraising/Grants	Plumbing
Calligraphy	Gardening	Sound and lighting
Carpentry	General Maintenance	Web Design/Developer
Clerical/Office Work	Heating /cooling systems	Other: _____
Computer Tech skills	Investment consulting	_____
Desktop publishing	Legal counsel	_____

‡ MASS INTENTIONS ‡

Our Mass celebrants will remember the following intentions during the celebration of the Eucharist:

Saturday, February 7

8 am Joe Cooper

5 pm Clients, Volunteers, and Benefactors
of the AIDS Support Group

Sunday, February 8

8 am Angelina Fazio †

10 am Most Holy Redeemer Parishioners

Monday, February 9

8 am Louis Strothers †

Tuesday, February 10

8 am Maura Leahy †

Wednesday, February 11

8 am Lorraine Bush †

Thursday, February 12

10 am Marella Botz & Lorraine Botz †

Friday, February 13

8 am Joseph Poma †

Saturday, February 14

8 am Gilda See Gondolfo

5 pm Madeline Russo

Sunday, February 15

8 am Harry M. Johnson Jr. †

10 am Most Holy Redeemer Parishioners

Contact the Parish Office at 415-863-6259 to make a contribution for flowers in the church or to have Mass celebrated in memory of a loved one who has died, in honor of a special person, or for other special intentions.

We pray for parishioners, relatives & friends who are ill:

Priscila Austria, Virgilio Austria, Corbin Barnes, Taylor Betz,
Fr. Dusan Bunjevic, Steve Calvert, Sue Cattelan,
Hector Crawford, Josephine Differding,
Bev Differding DeVos, Alice Fedawa, Jenny Firth,
Robert Gallegos, Mike Gelpi, Letitia Grenier, John Haddad,
Joseph Hardegree, Fr. Joe Healy, Natalie Kosche,
Jamie Liebman, Margaret Marcella, Emily McCann,
Tim MCGee, Tim McGee, Dominic Nigro, Fran Patrick,
Pauline Paulos, Joan Pell, Steve Pic-keel, George Prytz,
John H. Quinn, Warren Ryan, Paul Schwartz,
Andrew Siedlikowski, Phyllis Stockholm, Courtney Tovar,
Jeane Vicini, Jena Williams

Please note, unless specified by the requesting person, names placed in the list are kept for at least three months. To update the list, kindly call the Parish Office at 415-863-6259.

Thank you very much.