

MOST HOLY REDEEMER

Parish



Fifth Sunday in Ordinary Time
February 9, 2020

Worship Hours

Monday-Saturday 8:00am Mass

Saturday 5:00pm Vigil Mass

Sunday 8:00am, 10:00am & 6:30pm Mass

Holy Days 8:00am and 7:00pm

Reconciliation

Saturday 3:45-4:30pm

or by Appointment

Baptism & Marriages

Please contact the Parish Office.

For Marriages please call the parish office six months in advance.

Our Mission at Most Holy Redeemer Catholic Church

Most Holy Redeemer Parish is a Roman Catholic Christian Community. The parish draws people from isolation to community, from searching to awakening, from indifference to concern, from selfishness to meaningful service, from fear in the midst of adversity to faith and hope in God.

The community of Most Holy Redeemer shares God's compassionate love with **all** people. The parish offers a spiritual home for senior citizens and youth; single people and families; those who are straight, gay, lesbian, and transgender; the healthy and the sick, particularly persons with HIV.

As a parish community, we celebrate God's loving presence in our lives. In worship and sacrament, especially the Eucharist, we are nurtured and challenged to extend God's kingdom of justice, truth, love and peace by growing in the spirit of Jesus, the Most Holy Redeemer.

God's Inclusive Love Proclaimed Here!

**Most Holy Redeemer Catholic Church
San Francisco, California
Fifth Sunday in Ordinary Time
February 9, 2020**



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Saturday Vigil Mass 5:00PM
Reconciliation 3:45PM - 4:30PM
Sunday Mass 8:00AM, 10:00AM and 6:30PM
Holy Days 8:00AM and 7:00PM

This Week at Our Parish

Monday, February 10

7pm Centering Prayer - Church

Wednesday, February 12

1pm - 7pm Wednesday Night Suppers

Thursday, February 13

7pm Choir Rehearsal - Church

Saturday, February 14

11am - 1pm Gardening

Sunday, February 15

Coffee Hour after the 8am & 10am Masses

MHR Library is open after the 8am & 10am Masses

Daily Readings: February 10 - 16

- ◊ Monday: 1Kgs. 8:1-7, 9-13, Mk. 6:53-56
- ◊ Tuesday: 1Kgs. 8:22-23, 27-30, Mk. 7:1-13
- ◊ Wednesday: 1Kgs. 10:1-10, Mk. 7:14-23
- ◊ Thursday: 1Kgs. 11:4-13, Mk. 7:24-3-
- ◊ Friday: 1Kgs. 11:29-32; 12:19, Mk. 7:31-37
- ◊ Saturday: 1Kgs. 12:26-32; 13:53-36, Mk. 8:1-10
- ◊ Sunday: Sir. 13:15-20, 1Cor. 2:6-10, Mt. 5:17-37 or 5:20-22a, 27-28, 33-34a, 37

Saint Josephine Bakhita

Feast Day February 8

(1869 – February 8, 1947)

Born in southern Sudan, Josephine was kidnapped at the age of 7, sold into slavery and given the name *Bakhita*, which means *fortunate*. She was resold several times, finally in 1883 to an Italian consul in Sudan who took Josephine to Italy two years later and gave her to his friend Augusto Michieli. Bakhita became the babysitter to the Michieli family's daughter and when her parents moved to Africa, Josephine accompanied the girl to Venice's Institute of the Catechumens, run by the Canossian Sisters.

While the young girl was being instructed in catechism, Josephine felt drawn to the Catholic Church. She was baptized and confirmed in 1890, taking the name Josephine. When the girl's parents wanted her and Josephine to join them in Africa, Bakhita refused to go. During the court case that resulted, the Canossian Sisters and the patriarch of Venice intervened on Josephine's behalf. The judge concluded that since slavery was illegal in Italy, Josephine had actually been free since 1885!

Josephine entered the Institute of St. Magdalene of Canossa in 1893 and made her profession three years later. As she grew older, she experienced long years of sickness. During her terrible pain, she often re-lived the tortures of slavery. She was known to beg the nurses to "loosen the chains... they are heavy!" But even during the years of agony, she continued to witness faith, joy and hope. And in the end, it was Mary who freed her. Josephine's last words were "Our Lady! Our Lady!" The first steps toward Josephine's beatification began in 1959. She was canonized in 2000.

As a slave, Josephine's body was certainly not her own. Yet even then, she answered her deep desire to be in union with God and refused the demands of her owners. Her Baptism had set her on an eventual path toward civic freedom and, eventually, the freedom to give her life to God, as a religious sister.

-Eunice Park, Pastoral Associate

MHR HIV/AIDS Support Group

Visitors Needed: Volunteers normally spend 2 hours/week visiting a client in his/her home or going for walks.



There are currently 1 need for a volunteer:

A Blind Client in the Tenderloin: a man is looking for someone to take walks and go shopping

For more information on these clients and their needs, please call the Support Group at 415-863-6259 or email to pete-asg@mhr.org

MHR Ministry to the Homebound

This is a ministry of presence which can include sharing the Body of Christ. It is a chance to bring spiritual and emotional comfort to those who may be feeling depressed and isolated. If you feel called to this ministry, please call the rectory.

A Man near Dolores Park – a man in his 80's, a retired English teacher interested in poetry and art, would like a male friendly visitor.

Library Corner

Thanks to all who have donated books to the library. However, we have as many as we can handle. Please consider donating your surplus books to Friends of the San Francisco Public Library. The collection point is 1630 17th Street (between Carolina & Wisconsin). Drop Off Hours: Tuesday–Friday: 10am–4pm; Saturday: 10am–2pm. (415) 477-5227.

"The Inuit had fifty-two names for snow because it was important to them: there ought to be as many for love."

—Margaret Atwood

Stewardship

February 1 & 2, 2020

Saturday 5pm -	\$699.00
Sunday 8am -	\$746.00
Sunday 10am -	\$1,665.00
Sunday 6:30pm -	\$304.00
Outside Mass -	\$1,014.79
Online Giving -	\$845.56
Collection Total -	\$5,274.35
Budgeted -	\$4,800.00

This weekend there is a second collection for the Archdiocese Annual Appeal.

Thank you for your support!

Community Life

- **Sunday, February 9th - Valentine's Bake Sale** after the 8am & 10am Masses.
- **Tuesday, February 18th - Young Adults Meeting** - 7:30pm in the Church - email yag@mhr.org for info.
- **Saturday, February 22nd – Centering Prayer Speaker – Fr. Terry Ryan | Topic is *The Sacred Gaze – Part II* – Ellard Hall - 10:00am-12:00pm with refreshments starting at 9:30am.**

Visit us:

On the web: www.mhr.org

Facebook: **Most Holy Redeemer Church**

Instagram: **mhrolicsf**

Donate to MHR by text at Give+Text

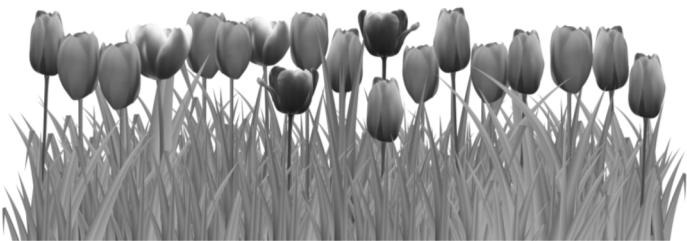
Text donation amount to 650-262-0965
and follow the prompts.

Our Parish Community Birthdays

Lino Fritz, David Grant, Rene Lazo, Robin Veeck, John Halpin, Tori Knapp, Andy Leas, Christine Chudd, Diadema Mansour, Michael Mazzaferro, Rod Cathcart, Daisey Young, John Knechtel and Linda Poelzl.

Mass Intentions

Mass Intentions are celebrated for those to remember a loved one, honor someone on an important date or celebrate a special occasion. To schedule a Mass Intention please call the parish office or email secretary@mhr.org.



Ministry for Mental Health

The Archdiocese is developing a ministry for mental health. Our website contains important new information and resources, including the California Catholic Bishops' pastoral letter on "Hope and Healing," two articles from U.S. Catholic magazine on how parishes can take action to help the mentally ill, and a video by a California pastor describing his parish's experience with mental health ministry. Visit the website (sfarch.org/mental-health) for this and much more. MHR and Mission Dolores are partnering in this new ministry of outreach. Please consider joining us for an information night at Mission Dolores on **Tuesday, February 18th at 7:00 p.m.**

Mass Intentions

Our Mass celebrants will remember the following intentions during the celebration of the Eucharist:

Saturday, February 8

8am

5pm Rita Balchikonis †

Sunday, February 9

8am

10am MHR Parishioners

6:30pm

Monday, February 10

8am

Tuesday, February 11

8am Art Montero, Sr. †

Art Montero, Jr. †

Wednesday, February 12

8am Wednesday Night Suppers

Thursday, February 13

8am Robert Metler †

Friday, February 14

8am Dorothy Weiss †

Saturday, February 15

8am

5pm

Contact the Parish Office at 415-863-6259 to have Mass celebrated for a special intention or sponsor the weekend altar flowers.

Prayer Requests

Jesusa Ayala, Keri Barrett, Beatrix Bell, Junior Briones, Sally Cahur, Jim Cathcart, Regan Chapman, Daisey Coleman, Fr. Harry Cronin, Joshua Daigle, Alice Jane Davenport, John DiQuattro, Tom Farmer, Mary Fay, Keith Fitzpatrick, Linda Glover, Susan Griffiths, Les Hribar, Jr., Janna Kennedy, Fr. Joe Klecha, Warren Lubich, Catherine De Lucchi, Bernie Maddox, Sebastian MacLean, Bill Mathews, Fr. Andrew Metcalfe, David Miller, Roy Miller, Bill Osuna, Nancy Otchy, Richard Ryan, Tim Ryan, John Schwobeda, Michael Shriver, Christopher Sumner, Randy Tichenal, Christine Lane Tracy, Fr. Kirk Ullery, Nala Vaughn, Kimberly Vigil, Joseph Vouglas, Ryan Zuniga, †Howard Bobrent and †Timothy Cadigan†.

MHR Parish Registration

- New parishioner?
- Birthday, Anniversary, sacraments, milestones?
- Notices and announcements?
- Have you moved?
- *Did we miss your birthday? We are sorry if we did. Let us know when your birthday was, by updating your information with the Parish Office*

Most Holy Redeemer Catholic Church

100 Diamond Street

San Francisco, CA 94114



MOST HOLY REDEEMER PASTORAL TEAM

Fr. Matt Link, C.PP.S., Pastor
frmatt@mhr.org

Eunice Park, Pastoral Associate
eunice@mhr.org

MUSIC MINISTRY

Rhonda Smith, Director of Music
musicministry@mhr.org

PARISH OFFICE

Michael Poma, Parish Manager
mpoma@mhr.org

Will Ives, Secretary
secretary@mhr.org

Brianna Garcia, ICA Student Assistant
brianna@mhr.org

Office Hours: Monday-Friday 9am - 5pm
Closed daily 12:30pm - 1:30pm
Closed Holidays
Phone: 415-863-6259 Fax: 415-552-8786
Visit us on the web: www.mhr.org

FINANCE COUNCIL

finance@mhr.org

Marc Colelli - Chair
Steve Adams
Maureen Flaherty
JD Malchow
Mark Okashima
John Solaegui
Diane Trewin

MHR HIV/AIDS Support Group

100 Diamond Street
San Francisco, CA 94114
Phone: 415-863-6259 x 10
Fax: 415-552-8786
Monday-Friday: 9:30am-2pm
www.mhr-asg.com

Peter Toms, HIV/AIDS Support Group
Program Coordinator
pete-asg@mhr.org



Valentine's Day Bake Sale!

Sunday, February 9th

After the 8am & 10am Masses

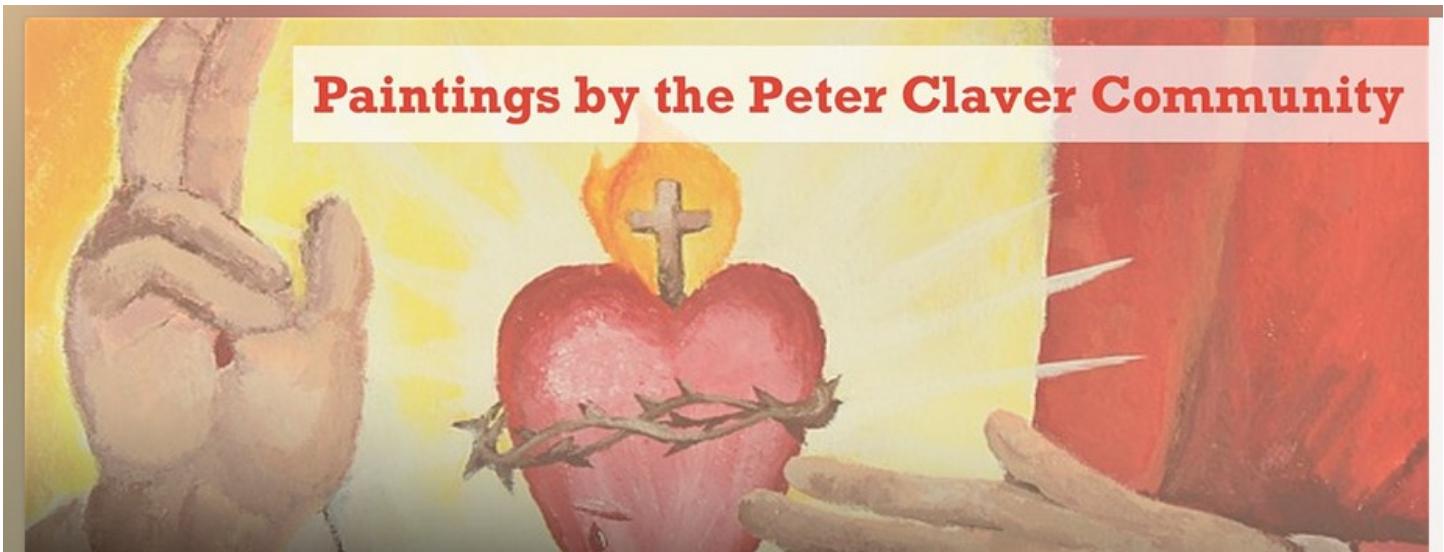
CALLING ALL BAKERS!

Show off your baking skills

and help us raise funds for the

MHR RETREATS SCHOLARSHIP FUND!





**Beyond HIV/AIDS & Homelessness:
The Healing Power of Art, Home & Community**

**Peter Claver Art Exhibit
Spark Arts - 4229 18th Street SF
(next to Mollie Stone's)**

**The exhibit runs through February 28th, 2020
and all artwork is available for purchase.**

**Please help us support those whose
everyday lives have been a challenge!**



Mental Health Wellness and the Church

Reaching out to families experiencing
mental health challenges...

Offered by Mission Dolores and Most Holy Redeemer parishes, Archdiocese of San Francisco
Mental Health Ministry Advisory Group, and the Pastoral Ministry Department.

Tuesday

February 18th, 2020

7:00 p.m. to 8:30 p.m.

Mission Dolores Church

Parish Office

3321 16TH St., San Francisco, CA 94114

- Short video on Mental Health Wellness and the Church
- Presentation on the Archdiocese Mental Health Ministry Network
- Q&A

For questions or more information contact

Dick Collyer at 415-614-5593 or Fr. Francis Garbo at 415-621-8203 or Fr. Matthew Link at 415-863-6259

Who should attend this free workshop?

- Families and individuals experiencing mental health challenges
- Those who care for family members
- Clergy and parish staff and ministry leaders
- National Alliance on Mental Illness (NAMI) members
- Mental health / social work professionals
- Anyone interested in mental health ministry

Creating a Vision for Our Parish...

At the workshop you will learn about the Mental Health Ministry Network being established in the Archdiocese of San Francisco, what it will mean for a parish to participate, and what ministry opportunities will be available to parishioners.

For Immediate Help Call Crisis Line: 415-781-0500



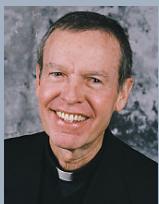
Centering Prayer

The Sacred Gaze: Part 2

With Terry Ryan, CSP

God made the world with differences. When we strive to be "like" others, to fit in, we may be denying the unique person that God made us to be. What we think we may want to be may not be who God made us to be. Interior prayer can open us to the experience of God gazing upon us as we truly are. We come to see ourselves through the eyes of the Creator. The prayer of detachment from a focus on thoughts can take us to the place of silence and stillness where we encounter the unmediated experience of the Divine.

In this second part of The Sacred Gaze we will continue to examine our encounters with The God who delights in us. *Isaiah 49:16 I have inscribed you on the palm of my hand.*



Fr. Terry Ryan, C.S.P. a Paulist priest whose life-long focus of study and teaching has been ancient and contemporary mystics and contemplative prayer. A Centering Prayer practitioner, Fr. Terry lives for several months each year in Snowmass Monastery in Colorado, heart of the International Centering Prayer movement.

**Saturday,
February 22, 2020
10 AM - 12:30 PM
Ellard Hall**

**Registration & Coffee
@ 9:30 AM**

**For more information
e-mail: centering@mhr.org**

Most Holy Redeemer Catholic Church
100 Diamond Street @ 18th,
San Francisco, CA 94114
(415) 863-6259 | mhr.org



God's inclusive love proclaimed here!