

# MOST HOLY REDEEMER *Parish*



Nineteenth Sunday in Ordinary Time  
August 11, 2019

**Worship Hours**

**Monday-Saturday** 8:00am Mass

**Saturday** 5:00pm Vigil Mass

**Sunday** 8:00am, 10:00am & 6:30pm Mass

**Holy Days** 8:00am and 7:00pm

**Reconciliation**

**Saturday** 3:45-4:30pm

or by Appointment

**Baptism & Marriages**

Please contact the Parish Office.

For Marriages please call the parish  
office six months in advance.

## **Our Mission at Most Holy Redeemer Catholic Church**

Most Holy Redeemer Parish is a Roman Catholic Christian Community. The parish draws people from isolation to community, from searching to awakening, from indifference to concern, from selfishness to meaningful service, from fear in the midst of adversity to faith and hope in God.

The community of Most Holy Redeemer shares God's compassionate love with **all** people. The parish offers a spiritual home for senior citizens and youth; single people and families; those who are straight, gay, lesbian, and transgender; the healthy and the sick, particularly persons with HIV.

As a parish community, we celebrate God's loving presence in our lives. In worship and sacrament, especially the Eucharist, we are nurtured and challenged to extend God's kingdom of justice, truth, love and peace by growing in the spirit of Jesus, the Most Holy Redeemer.

*God's Inclusive Love Proclaimed Here!*

**Most Holy Redeemer Catholic Church  
San Francisco, California  
19th Sunday in Ordinary Time  
August 11, 2019**



**Worship Hours**

**Monday - Saturday** 8:00AM Mass  
**Saturday** Vigil Mass 5:00PM  
Reconciliation 3:45PM - 4:30PM  
**Sunday** Mass 8:00AM, 10:00AM and 6:30PM  
Holy Days 8:00AM and 7:00PM

**This Week at Our Parish**

**Monday, August 12**

7pm Centering Prayer - Church

**Wednesday, August 14**

1pm—7pm Wednesday Night Suppers

**Thursday, August 15**

*Assumption of the Blessed Virgin Mary*

8am & 7pm Mass - Church

**Saturday, August 17**

Gardening 11am - 1pm

**Sunday, August 18**

Coffee hour after the 8am & 10am Masses

MHR Library is open after the 8am & 10am Masses

**Daily Readings: August 12 - 18**

- ◇ Monday: Dt. 10:12-22, Mt. 17:22-27
- ◇ Tuesday: Dt. 31:1-8, Mt. 18:1-5, 10, 12-14
- ◇ Wednesday: Dt. 34:1-12, Mt. 18:15-20
- ◇ Thursday: Rv. 11:19a; 12:1-6a, 10ab, 1Cor. 15:20-27, Lk. 1:39-56
- ◇ Friday: Jos. 24:1-13, Mt. 19:3-12
- ◇ Saturday: Jos. 24:14-29, Mt. 19:13-15
- ◇ Sunday: Jer. 38:4-6, 8-10, Heb. 12:1-4, Lk. 12:49-53



The flowers on the altar are dedicated  
in celebration of Zachary Carl,  
the newest baptized member  
of our Most Holy Redeemer Family!

**Statement on the Shootings in El Paso, Dayton,  
and Chicago from Fr. Garry Richmeier, C.P.P.S.,  
Provincial Director**

As I reflect on the mass shootings in El Paso, Dayton, and Chicago, I am once again filled with an all too familiar mix of feelings. I feel outrage over the cruelty and hatred that could lead to such an act, as well as our society's lack of will to curb gun violence. I feel sadness about the human suffering caused by these situations, on the part of the victims and their families, and the suffering that the shooters must have experienced in their lives to be able to do such a heinous thing. I also feel a sense of helplessness and hopelessness, that the problem is too big and nothing I do will make a difference. I reread our Province's corporate stance on common-sense gun control, and still, I cannot help wondering what good really comes from that.

Endlessly expressing outrage over events like these may help us vent our anger, but it can also wear us out. Afterward, we might feel a little better, but we may have little energy left to do anything else. Giving in to feelings of helplessness and hopelessness quickly make us inactive and ineffective.

So what are we to do? We are called to address these events and situations in the same way we are called to do everything else – with trust, love, and faith.

We, first of all, must trust that what we do out of love will make a difference, that love has power. So when we choose to speak the truth about gun violence, we do so with respect and civility. When we challenge those in leadership to effectively address this issue, we do so without shame or blame or name-calling. We discuss the issue, not as a political issue (us against them), but as an issue of caring for victims and perpetrators alike. We work to recognize that people who do not agree with us regarding guns have the same human motivations that we do.

Second of all, we must believe that a little love (respect, understanding, empathy) will go a long way. One small act of speaking the truth in love, or listening with respect, can be the mustard seed that grows into something much bigger. Love begets love, listening grows into understanding; empathy leads to relationship and trust. As followers of Jesus, we believe we can be the yeast in the dough of our communities, parishes, and society, making the whole batch of dough rise to a new level of unity. We will not do this by attacking the rest of the dough (others who disagree with us), but by joining with them in some way to work together to solve our problems.

Lastly, we have to have faith that God will take what we can give and make it enough. If we think that we alone will make things happen, we will soon give up in frustration at the lack of success. That is a sure path to hopelessness and inaction. As much as we would like to control things, we need to acknowledge that God is the one in control. This can free us to do what we can do, let go of what we cannot control, and be at peace knowing God is at work, even if it does not look like it. That is called faith.

Let us keep in our prayers all those who were affected by the violence and hatred wreaked on the people of El Paso, Dayton, and Chicago as well as people in the many other communities that have experienced mass shootings. But let us also continue the work of peacemaking by speaking the truth in love, challenging unjust systems, and working to change situations and practices that lead to violence. May we not let our feelings of outrage wear us out, or our feelings of sadness and helplessness paralyze us. In faith, trust, and love let us continue the work of proclaiming the Word/Love of God, whatever situations confront us.

### MHR AIDS Support Group

**Volunteers Needed:** Volunteers normally spend 2 hours/week visiting the client in his/her home or going for walks. There are currently 1 man in need of a visiting volunteer:



**A Client in Park Merced** – a man who is looking for someone with whom to play chess and sometimes go to movies.

**For more information about these clients and how you can help, please call the AIDS Support Group at 415-863-6259.**

**Facilitated Support Group:** A professionally facilitated support group for people with HIV/AIDS meets Thursdays from 1:30 to 3PM weekly here at MHR. There are currently openings for new members. If you are looking for a safe space to talk about what is going on in your life and make new friends, this may be the group for you. For more information or to register, please call 415-863-6259 XT10 or email [pete-asg@mhr.org](mailto:pete-asg@mhr.org).

### Ministry to the Homebound

**Woman Parishioner at Buena Vista retirement Home:** A woman, living across from Buena Vista Park, would enjoy being taken out occasionally for rides around the city. For more information, please call the rectory.

### **May Fear Be Cleared Away**

*“May the pain of every living being  
Be completely cleared away.*

*May I be the doctor and the medicine  
And may I be the nurse*

*For all sick beings in the world  
Until everyone is healed...*

*May the frightened cease to be afraid  
And those bound be freed.”*

—Buddhist prayer by Geshe Acharya Thubten Loden

### Stewardship

#### July 27 & 28

Saturday 5pm -	\$611.00
Sunday 8am -	\$578.00
Sunday 10am -	\$1,608.00
Sunday 6:30pm -	\$250.00
<u>Online Giving -</u>	<u>\$461.43</u>
Collection Total -	\$3,508.43
Budgeted -	\$4,800.00
Mission Coop Appeal-	\$2,118.00

#### August 3 & 4

Saturday 5pm -	\$971.00
Sunday 8am -	\$503.00
Sunday 10am -	\$1,534.00
Sunday 6:30pm -	\$252.00
Outside Mass -	\$1,097.79
<u>Online Giving -</u>	<u>\$555.83</u>
Collection Total -	\$ 4,913.62
Budgeted -	\$4,800.00
Music Ministry -	\$2,450.32

**Thank you for your generous support!**

### Community Life

- **Sunday, August 11th - St. Vincent de Paul Sandwich Sunday** after the 10am Mass in Ellard Hall.
- **Sunday, August 18th after the 10am Mass in Ellard Hall:** Help us pack essential supplies and toiletries for asylum –seeking refugees that will be shipped to the border. Please contact Marilee Hearn at 415-676-1918 for more information.
- **Tuesday, August 20th - Young Adults Meeting - 7:30pm in the Church.** Email [yag@mhr.org](mailto:yag@mhr.org) for info.

#### **Visit us:**

On the web: [www.mhr.org](http://www.mhr.org)

Facebook: **Most Holy Redeemer Church**

Instagram: **mhr Catholics**

#### **Donate to MHR by text at Give+Text**

Text donation amount to 650-262-0965  
and follow the prompts.

### Our Parish Community Birthdays

Zane Fisher-Paulson, Jim McDermott, Chris Thompson, Garry DuFour, Mark Abate, Leah Molera, Chris Perez, John Alexander, Michael Leonard, Manny Mandapat, and Thomas Sullivan.

### Free Property Tax Savings Workshop

Please join the Office of Assessor Carmen Chu and the SF Public Library for a free educational workshop that they will be presenting at the Eureka Valley Branch Library soon. The topic is Property Tax Savings for Families and Seniors. We will cover how your property taxes are calculated and share tax savings that folks may be eligible for as homeowners in California. Join us on Tuesday, August 27 from 6:30 – 7:30 pm at the Eureka Valley Branch, 1 Jose Sarria Court. Visit this link to register today: [tinyurl.com/TaxSavingsCastro](http://tinyurl.com/TaxSavingsCastro)

### Mass Intentions

Mass Intentions are celebrated for those to remember a loved one, honor someone on an important date or celebrate a special occasion. To schedule a Mass Intention please call the parish office or email [secretary@mhr.org](mailto:secretary@mhr.org).

### Are you lonely?

You can call the Friendship Line @ 800-971-0016. It's the only 24/7 toll-free warmline for older adults. Whether you're feeling alone or in crisis, you can count on the Friendship Line for a lifeline of hope and a compassionate voice. It's free to anyone in the U.S. or Canada. **Volunteer:** you can also volunteer for the Friendship Line to talk to callers. Contact 415-750-4136 or [flvolunteer@ioaging.org](mailto:flvolunteer@ioaging.org).

## **Mass Intentions**

*Our Mass celebrants will remember the following intentions during the celebration of the Eucharist:*

### **Saturday, August 10**

8am

5pm Christine Prendeville †

### **Sunday, August 11**

8am Xyruz Deza (L)

10am MHR Parishioners

6:30pm Mildred Schreiter †

### **Monday, August 12**

8am Robin Williams †

### **Tuesday, August 13**

8am Vincent Colelli †

### **Wednesday, August 14**

8am Sr. Kathleen Gannon, OSF (L)

### **Thursday, August 15**

8am Paul Tran †

### **Friday, August 16**

8am Dorothy Weiss †

### **Saturday, August 17**

8am Eric Schleicher †

5pm Walt McCann †

Gail Elizabeth Daniels †

*Contact the Parish Office at 415-863-6259 to have Mass celebrated for a special intention or sponsor the weekend altar flowers.*

## **Prayer Requests**

Frances Alvarez, AJ Anderson, Bill Anderson, George Anderson, Jesusa Ayala, Blanca Cervantes, Christine Betz, Chuck Bold, "CJ" Charlene Bostic, Junior Briones, Sally Cahur, Joshua Daigle, Gustavo Diaz, Antonia Divinagracia, Marilyn Faulk, Zane Fisher-Paulson, Barbara Frey, Mary Geracimos, Margaret "Peg" Gleeson, John Gutierrez, Steve Hatton, Joseph Hargadon, Sr. Nadine Hargadon, Patricia Hargadon, Ikuko Hotta, Maya Kini, Jim Lonergan, Catherine De Lucchi, Bernie Maddox, Marshall Mah, Sebastian MacLean, Ted Mazurski, Fr. Andrew Metcalfe, David Miller, Lottie Olszewski, Nancy Otchy, Nancy Paun, Hugh & Colleen Pettis, Patti Plantz, Kevin Robertson, Sunder Sachdev, Josephine Schneider, Gabriela Schultz, Liz Schultz, John Schwobeda, Prem Shahani, Christine Lane Tracy, Fr. Kirk Ullery, Joseph Vouglas, Rich Warren, Billy Wong, Ryan Zuniga and †Toni Morrison†.

## **MHR Parish Registration**

- New parishioner?
- Birthday, Anniversary, sacraments, milestones?
- Notices and announcements?
- Have you moved?
- *Did we miss your birthday? We are sorry if we did. Let us know when your birthday was, by updating your information with the Parish Office*

**Most Holy Redeemer Catholic Church**

**100 Diamond Street**

**San Francisco, CA 94114**



**MOST HOLY REDEEMER PASTORAL TEAM**

**Fr. Matt Link, C.P.P.S., Pastor**  
fr matt@mhr.org

**Eunice Park, Pastoral Associate**  
eunice@mhr.org

**PARISH OFFICE**

**Michael Poma, Parish Manager**  
mpoma@mhr.org

**Will Ives, Secretary**  
secretary@mhr.org

Office Hours: Monday-Friday 9am - 5pm  
Closed daily 12:30pm - 1:30pm  
Closed Holidays  
Phone: 415-863-6259 Fax: 415-552-8786  
Visit us on the web: [www.mhr.org](http://www.mhr.org)

**MUSIC MINISTRY**

**Victor Cervantes**  
musicministry@mhr.org

**PARISH COMMITTEES**

**Parish Pastoral Council** [council@mhr.org](mailto:council@mhr.org)  
Kate Deaton-Gupta  
Dawn Dzurilla  
Buck Farmer  
Richard Shaw

**Finance Council** [finance@mhr.org](mailto:finance@mhr.org)  
Marc Colelli - Chair  
Steve Adams  
Maureen Flaherty  
Mark Okashima  
John Solaegui  
Diane Trewin

**MHR AIDS Support Group**

100 Diamond Street  
San Francisco, CA 94114  
Phone: 415-863-6259 x 10  
Fax: 415-552-8786  
Monday-Friday: 9:30am-2pm  
[www.mhr-asg.com](http://www.mhr-asg.com)

**Peter Toms, AIDS Support Group Program Coordinator**  
[pete-asg@mhr.org](mailto:pete-asg@mhr.org)