

MOST HOLY REDEEMER *Parish*



**Eighteenth Sunday in Ordinary Time
August 4, 2019**

Worship Hours

Monday-Saturday 8:00am Mass

Saturday 5:00pm Vigil Mass

Sunday 8:00am, 10:00am & 6:30pm Mass

Holy Days 8:00am and 7:00pm

Reconciliation

Saturday 3:45-4:30pm

or by Appointment

Baptism & Marriages

Please contact the Parish Office.

**For Marriages please call the parish
office six months in advance.**

Our Mission at Most Holy Redeemer Catholic Church

Most Holy Redeemer Parish is a Roman Catholic Christian Community. The parish draws people from isolation to community, from searching to awakening, from indifference to concern, from selfishness to meaningful service, from fear in the midst of adversity to faith and hope in God.

The community of Most Holy Redeemer shares God's compassionate love with **all** people. The parish offers a spiritual home for senior citizens and youth; single people and families; those who are straight, gay, lesbian, and transgender; the healthy and the sick, particularly persons with HIV.

As a parish community, we celebrate God's loving presence in our lives. In worship and sacrament, especially the Eucharist, we are nurtured and challenged to extend God's kingdom of justice, truth, love and peace by growing in the spirit of Jesus, the Most Holy Redeemer.

God's Inclusive Love Proclaimed Here!

**Most Holy Redeemer Catholic Church
San Francisco, California
18th Sunday in Ordinary Time
August 4th, 2019**



Worship Hours

Monday - Saturday 8:00AM Mass

Saturday Vigil Mass 5:00PM

Reconciliation 3:45PM - 4:30PM

Sunday Mass 8:00AM, 10:00AM and 6:30PM

Holy Days 8:00AM and 7:00PM

This Week at Our Parish

Monday, August 5

7pm Centering Prayer - Church

Wednesday, August 7

1pm—7pm Wednesday Night Suppers

Saturday, August 10

Gardening 11am - 1pm

Sunday, August 11

Coffee hour after the 8am & 10am Masses

MHR Library is open after the 8am & 10am Masses



Daily Readings: August 5 - 11

- ◇ Monday: Nm. 11:4b-15, Mt. 14:13-21
- ◇ Tuesday: Dn. 7:9-10, 13-14, 2Pt. 1:16-19, Lk. 9:28b-36
- ◇ Wednesday: Nm. 13:1-2, 25-14:1, 26a-29a, 34-35, Mt. 15:221-28
- ◇ Thursday: Nm. 20:1-13, Mt. 16:13-23
- ◇ Friday: Dt. 4:32-40, Mt. 16:24-28
- ◇ Saturday: 2Cor. 9:6-10, Jn. 12:24-26
- ◇ Sunday: Wis. 18:6-9, Heb. 11:1-2, 8-19 or 11:1-2, 8-12, Lk. 12:32-48

Fr. Matt's Message

Thank you to everyone who extended a warm welcome last weekend to Fr. Joseph T. Ellison. Father Joseph was deeply moved and impressed by your hospitality, spirit and kindness. He can't wait to come back.

We received this note our friends at St. Ignatius and St. Agnes. Our first group of volunteers returned from the border last week. They had experiences at Casa del Refugiado that will remain with them for the rest of their lives. What follows is a reflection from one of them that ran in St. Agnes bulletin last weekend. —Fr. Matt

Dear Parishioners,

Several months ago, I felt a call, a need to go to El Paso, TX to help the refugees and migrants that Annunciation House had been receiving by the bus loads from ICE. I strongly felt that something would be revealed to me. So, I joined six other volunteers from St. Agnes, St. Ignatius and St. James Episcopal, went to El Paso from July 13 to 21, and helped the "guests" at the Casa de Refugiado (Refugee House). Here's what was revealed to me:

- A mother's love knows no bounds. It would give her the determination to travel with her daughter through all sorts of terrain from Guatemala, through Mexico and up to El Paso.
- A father's love for his son would take them 17 days to walk, take countless buses, and ride trains to get from Honduras to El Paso in order to flee poverty and oppression.
- Casa de Refugiado is a refuge on their journey or "camino" to a better life. The guests often refer to the casa as the "albergue" (refuge). Not only are shelter and food offered, there's also a lot of warmth, grace and love that are shared. We all become the body, hands and feet of Christ.
- I now know how a parent feels when a child leaves home to go to college or go on their own. I always felt worried yet hopeful every time I accompanied a family to the bus/train station or airport.
- It is painful when you say goodbye to a mother and her two children, and she asks, "Will we see each other again?" And all you can say is, "I don't know, but I hope so. God only knows."
- When a child is brought to the emergency room due to dehydration, recovers fully and a volunteer accompanies the mother throughout the ordeal, you are grateful to witness such a grace.
- When sharing meals and stories brings smiles and tears, one feels the 'sublime presence of love.'
- When you toss frisbees with kids and play games with them, you feel God's delight... and the muscle aches later that evening.

These are but a few, for every encounter with the guests and fellow volunteers at the "albergue" was a revelation. And every revelation was a grace. If accompaniment is the first step, the next step seems to be advocacy.

I'd like to offer these words to the families, this is the refrain from the song "Hold on to Love" (by Jessie Manibusan):

Hold on to love where hope is found.

Hold on to love where joy abounds.

Hold on to love where grace and mercy is overflowing.

Hold on to love.

MHR AIDS Support Group

Volunteers Needed: Volunteers normally spend 2 hours/week visiting the client in his/her home or going for walks. There are currently 1 man in need of a visiting volunteer:



A Client in Park Merced – a man who is looking for someone with whom to play chess and sometimes go to movies.

For more information about these clients and how you can help, please call the AIDS Support Group at 415-863-6259.

Facilitated Support Group: A professionally facilitated support group for people with HIV/AIDS meets Thursdays from 1:30 to 3PM weekly here at MHR. There are currently openings for new members. If you are looking for a safe space to talk about what is going on in your life and make new friends, this may be the group for you. For more information or to register, please call 415-863-6259 XT10 or email pete-asg@mhr.org.

Ministry to the Homebound

Woman Parishioner at Buena Vista retirement Home: A woman, living across from Buena Vista Park, would enjoy being taken out occasionally for rides around the city. For more information, please call the rectory.

Prayer for a Summer Day

"Long warm days...

The pace of life slows...

A time for picnics and rest in the shade...

Lord,

help me rest awhile in the cooling shade of your presence.

Slow down my restless heart and fill me with gentle compassion for all your people.

Amen"

—Author Unknown

Donate by Text

"Give + Text" allows you to donate or pay our parish by just sending a text!

- On your phone, text the amount you want to give (20, 50, 100 etc.) to **650-262-0965**
- The first time, you will get a prompt for a secure registration to enter your info.
- You will receive a text reply verifying your registration and a receipt for your donation amount.
- You can even set up a recurring amount!

For any future payments, just save that phone number and text a donation amount to it! It's so easy!

SHOP AT AMAZON AND SUPPORT MOST HOLY REDEEMER AND OUR MANY MINISTRIES!

Log on to **smile.amazon.com**, sign into your Amazon account and search for Most Holy Redeemer Church.

Amazon will donate .5% of all eligible purchases you make to Most Holy Redeemer!

Community Life

- **Tuesday, August 6th - Young Adults Meeting - 7:30pm in the Church.** Email yag@mhr.org for info.
- **Saturday, August 10th noon to 3pm - Annual Reconnecting Picnic:** All alumni of the MHR Reconnecting Program are invited to join us in the MHR Garden.
- **Sunday, August 11th - St. Vincent de Paul Sandwich Sunday** after the 10am Mass in Ellard Hall.

Save the date:

Sunday, August 18th after the 10am Mass in Ellard Hall:

Help us pack essential supplies and toiletries for asylum –seeking refugees that will be shipped to the border. Please contact Marilee Hearn at 415-676-1918 for more information.

Visit us:

On the web: **www.mhr.org**

Facebook: **Most Holy Redeemer Church**

Instagram: **[mhrcatholicf](https://www.instagram.com/mhrcatholicf)**

Donate by Text

Text donation amount to 650-262-0965 and follow the instructions.

Our Parish Community Birthdays

Areal Alvarado, Jack Bewley, Victor Gonzales, Christopher Goodwin, Ramona Michaels, Ken Schott, Joe Fernicola, Anthony Macias, Ann Romero, Jim Moldovan, John Tallon, Drew Wright, Jo-Anne O'Hare, Scott Perket, Patty Plantz, Tony Vela, John Gutierrez, MJ Schleicher, Tom Diserio and Terri Pagano-Grindall.

Mass Intentions

Mass Intentions are celebrated for those to remember a loved one, honor someone on an important date or celebrate a special occasion. To schedule a Mass Intention please call the parish office or email secretary@mhr.org.

Are you lonely?

You can call the Friendship Line @ 800-971-0016. It's the only 24/7 toll-free warmline for older adults. Whether you're feeling alone or in crisis, you can count on the Friendship Line for a lifeline of hope and a compassionate voice. It's free to anyone in the U.S. or Canada. **Volunteer:** you can also volunteer for the Friendship Line to talk to callers. Contact 415-750-4136 or flvolunteer@ioaging.org.

Mass Intentions

Our Mass celebrants will remember the following intentions during the celebration of the Eucharist:

Saturday, August 3

5pm Kikuzo Ishikawa †

Sunday, August 4

8am

10am MHR Parishioners

6:30pm

Monday, August 5

8am Chieko Ishikawa †

Tuesday, August 6

8am

Wednesday, August 7

8am Wednesday Night Suppers

Thursday, August 8

8am Giuseppe and Angelina Fazio †

Friday, August 9

8am Dorothy Weiss †

Saturday, August 10

8am

5pm Christine Prendeville †

Contact the Parish Office at 415-863-6259 to have Mass celebrated for a special intention or sponsor the weekend altar flowers.

Prayer Requests

Frances Alvarez, AJ Anderson, Bill Anderson, George Anderson, Jesusa Ayala, Blanca Cervantes, Christine Betz, Chuck Bold, "CJ" Charlene Bostic, Junior Briones, Sally Cahur, Dennis Callahan, Joshua Daigle, Gustavo Diaz, Antonia Divinagracia, Marilyn Faulk, Zane Fisher-Paulson, Barbara Frey, Mary Geracimos, Margaret "Peg" Gleeson, John Gutierrez, Steve Hatton, Joseph Hargadon, Sr. Nadine Hargadon, Patricia Hargadon, Ikuko Hotta, Maya Kini, Jim Lonergan, Bernie Maddox, Marshall Mah, Sebastian MacLean, Ted Mazurski, Fr. Andrew Metcalfe, David Miller, Lottie Olszewski, Nancy Otchy, Nancy Paun, Hugh & Colleen Pettis, Patti Plantz, Sunder Sachdev, Josephine Schneider, Gabriela Schultz, Liz Schultz, John Schwobeda, Prem Shahani, Christine Lane Tracy, Fr. Kirk Ullery, Joseph Vouglas, Rich Warren, Billy Wong, Ryan Zuniga, †Thomas Butler†, †Patrick Finley†, †Eric Schleicher† and †Mary Komater†.

MHR Parish Registration

- New parishioner?
- Birthday, Anniversary, sacraments, milestones?
- Notices and announcements?
- Have you moved?
- *Did we miss your birthday? We are sorry if we did. Let us know when your birthday was, by updating your information with the Parish Office*

Most Holy Redeemer Catholic Church

100 Diamond Street

San Francisco, CA 94114



MOST HOLY REDEEMER PASTORAL TEAM

Fr. Matt Link, C.P.P.S., Pastor
frmatt@mhr.org

Eunice Park, Pastoral Associate
eunice@mhr.org

PARISH OFFICE

Michael Poma, Parish Manager
mpoma@mhr.org

Will Ives, Secretary
secretary@mhr.org

Office Hours: Monday-Friday 9am - 5pm
Closed daily 12:30pm - 1:30pm
Closed Holidays
Phone: 415-863-6259 Fax: 415-552-8786
Visit us on the web: www.mhr.org

MUSIC MINISTRY

Victor Cervantes
musicministry@mhr.org

PARISH COMMITTEES

Parish Pastoral Council council@mhr.org
Kate Deaton-Gupta
Dawn Dzurilla
Buck Farmer
Richard Shaw

Finance Council finance@mhr.org
Marc Colelli - Chair
Steve Adams
Maureen Flaherty
Mark Okashima
John Solaegui
Diane Trewin

MHR AIDS Support Group

100 Diamond Street
San Francisco, CA 94114
Phone: 415-863-6259 x 10
Fax: 415-552-8786
Monday-Friday: 9:30am-2pm
www.mhr-asg.com

Peter Toms, AIDS Support Group Program Coordinator
pete-asg@mhr.org