First Sunday in Advent  |  December 1, 2019
Most Holy Redeemer Catholic Church  |  San Francisco, California

“Stay Awake”
by Ronald Raab
Today, we begin the season of Advent as a church. This is the first day of our new liturgical year and a time in which we are reminded to “prepare the way” (Matthew 3:3). It is a season of preparation and a season of waiting.

But in all that anticipation and looking ahead, we can sometimes forget about where we are right now. This first Sunday of Advent is our New Year’s Day as Catholics. As on January 1st, each year, this is a day when we can assess how our past liturgical year manifested in our lives, while looking forward to how we might bear fruit in the year ahead. It is an opportunity to look back, as well as to await the future.

To balance these two elements of remembrance and anticipation, the readings at mass for the first two Sundays in Advent look forward to Christ’s second coming, while the last two Sundays look back to Christ’s first coming. Over the four weeks, the readings move from passages about Christ’s return in judgment, to Old Testament passages about the expectation of the coming Messiah, to New Testament passages about the announcements of Christ’s arrival by John the Baptist and the angels.

Indeed, our Catholic catechism describes that “when the Church celebrates the liturgy of Advent each year... by sharing in the long preparation for the Savior's first coming, the faithful renew their ardent desire for his second coming.” Our excited anticipation of the birth of Christ, our call to “oh come, oh come Emmanuel” is rather also an exclamation of our desire and expectation of the second coming of Christ.

So our anticipation, our waiting, our preparations do not end with the arrival of the infant in the midst of winter. The gift of Emmanuel at Christmas is a gift to fuel our anticipation and desire for that day, when our Lord will come once again. May we all “...stay awake! For you do not know on which day your Lord will come” (Matthew 24:42).

- Eunice Park, Pastoral Associate

### Daily Readings: December 2 - 8

- **Monday:** Is. 4:2-6, Mt. 8:5-11
- **Tuesday:** Is. 11:1-10, Lk. 10:21-24
- **Wednesday:** Is. 25:6-10a, Mt. 15:29-37
- **Thursday:** Is. 26:1-6, Mt. 7:21, 24-27
- **Friday:** Is. 29:17-24, Mt. 9:27-31
- **Saturday:** Is. 30:19-21, 23-26, Mt. 9:35-10:1, 5a, 6-8
- **Sunday:** Is. 11:1-10, Rom. 15:4-9, Mt. 3:1-12
**MHR HIV/AIDS Support Group**

**Emmanuel Tree Project:** Our annual Emmanuel Tree Christmas Gift Project to provide a gift to our MHR clients and clients of Catholic Charities’ Leland House is in the entrance. Your generosity with this project has always been outstanding; we hope you will be able to participate once again this year. Please take an ornament request and return the gift to the church or rectory by Thursday, December 19th.

**Visitors Needed:** Volunteers normally spend 2 hours/week visiting the client in his/her home or going for walks. There are currently 2 needs for volunteers:

- **A Client in Park Merced** – a man who is looking for someone with whom to play chess and occasionally go to movies.
- **A Client near Dolores Park** – a man in his 80’s, a retired English teacher interested in poetry and art, would like a male friendly visitor.

For more information on these clients and their needs, please call the Support Group at 415-863-6259 or email to pete-asg@mhr.org.

**MHR Library**

The MHR Library is open on Sundays after the 8am & 10am Masses.

**A new podcast produced by America Magazine, premieres World AIDS Day, December 1.**

You can read more and listen by going to [http://www.americamagazine.org/plague](http://www.americamagazine.org/plague). The series is a six-part look at how Catholics responded to the great suffering present during the height of the AIDS crisis in the US in the 1980s and 90s. We cover the stories of several institutions, such as Saint Vincent’s Hospital in New York, Most Holy Redeemer Parish in San Francisco, and Bethany Place, a clinic located outside St. Louis. I’ve also interviewed dozens of individuals over the last few years, collecting firsthand testimony about what it was like to live, work and grieve through this time. The series also includes an exploration about what we can glean about the place of LGBT people in the church today from this time in our history. It’s heavy stuff for sure, but there are also lighter moments, and several inspiring stories of people doing the right thing during a difficult time.

**This Weekend there is a second Collection for Most Holy Redeemer Music Program.**

**Mass Intentions**

Mass Intentions are celebrated for those to remember a loved one, honor someone on an important date or celebrate a special occasion. To schedule a Mass Intention please call the parish office or email secretary@mhr.org.

“**At this Christmas when Christ comes, will He find a warm heart? Mark the season of Advent by loving and serving the others with God’s own love and concern.”**

—St. Teresa of Calcutta

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**Community Life**

- **Sunday, December 1st** – Annual MHR Holiday Sale & Show - 11am to 3pm in Ellard Hall
- **Tuesday, December 3rd & 17th** - Young Adults meeting in the church at 7:30pm - email yag@mhr.org for info.
- **Wednesday, December 4th** - Lessons & Carols with Jesse Manibusan - 7pm in the Church.
- **Sunday, December 8th** - SVDP Sandwich Sunday after the 10am Mass in Ellard Hall.
- **Wednesday, December 11th** - An Ecumenical evening of traditional chant music - 7pm in the church.
- **Sunday, December 15th** - Annual Advent Pancake Breakfast after the 10am Mass in Ellard Hall.
- **Sunday December 15th at 6:30pm & Monday, December 16th at 8:00am** - Simbang Gabi in the church.
- **Wednesday, December 18th** - Advent Reconciliation Service - 7pm in the church.


Visit us:

- On the web: [www.mhr.org](http://www.mhr.org)
- Facebook: Most Holy Redeemer Church
- Instagram: mhrcatholicsf

Donate to MHR by text at Give+Text

Text donation amount to 650-262-0965 and follow the prompts.

**Our Parish Community Birthdays**


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—St. Teresa of Calcutta
Mass Intentions

Our Mass celebrants will remember the following intentions during the celebration of the Eucharist:

Saturday, November 30
8am Andrew Ferrannini †
5pm Mary Ann Fejeran †

Sunday, December 1
8am
10am Hedwig Lobo †
6:30pm Tom Wright †

Monday, December 2
8am Edric Jonathan Maliksi (L)

Tuesday, December 3
8am Jesus Insua Garcia †

Wednesday, December 4
8am Alfredo Reyes (L)

Thursday, December 5
10am Dorothy Weiss †

Friday, December 6
8am Helen Tolentino Busto (L)

Saturday, December 7
8am
5pm JB Villena (L)

Contact the Parish Office at 415-863-6259 to have Mass celebrated for a special intention or sponsor the weekend altar flowers.

Prayer Requests

MHR Parish Registration
• New parishioner?
• Birthday, Anniversary, sacraments, milestones?
• Notices and announcements?
• Have you moved?
• Did we miss your birthday? We are sorry if we did. Let us know when your birthday was, by updating your information with the Parish Office
Most Holy Redeemer Catholic Church
100 Diamond Street
San Francisco, CA 94114

Most Holy Redeemer Pastoral Team

Fr. Matt Link, C.PP.S., Pastor
frmatt@mhr.org

Eunice Park, Pastoral Associate
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Music Ministry

Rhonda Smith, Director of Music
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Parish Office

Michael Poma, Parish Manager
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Will Ives, Secretary
secretary@mhr.org

Brianna Garcia, ICA Student Assistant
brianna@mhr.org

Office Hours: Monday-Friday 9am - 5pm
Closed daily 12:30pm - 1:30pm
Closed Holidays
Phone: 415-863-6259  Fax: 415-552-8786
Visit us on the web:  www.mhr.org

Finance Council

finance@mhr.org

Marc Colelli - Chair
Steve Adams
Maureen Flaherty
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