



Fourth Sunday of Advent - December 22, 2019

Most Holy Redeemer Catholic Church

San Francisco, California

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Worship Hours

Monday - Saturday 8:00AM Mass
Saturday Vigil Mass 5:00PM
Reconciliation 3:45PM - 4:30PM
Sunday Mass 8:00AM, 10:00AM and 6:30PM
Holy Days 8:00AM and 7:00PM

This Week at Our Parish

Monday, December 23

7pm Centering Prayer - Church

Tuesday, December 24

Christmas Eve

10pm Mass

(Carols at 9:30pm)

Wednesday, December 25

Christmas Day

Parish office Closed

Mass at 8am & 10am

No Wednesday Night Suppers

Saturday, December 27

11am - 1pm Gardening

Sunday, December 29

Coffee Hour after the 8am & 10am Masses

MHR Library is open after the 8am & 10am Masses

Daily Readings: December 23 - 29

- ◇ Monday: Mal. 3:1-4, 23-24, Lk. 1:57-66
- ◇ Tuesday: 2Sm. 7:1-5, 8b-12, 14a, 16, Lk. 1:67-79
- ◇ Christmas: Is. 9:1-9, Ti. 2:11-14, Lk. 2:1-14
- ◇ Thursday: Acts 8:8-10; 7:54-59, Mt. 10:17-22
- ◇ Friday: 1Jn. 1:1-4, Jn. 20:1a, 2-8
- ◇ Saturday: 1Jn. 1:5-2:2, <t. 2:13-18
- ◇ Sunday: Sir. 3:2-6, 12-14, Col. 2:12-21 0 3:12-17, Mt. 2:13-15, 19-23

Fr. Matt's Message

Come, come Emmanuel,
God Is With Us!

Personal presence is all important to us. Think of the infant who needs the presence of his or her parents; the spouses who need the presence of each other; the sick person who needs the presence of the caregiver; the elderly person who needs the presence of people who care. We all feel much better when we are in the presence of ones who deeply love and care for us. There is no substitute for this kind of presence. Being in touch by phone or email is always good and can be very comforting, but there is nothing like the actual presence of another person.

Today is our last Sunday before the feast of Christmas. Our Gospel proclaims to us that the name of the savior is to be Emmanuel, a name which means "God is with us. "

The name God chose to give his Son was not one that was just picked out from a book of baby names. Out of all the names that God could have chosen for our savior, the one that we are given is Emmanuel, God is with us. The feast of Christmas is the feast of God's presence among us. When someone whom we love comes into our presence, comes to visit us, our response is to be present to that person. If the one who loves you most comes into your home, you don't go into another room and close the door. We, in our turn, become present to that other person. We talk, we listen, we pay attention to the other person. We may share a meal together, or do something with that other person who loves us. We respond. This response helps us to remember that we are never alone.

That we are never alone is the wonderful message of Christmas. The God who loves us is always with us. In the seventeenth century there lived a man by the name of Brother Lawrence of the Resurrection. He left behind a small book that he wrote called "*Practicing the Presence of God*". I've mentioned this book to you before and some of the snippets of spiritual wisdom to be gleaned from its pages. This little book has been the inspiration for countless numbers of people since the time of its writing. Brother Lawrence's whole spirituality was centered around remembering that he was in the presence of God. He admitted that it was a hard thing to do but he "continued it, notwithstanding all the difficulties that occurred". No matter where he was, and he spent a great deal of time in the kitchen since he was a cook, his prayer was remembering that he was not alone ... he was always in God's presence. He had found Emmanuel, God-with-us, God-with-Lawrence.

God truly is with us - in and through our baptism, in the assembly of believers, in the proclaimed words from Scripture, and in the Eucharist. God's faithful presence calls for our prayerful attention. In the midst of these last days of Advent, may we meet Christ many times this week as we prepare our hearts for the great feast of Christmas.

Joyful Advent blessings of light, love, and peace,

Fr. Matt

MHR HIV/AIDS Support Group

Emmanuel Tree Project: Thank you to all who have



supported our annual project. Your generous support brightens the lives of so many!

Visitors Needed: Volunteers normally spend 2 hours/week visiting the client in his/her home or going for walks.

There are currently 2 needs for volunteers:

A Client in Park Merced – a man who is looking for someone with whom to play chess and occasionally go to movies.

A Client near Dolores Park – a man in his 80's, a retired English teacher interested in poetry and art, would like a male friendly visitor.

For more information on these clients and their needs, please call the Support Group at 415-863-6259 or email to pete-asg@mhr.org.

Volunteer for the Wednesday Night Suppers

Wednesday Suppers needs a couple of volunteers to help with sandwich making and table set up. The time would be from 12:30pm to about 2:30pm. If you can help please email: suppers@mhr.org

"Jesus came to us as a child so that we might come to understand not only that nothing we do is insignificant, but that every small thing we do has within it the power to change the world."

—Joan Chittister, OSB

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Community Life

- **Sunday, December 22nd 11am to 2pm in Ellard Hall - Art Show and Sale** - We will try this again after the great flood of 2019!

Christmas Season at Most Holy Redeemer

Christmas Eve December 24th

Mass at 10pm

(Carols at 9:30pm)

Christmas Day December 25th

Mass at 8am & 10am

New Years Day, January 1

Mass at 10am

There will be no Wednesday Night Supper on January 1, however we will be distributing bagged lunches to our neighbors in need at the gate on New Years Day. We need volunteers to help us make sandwiches right after Mass in Ellard Hall. Thank you in advance!

Visit us:

On the web: www.mhr.org

Facebook: **Most Holy Redeemer Church**

Instagram: [mhrcatholicsf](https://www.instagram.com/mhrcatholicsf)

Donate to MHR by text at Give+Text

Text donation amount to 650-262-0965
and follow the prompts.

Our Parish Community Birthdays

Tony Quarto, Vincent Beaudet, Rene Mendoza, John Blazek, Judie Neitge, Jorlan Parlero, Nick Reyes and Chuck Kuglen.

Mass Intentions

Mass Intentions are celebrated for those to remember a loved one, honor someone on an important date or celebrate a special occasion. To schedule a Mass Intention please call the parish office or email secretary@mhr.org.



Mass Intentions

Our Mass celebrants will remember the following intentions during the celebration of the Eucharist:

Saturday, December 21

8am

5pm Theresa Adams †

Sunday, December 22

8am

10am MHR Parishioners

6:30pm Johnray Asuncion (L)

Monday, December 23

8am

Tuesday, December 24

8am Giuseppe & Angelina Fazio †

Wednesday, December 25th

10am Michael Fitzpatrick (L)

Thursday, December 26

8am James Callahan †

Friday, December 27

8am Dorothy Weiss †

Saturday, December 28

8am Nick Reyes (L)

5pm Mary Ann Fejeran †

Contact the Parish Office at 415-863-6259 to have Mass celebrated for a special intention or sponsor the weekend altar flowers.

Prayer Requests

AJ Anderson, Bill Anderson, George Anderson, Patricia Allen, Jesusa Ayala, Thomas Balderramos, Chuck Bold, Junior Briones, Sally Cahur, David Calvin, Jim Cathcart, Regan Chapman, Joshua Daigle, John DiQuattro, Tom Farmer, Linda Glover, Warren Lubich, Catherine De Lucchi, Bernie Maddox, Sebastian MacLean, Connie Malone, Fr. Andrew Metcalfe, David Miller, Roy Miller, Lottie Olszewski, Bill Osuna, Nancy Otchy, Louis Padilla, Marie Padilla, Tim Ryan, John Schwobeda, Christopher Sumner, Randy Tichenal, Christine Lane Tracy, Diane Tufts, Fr. Kirk Ullery, Nala Vaughn, Kimberly Vigil, Joseph Vouglas, Chuck Wright, Ryan Zuniga, †Don Daub†, †John Gutierrez† and †Audona Munoz†.

MHR Parish Registration

- New parishioner?
- Birthday, Anniversary, sacraments, milestones?
- Notices and announcements?
- Have you moved?
- *Did we miss your birthday? We are sorry if we did. Let us know when your birthday was, by updating your information with the Parish Office*

Most Holy Redeemer Catholic Church
100 Diamond Street
San Francisco, CA 94114



MOST HOLY REDEEMER PASTORAL TEAM

Fr. Matt Link, C.P.P.S., Pastor
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MUSIC MINISTRY

Rhonda Smith, Director of Music
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PARISH OFFICE

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Brianna Garcia, ICA Student Assistant
brianna@mhr.org

Office Hours: Monday-Friday 9am - 5pm
Closed daily 12:30pm - 1:30pm
Closed Holidays
Phone: 415-863-6259 Fax: 415-552-8786
Visit us on the web: www.mhr.org

FINANCE COUNCIL

finance@mhr.org

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MHR HIV/AIDS Support Group

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