Our Mission at Most Holy Redeemer Catholic Church

Most Holy Redeemer Parish is a Roman Catholic Christian Community. The parish draws people from isolation to community, from searching to awakening, from indifference to concern, from selfishness to meaningful service, from fear in the midst of adversity to faith and hope in God.

The community of Most Holy Redeemer shares God’s compassionate love with all people. The parish offers a spiritual home for senior citizens and youth; single people and families; those who are straight, gay, lesbian, and transgender; the healthy and the sick, particularly persons with HIV.

As a parish community, we celebrate God’s loving presence in our lives. In worship and sacrament, especially the Eucharist, we are nurtured and challenged to extend God’s kingdom of justice, truth, love and peace by growing in the spirit of Jesus, the Most Holy Redeemer.
Worship Hours
Monday - Saturday 8:00AM Mass
Saturday Vigil Mass 5:00PM
Reconciliation 3:45PM - 4:30PM
Sunday Mass 8:00AM, 10:00AM and 6:30PM
Holy Days 8:00AM and 7:00PM

This Week at Our Parish
Monday, July 15
7pm Centering Prayer - Church

Wednesday, July 17
1pm—7pm Wednesday Night Suppers

Saturday, July 20
Gardening 11am - 1pm

Sunday, July 21
Coffee hour after the 8am & 10am Masses
MHR Library is open after the 8am & 10am Masses

Daily Readings: July 15 - 21
◊ Monday: Ex. 1:8-14, 22 Mt. 10:34-11:1
◊ Tuesday: Ex. 2:1-15a, Mt. 11:20-24
◊ Wednesday: Ex. 3:1-6, 9-12, Mt. 11:25-27
◊ Thursday: Ex. 3:13-20, Mt. 11:28-30
◊ Friday: Ex. 11:10-12:14, Mt. 12:1-8
◊ Saturday: Ex. 12:37-42, Mt. 12:14-21
◊ Sunday: Gn. 18:1-10a, Col. 1:24-28, Lk. 10:38-42

“Wisdom has been defined as knowing the difference between pulling your weight and throwing it around.”
—Anonymous

Fr. Matt’s Message
Once again Scripture reminds us of the practicality of our faith and how our faith calls us to live the word. “... For this command is not too mysterious, nor far away; it’s already in your mouths and in your hearts” (Dt 30:14). “...and the Samaritan traveler was moved with compassion... Jesus teaches us ‘Go and do likewise”’ (Lk 10).
I grew up in a practical household. The needs of a large family were very real. No matter what was going on in the family, my parents taught us the importance of giving back, of sharing some of the gifts we had been given.
Like any active Catholic family, the requests for charitable assistance were many. But my parents simply could not respond to every request that came their way. But they gave, and not just from their surplus, because to be real honest, there probably wasn’t ever much of any surplus. No, they often made sacrificial gifts. And we, their children, didn’t always like it, but they taught us to reach out and try to do the same.
No one of us can respond to every need. We all have many limits - limits of time, money, physical energy, emotional energy. No one person can do it all. But it’s still good to ask ourselves, “What can I do? How can I help?”
This is how Mother Teresa responded to that exact question: “If you can’t feed a hundred people, then feed just one. Don’t try to do what you cannot do. Just do what you can. But don’t fool yourself either – do something - really do what you can do.”
All too often we focus on what we cannot do. Today we are asked to focus on what we can. I think it’s good to let Jesus’ words disturb us a bit. Allow yourself, like the Samaritan, to be moved with pity.
Let that pity move you. Don’t worry about what you can’t do. Just go, that’s our Baptismal call. As Mass ends, we are sent out with a blessing for which we give thanks to God. “Go and announce the Gospel.” “Go in peace, glorifying the Lord by your life,” and in the old translation, “Go in peace to love and serve the Lord.”

Summertime wishes filled with blessing, prayers and peace, Fr. Matt

Thank You!
Please join me in a big Thank You to Curtis Murray for his service in the Parish Pastoral Council! As Curtis has completed his term, please join me in thanking him for his service and ministry.

Shop at Amazon and Support Most Holy Redeemer and our many ministries!
Log on to smile.amazon.com, sign into your Amazon account and search for Most Holy Redeemer Church.
Amazon will donate .5% of all eligible purchases you make to Most Holy Redeemer!
Volunteers Needed at Annunciation House

An unprecedented number of migrants seeking asylum are arriving at the El Paso border and being sheltered and cared for at Annunciation House, “the Ellis Island of the Southwest.”

The St. Ignatius and St. Agnes parish communities are responding to this need by organizing volunteer groups to travel to El Paso and provide assistance at Annunciation House. Volunteers are needed to help with all hospitality tasks - meals, laundry, cleaning, organizing clothes. Volunteers who speak Spanish will help with intake, connecting migrants with their sponsors and making travel arrangements.

The major cost involved is airfare to El Paso, TX. Housing can be provided by Annunciation House. Time commitment is a minimum of one week.

If you are interested in joining in this work, please contact Annette Lomont at Annette.Lomont@gmail.com. There will be a number of delegations going to the border. Trips for July and August are closed, but volunteers are still needed for September, October and November.

Donate by Text

“Give + Text” allows you to donate or pay our parish by just sending a text!

- On your phone, text the amount you want to give (20, 50, 100 etc.) to 650-262-0965
- The first time, you will get a prompt for a secure registration to enter your info.
- You will receive a text reply verifying your registration and a receipt for your donation amount.
- You can even set up a recurring amount!

For any future payments, just save that phone number and text a donation amount to it! It’s so easy!
Mass Intentions
Our Mass celebrants will remember the following intentions during the celebration of the Eucharist:

Saturday, July 13
8am
5pm Fred, Edna & Bill Kirchubel †

Sunday, July 14
8am Maria Hoang Thi Mach †
10am MHR Parishioners
6:30pm

Monday, July 15
8am

Tuesday, July 16
8am David Scott Palmer †

Wednesday, July 17
8am Giuseppe & Angelina Fazio †

Thursday, July 18
8am Frank Olszewski †

Friday, July 19
8am Tillie Weiss †

Saturday, July 20
8am Dorothy Weiss †
5pm Alvaro Joshua Deza (L)

Contact the Parish Office at 415-863-6259 to have Mass celebrated for a special intention or sponsor the weekend altar flowers.

Prayer Requests
and †Br. Eric Pilarcik†

MHR Parish Registration
• New parishioner?
• Birthday, Anniversary, sacraments, milestones?
• Notices and announcements?
• Have you moved?
• Did we miss your birthday? We are sorry if we did. Let us know when your birthday was, by updating your information with the Parish Office
MOST HOLY REDEEMER PASTORAL TEAM

Fr. Matt Link, C.P.P.S., Pastor
frmatt@mhr.org

Eunice Park, Pastoral Associate
eunice@mhr.org

PARISH OFFICE

Michael Poma, Parish Manager
mpoma@mhr.org

Will Ives, Secretary
secretary@mhr.org

Office Hours: Monday–Friday 9am – 5pm
Closed daily 12:30pm - 1:30pm
Closed Holidays
Phone: 415-863-6259  Fax: 415-552-8786
Visit us on the web:  www.mhr.org

MUSIC MINISTRY

Victor Cervantes
musicministry@mhr.org

PARISH COMMITTEES

Parish Pastoral Council  council@mhr.org
Kate Deaton-Gupta
Dawn Dzurilla
Buck Farmer
Richard Shaw

Finance Council  finance@mhr.org
Marc Colelli - Chair
Steve Adams
Maureen Flaherty
Mark Okashima
John Solaegui
Diane Trewin

MHR AIDS Support Group

100 Diamond Street
San Francisco, CA 94114
Phone: 415-863-6259 x 10
Fax: 415-552-8786
Monday–Friday: 9:30am-2pm
www.mhr-asg.com

Peter Toms, AIDS Support Group Program Coordinator
pete-asg@mhr.org