Our Mission at Most Holy Redeemer Catholic Church

Most Holy Redeemer Parish is a Roman Catholic Christian Community. The parish draws people from isolation to community, from searching to awakening, from indifference to concern, from selfishness to meaningful service, from fear in the midst of adversity to faith and hope in God.

The community of Most Holy Redeemer shares God’s compassionate love with all people. The parish offers a spiritual home for senior citizens and youth; single people and families; those who are straight, gay, lesbian, and transgender; the healthy and the sick, particularly persons with HIV.

As a parish community, we celebrate God’s loving presence in our lives. In worship and sacrament, especially the Eucharist, we are nurtured and challenged to extend God’s kingdom of justice, truth, love and peace by growing in the spirit of Jesus, the Most Holy Redeemer.
### Worship Hours

**Monday - Saturday** 8:00AM Mass  
**Saturday** Vigil Mass 5:00PM  
Reconciliation 3:45PM - 4:30PM  
**Sunday** Mass 8:00AM, 10:00AM and 6:30PM  
Holy Days 8:00AM and 7:00PM

### This Week at Our Parish

**Monday, July 22**
- 7pm Centering Prayer - Church

**Wednesday, July 24**
- 1pm—7pm Wednesday Night Suppers

**Saturday, July 27**
- Gardening 11am - 1pm

**Sunday, July 28**
- Coffee hour after the 8am & 10am Masses
- MHR Library is open after the 8am & 10am Masses

### Daily Readings: July 22 - 28

- **Monday**: Sgs. 3:1-4b or 2Cor. 5:14-17, Jn. 20:1-2, 11-18
- **Tuesday**: Ex. 2:1-15a, Mt. 11:20-24
- **Wednesday**: Ex. 3:1-6, 9-12, Mt. 11:25-27
- **Thursday**: Ex. 3:13-20, Mt. 11:28-30
- **Friday**: Ex. 11:10-12:14, Mt. 12:1-8
- **Saturday**: Ex. 12:37-42, Mt. 12:14-21
- **Sunday**: Gn. 18:1-10a, Col. 1:24-28, Lk. 10:38-42

"To forgive is to set a prisoner free and to discover that the prisoner is me."

—Anonymous

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### From our Tradition

There’s a different pace to a summer Sunday, especially on those days when we dream of air conditioning and wave any available paper to stir the air. Yet we persist in gathering, even with so many breaks from the usual routines. We distance ourselves not only from routines, but from schedules and familiar well-worn paths. These are playful days and contemplative days. We see long-lost friends and visit almost-forgotten places. We have more leisure than any people before in the history of the world, and we need it because our lives are so care-worn and tiring. More of us walk barefoot and look up at the stars or dip our toes in the lake or sea, sing around campfires, read novels on the beach, and eat comfort food with our fingers. We see how beautiful life can be, and are more aware than usual of how God is always breaking in with signs of love.

In Genesis today, Abraham and Sarah practice hospitality to their visitors, who turn out to be God dropping in. During the summer months, God practices hospitality in return, inviting us into a season of celebration. Keeping Sunday holy is a good habit to cultivate in these days when our spirits are especially receptive to God’s deep desire for us to know divine love.

—James Field, Copyright © J. S. Paluch Co.
MHR AIDS Support Group

**Volunteers Needed:** Volunteers normally spend 2 hours/week visiting the client in his/her home or going for walks. There are currently 1 man in need of a visiting volunteer:

**A Client in Park Merced** – a man who is looking for someone with whom to play chess and sometimes go to movies.

*For more information about these clients and how you can help, please call the AIDS Support Group at 415-863-6259.*

**Community Thrift:** Please remember to bring your unwanted and usable clothing and household items to Community Thrift at 623 Valencia, between 17th & 18th Streets. Please mention that MHR AIDS Support Group is your charity --- Charity # 242. Thank you.

Ministry to the Homebound

**Woman Parishioner at Buena Vista retirement Home:** A woman, living across from Buena Vista Park, would enjoy being taken out occasionally for rides around the city. For more information, please call the rectory.

Donate by Text

“Give + Text” allows you to donate or pay our parish by just sending a text:

- On your phone, text the amount you want to give (20, 50, 100 etc.) to **650-262-0965**
- The first time, you will get a prompt for a secure registration to enter your info.
- You will receive a text reply verifying your registration and a receipt for your donation amount.
- You can even set up a recurring amount!

For any future payments, just save that phone number and text a donation amount to it! It’s so easy!

Community Life

- **Tuesday, August 6th** - **Young Adults Meeting** - 7:30pm in the Church. Email yag@mhr.org for info.
- **Saturday, August 10th noon to 3pm** - **Annual Reconnecting Picnic:** All alumni of the MHR Reconnecting Program are invited to join us in the MHR Garden.

Visit us:

- On the web: [www.mhr.org](http://www.mhr.org)
- Facebook: Most Holy Redeemer Church
- Instagram: mhrcatholicsf

Donate by Text

Text donation amount to 650-262-0965 and follow the instructions.

Our Parish Community Birthdays

Jerry Anderson, Don Arel, Kevin Barlow, Charles Burd, Armani Rosales, Mike Murphy, Bill Vicini, Bob Kraynak, Zel Guerrero, Richard Hardy, Michael Bruno, Richard Fraumeni, Amy Miller, Connor Santos-Stevenson, John Sedlander, Graham Walker, Lily Boucher, Frank Aguilar, Christine Kosche and Fred Siegel.

Mass Intentions

Mass Intentions are celebrated for those to remember a loved one, honor someone on an important date or celebrate a special occasion. To schedule a Mass Intention please call the parish office or email secretary@mhr.org.

Volunteers Needed at Annunciation House

An unprecedented number of migrants seeking asylum are arriving at the El Paso border and being sheltered and cared for at Annunciation House, “the Ellis Island of the Southwest.”

The St. Ignatius and St. Agnes parish communities are responding to this need by organizing volunteer groups to travel to El Paso and provide assistance at Annunciation House. Volunteers are needed to help with all hospitality tasks - meals, laundry, cleaning, organizing clothes. Volunteers who speak Spanish will help with intake, connecting migrants with their sponsors and making travel arrangements.

The major cost involved is airfare to El Paso, TX. Housing can be provided by Annunciation House. Time commitment is a minimum of one week.

If you are interested in joining in this work, please contact Annette Lomont at Annette.Lomont@gmail.com. There will be a number of delegations going to the border. Trips for July, August and September are closed, but volunteers are still needed for October and November, especially Spanish speakers.

Stewardship

**July 13 & 14**

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Thank you for your continued support!
Mass Intentions

Our Mass celebrants will remember the following intentions during the celebration of the Eucharist:

**Saturday, July 20**
8am Dorothy Weiss †
5pm Alvaro Joshua Deza (L)

**Sunday, July 21**
8am Benefactors, Volunteers & Clients of the MHR AIDS Support Group
10am MHR Parishioners
6:30pm Gustavo Diaz †

**Monday, July 22**
8am Jesus Rico (L)

**Tuesday, July 23**
8am William Chenoweth †

**Wednesday, July 24**
8am Paul W. (L)

**Thursday, July 25**
8am Dorothy Weiss †

**Friday, July 26**
8am Bishop Robert Christian †

**Saturday, July 27**
8am Rita Balchikonis †
5pm Frank Camozzi †

*Contact the Parish Office at 415-863-6259 to have Mass celebrated for a special intention or sponsor the weekend altar flowers.*

Prayer Requests


MHR Parish Registration

- New parishioner?
- Birthday, Anniversary, sacraments, milestones?
- Notices and announcements?
- Have you moved?
- Did we miss your birthday? We are sorry if we did. Let us know when your birthday was, by updating your information with the Parish Office
Most Holy Redeemer Catholic Church
100 Diamond Street
San Francisco, CA 94114

MOST HOLY REDEEMER PASTORAL TEAM

Fr. Matt Link, C.PP.S., Pastor
frmatt@mhr.org

Eunice Park, Pastoral Associate
eunice@mhr.org

PARISH OFFICE

Michael Poma, Parish Manager
mpoma@mhr.org

Will Ives, Secretary
secretary@mhr.org

Office Hours: Monday-Friday 9am - 5pm
Closed daily 12:30pm - 1:30pm
Closed Holidays
Phone: 415-863-6259 Fax: 415-552-8786
Visit us on the web: www.mhr.org

MUSIC MINISTRY

Victor Cervantes
musicministry@mhr.org

PARISH COMMITTEES

Parish Pastoral Council council@mhr.org
Kate Deaton-Gupta
Dawn Dzurilla
Buck Farmer
Richard Shaw

Finance Council finance@mhr.org
Marc Colelli - Chair
Steve Adams
Maureen Flaherty
Mark Okashima
John Solaegui
Diane Trewin

MHR AIDS Support Group
100 Diamond Street
San Francisco, CA 94114
Phone: 415-863-6259 x 10
Fax: 415-552-8786
Monday-Friday: 9:30am-2pm
www.mhr-asg.com

Peter Toms, AIDS Support Group Program Coordinator
pete-asg@mhr.org