Worship Hours
Monday - Saturday 8:00AM Mass
Saturday Vigil Mass 5:00PM
Reconciliation 3:45PM - 4:30PM
Sunday Mass 8:00AM, 10:00AM and 6:30PM
Holy Days 8:00AM and 7:00PM

This Week at Our Parish
Monday, June 3
7pm Centering Prayer - Church
Wednesday, June 5
1pm—7pm Wednesday Night Suppers
Thursday, June 6
7pm Choir Rehearsal - Church
Friday, June 7
First Friday
8am Anointing of the Sick - Church
Saturday, June 8
Gardening 11am - 1pm
Sunday, June 9
Pentecost
Coffee hour after the 8am & 10am Masses
MHR Library is open after the 8am & 10am Masses

Daily Readings: June 3 - 9
Monday: Acts 19:1-8, Jn.16:29-33
Friday: Acts 25:13b-21, Jn. 21:15-19
Sunday: Acts 2:1-11, 1Cor. 12:3b-7, 12-13 or Rom. 8:8-17, Jn. 20:19-23 or Jn. 14:15-16, 23b-26

Stewardship
May 25 & 26
Saturday 5pm - $593.00
Sunday 8am - $738.00
Sunday 10am - $1,940.00
Sunday 6:30pm - $416.00
Outside Mass - $509.79
Online Giving - $417.59
Collection Total - $4,614.38
Budgeted - $5,000.00
Catholic Communications - $696.00
Thank you for your amazing generosity!
This week there is a second collection for the Wednesday Night Suppers.

Fr. Matt’s Message
Going Out
This seems to be a season of endings and beginnings. As a parish family, just a few weeks ago, we celebrated with and supported our children as they came to the table for their First Holy Communion. We said goodbye to our student worker, Arianna, as she advances in school and work and takes a well-deserved summer break. We celebrate the accomplishments of young people, knowing they will go far as they move onto the next chapter in life. We as a parish celebrate life - through baptisms, weddings, and even at the end of life, as we celebrate the eternal life of our loved ones who have gone before us. In all of these celebrations of life, we are a people who seek nourishment and strength from the tables of the Word and the Eucharist. We are a people of the Ascension.

It seems a healthy spirituality to look at the Ascension as a means of going out. Jesus is pushing us out into the world, armed with love, the good news, and the strength of his presence. When we talk about giving witness to our faith, we might picture one person evangelizing to another about their belief in Jesus Christ. But it seems that in this day and time, an effective form of witness that speaks with great strength and conviction might be a witness of service, a witness of Christian action. I think it helps to believe in a person’s sincerity when we can see that they really live what they believe, to “walk the talk.” But, we cannot give something we don’t have. As witnesses, our first task is to nourish our own faith, our own spiritual lives. But none of this happens automatically. We need a certain discipline if we are going to grow closer to the Lord Jesus.

Prayer, spiritual reading and Scripture study, quiet time, living in love with others, going to Mass on Sundays and receiving the Eucharist, taking part in the Sacraments - all of these require discipline and a definite commitment on our part. Out in nature, it might seem that things just happen. Trees put forth new shoots and flowers give us new blossoms, the grass and the dandelions know to grow, all creating a beautiful landscape of God’s creation. But all of this takes just the right combination of sun and shade, rain and dryness, the right kind of soil and climate. A pretty complicated process that only seems unplanned on the surface.

The same goes with our faith. Merely resting quietly in a favorite chair won’t bring us deeper faith. We need to open ourselves up to the love and grace that God is continually pouring down on us. We need to take that love into ourselves, wake up to the fact that we have been loved and chosen, and then respond to those gifts with our daily lives. We are called to action, but we are also called to make time to pray, to rest, to find a quiet place for a few moments away from the noise and busyness of our world. Embracing this as a discipline can help us grow closer to Jesus and to one another, and give us the courage to go out and be a witness of the love we have received!

Strong blessings and much love as we all journey and grow together,

Fr. Matt
MHR AIDS Support Group

Facilitated Support Group: A professionally facilitated support group for people with HIV/AIDS meets Thursdays from 1:30 to 3PM weekly here at MHR. There are currently openings for new members. If you are looking for a safe space to talk about what is going on in your life, this may be the group for you. For more information or to register, please call 415-863-6259 XT10 or email pete-asg@mhr.org.

Volunteers Needed: Volunteers normally spend 2 hours/week visiting the client in his/her home or going for walks. There are currently 2 men in need of a visiting volunteer:

A Client in the Mission: a friendly man with a small dog is looking for a Spanish-Speaking volunteer for company.
A Client in Park Merced – a man who is looking for someone with whom to play chess and sometimes go to movies.

For more information about these clients and how you can help, please call the AIDS Support Group at 415-863-6259.

Ministry to the Homebound

Woman Parishioner at Buena Vista Manor: A woman would enjoy being taken out for rides around the city. For more information, please call the rectory.

Community Life

- Tuesday, June 4th - Young Adults Meeting - 7:30pm in the Church - Email yag@mhr.org for information.
- Saturday June 8th - US Border Talk with Sr. Marilyn Morgan - 10am to noon in Ellard Hall.
- Sunday, June 9, 4:00 pm - Golden Gate Boys Choir at Mission Dolores Basilica
- Tuesday, June 18th - Young Adults Meeting - 7:30pm in the Church.

Visit us:
On the web: www.mhr.org
Facebook: Most Holy Redeemer Church
Instagram: mhrcatholicsf

Our Parish Community Birthdays


Mass Intentions

Mass Intentions are celebrated for those to remember a loved one, honor someone on an important date or celebrate a special occasion. To schedule a Mass Intention please call the parish office or email secretary@mhr.org.

A Note of Thanks from Catholic Charities

On behalf of the families and individuals it serves, Catholic Charities thanks all parishioners throughout the Archdiocese for generous support of the recent Catholic Charities Sunday second collection. Participation in this essential second collection supports vital services to thousands of our most vulnerable neighbors: children, single parents, homeless families, aging adults and adults with disabilities, those living with disabling HIV/AIDS, and refugees and immigrants. Thank you for your ongoing support to care for brothers and sisters in need with compassion, dignity, and respect. To learn more about the work and impact of Catholic Charities, and ways you can get involved, visit the website: catholiccharitiesssf.org

A Big MHR Thank You!

Please join me in a big Thank You to those who have served in parish leadership over these years: Thank you to Ron Pacheco and Nick Andrade for your service in Finance Council, and thank you to Dennis Callahan for your service in the Parish Pastoral Council!! Thank you and God bless you! As they have completed their terms, please thank your fellow parishioners for their service and ministry.

In gratitude,
Fr. Matt

Thank You to All from Fr. Joe!

Thank you Fr. Matt and all the people of MHR for the wonderful celebration on my 50th anniversary of Ordination last Sunday. Victor and the choir, the acolytes and the lectors, and all who helped with the liturgy, plus Dean and all who helped with the luncheon made it a memorable event I will always hold dear in my heart.

Peace,
Papa Joe

Faith Speaks Out on Gun Violence:

A panel of Religious Leaders
Monday, June 10, 7:00 pm Grace Cathedral, 1100 California St. San Francisco. Fr. George Williams, S.J., the Catholic chaplain of San Quentin Prison, is one of a panel of leaders from across the city and across the faiths who will discuss how religious beliefs inform their judgments about gun violence, and how citizens can work to make a safer San Francisco and a safer country. The Rev. Canon Dr. Ellen Clark-King (Grace Cathedral) will moderate a panel consisting of Imam Abu Qadir Al Amin (San Francisco Muslim Community Center), San Francisco Supervisor Catherine Stefani, Sensei Elaine Donlin (Buddhist Church of San Francisco), Rabbi Jason Rodich (Temple Emanu-El), and Fr. Williams. The event is free and is open to all, but please RSVP to congregation@gracecathedral.org For more information, visit the website The Moral Voice: Faith Speaks Out on Gun Violence.

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Mass Intentions

Our Mass celebrants will remember the following intentions during the celebration of the Eucharist:

**Saturday, June 1**
8am Jose Camuzzi †
5pm Sylvia Ray †

**Sunday, June 2**
8am
10am Emile J. Lacroix †
6:30pm Jack Jimenez †

**Monday, June 3**
8am

**Tuesday, June 4**
8am Prem Shahani †

**Wednesday, June 5**
8am Geneva Toms †

**Thursday, June 6**
8am Dorothy Weiss †

**Friday, June 7**
8am Maria Gonzalez (L)

**Saturday, June 8**
8am Giuseppe & Angelina Fazio †
5pm C.J. Charlene Bostic (L)

Contact the Parish Office at 415-863-6259 to have Mass celebrated for a special intention or sponsor the weekend altar flowers.

Prayer Requests

and †Geneva Toms†.

MHR Parish Registration

- New parishioner?
- Birthday, Anniversary, sacraments, milestones?
- Notices and announcements?
- Have you moved?
- Did we miss your birthday? We are sorry if we did. Let us know when your birthday was, by updating your information with the Parish Office.
Most Holy Redeemer Catholic Church
100 Diamond Street
San Francisco, CA 94114

MOST HOLY REDEEMER PASTORAL TEAM

Fr. Matt Link, C.P.P.S., Pastor
frmatt@mhr.org

Eunice Park, Pastoral Associate
eunice@mhr.org

Michael Poma, Parish Manager
mpoma@mhr.org

MUSIC MINISTRY

Victor Cervantes, Director of Music
musicministry@mhr.org

PARISH OFFICE

Will Ives, Secretary
secretary@mhr.org

Hours: Monday-Friday 9am - 5pm
Closed daily 12:30pm - 1:30pm
Closed Holidays
Phone: 415-863-6259 Fax: 415-552-8786
Visit us on the web: www.mhr.org

PARISH COMMITTEES

Parish Pastoral Council council@mhr.org
Kate Deaton-Gupta
Dawn Dzurilla
Buck Farmer
Curtis Murray
Richard Shaw

Finance Council finance@mhr.org
Marc Colelli - Chair
Nick Andrade
Maureen Flaherty
Mark Okashima
John Solaegui
Diane Trewin

MHR AIDS Support Group
100 Diamond Street
San Francisco, CA 94114
Phone: 415-863-6259 x 10
Fax: 415-552-8786
Monday-Friday: 9:30am-2pm
www.mhr-asg.com

Peter Toms, AIDS Support Group Program Coordinator
pete-asg@mhr.org