Our Mission at Most Holy Redeemer Catholic Church

Most Holy Redeemer Parish is a Roman Catholic Christian Community. The parish draws people from isolation to community, from searching to awakening, from indifference to concern, from selfishness to meaningful service, from fear in the midst of adversity to faith and hope in God.

The community of Most Holy Redeemer shares God’s compassionate love with all people. The parish offers a spiritual home for senior citizens and youth; single people and families; those who are straight, gay, lesbian, and transgender; the healthy and the sick, particularly persons with HIV.

As a parish community, we celebrate God’s loving presence in our lives. In worship and sacrament, especially the Eucharist, we are nurtured and challenged to extend God’s kingdom of justice, truth, love and peace by growing in the spirit of Jesus, the Most Holy Redeemer.
Worship Hours

**Monday ‐ Saturday** 8:00AM Mass  
**Saturday** Vigil Mass 5:00PM  
Reconciliation 3:45PM ‐ 4:30PM  
**Sunday** Mass 8:00AM, 10:00AM and 6:30PM  
Holy Days 8:00AM and 7:00PM

**This Week at Our Parish**

**Monday, October 21**  
7pm Centering Prayer ‐ Church  

**Wednesday, October 23**  
1pm—7pm Wednesday Night Suppers

**Thursday, October 24**  
7pm Choir rehearsal ‐ Church  

**Saturday, October 26**  
11am ‐ 1pm Gardening

**Sunday, October 27**  
Coffee hour after the 8am & 10am Masses  
MHR Library is open after the 8am & 10am Masses

**Daily Readings: October 21 ‐ 27**

◊ Monday: Rom. 4:20-25, Lk. 12:13-21  
◊ Tuesday: Rom. 5:12,15b. 17-19, 20b-21, Lk. 12:35-38  
◊ Wednesday: Rom. 6:12-18, Lk. 12:39-48  
◊ Thursday: Rom. 6:19-23, Lk. 12:39-53  
◊ Friday: Rom. 7:18-25a, Lk. 12:54-59  
◊ Saturday: Rom. 8:1-11, Lk. 13:1-9  
◊ Sunday: Sir. 35:12-14, 16-18, 2Tm. 4:6-8, 16-18, Lk. 18:9-14

**Stewardship**

**October 12 & 13**

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Thank you for your support!  
This week there is a second collection for World Mission Sunday.

**From Our Traditions**

Although the hours of daylight are rapidly dwindling, many people would say that these October days bring the year’s most splendid weather. Americans are riders and joggers, not strollers, and so the pleasures of the season are often lost on us. This is not the case with many Jewish people, who observe an ancient rule in walking to synagogue on the Sabbath. On city streets and suburban sidewalks in many cities, we may notice around sunset the nicely dressed families walking and chatting on Friday afternoon. After a short prayer at dusk, the families stroll home again for a relaxing and festive meal. They return to synagogue in the morning, and then spend an afternoon in family leisure until three stars appear in the night sky and Sabbath ends.

Catholics, on the other hand, pile into the car and drive even a short distance to Mass; some even divide the family to participate at different hours. For Jews, the leisurely walk marks a dividing line between hectic life commitments and a day of abundant joy and enrichment. Before we became an automobile culture, Catholics embraced a similar pace, and in most places walked to church. These lovely days of fall invite us to tap into an old and life‐giving tradition. If you live within a mile of your church, walk next week. If you must drive, park at a good distance and walk the rest of the way. Talk about your life, greet strangers, notice the crunch of leaves under your shoes. You may be surprised at how different Sunday Mass feels when it is framed by leisure!

—James Field, Copyright © J. S. Paluch Co.

“Autumn is the season to find contentment at home by paying attention to what we already have.”  
—Unknown
MHR HIV/AIDS Support Group

**Visitors Needed:** Volunteers normally spend 2 hours/week visiting the client in his/her home or going for walks.

**There are currently 2 needs for volunteers:**
- **A Client in Park Merced** – a man who is looking for someone with whom to play chess and occasionally go to movies.
- **A Client in the Castro** – a man in his 80’s, a retired English teacher interested in poetry and art, would like a male friendly visitor.

For more information on these clients and their needs, please call the Support Group at 415-863-6259 or email to pete-asg@mhr.org

**Library Corner**
This week, we highlight native American history.

**St. Vincent de Paul Coats & Jackets Drive** – In anticipation of cooler days ahead, we are holding a Warm Coats and Jackets drive. There is a collection barrel located in the entrance of the church. Please join us in helping fellow San Franciscans in need.

**Community Life**
- **Sunday, October 27th** - *Flu Shots* will be available in the MHR Library after the 10am Mass.
- **November 1st-3rd** - *A Beloved Community of Saints Retreat* - visit http://msjc.net/lgbtretrait for pricing and information.
- **Tuesday, November 5th** - *Young Adults meeting* in the church at 7:30pm - email yag@mhr.org for info.
- **Saturday, November 9th** – *Centering Prayer Speaker* – Fr. Tom Bonacci, C.P. | Topic is *Let Your Light So Shine* – A Dynamic Re-reading of Matthew 5: 13-16 | Ellard Hall -10:00am-12:00pm with refreshments starting at 9:30am.

Visit us:
On the web: [www.mhr.org](http://www.mhr.org)
Facebook: Most Holy Redeemer Church
Instagram: mhrcatholicsf

Donate to MHR by text at Give+Text
Text donation amount to 650-262-0965 and follow the prompts.

**Our Parish Community Birthdays**
Maggie Berkemeyer, Bob Schmeisser, Raul De La Torre, Brad Jones, Ruby Lopez, Paul Trujillo, John Chappuis, Mark Okashima, Nicole Santarosa, John Schwobeda and Christopher Weber.

**Mass Intentions**
Mass Intentions are celebrated for those to remember a loved one, honor someone on an important date or celebrate a special occasion. To schedule a Mass Intention please call the parish office or email secretary@mhr.org.

**Are you lonely?**
You can call the Friendship Line @ 800-971-0016. It's the only 24/7 toll-free warmline for older adults. Whether you're feeling alone or in crisis, you can count on the Friendship Line for a lifeline of hope and a compassionate voice. It's free to anyone in the U.S. or Canada. **Volunteer:** you can also volunteer for the Friendship Line to talk to callers. Contact 415-750-4136 or flvolunteer@iaaging.org.

**Liturgical Minister Training November 2 & 9**
Do you want to be more involved at Most Holy Redeemer? Do you feel called to serve at Mass with reading or distributing communion? The next liturgical ministry trainings in San Francisco November 2nd & 9th, so please contact the parish office ASAP to register. These trainings only happen once a year, so don’t miss this opportunity!
**Mass Intentions**

Our Mass celebrants will remember the following intentions during the celebration of the Eucharist:

- **Saturday, October 19**
  - 8am Dr. James Vincent Compton †
  - 5pm Peggy McCloud †

- **Sunday, October 20**
  - 8am Benefactors, Volunteers & Clients of the MHR HIV/AIDS Support Group
  - 10am MHR Parishioners
  - 6:30pm Eva Bote †

- **Monday, October 21**
  - 8am

- **Tuesday, October 22**
  - 8am Matt Zuniga Martinez (L)

- **Wednesday, October 23**
  - 8am Wednesday Night Suppers

- **Thursday, October 24**
  - 8am Dorothy Weiss †

- **Friday, October 25**
  - 8am

- **Saturday, October 26**
  - 8am
  - 5pm Peter Cuomo †

Contact the Parish Office at 415-863-6259 to have Mass celebrated for a special intention or sponsor the weekend altar flowers.

**Prayer Requests**


**MHR Parish Registration**

- New parishioner?
- Birthday, Anniversary, sacraments, milestones?
- Notices and announcements?
- Have you moved?
- Did we miss your birthday? We are sorry if we did. Let us know when your birthday was, by updating your information with the Parish Office
Most Holy Redeemer Catholic Church
100 Diamond Street
San Francisco, CA 94114

Most Holy Redeemer Pastoral Team

Fr. Matt Link, C.PP.S., Pastor
frmatt@mhr.org

Eunice Park, Pastoral Associate
eunice@mhr.org

Parish Office

Michael Poma, Parish Manager
mpoma@mhr.org

Will Ives, Secretary
secretary@mhr.org

Office Hours: Monday-Friday 9am - 5pm
Closed daily 12:30pm - 1:30pm
Closed Holidays
Phone: 415-863-6259 Fax: 415-552-8786
Visit us on the web: www.mhr.org

Music Ministry

musicministry@mhr.org

Finance Council

finance@mhr.org

Marc Colelli - Chair
Steve Adams
Maureen Flaherty
JD Malchow
Mark Okashima
John Solaegui
Diane Trewin

MHR HIV/AIDS Support Group

100 Diamond Street
San Francisco, CA 94114
Phone: 415-863-6259 x 10
Fax: 415-552-8786
Monday-Friday: 9:30am-2pm
www.mhr-asg.com

Peter Toms, HIV/AIDS Support Group
Program Coordinator
pete-asg@mhr.org