

MOST HOLY REDEEMER

Parish



Fourth Sunday in Ordinary Time
February 2, 2020

Worship Hours

Monday-Saturday 8:00am Mass

Saturday 5:00pm Vigil Mass

Sunday 8:00am, 10:00am & 6:30pm Mass

Holy Days 8:00am and 7:00pm

Reconciliation

Saturday 3:45-4:30pm

or by Appointment

Baptism & Marriages

Please contact the Parish Office.

For Marriages please call the parish
office six months in advance.

Our Mission at Most Holy Redeemer Catholic Church

Most Holy Redeemer Parish is a Roman Catholic Christian Community. The parish draws people from isolation to community, from searching to awakening, from indifference to concern, from selfishness to meaningful service, from fear in the midst of adversity to faith and hope in God.

The community of Most Holy Redeemer shares God's compassionate love with **all** people. The parish offers a spiritual home for senior citizens and youth; single people and families; those who are straight, gay, lesbian, and transgender; the healthy and the sick, particularly persons with HIV.

As a parish community, we celebrate God's loving presence in our lives. In worship and sacrament, especially the Eucharist, we are nurtured and challenged to extend God's kingdom of justice, truth, love and peace by growing in the spirit of Jesus, the Most Holy Redeemer.

God's Inclusive Love Proclaimed Here!

**Most Holy Redeemer Catholic Church
San Francisco, California
Fourth Sunday in Ordinary Time
February 2, 2020**



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Saturday Vigil Mass 5:00PM
Reconciliation 3:45PM - 4:30PM
Sunday Mass 8:00AM, 10:00AM and 6:30PM
Holy Days 8:00AM and 7:00PM

This Week at Our Parish

Monday, February 3

7pm Centering Prayer - Church

Wednesday, February 5

1pm - 7pm Wednesday Night Suppers

Thursday, February 6

7pm Choir Rehearsal - Church

February 7

First Friday

8am Anointing of the Sick - Church

Saturday, February 8

11am - 1pm Gardening

Sunday, February 9

Coffee Hour after the 8am & 10am Masses

MHR Library is open after the 8am & 10am Masses

Daily Readings: February 3 - 9

- ◇ Monday: 2Sm. 15:13-14, 30; 16:5-13, Mk. 5:1-20
- ◇ Tuesday: 2Sm. 18:9-10, 14b, 24-25a, 30:19-:3, Mk. 5:21-43
- ◇ Wednesday: 2Sm. 24:2,9-17, Mk. 6:1-6
- ◇ Thursday: 1Kgs. 2:1-4, 10-12, Mk. 6:1-6
- ◇ Friday: Sir. 47:2-4, Mk. 6:14-29
- ◇ Saturday: 1Kgs. 3:4-13, Mk. 6:30-34
- ◇ Sunday: Is. 58:7-10, 1Cor. 2:1-5, Mt. 5:13-16



The flowers for the altar are
dedicated in loving memory
of Vincent & Barbara Colelli.

Fr. Matt's Message

The Presentation of the Lord

Occurring forty days after the feast of the Nativity of the Lord, the feast of the Presentation of the Lord is for some cultures, the true end of the Christmas season. Within the Presentation we find almost a second epiphany, another revelation of God. A few weeks ago, on the Feast of the Epiphany, we pondered the identity of this child who was hailed by the magi as the Divine King revealed by a star and what his presence meant for us and for the world. Today we listen to Luke's Gospel and we hear from two prophets, Simeon and Anna. Simeon names Jesus as salvation and light. Anna gives thanks to God and speaks about the child to those in her midst in the temple.

Today is also a traditional day for blessing candles. Sometimes this feast is referred to as "Candlemas," due to the tradition of people bringing candles from home to be blessed that will be used throughout the coming year. Many keep this tradition to this day, but during the middle ages this was a major feast. It is easy to imagine the people of that time bringing their source of light in the darkness (candles) to be blessed as a reminder of Christ, the Light that illuminates all darkness. Many people still bring candles from home to be blessed, and during our weekend Masses we will bless these candles and the candles we will use in our liturgies in the months to come.

Even in our modern times we quickly realize how essential light is, especially when a natural disaster, equipment failure, or the threat of wildfire causes a power outage. We find ourselves reaching for the tools of our ancestors to illuminate the world around us. Today's feast might lead us to ponder how Jesus enlightens our own lives and how we might welcome him as the source of true light for ourselves, our families, and our community in the year to come.

May we greet Christ as Anna and Simeon greeted the infant Jesus in the temple by claiming him as our savior, our consolation, our joy!

God bless you,
Fr. Matt



MHR HIV/AIDS Support Group

Visitors Needed: Volunteers normally spend 2 hours/week visiting a client in his/her home or going for walks.



There are currently 1 need for a volunteer:

A Blind Client in the Tenderloin: a man is looking for someone to take walks and go shopping

For more information on these clients and their needs, please call the Support Group at 415-863-6259 or email to pete-asg@mhr.org

MHR Ministry to the Homebound

This is a ministry of presence which can include sharing the Body of Christ. It is a chance to bring spiritual and emotional comfort to those who may be feeling depressed and isolated. If you feel called to this ministry, please call the rectory.

A Man near Dolores Park – a man in his 80's, a retired English teacher interested in poetry and art, would like a male friendly visitor.

Library Corner

Thanks to all who have donated books to the library. However, we have as many as we can handle. Please consider donating your surplus books to Friends of the San Francisco Public Library. The collection point is 1630 17th Street (between Carolina & Wisconsin). Drop Off Hours: Tuesday–Friday: 10am–4pm; Saturday: 10am–2pm. (415) 477-5227.

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SHOP AT AMAZON AND SUPPORT MOST HOLY REDEEMER AND OUR MANY MINISTRIES!

Log on to **smile.amazon.com**, sign into your Amazon account and search for Most Holy Redeemer Church. Amazon will donate .5% of all eligible purchases you make to Most Holy Redeemer!

Community Life

- **Tuesday, February 4th** - Email yag@mhr.org for info.
- **Sunday, February 9th** - Valentine's Bake Sale after the 8am & 10am Masses.
- **Saturday, February 22nd** – Centering Prayer Speaker – **Fr. Terry Ryan** | Topic is *The Sacred Gaze – Part II* - Ellard Hall - 10:00am-12:00pm with refreshments starting at 9:30am.

Visit us:

On the web: **www.mhr.org**

Facebook: **Most Holy Redeemer Church**

Instagram: **[mhrcatholicsf](https://www.instagram.com/mhrcatholicsf)**

Donate to MHR by text at Give+Text

Text donation amount to 650-262-0965 and follow the prompts.

Our Parish Community Birthdays

Brendan Grady, Veronique Jaggi, Tama Auvaa, Jim Laufenberg, Jason Putnam, John Kiszla, Ramon Maimone, Brian McGrath, Any Pinost, Joe Beaupre, Richard Bargetto, Emmy Briones-Reyes, Greg Wrenn, Sara Baker-Flynn, Charles Chow and Steve Rosera.

Mass Intentions

Mass Intentions are celebrated for those to remember a loved one, honor someone on an important date or celebrate a special occasion. To schedule a Mass Intention please call the parish office or email secretary@mhr.org.

Stewardship

January 25 & 26

Saturday 5pm -	\$712.00
Sunday 8am -	\$476.00
Sunday 10am -	\$1,598.00
Sunday 6:30pm -	\$368.00
Outside Mass -	\$325.00
Online Giving -	\$315.84
Collection Total -	\$3,794.84
Budgeted -	\$4,800.00
Church in Latin America -	\$1,115.00

Next weekend there will be a second collection for the Archdiocese Annual Appeal.

Thank you for your support!

Mass Intentions

Our Mass celebrants will remember the following intentions during the celebration of the Eucharist:

Saturday, February 1

8am

5pm John Adams †

Sunday, February 2

8am

10am Vincent & Barbara Colelli †

6:30pm

Monday, February 3

8am Lourdez Deza (L)

Tuesday, February 4

8am Dorothy Weiss †

Wednesday, February 5

10am Wednesday Night Suppers

Thursday, February 6

8am P. Joseph Hargadon (L)

Friday, February 7

8am William Oakes †

Saturday, February 8

8am

5pm Rita Balchikonis †

Contact the Parish Office at 415-863-6259 to have Mass celebrated for a special intention or sponsor the weekend altar flowers.

Prayer Requests

Jesusa Ayala, Keri Barrett, Beatrix Bell, Junior Briones, Sally Cahur, Jim Cathcart, Regan Chapman, Daisey Coleman, Fr. Harry Cronin, Joshua Daigle, Alice Jane Davenport, John DiQuattro, Tom Farmer, Mary Fay, Keith Fitzpatrick, Linda Glover, Les Hribar, Jr., Janna Kennedy, Fr. Joe Klecha, Warren Lubich, Catherine De Lucchi, Bernie Maddox, Sebastian MacLean, Fr. Andrew Metcalfe, David Miller, Roy Miller, Bill Osuna, Nancy Otchy, Richard Ryan, Tim Ryan, John Schwobeda, Michael Shriver, Christopher Sumner, Randy Tichenal, Christine Lane Tracy, Fr. Kirk Ullery, Nala Vaughn, Kimberly Vigil, Joseph Vouglas, Ryan Zuniga, †Robert Blickenstaff†, †Albert Herbst†, †Mary Liston†, †Dianna Tuft† and †Herman Wagenhofert†.

MHR Parish Registration

- New parishioner?
- Birthday, Anniversary, sacraments, milestones?
- Notices and announcements?
- Have you moved?
- *Did we miss your birthday? We are sorry if we did. Let us know when your birthday was, by updating your information with the Parish Office*

Most Holy Redeemer Catholic Church

100 Diamond Street

San Francisco, CA 94114



MOST HOLY REDEEMER PASTORAL TEAM

Fr. Matt Link, C.P.P.S., Pastor

frimmatt@mhr.org

Eunice Park, Pastoral Associate

eunice@mhr.org

MUSIC MINISTRY

Rhonda Smith, Director of Music

musicministry@mhr.org

PARISH OFFICE

Michael Poma, Parish Manager

mpoma@mhr.org

Will Ives, Secretary

secretary@mhr.org

Brianna Garcia, ICA Student Assistant

brianna@mhr.org

Office Hours: Monday-Friday 9am - 5pm

Closed daily 12:30pm - 1:30pm

Closed Holidays

Phone: 415-863-6259 Fax: 415-552-8786

Visit us on the web: www.mhr.org

FINANCE COUNCIL

finance@mhr.org

Marc Colelli - Chair

Steve Adams

Maureen Flaherty

JD Malchow

Mark Okashima

John Solaegui

Diane Trewin

MHR HIV/AIDS Support Group

100 Diamond Street

San Francisco, CA 94114

Phone: 415-863-6259 x 10

Fax: 415-552-8786

Monday-Friday: 9:30am-2pm

www.mhr-asg.com

Peter Toms, HIV/AIDS Support Group

Program Coordinator

pete-asg@mhr.org



Valentine's Day Bake Sale!

Sunday, February 9th
After the 8am & 10am Masses

CALLING ALL BAKERS!

**Show off your baking skills
and help us raise funds for the**

MHR RETREATS SCHOLARSHIP FUND!





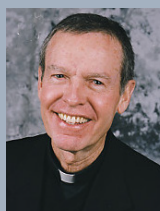
Centering Prayer

The Sacred Gaze: Part 2

With Terry Ryan, CSP

God made the world with differences. When we strive to be “like” others, to fit in, we may be denying the unique person that God made us to be. What we think we may want to be may not be who God made us to be. Interior prayer can open us to the experience of God gazing upon us as we truly are. We come to see ourselves through the eyes of the Creator. The prayer of detachment from a focus on thoughts can take us to the place of silence and stillness where we encounter the unmediated experience of the Divine.

In this second part of The Sacred Gaze we will continue to examine our encounters with The God who delights in us. Isaiah 49:16 *I have inscribed you on the palm of my hand.*



Fr. Terry Ryan, C.S.P. a Paulist priest whose life-long focus of study and teaching has been ancient and contemporary mystics and contemplative prayer. A Centering Prayer practitioner, Fr. Terry lives for several months each year in Snowmass Monastery in Colorado, heart of the International Centering Prayer movement.

Saturday,
February 22, 2020
10 AM - 12:30 PM
Ellard Hall

Registration & Coffee
@ 9:30 AM

For more information
e-mail: centering@mhr.org

Most Holy Redeemer Catholic Church
100 Diamond Street @ 18th,
San Francisco, CA 94114
(415) 863-6259 | mhr.org



God's inclusive love proclaimed here!