

# MOST HOLY REDEEMER *Parish*



Sixth Sunday in Ordinary Time  
February 16, 2020

### Worship Hours

**Monday-Saturday** 8:00am Mass

**Saturday** 5:00pm Vigil Mass

**Sunday** 8:00am, 10:00am & 6:30pm Mass

**Holy Days** 8:00am and 7:00pm

### Reconciliation

**Saturday** 3:45-4:30pm

or by Appointment

### Baptism & Marriages

Please contact the Parish Office.

For Marriages please call the parish  
office six months in advance.

### **Our Mission at Most Holy Redeemer Catholic Church**

Most Holy Redeemer Parish is a Roman Catholic Christian Community. The parish draws people from isolation to community, from searching to awakening, from indifference to concern, from selfishness to meaningful service, from fear in the midst of adversity to faith and hope in God.

The community of Most Holy Redeemer shares God's compassionate love with **all** people. The parish offers a spiritual home for senior citizens and youth; single people and families; those who are straight, gay, lesbian, and transgender; the healthy and the sick, particularly persons with HIV.

As a parish community, we celebrate God's loving presence in our lives. In worship and sacrament, especially the Eucharist, we are nurtured and challenged to extend God's kingdom of justice, truth, love and peace by growing in the spirit of Jesus, the Most Holy Redeemer.

*God's Inclusive Love Proclaimed Here!*

**Most Holy Redeemer Catholic Church  
San Francisco, California  
Sixth Sunday in Ordinary Time  
February 16, 2020**

**Fr. Matt's Message**



**Worship Hours**

**Monday - Saturday** 8:00AM Mass  
**Saturday** Vigil Mass 5:00PM  
 Reconciliation 3:45PM - 4:30PM  
**Sunday** Mass 8:00AM, 10:00AM and 6:30PM  
 Holy Days 8:00AM and 7:00PM

**Live in Love and Live in God**

A young man was shopping for the perfect Valentine's Day card. A clerk asked if he needed any assistance, and proceeded to show him a beautifully embossed card with elegant script. It read, "To my one true love, the light of my life, the very image of beauty and grace. I love you more than mere words can ever express."

He was delighted, and said, "That is perfect! It is exactly the message I'm looking for. Thank you! I'll take five!"

My guess is that this young person probably hadn't yet experienced his one true love, and probably nothing but life and experience and wisdom of years would help him to grow in his own understanding of what true love is and what it means.

Jesus kept telling people that it was the heart that mattered. Appearances were not important. Pious observances were only of value if they were genuine expressions of love.

Relationships had to be real. Jesus asks for honesty and directness in our interactions. All aspects of life should ring true. Our faith is meant to truly help us on the journey of life. We rely on God and on one another to rejoice and laugh with us in the good times, and to support and weep with us in those times of loss and sorrow.

Several days ago we celebrated Valentine's Day and right before that, on February 11 we celebrated the Memorial of Our Lady of Lourdes and on that same date World Day of Prayer for the Sick. Today, we celebrate with Kate and Akaash as we all welcome their own little blessing from God, Kieran Vinod Gupta, into this family of faith through the waters of Baptism. Akaash and Kate were telling me about Kieran's name. Kieran is an Irish name that means "little dark one," and it has the same pronunciation as the Indian name Kiran, which means "ray of light." His middle name is in honor of Akaash's father, Vinod, whose name means "happiness." Welcome to you, beautiful little Kieran Vinod! God bless you and your family!

And there is so much that is good here. There is much love to be celebrated in our little family of faith. A great big bake sale thank you -- Thanks to everyone who baked or planted or created a lovely Valentine's greeting or who bought a delicious treat at our Valentine's Day Bake Sale! Thanks to our newly formed **Fund Raising-Fun Raising Committee** for all of their hard work in preparation and set up and working the table, sampling and selling goods and the often forgotten cleaning up. I overheard someone's lamentation, "Oh, it's too bad that we only made \$600." Well, even *that* would have been a great amount, and \$600 more than we had before we started -- it's a *Bake Sale!* But in fact, because of your presence, your goodness and your generosity, our little Bake Sale generated just over **\$1000!** This will go directly to providing retreat scholarships for those who might not otherwise be able to attend the annual parish retreat. Thank you!

***Continues:***

**This Week at Our Parish**

**Monday, February 17**

*President's Day*

Parish office closed

7pm Centering Prayer - Church

**Wednesday, February 19**

1pm - 7pm Wednesday Night Suppers

**Thursday, February 20**

7pm Choir Rehearsal - Church

**Saturday, February 22**

11am - 1pm Gardening

**Sunday, February 23**

Coffee Hour after the 8am & 10am Masses

MHR Library is open after the 8am & 10am Masses

**Daily Readings: February 17 - 23**

- ◇ Monday: Jas. 1:1-11, Mk. 8:11-13
- ◇ Tuesday: Jas. 1:12-18, Mk. 8:14-21
- ◇ Wednesday: Jas. 1:19-27, Mk. 8:22-26
- ◇ Thursday: Jas. 2:1-9, Mk. 8:27-33
- ◇ Friday: Jas. 2:14-24, 26, Mk. 8:34-9:1
- ◇ Saturday: 1Pt. 5:1-4, Mt. 16:13-19
- ◇ Sunday: Lv. 19:1-2, 17-18, 1Cor. 3:16-33, Mt. 5:3-48

**Stewardship**

February 8 & 9

Saturday 5pm -	\$847.00
Sunday 8am -	\$723.00
Sunday 10am -	\$1,625.00
Sunday 6:30pm -	\$292.00
Outside Mass -	\$1,019.79
<u>Online Giving -</u>	<u>\$599.78</u>
Collection Total -	\$5,106.59
Budgeted -	\$4,800.00
AAA -	\$2,078.00

Thank you for your continued support!

### **MHR HIV/AIDS Support Group**

**Visitors Needed:** Volunteers normally spend 2 hours/week visiting a client in his/her home or going for walks.



There are currently 1 need for a volunteer:  
**A Blind Client in the Tenderloin:** a man is looking for someone to take walks and go shopping

**For more information on these clients and their needs, please call the Support Group at 415-863-6259 or email to [pete-asg@mhr.org](mailto:pete-asg@mhr.org)**

### **MHR Ministry to the Homebound**

This is a ministry of presence which can include sharing the Body of Christ. It is a chance to bring spiritual and emotional comfort to those who may be feeling depressed and isolated. If you feel called to this ministry, please call the rectory.

**A Man near Dolores Park** – a man in his 80's, a retired English teacher interested in poetry and art, would like a male friendly visitor.

#### ***Continued:***

At the end of the day, I believe that the greatest value of a fund raiser is the community building nature of working together - more of a ***"FUN Raiser!"*** It's easy to be critical, but our words and actions do make a difference. So let's keep on working together, and by our words, our presence and our actions, build one another up. Let's take care of our family.

Being human, failure is an inevitable outcome. Failure can be humbling, which is not a bad thing. The key is getting back up each time with the help of the Holy Spirit and with the help of each other. When we are free of anger, judgment, self-centeredness and our many other human shortcomings, we are better able to respond to the call to love.

Thank you for all you do to live and proclaim inclusive love. Thank you for all you do to bring joy and fun to our "little parish that is not afraid to do big things!"

With love and prayers,  
*Fr. Matt*

### **AAA UPDATE!**

Last weekend we began our Archdiocesan Annual Appeal, or AAA. What a great beginning! After only one week, through pledges and donations, we have already exceeded 10% of this year's goal of \$57,996! Great job! You will soon be receiving a letter from Fr. Matt and an informative brochure in the mail. Thank you for your prayers and for any support you are able to give!

### **Community Life**

- **Tuesday, February 18th - Young Adults Meeting** - 7:30pm in the Church - email [yag@mhr.org](mailto:yag@mhr.org) for info.
- **Saturday, February 22nd – Centering Prayer Speaker – Fr. Terry Ryan | Topic is *The Sacred Gaze – Part II*** - Ellard Hall - 10:00am-12:00pm with refreshments starting at 9:30am.

**Visit us:**

On the web: [www.mhr.org](http://www.mhr.org)

Facebook: **Most Holy Redeemer Church**

Instagram: **mhr Catholics**

**Donate to MHR by text at Give+Text**

Text donation amount to 650-262-0965  
and follow the prompts.

### **Our Parish Community Birthdays**

Ralph Notor, Susan Barnett, Greg Bittner, Bill De Lao, Jon Gatto, Rob Joyce, Russell Schuchardt, Roger Suarez, Derek Elias, Michelle Forshner, Michael Lynch, Erika Amaya, Alison Cerezo, Rebecca Sweet, Bob Olszewski, David Henriquez, Lou Montoya, Ken Najour and Gregg Brooks.

### **Mass Intentions**

Mass Intentions are celebrated for those to remember a loved one, honor someone on an important date or celebrate a special occasion. To schedule a Mass Intention please call the parish office or email [secretary@mhr.org](mailto:secretary@mhr.org).



### **Ministry for Mental Health**

The Archdiocese is developing a ministry for mental health. Our website contains important new information and resources, including the California Catholic Bishops' pastoral letter on "Hope and Healing," two articles from U.S. Catholic magazine on how parishes can take action to help the mentally ill, and a video by a California pastor describing his parish's experience with mental health ministry. Visit the website ([sfarch.org/mental-health](http://sfarch.org/mental-health)) for this and much more. MHR and Mission Dolores are partnering in this new ministry of outreach. Please consider joining us for an information night at Mission Dolores on **Tuesday, February 18th at 7:00 p.m.**

## **Mass Intentions**

*Our Mass celebrants will remember the following intentions during the celebration of the Eucharist:*

### **Saturday, February 15**

8am Mike Shriver (L)  
5pm

### **Sunday, February 16**

8am William Oakes †  
10am Cynthia Yaroshoff †  
6:30pm Ellie Krach (L)

### **Monday, February 17**

8am Giuseppe & Angelina Fazio †

### **Tuesday, February 18**

8am Mike Shriver (L)

### **Wednesday, February 19**

8am Benedicto Deza †

### **Thursday, February 20**

8am Paul Tran †

### **Friday, February 21**

8am Mike Shriver (L)

### **Saturday, February 22**

5pm Jogie Lyn Maliksi (L)

*Contact the Parish Office at 415-863-6259 to have Mass celebrated for a special intention or sponsor the weekend altar flowers.*

## **Prayer Requests**

Robyn Anderson, Jesusa Ayala, Keri Barrett, Beatrix Bell, Junior Briones, Sally Cahur, Jim Cathcart, Regan Chapman, Daisey Coleman, Fr. Harry Cronin, Joshua Daigle, Alice Jane Davenport, John DiQuattro, Tom Farmer, Mary Fay, Keith Fitzpatrick, Linda Glover, Susan Griffiths, Les Hribar, Jr., Janna Kennedy, Fr. Joe Klecha, Warren Lubich, Catherine De Lucchi, Bernie Maddox, Sebastian MacLean, Bill Mathews, Fr. Andrew Metcalfe, David Miller, Roy Miller, Bill Osuna, Nancy Otchy, Luis Reyes, Richard Ryan, Tim Ryan, John Schwobeda, Michael Shriver, Christopher Sumner, Randy Tichenal, Christine Lane Tracy, Fr. Kirk Ullery, Nala Vaughn, Kimberly Vigil, Joseph Vouglas, Ryan Zuniga, †Bob D'Arcy†, †Bert Doll†, †Dante Maimone† and †Fr. Vincent Musaby'Imana†.

## **MHR Parish Registration**

- New parishioner?
- Birthday, Anniversary, sacraments, milestones?
- Notices and announcements?
- Have you moved?
- *Did we miss your birthday? We are sorry if we did. Let us know when your birthday was, by updating your information with the Parish Office*

**Most Holy Redeemer Catholic Church**

**100 Diamond Street**

**San Francisco, CA 94114**



**MOST HOLY REDEEMER PASTORAL TEAM**

**Fr. Matt Link, C.P.P.S., Pastor**

frmatt@mhr.org

**Eunice Park, Pastoral Associate**

eunice@mhr.org

**MUSIC MINISTRY**

**Rhonda Smith, Director of Music**

musicministry@mhr.org

**PARISH OFFICE**

**Michael Poma, Parish Manager**

mpoma@mhr.org

**Will Ives, Secretary**

secretary@mhr.org

**Brianna Garcia, ICA Student Assistant**

brianna@mhr.org

Office Hours: Monday-Friday 9am - 5pm

Closed daily 12:30pm - 1:30pm

Closed Holidays

Phone: 415-863-6259 Fax: 415-552-8786

Visit us on the web: [www.mhr.org](http://www.mhr.org)

**FINANCE COUNCIL**

finance@mhr.org

Marc Colelli - Chair

Steve Adams

Maureen Flaherty

JD Malchow

Mark Okashima

John Solaegui

Diane Trewin

**MHR HIV/AIDS Support Group**

100 Diamond Street

San Francisco, CA 94114

Phone: 415-863-6259 x 10

Fax: 415-552-8786

Monday-Friday: 9:30am-2pm

[www.mhr-asg.com](http://www.mhr-asg.com)

**Peter Toms, HIV/AIDS Support Group**

**Program Coordinator**

pete-asg@mhr.org



# Mental Health Wellness and the Church

Reaching out to families experiencing  
mental health challenges...

Offered by Mission Dolores and Most Holy Redeemer parishes, Archdiocese of San Francisco  
Mental Health Ministry Advisory Group, and the Pastoral Ministry Department.

**Tuesday**

**February 18th, 2020**

**7:00 p.m. to 8:30 p.m.**

**Mission Dolores Church**

**Parish Office**

**3321 16TH St., San Francisco, CA 94114**

- Short video on Mental Health Wellness and the Church
- Presentation on the Archdiocese Mental Health Ministry Network
- Q&A

For questions or more information contact

Dick Collyer at 415-614-5593 or Fr. Francis Garbo at 415-621-8203 or Fr. Matthew Link at 415-863-6259

## Who should attend this free workshop?

- Families and individuals experiencing mental health challenges
- Those who care for family members
- Clergy and parish staff and ministry leaders
- National Alliance on Mental Illness (NAMI) members
- Mental health / social work professionals
- Anyone interested in mental health ministry



## Creating a Vision for Our Parish...

At the workshop you will learn about the Mental Health Ministry Network being established in the Archdiocese of San Francisco, what it will mean for a parish to participate, and what ministry opportunities will be available to parishioners.

**For Immediate Help Call Crisis Line: 415-781-0500**



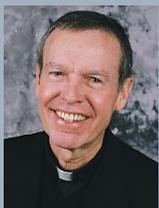
Centering Prayer

# The Sacred Gaze: Part 2

With Terry Ryan, CSP

God made the world with differences. When we strive to be “like” others, to fit in, we may be denying the unique person that God made us to be. What we think we may want to be may not be who God made us to be. Interior prayer can open us to the experience of God gazing upon us as we truly are. We come to see ourselves through the eyes of the Creator. The prayer of detachment from a focus on thoughts can take us to the place of silence and stillness where we encounter the unmediated experience of the Divine.

In this second part of The Sacred Gaze we will continue to examine our encounters with The God who delights in us. Isaiah 49:16 *I have inscribed you on the palm of my hand.*



**Fr. Terry Ryan, C.S.P.** a Paulist priest whose life-long focus of study and teaching has been ancient and contemporary mystics and contemplative prayer. A Centering Prayer practitioner, Fr. Terry lives for several months each year in Snowmass Monastery in Colorado, heart of the International Centering Prayer movement.

Saturday,  
February 22, 2020  
10 AM - 12:30 PM  
Ellard Hall

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Registration & Coffee  
@ 9:30 AM

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For more information  
e-mail: [centering@mhr.org](mailto:centering@mhr.org)

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Most Holy Redeemer Catholic Church  
100 Diamond Street @ 18th,  
San Francisco, CA 94114  
(415) 863-6259 | [mhr.org](http://mhr.org)



*God's inclusive love proclaimed here!*