



Pentecost - May 24, 2020

Most Holy Redeemer Catholic Church - San Francisco, California

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Pentecost
May 31, 2020**

Fr. Matt's Message

Veni Sancte Spiritus!

The disciples were winded, out of breath. Doubt, grief, guilt, a sense of failure, and above all, winded by their own insecurity, their sense of not doing enough, of not getting it right. Breathless and afraid, they locked themselves away. The disciples of Jesus were hiding in fear behind closed and locked doors, shutting out the rest of the hostile world, a world for them full of suspicion and accusation. And then, surprise! Into their isolation Jesus bursts. He sought them out in their weakness, ignoring the locked doors they thought would keep him out. Yes, he was there. There to speak forgiveness and, above all, to give them the gift of the Spirit: the Spirit of the Second Chance, the Spirit of a love greater than their shame. "A Spirit," as Fr. William Bausch, retired pastor and author says, "that would break down doors and send them out, now as a community of wounded, forgiven healers, to preach the Good News of God's love. Oh, what a beginning, what a Pentecost that was!"

Empowered by the loving kindness and forgiveness that Jesus offered, empowered by the gift of the Holy Spirit, they left their hiding places and set out to courageously witness and preach the Good News.

Now I truly believe that people grow when they are given hope and when someone believes in them. Most importantly, people grow and are more likely to reach their potential when they know they are loved. When we know we are loved, miracles can happen. We witness the miracle of human growth and transformation today in the feast of Pentecost. It is the miracle we are called to be a part of in our own homes and in the midst of the various communities to which we belong.

Like the disciples, there are things which can keep us in hiding – fear, doubt anger, jealousy, an inability to forgive or to seek forgiveness, the coronavirus and Covid 19. Jesus simply loved the disciples. He forgave them and helped them to forgive themselves. He breathed on them and said to them, "Receive the Holy Spirit" (John 20:22). In giving them his breath, he helped them and he helps us to catch our own breath. In Pentecost, we celebrate the coming of the Holy Spirit to the apostles and to us. We are called to witness and preach and live that Good News today and every day.

I am writing this on Tuesday, May 26, feast day of St. Philip Neri, 16th century priest who, with a joyful heart and a hope-filled spirit, did all he could to take care of anyone God placed on his path. As of this date, we have not been given an actual opening date to gather as Church. But we know it is coming sooner than later. As soon as I hear from the Archbishop, you will hear from me. We are ready and waiting to reopen.

Continues:

Worship Hours

Monday - Saturday: Daily Mass 8:00AM

Saturday: Vigil Mass 5:00PM

Reconciliation 3:45PM - 4:30PM

Sunday: Mass 8:00AM, 10:00AM and 6:30PM

Holy Days: 8:00AM and 7:00PM

Thanksgiving & New Years Day: 10AM



Due to "Shelter in Place", Masses will be celebrated by Fr. Matt

Monday - Friday at 8am and Sunday at 10am.

Join us for the livestreams on Facebook at:

[facebook.com/mhrsf](https://www.facebook.com/mhrsf)

Sunday, May 31

Join us for virtual Coffee Hour after the 10am

Mass: visit www.mhr.org for details.

Friday, June 5

Noon - 3pm: Church open for private prayer with

Exposition of the Blessed Sacrament

Proper Social Distancing Guidelines will be observed at all times.

Daily Readings: June 1 - 7

- ◇ Monday: Gn. 3:9-15, 26 or Acts 1:12-14, Jn. 19:25-34
- ◇ Tuesday: 2Pt. 3:12-15a, 17-18, Mk. 12:13-17
- ◇ Wednesday: 2Tm. 1:1-13, 6-12, Mk. 12:18—27
- ◇ Thursday: 2Tm. 2:8-15, Mk. 12:28-34
- ◇ Friday: 2Tm. 3:10-17, Mk. 12:35-37
- ◇ Saturday: 2Tm. 4:1-8, Mk. 12:38-44
- ◇ Sunday: Ex. 24:4b-6, 2Cor. 13:11-13, Jn. 3:16-18

Stewardship week of May 24

Misc. -	\$1,005.79
Online Giving -	\$1,390.05
Total -	\$2,395.84

Thank you for your continued support!



MHR HIV/AIDS Support Group

Please keep our clients in your prayers.

The Community Thrift store is closed for your donations until June 1st at the earliest.

Continued:

The dispensation from attending Mass in person will remain in place for anyone who has any worries or fears of infection. We will continue to livestream the Mass as we will have to limit the number of people who gather to worship. I imagine this limit will only apply to the 10:00 a.m. Mass, but we will do our best to be prepared for anything! So stay tuned. We will notify you by email as well as putting any pertinent information on our parish website, our Facebook page and Instagram. Thank you for the many ways you continue to support and stay connected to this amazing parish. You are a gift and a blessing. I am so grateful!

Veni Sancte Spiritus! Come Holy Spirit, come! Enkindle in us the fire of your love, and we shall renew the face of the earth!

With love, gratitude, and prayers,
Fr. Matt

Bread for Thought
May 31, 2020
Pentecost

The recipes for making meatballs call for ingredients that are obvious (like meat) but also those that are surprising and unexpected, specifically something to bind things together, such as eggs or flour or breadcrumbs. Without these *binders*, the meatballs would simply fall apart. In this way, the binder is just as important – if not more so – for a successful recipe. The binder is the glue, the connection, the “sticky stuff,” as I like to describe it, in everything.

In our faith lives, we hear the Holy Spirit described in many ways: As a dove, a gentle whisper, the third person of God, our Advocate, and, in today’s first reading, as a strong wind and fire. Regardless, the Holy Spirit is an “enabler” (Acts 2), a unifier, a binder, what connects and holds together; it is the sticky stuff.

The Holy Spirit holds us together. She drives us to desire connection. She feeds our longing for relationships. She encourages us to forgive each other, inspires us to support each other, enables us to wish the best for the other, and emboldens us to love each other, into our most fulfilled created selves. And through it all, she consistently binds us together, keep us as one, connected, moving through this spiritual and physical journey together as family.

And when this journey on earth is done, we know that we will still continue to be bound, when we return to our forever home. Because we have been assured that “whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven.” (Matthew 16: 19) Let’s be meatballs together, forever.

Eunice Park, MTS/MAMC
Pastoral Associate

Community Life

Centering Prayer is meeting via Zoom on Monday evenings @ 7:00pm. Email centering@mhr.org for login details.

We are livestreaming Masses on our Facebook Page:
facebook.com/mhrsf

Visit us:

On the web: www.mhr.org

Facebook: facebook.com/mhrsf

Instagram: [mhrcatholicssf](https://instagram.com/mhrcatholicssf)



Our Parish Community Birthdays

John Fassett, Maria Martinez, Adreina Parisi-Amon, Philip Tassin, Mark Hickey, Paul Hufstedler, Patrice Kavanaugh, Dimas Moncada, Barco Bass, Sarah Putnam and Chris Buckels.

Mass Intentions

Mass Intentions are celebrated for those to remember a loved one, honor someone on an important date or celebrate a special occasion. To schedule a Mass Intention please call the parish office or email secretary@mhr.org.

Archbishop Cordileone Launches Podcast "At Your Word"

In this time of enforced isolation, communication is of the utmost importance. To meet this need, Archbishop Salvatore Cordileone has launched a new podcast, a half-hour show in which the archbishop will speak to the faithful of the Archdiocese on topics of current interest. Episode 1 of “At Your Word” is now available on Libsyn or wherever you usually get your podcasts. Search for “Archdiocese of San Francisco.” Or listen online at the link: archdioces-esf.libsyn.com/at-your-word-episode-1-051220 Why this title for the podcast? Listen to Episode 1 for the answer... you will also hear the archbishop discuss shepherding a diocese during this unprecedented time.

Are you lonely?

You can call the Friendship Line @ 800-971-0016. It's the only 24/7 toll-free warmline for older adults. Whether you're feeling alone or in crisis, you can count on the Friendship Line for a lifeline of hope and a compassionate voice. It's free to anyone in the U.S. or Canada. **Volunteer:** you can also volunteer for the Friendship Line to talk to callers. Contact 415-750-4136 or flvolunteer@ioaging.org.

Mass Intentions

Our Mass celebrants will remember the following intentions during the celebration of the Eucharist:

Sunday, May 31

10am Jheus Bhetjoven Villena (L)
Elsie & Peter Solaegui †

Monday, June 1

8am

Tuesday, June 2

8am Dorothy Weiss †

Wednesday, June 3

8am Larry Samora †
Stone W. Villamor †

Thursday, June 4

8am

Friday, June 5

8am Larry Clark †

Contact the Parish Office at 415-863-6259 to have Mass celebrated for a special intention or sponsor the weekend altar flowers.

Prayer Requests

Jerry Anderson, Robyn Anderson, Karen Appe, Jesusa Ayala, Keri Barrett, Beatrix Bell, David Bloom, Mylene Bombon, Florinda Brewster, Junior Briones, Sally Cahur, Jim Cathcart, Regan Chapman, Davyd Collinson, Fr. Brian Costello, Fr. Harry Cronin, Joshua Daigle, Alice Jane Davenport, Maria Diamond, Joyce Doran, Tom Farmer, Keith Fitzpatrick, Craig Henderson, Les Hribar, Joanna Kennedy, Warren Lubich, Catherine De Lucchi, Bernie Maddox, Sebastian MacLean, Jim & Cathy McSweeney, Fr. Andrew Metcalfe, David Miller, Roy Miller, Tom Norris, Bill Osuna, Nancy Otchy, Mary Beth Pitcher, Aida Reyes, Richard Ryan, Tim Ryan, Jose Maria Sbresso, John Schwobeda, Michael Shriver, Christopher Sumner, Randy Tichenal, Christine Lane Tracy, Joseph Vouglas, Bob Webster, Ryan Zuniga and †Romeo L'Heureux†.

MHR Parish Registration

- New parishioner?
- Birthday, Anniversary, sacraments, milestones?
- Notices and announcements?
- Have you moved?
- *Did we miss your birthday? We are sorry if we did. Let us know when your birthday was, by updating your information with the Parish Office*

Most Holy Redeemer Catholic Church

100 Diamond Street

San Francisco, CA 94114



MOST HOLY REDEEMER PASTORAL TEAM

Fr. Matt Link, C.P.P.S., Pastor
fr matt@mhr.org

Eunice Park, Pastoral Associate
eunice@mhr.org

MUSIC MINISTRY

Rhonda Smith, Director of Music
musicministry@mhr.org

PARISH OFFICE

Michael Poma, Parish Manager
mpoma@mhr.org

Will Ives, Secretary
secretary@mhr.org

Brianna Garcia, ICA Student Assistant
brianna@mhr.org

Office Hours: Monday-Friday 9am - 5pm
Closed daily 12:30pm - 1:30pm
Closed Holidays
Phone: 415-863-6259 Fax: 415-552-8786
Visit us on the web: www.mhr.org

FINANCE COUNCIL

finance@mhr.org

Marc Colelli - Chair
Steve Adams
Maureen Flaherty
JD Malchow
Mark Okashima
John Solaegui
Diane Trewin

MHR HIV/AIDS Support Group

100 Diamond Street
San Francisco, CA 94114
Phone: 415-863-6259 x 10
Fax: 415-552-8786

Monday-Friday: 9:30am-2pm
www.mhr-asg.com

**Peter Toms, HIV/AIDS Support Group
Program Coordinator**
pete-asg@mhr.org