



The Body & Blood of Christ - June 14, 2020
Most Holy Redeemer Catholic Church - San Francisco, California

**Most Holy Redeemer Catholic Church
San Francisco, California
Corpus Christi
June 14, 2020**



Worship Hours

Monday - Friday: Daily Mass 8:00AM
Saturday: Vigil Mass 5:00PM
Reconciliation 3:45PM - 4:30PM
Sunday: Mass 8:00AM, 10:00AM and 6:30PM
Holy Days: 8:00AM and 7:00PM
Thanksgiving & New Years Day: 10AM

This Week at our Parish

Due to Covid-19 restrictions by the City of Francisco, Most Holy Redeemer is limiting Mass attendance to 25% capacity. All attendees must reserve seats through the MHR Website at www.mhr.org

Seat reservations will be open on the Thursday morning prior to the weekend Masses.

Those without internet access may call the parish office to reserve a seat M - F during business hours.

Sunday, June 14

Mass at 8am, 10am & 6:30pm

Friday, June 19

Noon - 3pm: Church open for private prayer with Exposition of the Blessed Sacrament

Saturday, June 20

Vigil Mass at 5:00pm

Sunday, June 21

Mass at 8am, 10am & 6:30pm

Daily Readings: June 15 - 21

- ◇ Monday: 1Kgs. 21:1-16, Mt. 5:38-42
- ◇ Tuesday: 1Kgs. 21:17-29, Mt. 5:43-48
- ◇ Wednesday: 2Kgs. 2:1, 6-14, Mt. 6:1-6, 16-18
- ◇ Thursday: Sir. 48:10-14, Mt. 6:7-15
- ◇ Friday: Dt. 7:6-11, 1Jn. 4:7-16, Mt. 11:25-30
- ◇ Saturday: 2Chr. 24:17-25, Lk. 2:41-51
- ◇ Sunday: Jer. 20:10-13, Rom. 5:12-15, Mt. 10:26-33

Stewardship week of June 7

Misc. -	\$1,460.00
Online Giving -	\$2,006.33
Total -	\$3466.33

Thank you for your continued support!

Fr. Matt's Message

Corpus Christi is one of those most Catholic of days - an expression of our faith in the real presence of Christ -- Body, and Blood, Soul and Divinity -- that real presence in the Blessed Sacrament. Yet this celebration is also outward looking - a time when many congregations will carry the liturgy out of the church and into the streets. For many of us in the church, this is the first time we have actually come back together after so many weeks and months sheltering in place and keeping at safe, social distance. We come together, whether physically or through the wonders of technology. We come together in all our diversity as we celebrate our unity, proclaiming, loudly and clearly, God's inclusive love.

Today, Corpus Christi Sunday, as we reopen, we resume our regularly scheduled Masses, both Sunday Masses and weekday Masses. We will continue to livestream the Sunday 10:00 AM Mass as well as the weekday Masses. The Pandemic is not over. We will continue to practice safe social distancing, the wearing of masks, and even gloves if you so wish. The church will be marked off to encourage safe distancing with our maximum capacity set at 100 people. We will have an online registration system to assure that if you come to a Mass, you will have a place to sit. We will not be able to resume our beloved "Best Little Coffee Hour in Christendom" for a while but stay tuned, we're working on how to re-work that so we can work it out safely. If you have any thoughts or ideas, put them out there. We are in this together and many hands make the load light.

And all shall be well. It will take a while to work out all the details, but we have a good plan in place. There will be areas that need more attention, and some that will need attention. Patience and gratitude will be good words and sentiments to hold on to in the days ahead. I'll close for now with a beautiful prayer that a good friend and fellow parishioner shared with me. —Fr. Matt

"My Lord God, I have no idea where I am going. I do not see the road ahead of me. I cannot know for certain where it will end. Nor do I really know myself, and the fact that I think that I am following your will does not mean that I am actually doing so. But I believe that the desire to please you does in fact please you. And I hope I have that desire in all that I am doing. I hope that I will never do anything apart from that desire. And I know that if I do this you will lead me by the right road though I may know nothing about it. Therefore will I trust you always though I may seem to be lost and in the shadow of death. I will not fear, for you are ever with me, and you will never leave me to face my perils alone."

— Thomas Merton, Thoughts in Solitude



MHR HIV/AIDS Support Group

Please keep our clients in your prayers.

The Community Thrift store is closed for your donations until June 1st at the earliest.

Bread for Thought
June 14, 2020

As we begin to gather together again as a congregation this weekend, to pray, to celebrate, to give thanks, and to receive the body of Christ, I find myself thinking about the true meaning of the sacrament of communion.

It is hard to believe, but it has been 3 months since we've worshiped together in church. In March, went into our shelter-in-place in the season of Lent and now we are beginning to emerge, in Ordinary Time. In our last Sunday Mass together, we heard from Moses in the Book of Exodus, trying to lead a people, grumbling of thirst in the desert. And in the Gospel reading that Sunday, we heard Jesus speaking to the Samaritan woman about the water of eternal life.

Today, we again hear from Moses with his people in the desert, speaking about God's manna feeding their hunger. And in the Gospel, Jesus refers to himself as the bread from heaven. "For my flesh is true food, and my blood is true drink. Whoever eats my flesh and drinks my blood remains in me and I in him." – John 6:55-56

There is something about our human experience that we open up to our deepest selves through stories of basic necessities. We somehow understand the inexplicable vastness of God through the tangible things of food and drink. We are best consoled by God's promise of manna and water flowing from rocks in the desert. They assure us that we are loved, and seen, and never forgotten by our creator. We know we will always be ok.

So now we return to *Ordinary Time*, a liturgical season which comes from the Latin word *Ordo*. The word refers to that which is less *ordinary*, and more *order* or *ordered*. It's more about being regulated and guided, and having rhythm and rule rather than something being simple, plain, or boring. This is the time for us to again find our spiritual rhythm, to regulate our devotional breathing, return to the beats of our faith.

So we do. We resume our regulated lives, our weekly gathering together, our reception of Jesus in the form of a host. And with that, we know will be ok. But then, we were always ok. Even sheltered at home, even without communion hosts, and even without gathering. We were always loved, and seen, and never forgotten. The rhythm of Jesus' sacred heart was always beating within us.

Eunice Park, MTS/MAMC
Pastoral Associate

Community Life

Centering Prayer is meeting via Zoom on Monday evenings @ 7:00pm. Email centering@mhr.org for login details.

We are once again able to celebrate in-person Mass! However, due to Covid-19 restrictions by the City of Francisco, we are limiting Mass attendance to 25% capacity. All attendees must reserve seats through the MHR Website at www.mhr.org
Seat reservations will be open on the Thursday morning prior to the weekend Masses.
Those without internet access may call the parish office to reserve a seat Monday - Friday during business hours.

We will still be livestreaming Masses on the MHR Facebook Page: [facebook.com/mhrsf](https://www.facebook.com/mhrsf)

Visit us:

On the web: www.mhr.org

Facebook: [facebook.com/mhrsf](https://www.facebook.com/mhrsf)

Instagram: [mhrcatholicssf](https://www.instagram.com/mhrcatholicssf)



Our Parish Community Birthdays

Olga Barrera, Gregory Marks, Maggie Scott, Cyle Botelho, Franklin Sanchez, Joy O'Donnell, Cindy Serrano and Paul Munro.

Mass Intentions

Mass Intentions are celebrated for those to remember a loved one, honor someone on an important date or celebrate a special occasion. To schedule a Mass Intention please call the parish office or email secretary@mhr.org.

Are you lonely?

You can call the Friendship Line @ 800-971-0016. It's the only 24/7 toll-free warmline for older adults. Whether you're feeling alone or in crisis, you can count on the Friendship Line for a lifeline of hope and a compassionate voice. It's free to anyone in the U.S. or Canada. **Volunteer:** you can also volunteer for the Friendship Line to talk to callers. Contact 415-750-4136 or flvolunteer@ioaging.org.

Mass Intentions

Our Mass celebrants will remember the following intentions during the celebration of the Eucharist:

Sunday, June 14

8am

10am Ester Manalang †

6:30pm

Monday, June 15

8am Dorothy Weiss †

Tuesday, June 16

8am Dorothy Weiss †

Wednesday, June 17

8am Giuseppe & Angelina Fazio †

Thursday, June 18

8am Steven D. Keller †

Friday, June 19

8am Kiel Ehrhardt †

Saturday, June 20

5pm Joseph Mazzetti †

Contact the Parish Office at 415-863-6259 to have Mass celebrated for a special intention or sponsor the weekend altar flowers.

Prayer Requests

Jerry Anderson, Robyn Anderson, Karen Appe, Jesusa Ayala, Keri Barrett, Beatrix Bell, David Bloom, Mylene Bombon, Florinda Brewster, Junior Briones, Sally Cahur, Jim Cathcart, Regan Chapman, Davyd Collinson, Fr. Brian Costello, Fr. Harry Cronin, Joshua Daigle, Alice Jane Davenport, Maria Diamond, Joyce Doran, Tom Farmer, Keith Fitzpatrick, Craig Henderson, Ikuko Hotta, Les Hribar, Anna Kane, Joanna Kennedy, Karen Kenny, Warren Lubich, Catherine De Lucchi, Bernie Maddox, Sebastian MacLean, Jim & Cathy McSweeny, Fr. Andrew Metcalfe, David Miller, Roy Miller, Tom Norris, Bill Osuna, Nancy Otchy, Mary Beth Pitcher, Aida Reyes, Richard Ryan, Tim Ryan, Jose Maria Sbresso, John Schwobeda, Michael Shriver, Christopher Sumner, Randy Tichenal, Christine Lane Tracy, Joseph Vouglas, Bob Webster, Ryan Zuniga, †Rose Daniel†, †Bert Greenberg†, †Ester Manalang† and †Sean Monterossa†.

MHR Parish Registration

- New parishioner?
- Birthday, Anniversary, sacraments, milestones?
- Notices and announcements?
- Have you moved?
- *Did we miss your birthday? We are sorry if we did. Let us know when your birthday was, by updating your information with the Parish Office*

Most Holy Redeemer Catholic Church

100 Diamond Street

San Francisco, CA 94114



MOST HOLY REDEEMER PASTORAL TEAM

Fr. Matt Link, C.P.P.S., Pastor
fr matt@mhr.org

Eunice Park, Pastoral Associate
eunice@mhr.org

MUSIC MINISTRY

Rhonda Smith, Director of Music
musicministry@mhr.org

PARISH OFFICE

Michael Poma, Parish Manager
mpoma@mhr.org

Will Ives, Secretary
secretary@mhr.org

Brianna Garcia, ICA Student Assistant
brianna@mhr.org

Office Hours: Monday-Friday 9am - 5pm
Closed daily 12:30pm - 1:30pm
Closed Holidays
Phone: 415-863-6259 Fax: 415-552-8786
Visit us on the web: www.mhr.org

FINANCE COUNCIL

finance@mhr.org

Marc Colelli - Chair
Steve Adams
Maureen Flaherty
JD Malchow
Mark Okashima
John Solaegui
Diane Trewin

MHR HIV/AIDS Support Group

100 Diamond Street
San Francisco, CA 94114
Phone: 415-863-6259 x 10
Fax: 415-552-8786

Monday-Friday: 9:30am-2pm
www.mhr-asg.com

**Peter Toms, HIV/AIDS Support Group
Program Coordinator**
pete-asg@mhr.org