



The Most Holy Trinity - June 7, 2020
Most Holy Redeemer Catholic Church - San Francisco, California

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San Francisco, California
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Worship Hours

Monday - Saturday: Daily Mass 8:00AM
Saturday: Vigil Mass 5:00PM
Reconciliation 3:45PM - 4:30PM
Sunday: Mass 8:00AM, 10:00AM and 6:30PM
Holy Days: 8:00AM and 7:00PM
Thanksgiving & New Years Day: 10AM

Due to "Shelter in Place", Masses
will be celebrated by Fr. Matt
Monday - Friday at 8am and Sunday at 10am.

Join us for the livestreams on Facebook at:

[facebook.com/mhrsf](https://www.facebook.com/mhrsf)

Sunday, June 7

Join us for virtual Coffee Hour after the 10am

Mass: visit www.mhr.org for details.

Friday, June 12

Noon - 3pm: Church open for private prayer with

Exposition of the Blessed Sacrament

***Proper Social Distancing Guidelines will be
observed at all times.***

Daily Readings: June 8 - 14

- ◇ Monday: 1Kgs. 17:1-6, Mt. 5:1-12
- ◇ Tuesday: 1Kgs. 17:7-16, Mt. 5:13-16
- ◇ Wednesday: 1Kgs. 18:20-39, Mt. 5:17-19
- ◇ Thursday: Acts 11:21b; 13:1-3, Mt. 5:20-26
- ◇ Friday: 1Kgs. 19a, 11-16, Mt. 5:27-32
- ◇ Saturday: 1Kgs. 19:19-21, Mt. 5:33-37
- ◇ Sunday: Dt. 8:2-3, 14b-16a, 1Cor. 10:16-17,
Jn. 6:51-58

Stewardship week of May 31

Misc. -	\$1,045.00
<u>Online Giving -</u>	<u>\$1,805.54</u>
Total -	\$2850.54

Thank you for your continued support!

Fr. Matt's Message

Trinity Sunday – this feast of the Solemnity of the Most Holy Trinity reminds us that we are truly children of God. Today, we celebrate this profound and mysterious relationship in the Holy Trinity.

Our readings speak of God's triune nature. Through Christ we are at peace with God, and through the Holy Spirit we know and experience the love of God. Declared a Universal feast by John XXII in 1334, it is what is known as an "idea feast." An idea feast does not commemorate a person or an event in the life of Christ or his saints, but a theological tenet of the faith.

We gather each week as Church to connect with God and with one another in our worship and prayer. Thankfully inside the church isn't the only place for these connections as we gather and stay connected in so many other ways. When we long for what is good and right and just, along with our expressions of love, concern and caring for our sisters and brothers, we remain connected to the workings of God, the saving power of Christ, and the gentle pull and nudge of the Holy Spirit.

When we offer a word of welcome or kindness, a gesture of friendship and love to another; when making the effort to find forgiveness and healing where our relationships are broken; when we reach out to help someone less fortunate, someone in need; when we live this way, we are keeping our faith alive, living out our call to live holy lives, living into the relationship of the Holy Trinity.

God is the infinite fountain of love, the love which flows between each of the persons in God - Father, Son and Holy Spirit. In the 2nd Eucharistic prayer, we call on God as the fount of all holiness. This fountain of holiness and love flows over into all of creation. When we let this love flow into our lives, motivating us to give of our loving energy, we become more and more the people that God calls us to be.

It is then that we realize, God is closer to us than we ever expected. God is truly a part of us. In the words of St. Paul: It is "In God we live and move and have our being." (Acts 17:28)

Sir Isaac Newton, toward the end of his life said of his achievements: "I don't know what I appear like to the world, but to myself I am like a little boy playing on the seashore, finding amusement in occasionally finding a smoother pebble or a shell, one prettier than the ordinary ones. And all the while the great ocean of truth lay undiscovered before me."

Continues:



MHR HIV/AIDS Support Group

Please keep our clients in your prayers.

The Community Thrift store is closed for your donations until June 1st at the earliest.

Bread for Thought
June 7, 2020

I find myself at a loss for words this week. Words seem insufficient and even inappropriate, in trying and process where we sit, in this moment of time and space. To live and witness the repressed anger of an oppressed people clashing with unnecessary violence and systemic discrimination. To absorb what is erupting in our world today, amid the lived reality of a global pandemic. Where do I even begin?

So I find myself doing what I know to do, I pray:

I pray that we may rise. To stand in alliance with our black brothers and sisters in a way that is meaningful, sincere, heartfelt, and productive. May the Holy Spirit of Pentecost rise in us and give us spirits of fire. May our hearts rise in empathy, compassion, and spiritual union. May the courage of a faith in an enduring God rise. May the strength and conviction that was planted in us at our creation rise. May truth rise to our mouths and voices. May solidarity rise, whether seen, or met, or spoken. May faith, hope, and trust in this rising also rise. May truth and justice rise - through us, with us, and in us.

And may our tears rise. And may they fall. Down our cheeks. Down our streets. Down to policies, and systems, and leaders. Down through the years and into our futures.

"...if I began to weep I would not be able to stop." – James Baldwin

Eunice Park, MTS/MAMC
Pastoral Associate

Continued:

In so many ways aren't we all beginners, children playing on the seashore? The more we learn and grow, the greater that ocean of mystery becomes. We begin to encounter and slowly plumb the depths of the mystery of this Triune God, not just in the world around us, but in the world within us.

As we are sent from Mass on this Trinity Sunday, we take the blessing we receive into our week and into the world, "Go in peace, glorifying the Lord by our life!"

Thank you for all you do!

With love and prayers,
Fr. Matt

Community Life

Centering Prayer is meeting via Zoom on Monday evenings @ 7:00pm. Email centering@mhr.org for login details.

We are livestreaming Masses on our Facebook Page:
facebook.com/mhrsf

Visit us:

On the web: www.mhr.org

Facebook: facebook.com/mhrsf

Instagram: [mhrcatholicstf](https://instagram.com/mhrcatholicstf)



Our Parish Community Birthdays

Phil Carberry, John Edstrom, Jim Finley, Roz Gallo, Jesus Ramos, Steve Disselhorst, Janeen Piroso, Bill Ryan, Margaret Franssen, Lyanne Melendez, Roberto Battle, Jason Delrosario, Olivier Hubert, Jane Hynes, Gary Ford, Rose Sullivan, Randy Vanderkar and Sharron Zakus.

Mass Intentions

Mass Intentions are celebrated for those to remember a loved one, honor someone on an important date or celebrate a special occasion. To schedule a Mass Intention please call the parish office or email secretary@mhr.org.

Francis Xavier Society Offers Online Courses and Events

The St. Francis Xavier Lay Missionary Society announces the online versions of its current and upcoming ministries. There are book study groups, seminars, workshops, a Vatican II Summer Series, music jams, spiritual accompaniment, and more, all available through a variety of platforms. To get full and complete information, contact the Society by clicking here: laymissionary.org/home With questions, contact Tricia Bolle, at tricia@laymissionary.org

Are you lonely?

You can call the Friendship Line @ 800-971-0016. It's the only 24/7 toll-free warmline for older adults. Whether you're feeling alone or in crisis, you can count on the Friendship Line for a lifeline of hope and a compassionate voice. It's free to anyone in the U.S. or Canada. **Volunteer:** you can also volunteer for the Friendship Line to talk to callers. Contact 415-750-4136 or flvolunteer@ioaging.org.

Mass Intentions

Our Mass celebrants will remember the following intentions during the celebration of the Eucharist:

Sunday, June 7

10am Kiel Ehrhardt †
Rose Daniel †

Monday, June 8

8am Edna Flores-Lagunte †

Tuesday, June 9

8am Dorothy Weiss †

Wednesday, June 10

8am Wednesday Night Suppers

Thursday, June 11

8am Ester Manalang †

Friday, June 12

8am

Contact the Parish Office at 415-863-6259 to have Mass celebrated for a special intention or sponsor the weekend altar flowers.

Prayer Requests

Jerry Anderson, Robyn Anderson, Karen Appe, Jesusa Ayala, Keri Barrett, Beatrice Bell, David Bloom, Mylene Bombon, Florinda Brewster, Junior Briones, Sally Cahur, Jim Cathcart, Regan Chapman, Davyd Collinson, Fr. Brian Costello, Fr. Harry Cronin, Joshua Daigle, Alice Jane Davenport, Maria Diamond, Joyce Doran, Tom Farmer, Keith Fitzpatrick, Craig Henderson, Les Hribar, Anna Kane, Joanna Kennedy, Karen Kenny, Warren Lubich, Catherine De Lucchi, Bernie Maddox, Sebastian MacLean, Jim & Cathy McSweeney, Fr. Andrew Metcalfe, David Miller, Roy Miller, Tom Norris, Bill Osuna, Nancy Otchy, Mary Beth Pitcher, Aida Reyes, Richard Ryan, Tim Ryan, Jose Maria Sbresso, John Schwobeda, Michael Shriver, Christopher Sumner, Randy Tichenal, Christine Lane Tracy, Joseph Vouglas, Bob Webster, Ryan Zuniga, †Betty Jane Burnham-Barone†, Kiel Ehrhardt†, †George Floyd†, †Larry Kramer†, †Ester Manalang†, †Elsie & Peter Solaegui†.

MHR Parish Registration

- New parishioner?
- Birthday, Anniversary, sacraments, milestones?
- Notices and announcements?
- Have you moved?
- *Did we miss your birthday? We are sorry if we did. Let us know when your birthday was, by updating your information with the Parish Office*

Most Holy Redeemer Catholic Church

100 Diamond Street

San Francisco, CA 94114



MOST HOLY REDEEMER PASTORAL TEAM

Fr. Matt Link, C.P.P.S., Pastor
fr matt@mhr.org

Eunice Park, Pastoral Associate
eunice@mhr.org

MUSIC MINISTRY

Rhonda Smith, Director of Music
musicministry@mhr.org

PARISH OFFICE

Michael Poma, Parish Manager
mpoma@mhr.org

Will Ives, Secretary
secretary@mhr.org

Brianna Garcia, ICA Student Assistant
brianna@mhr.org

Office Hours: Monday-Friday 9am - 5pm
Closed daily 12:30pm - 1:30pm
Closed Holidays
Phone: 415-863-6259 Fax: 415-552-8786
Visit us on the web: www.mhr.org

FINANCE COUNCIL

finance@mhr.org

Marc Colelli - Chair
Steve Adams
Maureen Flaherty
JD Malchow
Mark Okashima
John Solaegui
Diane Trewin

MHR HIV/AIDS Support Group

100 Diamond Street
San Francisco, CA 94114
Phone: 415-863-6259 x 10
Fax: 415-552-8786

Monday-Friday: 9:30am-2pm
www.mhr-asg.com

Peter Toms, HIV/AIDS Support Group
Program Coordinator
pete-asg@mhr.org