

# MOST HOLY REDEEMER *Parish*



Sixteenth Sunday in Ordinary Time  
July 19, 2020

**Worship Hours**

**Monday-Saturday** 8:00am Mass

**Saturday** 5:00pm Vigil Mass

**Sunday** 8:00am, 10:00am & 6:30pm Mass

**Holy Days** 8:00am and 7:00pm

**New Years and Thanksgiving Day** 10:00am

**Reconciliation**

**Saturday** 3:45-4:30pm

or by Appointment

**Baptism & Marriages**

Please contact the Parish Office.

For Marriages please call the parish  
office six months in advance.

## **Our Mission at Most Holy Redeemer Catholic Church**

Most Holy Redeemer Parish is a Roman Catholic Christian Community. The parish draws people from isolation to community, from searching to awakening, from indifference to concern, from selfishness to meaningful service, from fear in the midst of adversity to faith and hope in God.

The community of Most Holy Redeemer shares God's compassionate love with **all** people. The parish offers a spiritual home for senior citizens and youth; single people and families; those who are straight, gay, lesbian, and transgender; the healthy and the sick, particularly persons with HIV.

As a parish community, we celebrate God's loving presence in our lives. In worship and sacrament, especially the Eucharist, we are nurtured and challenged to extend God's kingdom of justice, truth, love and peace by growing in the spirit of Jesus, the Most Holy Redeemer.

*God's Inclusive Love Proclaimed Here!*

**Most Holy Redeemer Catholic Church  
San Francisco, California  
16th Sunday in Ordinary Time  
July 19, 2020**



**Worship Hours**

**Monday - Friday:** Daily Mass 8:00AM  
**Saturday:** Vigil Mass 5:00PM  
 Reconciliation 3:45PM - 4:30PM  
**Sunday:** Mass 8:00AM, 10:00AM and 6:30PM  
**Holy Days:** 8:00AM and 7:00PM  
**New Years & Thanksgiving Day:** 10AM

Per directive from our Archbishop with the consultation of the San Francisco City Health Officer,  
**we will celebrate one weekend Mass via livestream only.**

Please join us at 10am for our Sunday Mass livestream on the Facebook page:

**[www.facebook.com/mhrsf](http://www.facebook.com/mhrsf)**

Please join us for daily Mass livestreams at  
 8am Monday - Friday.

**Sunday, July 19**

Join us for virtual Coffee Hour after the 10am  
 Mass: visit [www.mhr.org](http://www.mhr.org) for details.

**Friday, July 24**

Noon - 3pm: Eucharistic Adoration in  
 the MHR Garden

Face coverings must be worn and Social Distancing  
 Guidelines must be observed.

**Daily Readings: July 20 - 26**

- ◇ Monday: Mi. 6:1-4, 6-8, Mt. 12:38-42
- ◇ Tuesday: Mi. 7:14-15, 18-20, Mt. 12:46-50
- ◇ Wednesday: Sgs. 3:1-4b or 2Cor. 5:14-17, Jn. 20:1-2, 11-18
- ◇ Thursday: Jer. 2:1-3, 7-8, 12-13, Mt. 13:10-17
- ◇ Friday: Jer. 3:14-17, Mt. 13:18-23
- ◇ Saturday: 2Cor. 4:7-15, Mt. 20:20-28
- ◇ Sunday: 1Kgs. 3:5, 7-12, Rom. 8:28-30, Mt. 13:44-52 or 13:44-46

**Stewardship Week of July 12th**

Misc. -	\$2,406.79
<u>Online Giving -</u>	<u>\$2,948.35</u>
Total -	\$5355.14
Budgeted -	\$3,600.00
Maintenance -	\$587.00

**Thank you for your continued support!**

**The Wheat and the Weeds**

There was a farmer who planted good seed in his field and expected a bumper crop. Soon the sturdy green shoots sprang up, covering the field from end to end. Ah. His hopes and his expectations would be fulfilled. But then one morning he discovered weeds growing among the young shoots of wheat. Not just an odd weed here and there, but weeds everywhere. Every time he looked at the field all he could see were the weeds. The wheat seemed to have disappeared.

Sooner or later the weeds appear in our fields too – maybe a friend betrays us, someone we love disappoints us or proves unfaithful, maybe we let ourselves down by something we’ve done -- we are shocked and hurt by the appearance of evil in our lives. Soon all we can see are the weeds. Everything is bad – we completely lose sight of what is good.

So, what could the farmer do? He couldn’t uproot the weeds without uprooting the wheat as well. So what did he do? Well, for one thing, he calmed down. True, there were weeds in his precious field. But there was wheat there too, and that wheat was just as vibrant and green as ever. He would have to be patient. He would have to work hard on the wheat, coaxing and encouraging it in the hope that it would outgrow the weeds.

Our world is a mixture of light and darkness, good and evil, blessing and pain, wheat and weeds. All growing side by side in the same person, in every one of us. But there is always good there. No one understood this better than Jesus.

We have to work on the good. Oh, but what about those weeds? What do we do with them? Sometimes we just don’t know what to do. I do know this - bad can only be overcome by good, so a first good thing to do is to begin with prayer. And we hear from Paul’s letter to the **Romans 8:26-27** that because we do not know how to pray, the Spirit inspires our prayer.

The farmer got to work. It wasn’t easy. But he concentrated on the good, the wheat. This really helped, because when he looked closely, he noticed that it was reaching and straining upwards as it grew. By making the wheat struggle harder, the farmer reasoned, the weeds were actually helping to make a stronger crop.

In this time of pandemic, we are all struggling on some level. Back in March, our optimism told us that this too would pass and soon we would be back to “normal.” Here we are some 4+ months later and we don’t even know what “normal” will look like in the days ahead. Struggle can make us grow tired and weary, cynical and angry, or it can awaken what is good and precious within us. At harvest, the farmer joyfully separated the wheat from the weeds. He had to work much harder, but that made him appreciate what he had all the more.

The parable is both realistic and optimistic. If we tend our fields with gratitude and forgiveness, then good can triumph. Life can win out over death. Truth and goodness truly will find their way.

Stay safe and be well.  
 Know of my prayers for you every day.

God bless you,  
*Fr. Matt*



### MHR HIV/AIDS Support Group

Please keep our clients in your prayers. The Community Thrift store is open for curbside pick up. Donation drop-offs are accepted by appointment only. Call 415-862-4910 or visit them online at [www.communitythriftsf.org/drop-off](http://www.communitythriftsf.org/drop-off)

Bread for Thought  
July 19, 2020

“The kingdom of heaven is like yeast that a woman took and mixed with three measures of wheat flour until the whole batch was leavened.” – Matthew 13:33

In this parable from the Gospel this week, the ever-mysterious kingdom of God is likened to yeast. The Merriam-Webster dictionary defines yeast as “a single-celled fungus that ferments sugar to produce alcohol and carbon dioxide.” Well, you had me at alcohol, I’m all in! I can imagine the kingdom of heaven as a lush garden with a canopy, flowing with endless cocktails with tiny colorful umbrellas. That sounds perfect.

As fun as that is to imagine, I think the parable is not so about what the yeast IS, but rather what yeast DOES. The purpose of the yeast is to leaven bread, to inflate the dough, to raise it up. This is the image to focus on, how a small amount of yeast is able to raise up a whole three-fold batch. It is a lovely image of being nurtured, being lightened, and being expanded.

There are numerous references to being *raised up* throughout scripture.

God provides prophets and leaders: “I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command.” (Deuteronomy 18:18)

God promises offspring and the longevity of tribes: When your days are fulfilled and you lie down with your ancestors, I will raise up your offspring after you, who shall come forth from your body, and I will establish his kingdom.” (2 Samuel 7:12)

Jesus tells his disciples just how God will raise him from the dead, and gives them a roadmap: “But after I am raised up, I will go before you to Galilee.” (Mark 14:28)

With these scriptural stories of being *raised up*, we are offered a sense of safety, a promise to be cared for, and experiences of being accompanied. But importantly, through it all, the initial action is on the part of God. It is God who first engages, God who initiates, and God who invites.

God indeed invites us. And because of the free will given to us at creation, God never forces anything upon us. And so we must react and reply to every initiation on God’s part. In this way, we return, meaning re-turn, turning and turning again, constantly tweaking our direction, like a sunflower throughout the sun-filled day, toward God’s constant reaching for us. We turn our gaze, a thousand times a day, toward God’s initiating grace, love, and promise.... of a canopy in a lush garden with a cold drink in our hands. Sounds pretty good to me.

Eunice Park, MTS/MAMC  
Pastoral Associate

### Community Life

**Centering Prayer is meeting via Zoom on Monday evenings @ 7:00pm. Email [centering@mhr.org](mailto:centering@mhr.org) for login details.**

Per directive from our Archbishop with the consultation of the San Francisco City Health Officer, **we will celebrate one weekend Mass via livestream only.**

Please join us at 10am for the Sunday Mass livestream on our Facebook page: [www.facebook.com/mhrsf](http://www.facebook.com/mhrsf)  
**We will continue to celebrate daily Mass in person M-F at 8am**



Visit us:

On the web: [www.mhr.org](http://www.mhr.org)  
Facebook: [facebook.com/mhrsf](https://www.facebook.com/mhrsf)  
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### Our Parish Community Birthdays

Kevin Fisher-Paulson, Bill Garland, Iris Sanchez, Nicolas Volante, Kel Briggs, Jerry Anderson, Charles Burd, Armani Rosiles, Mike Murphy, Bill Vicini, Bob Kraynak, Zel Guerrero, Richard Hardy, Richard Fraumeni, Amy Miller, Connor Santos-Stevenson and John Sedlander.

### Mass Intentions

Mass Intentions are celebrated for those to remember a loved one, honor someone on an important date or celebrate a special occasion. To schedule a Mass Intention please call the parish office or email [secretary@mhr.org](mailto:secretary@mhr.org).

### Are you lonely?

You can call the Friendship Line @ 800-971-0016. It's the only 24/7 toll-free warmline for older adults. Whether you're feeling alone or in crisis, you can count on the Friendship Line for a lifeline of hope and a compassionate voice. It's free to anyone in the U.S. or Canada. **Volunteer:** you can also volunteer for the Friendship Line to talk to callers. Contact 415-750-4136 or [flvolunteer@ioaging.org](mailto:flvolunteer@ioaging.org).

*“The Church must be a place of mercy freely given, where everyone can feel welcomed, loved, forgiven, and encouraged to live the good life of the Gospel.”*

—Pope Francis

## **Mass Intentions**

*Our Mass celebrants will remember the following intentions during the celebration of the Eucharist:*

### **Sunday, July 19**

10am Edward Banks †  
Uncle Bob Greenlaw †

### **Monday, July 20**

8am Loyola Salva †

### **Tuesday, July 21**

8am Dorothy Weiss †

### **Wednesday, July 22**

8am Erol, Rolande & Patrick Pierre †  
Jean Marra †

### **Thursday, July 23**

8am William Chenoweth †

### **Friday, July 24**

8am Genevieve Gogin †

*Contact the Parish Office at 415-863-6259 to have Mass celebrated for a special intention or sponsor the weekend altar flowers.*

## **Prayer Requests**

Christopher Adora Theresa Anderson, Karen Appe, Jesusa Ayala, Beatrix Bell, Monica Berryman, Joseph Bielanski, David Bloom, Florinda Brewster, Junior Briones, Sally Cahur, Jaime Campos, Jim Cathcart, Regan Chapman, Margareth Cittadino, Davyd Collinson, Fr. Brian Costello, Fr. Harry Cronin, Joshua Daigle, Alice Jane Davenport, Tom Farmer, Keith Fitzpatrick, Tom Gratiot, Les Hribar, Anna Kane, Joanna Kennedy, Karen Kenny, Warren Lubich, Catherine De Lucchi, Bernie Maddox, Sebastian MacLean, Jim & Cathy McSweeney, Fr. Andrew Metcalfe, David Miller, Roy Miller, Bill Osuna, Nancy Otchy, Mark Pettis, Mary Beth Pitcher, Aida Reyes, Sol Rodriguez, Richard Ryan, Tim Ryan, John Schwobeda, Michael Shriver, Christopher Sumner, Randy Tichenal, Christine Lane Tracy, Joseph Vouglas, and Ryan Zuniga, †Fr. Brian Costello†, †Elias Lopez† and †Loyola Salva†.

## **MHR Parish Registration**

- New parishioner?
- Birthday, Anniversary, sacraments, milestones?
- Notices and announcements?
- Have you moved?
- *Did we miss your birthday? We are sorry if we did. Let us know when your birthday was, by updating your information with the Parish Office*

**Most Holy Redeemer Catholic Church**

**100 Diamond Street**

**San Francisco, CA 94114**



**MOST HOLY REDEEMER PASTORAL TEAM**

**Fr. Matt Link, C.P.P.S., Pastor**  
fr matt@mhr.org

**Eunice Park, Pastoral Associate**  
eunice@mhr.org

**MUSIC MINISTRY**

**Rhonda Smith, Director of Music**  
musicministry@mhr.org

**PARISH OFFICE**

**Michael Poma, Parish Manager**  
mpoma@mhr.org

**Will Ives, Secretary**  
secretary@mhr.org

Office Hours: Monday-Friday 9am - 5pm  
Closed daily 12:30pm - 1:30pm  
Closed Holidays  
Phone: 415-863-6259 Fax: 415-552-8786  
Visit us on the web: [www.mhr.org](http://www.mhr.org)

**FINANCE COUNCIL**

finance@mhr.org

Marc Colelli - Chair  
Steve Adams  
Maureen Flaherty  
JD Malchow  
Mark Okashima  
John Solaegui  
Diane Trewin

**MHR HIV/AIDS Support Group**

100 Diamond Street  
San Francisco, CA 94114  
Phone: 415-863-6259 x 10  
Fax: 415-552-8786

Monday-Friday: 9:30am-2pm  
[www.mhr-asg.com](http://www.mhr-asg.com)

**Peter Toms, HIV/AIDS Support Group  
Program Coordinator**  
pete-asg@mhr.org



**John Solaegui | Broker Associate**  
*The Haven Group at Compass*

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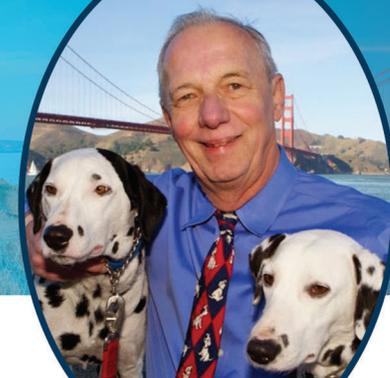
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