

MOST HOLY REDEEMER *Parish*



Fourteenth Sunday in Ordinary Time
July 5, 2020

Worship Hours

Monday-Saturday 8:00am Mass

Saturday 5:00pm Vigil Mass

Sunday 8:00am, 10:00am & 6:30pm Mass

Holy Days 8:00am and 7:00pm

Reconciliation

Saturday 3:45-4:30pm

or by Appointment

Baptism & Marriages

Please contact the Parish Office.

For Marriages please call the parish
office six months in advance.

Our Mission at Most Holy Redeemer Catholic Church

Most Holy Redeemer Parish is a Roman Catholic Christian Community. The parish draws people from isolation to community, from searching to awakening, from indifference to concern, from selfishness to meaningful service, from fear in the midst of adversity to faith and hope in God.

The community of Most Holy Redeemer shares God's compassionate love with **all** people. The parish offers a spiritual home for senior citizens and youth; single people and families; those who are straight, gay, lesbian, and transgender; the healthy and the sick, particularly persons with HIV.

As a parish community, we celebrate God's loving presence in our lives. In worship and sacrament, especially the Eucharist, we are nurtured and challenged to extend God's kingdom of justice, truth, love and peace by growing in the spirit of Jesus, the Most Holy Redeemer.

God's Inclusive Love Proclaimed Here!

**Most Holy Redeemer Catholic Church
San Francisco, California
14th Sunday in Ordinary Time
July 5, 2020**



Worship Hours

Monday - Friday: Daily Mass 8:00AM

Saturday: Vigil Mass 5:00PM

Reconciliation 3:45PM - 4:30PM

Sunday: Mass 8:00AM, 10:00AM and 6:30PM

Holy Days: 8:00AM and 7:00PM

Thanksgiving & New Years Day: 10AM

Per directive from our Archbishop with the consultation of
the San Francisco City Health Officer,
we will celebrate one weekend Mass via livestream only.

Please join us at 10am for our Sunday Mass livestream
on the Facebook page:

www.facebook.com/mhrsf

Please join us for daily Mass livestreams at
8am Monday - Friday.

We will update you as things change.

Sunday, July 5

Join us for virtual Coffee Hour after the 10am
Mass: visit www.mhr.org for details.

Monday, July 6

Parish office closed

Friday, July 10

Noon - 3pm: Church open for private prayer

Face coverings must be worn and Social Distancing
Guidelines must observed.

Daily Readings: July 6 - 12

- ◇ Monday: Hos. 2:16, 17c-18, 21-22, Mt. 9:18-21
- ◇ Tuesday: Hos. 8:4-7, 11-13, Mt. 9:32-38
- ◇ Wednesday: Hos. 10:1-3, 7-8, 12, Mt. 10:1-7
- ◇ Thursday: Hos. 11:1-4, 8e-9, Mt. 10:7-15
- ◇ Friday: Hos. 14:2-10, Mt. 10:16-23
- ◇ Saturday: Is. 6:1-8, Mt. 10:24-33
- ◇ Sunday: Is. 55:10-11, Rom. 8:18-23, Mt. 13:1-23 or
13:1-9

Bread for Thought

July 5, 2020

Last week we marked summer solstice, a day when the sunlight and day is at its longest of any point in the year. The word solstice is derived from the Latin sol ("sun") and sistere ("to stand still"), because at both the summer and winter solstice, the Sun's declination appears to "stand still" as the movement of the Sun's daily path (as seen from Earth) pauses at a northern or southern limit, before reversing direction.

In many cultures, the summer solstice, even since prehistorical times, has been seen as a significant time of year. It is often marked by large festivals and rituals. Also known as "midsummer" in many places, it makes me wonder if Shakespeare's delightful play hints at the seemingly hallucinatory nature of a day with so much light! And places like Stonehenge, the prehistoric stone monument in England, were built mark the special occasion.

So given all this attention to the summer solstice, it may seem curious that, as a church, our Catholic calendar has no significant feast days or solemnities around summer solstice. We sit in that long stretch of Ordinary time, between the high days of Easter and Pentecost and the distant days of Advent. Certainly there are theological reasons for this stretch of "Ordo" time, when we try to sync back into our liturgical and spiritual rhythm. But I think there is also a more simple, even "sensual" reason for this, in that the calendar caters to our human senses, our physiological sensibilities.

Just as the summer solstice is the longest and brightest day of the year, the winter solstice is the shortest and darkest day of the year. And as a church, we focus more intently on the winter solstice, on the darkest and longest night of the year. It is no coincidence that the birth of Emmanuel, God with us, occurs at that time of the year. In the depths of the darkness, in our longing for light, in the need for warmth and craving for comfort, we can more clearly see – with both our eyes and our hearts – the gift of Jesus, our light, our warmth, God's human embrace of all of us.

Eunice Park, MTS/MAMC
Pastoral Associate



MHR HIV/AIDS Support Group

Please keep our clients in your prayers. The Community Thrift store is open for curbside pick up. Donation drop-offs are accepted by appointment only. Call 415-862-4910 or visit them online at www.communitythriftsf.org/drop-off

Benediction

Benediction of the Blessed Sacrament is a service of worship and blessing centered on the Catholic belief in the real presence of Jesus in the Eucharist. It began in the middle ages as a popular devotional exercise. In recent years the frequency of its celebration has lessened, but it remains in our liturgical books. Some older Catholics remember it fondly; some younger Catholics have never heard of it.

After Vatican Council II, the Catholic Church revised its order of service for benediction along with all the other liturgical rites. The full title, "Rite of Eucharistic Exposition and Benediction," helps explain its purpose. The faithful gaze at an unconsumed host from a previous Mass and worship the presence of the risen Christ in that host.

The ceremony has four parts: exposition, adoration, benediction, and reposition. During exposition, the minister goes to the tabernacle and removes a large host reserved there. Placing it in a monstrance (a windowed liturgical vessel that displays the host), the minister sets the object of our devotion on the altar. The period of adoration may be lengthy. Prayers, Scripture readings, songs, homily, and silence may fill the time. At the close of this period, if the minister is a priest or a deacon, he blesses the assembly with the monstrance and says a concluding prayer. This blessing is the benediction from which the service derives its name. If a communion minister is presiding, he or she does not give a blessing. Finally, the minister removes the Blessed Sacrament from the monstrance and places it back in the tabernacle, an action called "reposition."

Traditionally, Catholics have sung two popular eucharistic hymns during the adoration, "O Salutaris Hostia" and "Pange Lingua," but any eucharistic hymn will serve. A litany of acclamations to God, "The Divine Praises," usually concluded benediction, but the revised liturgy does not specifically include them. Any acclamation or song of praise may close the service.

Benediction enhances our devotion to the Eucharist and whets our appetite for the Mass. The main reason we have eucharistic bread is to consume it with the cup in communion with one another and with Christ. However, it may also serve as an object of praise, a vision of the great treasure we share at every Mass.

—Paul Turner

Community Life

Centering Prayer is meeting via Zoom on Monday evenings @ 7:00pm. Email centering@mhr.org for login details.

Per directive from our Archbishop with the consultation of the San Francisco City Health Officer, **we will celebrate one weekend Mass via livestream only.**

Please join us at 10am for the Sunday Mass livestream on our Facebook page: www.facebook.com/mhrsf

We will continue to celebrate daily Mass in person M-F at 8am



Visit us:

On the web: www.mhr.org

Facebook: [facebook.com/mhrsf](https://www.facebook.com/mhrsf)

Instagram: [mhrcatholicsf](https://www.instagram.com/mhrcatholicsf)

Our Parish Community Birthdays

Ana Bittner, Louie Tasista, Jeffrey Taylor, D.J. Fleury, Darryl Lim, Tom Gratiot, Bob Barcewski, Brad Chavez, Matt Liang-Chaboud, Paula Zimmerman and Jamie Reyes.

Mass Intentions

Mass Intentions are celebrated for those to remember a loved one, honor someone on an important date or celebrate a special occasion. To schedule a Mass Intention please call the parish office or email secretary@mhr.org.

Are you lonely?

You can call the Friendship Line @ 800-971-0016. It's the only 24/7 toll-free warmline for older adults. Whether you're feeling alone or in crisis, you can count on the Friendship Line for a lifeline of hope and a compassionate voice. It's free to anyone in the U.S. or Canada. **Volunteer:** you can also volunteer for the Friendship Line to talk to callers. Contact 415-750-4136 or flvolunteer@ioaging.org.

*"Whenever we take a step towards Jesus,
we come to realize that he is already there,
waiting for us with open arms."*

—Pope Francis, The Joy of the Gospel

Mass Intentions

Our Mass celebrants will remember the following intentions during the celebration of the Eucharist:

Sunday, July 5

10am Ralph & Mamie Quarto †
Jose Laosantos III (L)

Monday, July 6

8am Jaye Dorothy Weiss †

Tuesday, July 7

8am Enrico Deza (L)

Wednesday, July 8

8am Giuseppe & Angelina Fazio †

Thursday, July 9

8am William Adams †

Friday, July 10

8am Carlos Jose Laosantos (L)

Saturday, July 11

5pm Jose Nieto †

Contact the Parish Office at 415-863-6259 to have Mass celebrated for a special intention or sponsor the weekend altar flowers.

Prayer Requests

Christopher Adora Theresa Anderson, Karen Appe, Jesusa Ayala, Beatrix Bell, Monica Berryman, David Bloom, Mylene Bombon, Florinda Brewster, Junior Briones, Sally Cahur, Jim Cathcart, Regan Chapman, Margareth Cittadino, Davyd Collinson, Fr. Brian Costello, Fr. Harry Cronin, Joshua Daigle, Alice Jane Davenport, Maria Diamond, Joyce Doran, Tom Farmer, Keith Fitzpatrick, Craig Henderson, Ikuko Hotta, Les Hribar, Anna Kane, Joanna Kennedy, Karen Kenny, Warren Lubich, Catherine De Lucchi, Bernie Maddox, Sebastian MacLean, Jim & Cathy McSweeny, Fr. Andrew Metcalfe, David Miller, Nanette Miller, Roy Miller, Tom Norris, Bill Osuna, Nancy Otchy, Mark Pettis, Mary Beth Pitcher, Aida Reyes, Rose Rodenberger, Sol Rodriguez, Richard Ryan, Tim Ryan, Jose Maria Sbresso, John Schwobeda, Michael Shriver, Christopher Sumner, Randy Tichenal, Christine Lane Tracy, Joseph Vouglas, Bob Webster and Ryan Zuniga,
†Odette LePendut, †Angela Madsent, †Sr. Ruth Patrick†, and†Fr. Ken Westray†.

MHR Parish Registration

- New parishioner?
- Birthday, Anniversary, sacraments, milestones?
- Notices and announcements?
- Have you moved?
- *Did we miss your birthday? We are sorry if we did. Let us know when your birthday was, by updating your information with the Parish Office*

Most Holy Redeemer Catholic Church
100 Diamond Street
San Francisco, CA 94114



MOST HOLY REDEEMER PASTORAL TEAM

Fr. Matt Link, C.P.P.S., Pastor
frmatt@mhr.org

Eunice Park, Pastoral Associate
eunice@mhr.org

MUSIC MINISTRY

Rhonda Smith, Director of Music
musicministry@mhr.org

PARISH OFFICE

Michael Poma, Parish Manager
mpoma@mhr.org

Will Ives, Secretary
secretary@mhr.org

Office Hours: Monday-Friday 9am - 5pm
Closed daily 12:30pm - 1:30pm
Closed Holidays
Phone: 415-863-6259 Fax: 415-552-8786
Visit us on the web: www.mhr.org

FINANCE COUNCIL

finance@mhr.org

Marc Colelli - Chair
Steve Adams
Maureen Flaherty
JD Malchow
Mark Okashima
John Solaegui
Diane Trewin

MHR HIV/AIDS Support Group

100 Diamond Street
San Francisco, CA 94114
Phone: 415-863-6259 x 10
Fax: 415-552-8786
Monday-Friday: 9:30am-2pm
www.mhr-asg.com
Peter Toms, HIV/AIDS Support Group
Program Coordinator
pete-asg@mhr.org

