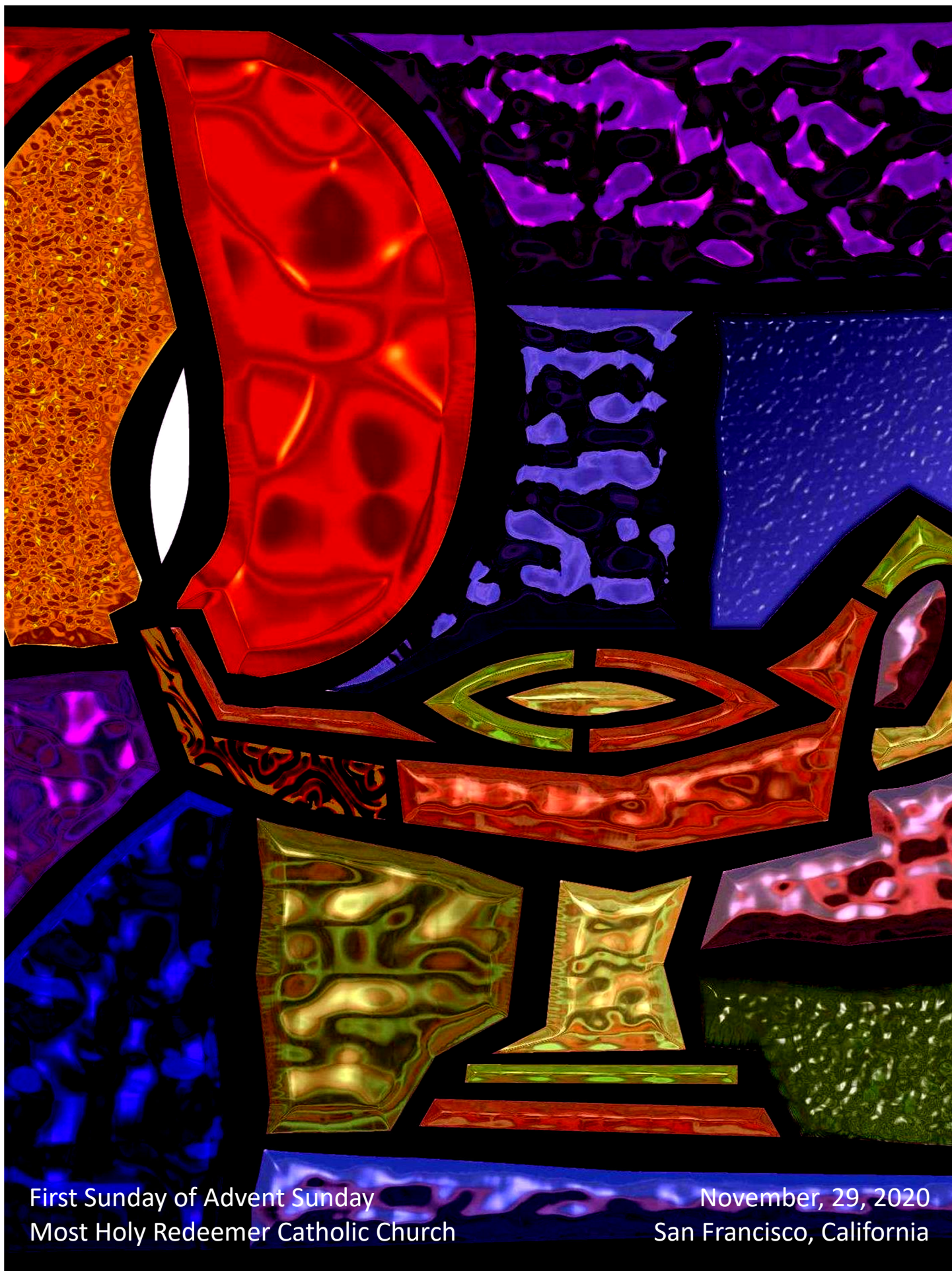




First Sunday of Advent Sunday
Most Holy Redeemer Catholic Church

November, 29, 2020
San Francisco, California

**Most Holy Redeemer Catholic Church
San Francisco, California
First Sunday of Advent
November 29, 2020**



Worship Hours

Monday - Friday: Daily Mass 8:00AM
Saturday: Vigil Mass 5:00PM
Sunday: Mass 8:00AM, 10:00AM and 6:30PM
Holy Days: 8:00AM and 7:00PM
New Years & Thanksgiving Day: 10AM
Reconciliation: by appointment

This Week at Most Holy Redeemer

Saturday, November 28

5pm Vigil Mass - Church

Sunday, November 29

8am, 10am & 6:30pm Mass - Church

Wednesday, December 2

4pm - 5:30pm Wednesday Supper lunch
distribution at the church gates.

Friday, December 4

Noon - 3pm Eucharistic Adoration - Church

Saturday, December 5

5pm Vigil Mass - Church

Sunday, December 6

8am, 10am & 6:30pm Mass - Church

**Mass attendance is limited to 25% capacity and
seat reservations are required for the weekend Masses.**

Please visit www.mhr.org to reserve a seat.

Reservations open on Thursday morning at
9:30am prior to the weekend masses.

**Face coverings must be worn and Social Distancing Guide-
lines must observed at all times.**

We will continue to livestream Masses on the
MHR Facebook page: facebook.com/mhrsf

Daily Readings: November 29 - December 6

- ◇ Monday: Rom. 10:9-18, Mt. 4:18-22
- ◇ Tuesday: Is. 11:1-10, Lk. 10:21-24
- ◇ Wednesday: Is. 25:6-10a, Mt. 15:29-37
- ◇ Thursday: Is. 26:1-6, Mt. 7:21, 24-27
- ◇ Friday: Is. 29:17-24, Mt. 9:28-31
- ◇ Saturday: Is. 30:19-21, 23-26, Mt. 9:35-10:1, 5a, 6-8
- ◇ Sunday: Is. 40:1-5, 9-11, 2Pt. 3:8-14, Mk. 1:1-8

Fr. Matt's Message

For You O Lord,
My Soul In Stillness Waits

During every Mass, immediately after the Our Father, the priest says a short prayer known as the embolism: "Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, the season we consciously "await the Blessed hope and the coming of our Savior, Jesus Christ with joyful expectation. This kind of waiting is often difficult as joy and expectation do not generally characterize our every day experiences of waiting. Few of us are filled with hope as we sit in a traffic jam, stand at the bus stop, or experience delays when traveling by plane or train. Few of us are filled with hope as we nervously await an effective vaccine for the coronavirus.

We shop online and are willing to pay for guaranteed two-day or overnight delivery. We assume that Wi-Fi access will be fast, and we grow less patient if we have to wait for websites, audio, or video to load. Amid these every day experiences, the Advent liturgies play a crucial role in teaching and reminding us how we ought to wait with joyful expectation.

As disciples of Christ, we learn anew what it means to wait as Christians. We light the candles on our wreaths, place the ornaments on our Jesse trees and Emmanuel trees. We sing our Advent hymns. We pray, "Come Quickly, King of Kings," with the entire church. We wait actively, trimming the hearth and setting the table. Finally, we "Rejoice! Rejoice!" in knowing that the promised Key of David, Rod of Jesse's stem and Emmanuel of the O Antiphons has come ... and will come again (SourceBook 2021, LTP Press).

Thank you for the many ways you support the works of your parish and all those who minister here. May this Advent season be a time a blessing for you and for all those you love. O Come, O Come Emmanuel. Help us to let our light shine!

Fr. Matt



MHR HIV/AIDS Support Group

Emmanuel Tree Project

Our annual **Emmanuel Tree Christmas Gift Project** to provide a gift to our MHR clients and clients of Catholic Charities' Leland House is in the entrance. Your generosity

with this project has always been outstanding; we hope you will be able to participate once again this year. Please take an ornament request and return the gift to the church or rectory by Sunday, December 20th.

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Log on to **smile.amazon.com**, sign into your Amazon account and search for Most Holy Redeemer Church. Amazon will donate .5% of all eligible purchases you make to Most Holy Redeemer!



Stewardship Week of November 22

5pm -	\$147.00
8am -	\$395.00
10am -	\$523.00
6:30pm -	\$103.00
Misc. -	\$545.00
<u>Online Giving -</u>	<u>\$1,627.00</u>
Total -	\$3,340.00
Budgeted -	\$3,600.00

Thank you for your amazing support!

Community Life

Centering Prayer is meeting via Zoom on Monday evenings @ 7:00pm. Email centering@mhr.org for login details.

Mass this weekend:

Saturday, November 21st at 5pm

Sunday, November 22nd at 8am, 10am & 6:30pm

Seating is limited and seat reservations are required.

Reservations open up at 9:30am on Thursday prior to the weekend Masses. Reserve seats at **www.mhr.org**

Face coverings must be worn and Social Distancing Guidelines must be observed.



Visit us:

On the web: **www.mhr.org**

Facebook: **facebook.com/mhrsf**

Instagram: **[mhrcatholicssf](https://instagram.com/mhrcatholicssf)**



Our Parish Community Birthdays

Daniel Ollis, John Piane, Marty Dolan, Isabella Bargetto, John Magdziarz, Jim Kurth, Larry Steffensen, Tomas Gastelum, Jesse Amaral, Dennis Callahan, Stella Pierre, Renee Espinoza, Andrew Hayes and Jay Guevara.

Mass Intentions

Mass Intentions are celebrated for those to remember a loved one, honor someone on an important date or celebrate a special occasion. To schedule a Mass Intention please call the parish office or email secretary@mhr.org.

RCIA at Most Holy Redeemer

Our parish RCIA program is underway and meets via Zoom on Wednesdays. If you have not yet been confirmed or are interested in becoming Catholic or learning more about the church, please call the office at **415-863-6259** or you can send us an email to rcia@mhr.org

Are you lonely?

You can call the Friendship Line @ 800-971-0016. It's the only 24/7 toll-free warmline for older adults. Whether you're feeling alone or in crisis, you can count on the Friendship Line for a lifeline of hope and a compassionate voice. It's free to anyone in the U.S. or Canada.

Volunteer: you can also volunteer for the Friendship Line to talk to callers. Contact 415-750-4136 or flvolunteer@ioaging.org.

Mass Intentions

Our Mass celebrants will remember the following intentions during the celebration of the Eucharist:

Saturday, November 28

5pm David Stevens †

Sunday, November 29

8am Arthur & Frances Mayfield and Family †

10am MHR Parishioners

6:30pm

Monday, November 30

8am

Tuesday, December 1

8am

Wednesday, December 2

8am Edric Jonathan Maliksi (L)

Thursday, December 3

8am Alfredo Reyes (L)

Friday, December 4

8am

Saturday, December 5

5pm Mr. Kramer †

Contact the Parish Office at 415-863-6259 to have Mass celebrated for a special intention or sponsor the weekend altar flowers.

Prayer Requests

Karen Appe, Jerry Anderson, Jesusa Ayala, Bernie Banonis, Michelle Barrett, Beatrix Bell, David Bloom, Angelo Brenes, Florinda Brewster, Junior Briones, Margareth Cittadino, Davyd Collinson, Fr. Harry Cronin, Joshua Daigle, Alice Jane Davenport, Fr. Larry Dowling, Tom Farmer, Keith Fitzpatrick, Tom Gratiot, Louis Gregory, Tan Huimeng, Anna Kane, Joanna Kennedy, Karen Kenny, Jim Lonergan, Warren Lubich, Catherine De Lucchi, Bernie Maddox, Sebastian MacLean, Estelita Manalang, Amber Martinez, Fr. Andrew Metcalfe, David Miller, Roy Miller, Bill Osuna, Nancy Otchy, Rosanne Phillippe, Mary Beth Pitcher, Aida Reyes, Sol Rodriguez, Bill Ryan, Richard Ryan, Tim Ryan, David Sanchez, Kathy Schroeder, Gregory Dake Schultz, John Schwobeda, Kathi Sparkes, Christopher Sumner, Randy Tichenal, Christine Lane Tracy, Joseph Vouglas, Ryan Zuniga,

MHR Parish Registration

- New parishioner?
- Birthday, Anniversary, sacraments, milestones?
- Notices and announcements?
- Have you moved?
- *Did we miss your birthday? We are sorry if we did. Let us know when your birthday was, by updating your information with the Parish Office*

Most Holy Redeemer Catholic Church
100 Diamond Street
San Francisco, CA 94114



MOST HOLY REDEEMER PASTORAL TEAM

Fr. Matt Link, C.P.P.S., Pastor
frmatt@mhr.org

MUSIC MINISTRY

Rhonda Smith, Director of Music
musicministry@mhr.org

PARISH OFFICE

Michael Poma, Parish Manager
mpoma@mhr.org

Will Ives, Secretary
secretary@mhr.org

Office Hours: Monday-Friday 9am - 5pm
Closed daily 12:30pm - 1:30pm
Closed Holidays
Phone: 415-863-6259 Fax: 415-552-8786
Visit us on the web: www.mhr.org

FINANCE COUNCIL

finance@mhr.org

Marc Colelli - Chair
Steve Adams
Maureen Flaherty
JD Malchow
Mark Okashima
John Solaegui
Diane Trewin

MHR HIV/AIDS Support Group

100 Diamond Street
San Francisco, CA 94114
Phone: 415-863-6259 x 10
Fax: 415-552-8786
Monday-Friday: 9:30am-2pm
www.mhr-asg.com
Peter Toms, HIV/AIDS Support Group
Program Coordinator
pete-asg@mhr.org

