

MOST HOLY REDEEMER

Parish



Fourth Sunday in Ordinary Time
January 31, 2021

Current Worship Hours

Monday-Friday 8:00am Mass

Sunday 8:00am, 10:00am

Holy Days 8:00am and 7:00pm

New Years and Thanksgiving Day 10:00am

Reconciliation

By Appointment

Baptism & Marriages

Please contact the Parish Office.

For Marriages please call the parish office six months in advance.

Our Mission at Most Holy Redeemer Catholic Church

Most Holy Redeemer Parish is a Roman Catholic Christian Community. The parish draws people from isolation to community, from searching to awakening, from indifference to concern, from selfishness to meaningful service, from fear in the midst of adversity to faith and hope in God.

The community of Most Holy Redeemer shares God's compassionate love with **all** people. The parish offers a spiritual home for senior citizens and youth; single people and families; those who are straight, gay, lesbian, and transgender; the healthy and the sick, particularly persons with HIV.

As a parish community, we celebrate God's loving presence in our lives. In worship and sacrament, especially the Eucharist, we are nurtured and challenged to extend God's kingdom of justice, truth, love and peace by growing in the spirit of Jesus, the Most Holy Redeemer.

God's Inclusive Love Proclaimed Here!

**Most Holy Redeemer Catholic Church
San Francisco, California
Fourth Sunday in Ordinary Time
January 31, 2021**



Current Worship Times

Monday - Friday: Daily Mass 8:00AM

Sunday Mass: 8:00am & 10:00AM

Livestream Masses at:

www.facebook.com/mhrcf

This Week at MHR

Daily Mass: 8am Monday - Friday

Sunday Mass: 8am & 10am

Mass are livestreamed on our

MHR Facebook page: www.facebook.com/mhrcf

Monday-Friday at 8am and Sunday at 10am

Wednesday, February 3

4pm - 5:30pm Wednesday Supper lunch

distribution at the church gates.

Face coverings must be worn and Social and Physical Distancing Guidelines must be followed at all times.

Daily Readings: February 1 - 7

- ◊ Monday: Heb. 11:32-41, Mk. 5:1-20
- ◊ Tuesday: Mal. 3:1-4, Heb. 2:14-18, Lk. 2:22-40 or 2:22-32
- ◊ Wednesday: Heb. 12:47, 11-15, Mk. 6:1-6
- ◊ Thursday: Heb. 12:18-19, 21-24, Mk. 6:7-13
- ◊ Friday: Heb. 13:1-8, Mk. 6:14-29
- ◊ Saturday: Heb. 13:15-17, 20-21, Mk. 6:30-34
- ◊ Sunday: Jb. 7:1-4, 6-7, 1Cor. 9:16-19, 22-23, Mk. 1:29-39

Fourth Sunday in Ordinary Time

This fourth Sunday in ordinary time marks the end of the first month of the new year 2021. Yet, this time is hardly ordinary.

Still immersed in a global pandemic, separated from one another by masks and social distancing, we take to heart the comforting words of today's second reading, "I would like you to be free from anxieties" (1 Corinthians 7:32). These days continue to be anxious times, as all of the planet's communities struggle to deal with yesteryear's challenges and crises. Everyone is trying to move forward in a changed world that is grief-stricken and tear-stained from the loss of loved ones, yet bright with promise but not without perils, especially for those who experience insecurities caused by limited resources.

In today's readings, we hear about a prophet to be raised up, a plea not to have hardened hearts when we hear the voice of the Holy One speaking in our midst, and a new teaching with authority.

These readings invite us to rethink our understanding of the "prophetic." The "prophetic" is far more active and diverse in today's world than the models we find in texts.

Central to the "prophetic" is its ability to expose realities that many people, especially leaders, would like not to see or face. The "prophetic" exposes injustices. How do we make sense of the "prophetic" in the midst of this global pandemic we are still experiencing? How have the pandemic and the "prophetic" intersected?

When we do discover the intersectionality, will we be able to respond and work for justice, which is central to the mission of the "prophetic"?

COVID-19, the most severe global crisis since the 1918 influenza pandemic, has plunged the world into a triple state of emergency with respect to health, humanitarian and development needs. This triple state of emergency compounds already existing inequities. Advanced economies have experienced higher rates of mortality among marginalized groups. In developing countries, vulnerable populations have suffered loss and pain.

Health care systems have struggled to cope. Incomplete social protection systems have allowed people to sink back into or deeper into poverty. Economic structures will not recover quickly; some may not recover at all. Hardest hit by COVID-19 are the millions who are poor, of color or ethnic minorities, the handicapped, the elderly, and those living in squalid, congested shanties.

The "prophetic" has worked through COVID-19 because this horrific virus has exposed the inadequacies of two trusted global systems, the health care system and the economic system, both of which supported the wealthy and either disenfranchised or abandoned the neediest and poorest among us. COVID-19 has exposed the pandemic of global poverty.

The "prophetic" has intersected with the most horrific experience of this century so far, COVID-19, which has exposed multiple global injustices. As a world community, will we allow our hearts to be pierced by the suffering of those on the margins, human and nonhuman alike?

And if our hearts are not hardened, then what will be our response, and what will be our new works of justice? Will it be the work of dismantling systems and structures of oppression, or will we soon carry on with life as usual, happy not to wear a mask or social distance?

Prophetic work is justice work. Will we look for prophets like Moses and Miriam, or will we come to grips with our baptismal anointing and recognize ourselves as being raised up for the work of global justice?—Carol Dempsey, OP



MHR HIV/AIDS Support Group

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Sunday Scripture at Home

Many people find it helpful to pray over the Sunday scripture readings at home before going to church or when they cannot attend. The practice puts them in touch with the church's prayer, helps them listen as the readings are proclaimed at Mass, prepares them to hear the homily, and engages them personally in the word of God.

The Sunday readings are available in many publications and also online at www.usccb.org. To prepare the readings at home, get a copy of them, or just get the citations and look them up in a Bible.

Create some time and space for this prayer. If you do it alone, remove yourself from other activities. Choose a place where you can center yourself. Open the Scriptures and read over them. You might keep a journal and jot down some thoughts that come to you. Ask yourself some questions such as these: "What is going on in this reading? Is something similar happening in my life? What is God saying to me this week?"

If you pray with others, choose a time when everyone is together. You could pray in the living room at the end of the day or around the table before a meal. Someone reads the Scripture aloud. All think about it. Then each shares a few thoughts. Read the passage again. You may choose one or more readings at a time. The exercise can be repeated throughout the week. God's word is able to go as deep inside you as you give it time and room.

When you get to church, don't read along while the readings are proclaimed. Lift your head and open your ears and heart to the word of God.—Paul Turner

Community Life

Centering Prayer is meeting via Zoom on Monday evenings @ 7:00pm. Email centering@mhr.org for login details.

Current Mass Times

Daily Mass M-F 8am

Sunday Mass 8am & 10am

Visit us:

On the web: www.mhr.org

Facebook: www.facebook.com/mhrcatholicsf

Instagram: [@mhrcatholicsf](https://www.instagram.com/mhrcatholicsf)



Our Parish Community Birthdays

Gretchen Mitchell, Matt Dorsey, Keira Barton, Quinn Barton, Bill Ross, Chuck Yenson, Suzanne Boyle, Jim Halloran, Veronique Jaggi, Jim Laufenberg, Tama Auvaa, Jason Putnam, Brian McGrath, John Kisza, Ramone Maimone and Joe Beaupre.

Mass Intentions

Mass Intentions are celebrated for those to remember a loved one, honor someone on an important date or celebrate a special occasion. To schedule a Mass Intention please call the parish office or email secretary@mhr.org.

Livestream Mass on Facebook

Mon-Fri 8am
Sun 10am

Mass Intentions

Our Mass celebrants will remember the following intentions during the celebration of the Eucharist:

Sunday, January 31

8am

10am George G. Hawhurst †

Monday, February 1

8am

Tuesday, February 2

8am Vincent & Barbara Colelli †

Wednesday, February 3

8am Lourdez Deza (L)

Thursday, February 4

8am Neil Murphy †

Friday, February 5

8am Rev. Thomas Mitchell †

Contact the Parish Office at 415-863-6259 to have Mass celebrated for a special intention or sponsor the weekend altar flowers.

Prayer Requests

Jesusa Ayala, Bernie Banonis, Michelle Barrett, Beatrix Bell,
David Bloom, Florinda Brewster, Agostino Crotti, Joshua
Daigle, Alice Jane Davenport, Fr. Larry Dowling, Tom Farmer,
Zane Fisher-Paulson, Keith Fitzpatrick, Juan Flores, Michael
Fraker, Barbara Frey, Tom Gratiot, Wallace Greene, Joanna
Kennedy, Karen Kenny, David Lambdon, Jim Lonergan, Warren
Lubich, Bernie Maddox, Sebastian MacLean, Amber Martinez,
Fr. Andrew Metcalfe, Mark Okashima, Bill Osuna, Nancy
Otchy, Sol Rodriguez, Bill Ryan, Richard Ryan, Tim Ryan, David
Sanchez, Kathy Schroeder, Gregory Dake Schultz, John
Schwobeda, Kathi Sparkes, Christopher Sumner, Randy
Tichenal, Christine Lane Tracy, Joseph Vouglas, Ryan Zuniga,
†Lydia Bombont†, †Hector Crawford†
and †Paul Gerriort†.

MHR Parish Registration

- New parishioner?
- Birthday, Anniversary, sacraments, milestones?
- Notices and announcements?
- Have you moved?
- *Did we miss your birthday? We are sorry if we did. Let us know when your birthday was, by updating your information with the Parish Office*

Most Holy Redeemer Catholic Church

100 Diamond Street

San Francisco, CA 94114



MOST HOLY REDEEMER PASTORAL TEAM

Fr. Matt Link, C.P.P.S., Pastor
frmatt@mhr.org

MUSIC MINISTRY

Rhonda Smith, Director of Music
musicministry@mhr.org

PARISH OFFICE

Michael Poma, Parish Manager
mpoma@mhr.org

Will Ives, Secretary
secretary@mhr.org

Office Hours: Monday-Friday 9am - 5pm
Closed daily 12:30pm - 1:30pm
Closed Holidays
Phone: 415-863-6259 Fax: 415-552-8786
Visit us on the web: www.mhr.org

FINANCE COUNCIL

finance@mhr.org

Marc Colelli - Chair
Steve Adams
Maureen Flaherty
Mark Okashima
John Solaegui
Diane Trewin

MHR HIV/AIDS Support Group

100 Diamond Street
San Francisco, CA 94114
Phone: 415-863-6259 x 10
Fax: 415-552-8786
Monday-Friday: 9:30am-2pm
www.mhr-asg.com

**Peter Toms, HIV/AIDS Support Group
Program Coordinator**
pete-asg@mhr.org



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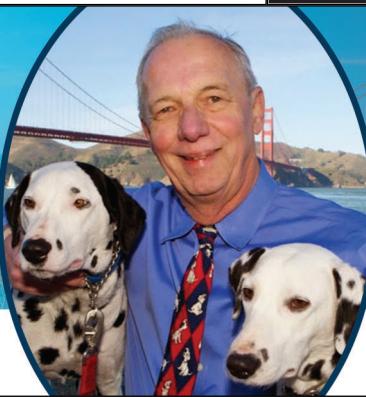
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