

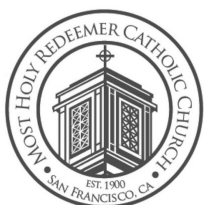
Celebration *of the* Eucharist



First Sunday *of* Lent

Most Holy Redeemer Catholic Church
San Francisco, CA

February 21, 2021
Join us via livestream at 10:00 AM
www.facebook.com/mhrsf



Ideas for participating at home

*Participate in the responses, stand, sit, kneel during Mass as you are able.
Have a photo of your worship at home?
Post to Instagram and tag us at @mhrcatholicsf
Find more resources for praying at home here:
[Keeping the Lord's Day Holy at Home](#)*

✦ The Introductory Rites ✦

Entrance Hymn

IN THESE DAYS OF LENTEN JOURNEY

Ricky Manalo, CSP

Refrain

In these days of Len-ten jour-ney we have seen and we have heard
the call to sow jus-tice in the lives of those we serve.

Verses

1. We reach out to those who are home-less, to
2. We o - pen our eyes to the hun - gry and
3. We o - pen our ears to the wea - ry and
4. We call on the Spir - it of Jus - tice and

1. those who live with - out warmth. In the cool-ness of
2. see the fac - es of Christ. As we nour - ish all
3. hear the cry of the poor. To the voic - es that
4. pray for righ-teous-ness' sake. We will sing for the

1. eve - ning we'll shel - ter their dreams; we will
2. peo - ple who hun - ger for food, may their
3. ech - o the song of de - spair, we will
4. free - dom of all the op - pressed; we will

1. clothe them in mer - cy and peace.
2. faith in our God be re - newed.
3. show our com - pas - sion and care.
4. loos - en the bonds of dis - tress.

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✙ The Liturgy of the Word ✙

Readings of the day can be found [here](#).

First Reading

Genesis 9:8-15

Responsorial Psalm

Psalm 25:4-5, 6-7, 8-9

Jaime Cortez



R. Your ways, O Lord, are love and truth to those who keep your cov-e-nant.

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Second Reading

1 Peter 3:18-22

Gospel Acclamation

Mass of Renewal
Curtis Stephan



R. Glo-ry to you, O Word of God, Lord Je - sus Christ!



Glo-ry to you, O Word of God, Lord Je - sus Christ!

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Gospel

Mark 1:12-15

Homily



Profession of Faith – Apostles’ Creed

**I believe in God,
the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,**

At the words that follow, up to and including “the Virgin Mary,” all bow.

**who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.**



Universal Prayer (Prayer of the Faithful)

Let us pray to the Lord.
Lord, hear our prayer.

✦ Liturgy of the Eucharist ✦

Preparation of the Altar

GRACIOUS GOD

Jesse Manibusan

Verses

1. Lead us, Lord, in - to the des - ert; lead us through the
 2. In this time of sa - cred strug - gle, in this time of
 3. Lord, we hun - ger for your pres - ence; Lord, we're thirst - ing
 4. Teach us, Lord: who is our neigh - bor? Is it friend, or

1. wil - der - ness. Through this jour - ney we will fol - low,
 2. sac - ri - fice, we re - joice, for we re - mem - ber
 3. for your grace. When con - sum - ing all but you, Lord,
 4. en - e - my? When we wel - come or con - demn them,

1, 4 1: to Verse 2 2, 3
 2: to Refrain

1. for we long to see your face.
 2. that you lead us in - to life.
 3. all we gain is emp - ti - ness.
 4. it is you, O let us see.

Refrain

Gra - cious God, mer - cy is your name. Re - deem -
 Gra - cious God, we bless your ho - ly name. Re - ceiv -

1 2 2

ing Love, you give your life a-way.
 ing love, we give our lives a-way.

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The Eucharistic Prayer

Sanctus

**Holy, Holy, Holy Lord God of hosts.
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Memorial Acclamation

**We proclaim your Death, O Lord, and profess your Resurrection
until you come again.**

Great Amen

Amen.



Communion Rite

The Lord's Prayer

The Sign of Peace

The Breaking *of the* Bread

**Lamb of God, you take away the sins of the world,
have mercy on us.
Lamb of God, you take away the sins of the world,
have mercy on us.
Lamb of God, you take away the sins of the world,
grant us peace.**

ON EAGLE'S WINGS

Michael Joncas

Verse 1

1. You who dwell in the shel-ter of the Lord, who a - bide in his

to Refrain

1. shad-ow for life, say to the Lord: "My ref-uge, my rock in whom I trust!"

Refrain

And he will raise you up on ea - gle's wings, bear you on the

breath of dawn, make you to shine like the

to Verses (last time to Coda) ⊕

sun, and hold you in the palm of his hand.

⊕ Coda

And hold you, hold you in the palm of his hand.

Verse 2

2. The snare of the fowl-er will nev-er cap-ture you, and fam-ine will bring

to Refrain

2. you no fear: un-der his wings your ref-uge, his faith-ful-ness your shield.

Verse 3


3. You need not fear the ter-ror of the night, nor the ar-row that flies by

to Refrain

3. day; though thou-sands fall a - bout you, near you it shall not come.

ON EAGLE'S WINGS (CONT. 2)

Verse 4



4. For to his an-gels he's giv-en a com-mand to
4. guard you in all of your ways; up-on their hands they will
4. bear you up, lest you dash your foot a-gainst a stone. to Refrain

The musical notation is written on three staves in G major (one sharp). The first staff begins with a treble clef and a key signature of one sharp (F#). It contains a whole rest followed by a triplet of eighth notes (G4, A4, B4) and then a series of eighth and sixteenth notes. The second staff continues the melody with eighth and sixteenth notes. The third staff concludes the verse with a half note (G4) and a fermata, with the instruction 'to Refrain' written above the final note.



A Prayer of Spiritual Communion

*My Jesus, I believe that you are
present in the Blessed Sacrament.*

*I love you above all things
and I desire you with all my heart.*

Since I cannot now receive you sacramentally,

I ask you to come spiritually into my heart.

*I embrace you as if you were already there
and unite myself to you completely.*

Please do not let me ever be separated from you.

✚ The Concluding Rites ✚

Blessing *and* Dismissal

Recessional Hymn

BEYOND THE DAYS

Ricky Manalo, CSP

Refrain

Be - yond the days of hope and mys - t'ry we
 see a light of faith re - newed, and in our long - ing
 we thirst for guid - ance to walk with you day by day.

Final **Verses**

day, to walk with you day by day.

1. For - ty days and
2. Not on bread a -
3. In your hands, O
4. On our Lent - en

1. nights, you guide the steps of our jour - ney. May your
2. lone are we to walk on this jour - ney. Speak the
3. God, we feel the touch of your guid - ance. Keep us
4. path we see the dawn of a new day. Be our

3 **to Refrain**

1. pres - ence be felt in the whis - per of your voice.
2. words that give life to the yearn - ings of our hearts.
3. safe in your care: may your gen - tle - ness be there.
4. vi - sion of hope; be the prom - ise of our lives.

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Lenten Prayer Services

Most Holy Redeemer Catholic Church

7:00 PM Every Wednesday During Lent



Feb. 24 - Evening Prayer

Mar. 3 - Evening Prayer

Mar. 10 - Stations of the Cross

Mar. 17 - Evening Prayer

Mar. 24 - Evening Prayer

Mar. 31 - Penitential Service

For more information visit our website at www.mhr.org



Most Holy Redeemer Parish is a Roman Catholic Christian Community. The parish draws people from isolation to community, from searching to awakening, from indifference to concern, from selfishness to meaningful service, from fear in the midst of adversity to faith and hope in God.

The community of Most Holy Redeemer shares God's compassionate love with all people. The parish offers a spiritual home to all: senior citizens and youth; single people and families; those who are straight, gay, lesbian, and transgender; the healthy and the sick, particularly persons with HIV/AIDS.

As a parish community, we celebrate God's loving presence in our lives. In worship and sacrament, especially the Eucharist, we are nurtured and challenged to extend God's kingdom of justice, truth, love and peace by growing in the spirit of Jesus, the Most Holy Redeemer.

Parish Mission Statement

God's Inclusive love proclaimed here!



MOST HOLY REDEEMER
Catholic Church
100 Diamond Street San Francisco, CA 94114

Worship Hours:

Monday - Saturday 8am Mass
Reconciliation: Sat. 3:45pm-4:30pm
Saturday Vigil Mass: 5pm
Sunday Mass: 8am, 10am & 6:30pm
Holy Days: 8am and 7pm