



*First Sunday of Lent | February 21, 2021
Most Holy Redeemer Catholic Church | San Francisco, California*

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 San Francisco, California
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Current Worship Schedule

Monday - Friday: Daily Mass 8:00AM

Sunday Mass: 8:00am & 10:00AM

Livestream Masses at:

www.facebook.com/mhrsf

This Week at MHR

Daily Mass: 8am Monday - Friday

Sunday Mass: 8am & 10am

Seat reservations are required for Sunday Masses.

Reservations open on Thursday at 9:30am.

Mass are livestreamed on the

MHR Facebook page: www.facebook.com/mhrsf

Mon, Wed & Fri at 8am and Sunday at 10am

Wednesday, February 24

4pm - 5:30pm Wednesday Supper lunch

distribution at the church gates.

7pm Lent Evening Prayer - Church & Livestream

Face coverings must be worn and Social and

Physical Distancing Guidelines must be

followed at all times.

Daily Readings: February 22 - 28

- ◇ Monday: Gn. 4:1-15, 25, Mk. 8:11-13
- ◇ Tuesday: Gn. 6:5-8; 7:1-5, 10, Mk. 8:14-21
- ◇ Wednesday: Jl. 2:12-18, 2Cor. 5:20-6:2, Mt. 6:1-6, 16-18
- ◇ Thursday: Dt. 30:15-20, Lk. 9:22-25
- ◇ Friday: Is. 58:1-9a, Mt. 9:14-15
- ◇ Saturday: Is. 58:9b-14, Lk. 5:27-32
- ◇ Sunday: Gn. 9:8-15, 1Pt. 3:18-22, Mk. 1:12-15

Stewardship Week of February 14

8am -	\$699.00
10am -	\$1,466.00
Misc. -	\$2,074.79
<u>Online Giving -</u>	<u>\$1,076.51</u>
Total -	\$5,316.30
Budgeted -	\$4,000.00

Thank you for your amazing support!

Fr. Matt's Message

Each year as we start the Lenten season many of us struggle with the question of what to do, what sacrifices to make, what spiritual exercise to undertake that will bring some more depth into our spiritual lives. Often the question boils down to this: What should I give up for Lent? Don't get me wrong, giving something up is a great practice as one part of this season of prayer, almsgiving and fasting. We can become so accustomed to Lent as a time when we are to deprive ourselves of something, that we might miss out on a chance for something more. With too much focus on personal sacrifice, there is a subtle temptation that the most important thing we can do for our spiritual lives is something that we can actually do for ourselves.

Scripture reminds that without God we can do nothing. Perhaps that should be our starting point - realizing our complete dependence upon God for everything. Lent gives us an opportunity to allow God to *be* God in our lives. One Lenten task might be to allow God more space in our day so that God can work in us the way that God wants to work.

Now, this might mean that, on our part, we do need to give up something or make sacrifices to create some space that might allow God to enter our lives in a deeper fashion. So we might ask ourselves: What is taking up too much space in my life? What is blocking God from being God for me? What barriers need to be overcome? Where can we find a little more dedicated quiet time and space to be still and feed our deeper spiritual needs?

In the Scriptures that place is described as a desert or a wilderness. "The Spirit drove Jesus out into the wilderness and he remained there forty days, and was tempted by Satan. He was with the wild beasts, and the angels looked after him."

The wilderness is not always a pleasant place to be. If we stay there long enough, we very well may come face to face with the wild beasts in our own lives. Our temptations will become more clear. As the Scripture says, "He was with the wild beasts, and the angels looked after him." God will be with us and will bring power into the darkest parts of our lives. God will not leave us alone with the wild beasts.

Pope Francis reminds us that "The Church offers us the Lenten practices of prayer, almsgiving, and fasting as a soothing remedy." Maybe our answer to what we should give up for Lent will only come during Lent or even near the end of these 40 days.

If we create enough space for God to enter our lives, God will continue to gently reveal Himself to us. Then we will bring more of this newfound life to the Eucharist at Easter. The resurrection of Jesus will have become our resurrection as we rise out of our darkness into the wonderful light of Christ.

Blessings on your Lenten journey.

With love and prayers,

Fr. Matt



MHR HIV/AIDS Support Group

Thank you for all your support in 2020. May 2021 be full of blessings for you.

We Celebrate Black History Month

Bayard Rustin - Leader

Bayard Rustin was an American leader in social movements for civil rights, socialism, nonviolence, and gay rights. Rustin worked with A. Philip Randolph on the March on Washington Movement, in 1941, to press for an end to racial discrimination in employment. Rustin later organized Freedom Rides, and helped to organize the Southern Christian Leader.

Misty Copeland - Ballet Dancer

Misty Danielle Copeland is an American ballet dancer for American Ballet Theatre, one of the three leading classical ballet companies in the United States. On June 30, 2015, Copeland became the first African American woman to be promoted to principal dancer in ABT's 75-year history.

Thea Bowman - Teacher

Thea Bowman was a Roman Catholic religious sister, teacher, and scholar who made a major contribution to the ministry of the Catholic Church toward her fellow African Americans. She became an evangelist among her people, assisted in the production of an African American Catholic hymnal, and was a popular speaker on faith and spirituality in her final years. She helped found the National Black Sisters Conference to provide support for African-American women in Catholic religious institutes. Bowman has been designated a Servant of God.

Augustus Tolton - Priest

Augustus Tolton, baptized Augustine Tolton, was the first Roman Catholic priest in the United States publicly known to be black when he was ordained in 1886.

Josephine Bakhita

Josephine Margaret Bakhita, F.D.C.C., was a Sudanese-Italian Canossian religious sister who lived in Italy for 45 years, after having been a slave in Sudan. In 2000 she was declared a saint by the Roman Catholic Church.

Please visit our tribute of Black History Month in the entrance of the Church!

Community Life

Centering Prayer is meeting via Zoom on Monday evenings @ 7:00pm. Email centering@mhr.org for login details.

Mercy Center Virtual Lenten Prayer around the Cross: Visit online at: <https://mercy-center.org/programs/taize>

Current Mass Times

Daily Mass M-F 8am

Sunday Mass 8am & 10am

Seat reservations required for Sunday Masses visit www.mhr.org to reserve.

Masses are livestreamed on our Facebook page

Monday, Wednesday & Friday at 8am

and on Sunday at 10am.

Visit us:

On the web: www.mhr.org

Facebook: www.facebook.com/mhrsf

Instagram: [mhrcatholic](https://www.instagram.com/mhrcatholic)

Our Parish Community Birthdays

Alison Cerezo, Rebecca Sweet, Erika Amaya, Bob Olszewski, David Henriques, Lou Montoya, Mats Christiansen, Fr. Mike Greenwell, Brandon Lee and AJ Calalang-Boucher .

Mass Intentions

Mass Intentions are celebrated for those to remember a loved one, honor someone on an important date or celebrate a special occasion. To schedule a Mass Intention please call the parish office or email secretary@mhr.org.



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Mass Intentions

Our Mass celebrants will remember the following intentions during the celebration of the Eucharist:

Sunday, February 21

8am Benedicto Deza †

10am Fr. Kirk Ullery †

Monday, February 22

8am Elliot Pendrin (L)

Tuesday, February 23

8am Jogie Lynn Maliksi (L)

Wednesday, February 24

8am Wednesday Night Suppers

Thursday, February 25

8am Kam Geisel †

Friday, February 26

8am Tim Dunn (L)

Contact the Parish Office at 415-863-6259 to have Mass celebrated for a special intention or sponsor the weekend altar flowers.

Prayer Requests

Jesusa Ayala, Bernie Banonis, Michelle Barrett, Beatrix Bell, David Bloom, Florinda Brewster, Nicholas Chang, John & Gail Colelli, Joshua Daigle, Alice Jane Davenport, Fr. Larry Dowling, Tom Farmer, Zane Fisher-Paulson, Keith Fitzpatrick, Barbara Frey, Tom Gratiot, Wallace Greene, Joanna Kennedy, Jim Lonergan, Warren Lubich, Bernie Maddox, Sebastian MacLean, Erineo Maliksi, Fr. Andrew Metcalfe, Mark Okashima, Bill Osuna, Bill Ryan, Tim Ryan, David Sanchez, Kathy Schroeder, Gregory Dake Schultz, John Schwobeda, Kathi Sparkes, Christopher Sumner, Randy Tichenal, Patricia Tilley, Christine Lane Tracy, Joseph Vouglas, Ryan Zuniga, †Hoover Ancheta†, †Gary Baughman†, †Patricia Hargadon†, †David Marr†, †Bill Mathews†, †Hortencia Perez† †Richard Ryan†, †Tom Sullivant and †Richard Villaneuva†.

MHR Parish Registration

- New parishioner?
- Birthday, Anniversary, sacraments, milestones?
- Notices and announcements?
- Have you moved?
- *Did we miss your birthday? We are sorry if we did. Let us know when your birthday was, by updating your information with the Parish Office*

Most Holy Redeemer Catholic Church

100 Diamond Street

San Francisco, CA 94114



MOST HOLY REDEEMER PASTORAL TEAM

Fr. Matt Link, C.P.P.S., Pastor
fr matt@mhr.org

MUSIC MINISTRY

Rhonda Smith, Director of Music
musicministry@mhr.org

PARISH OFFICE

Michael Poma, Parish Manager
mpoma@mhr.org

Will Ives, Secretary
secretary@mhr.org

Office Hours: Monday-Friday 9am - 5pm
Closed daily 12:30pm - 1:30pm
Closed Holidays
Phone: 415-863-6259 Fax: 415-552-8786
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FINANCE COUNCIL

finance@mhr.org

Marc Colelli - Chair
Steve Adams
Maureen Flaherty
Mark Okashima
John Solaegui
Diane Trewin

MHR HIV/AIDS Support Group

100 Diamond Street
San Francisco, CA 94114
Phone: 415-863-6259 x 10
Fax: 415-552-8786
Monday-Friday: 9:30am-2pm
www.mhr-asg.com
Peter Toms, HIV/AIDS Support Group
Program Coordinator
pete-asg@mhr.org



John Solaegui | Broker Associate
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