

# Lenten Evening Prayer



Most Holy Redeemer Catholic Church  
San Francisco, CA

March 3, 2021

Join us via livestream at 7:00 PM

[www.facebook.com/mhrsfcatholics](https://www.facebook.com/mhrsfcatholics)



*Ideas for participating at home*

*Participate in the responses, stand, sit, kneel during Mass as you are able.*

*Have a photo of your worship at home?*

*Post to Instagram and tag us at @mhrcatholicsf*

*Find more resources for praying at home here:*

[Keeping the Lord's Day Holy at Home](#)



## Call to Prayer

*Please stand*

## Invitatory

Leader: God, (+)come to my assistance.

ALL: Lord, make haste to help me.

Leader: (*bow*) Glory to the Father, and to the Son, and to the Holy Spirit:

ALL: (*rise*) as it was in the beginning, is now, and will be for ever.  
Amen.



# Evening Song

## BELONG

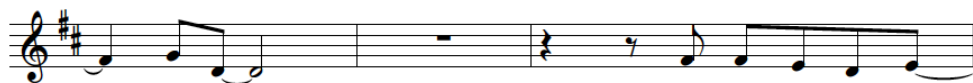
Verses



1. You are my light and my sal - va - tion;
2. I gaze on the beau - ty of my Sav - ior.
3. The good-ness, the glo - ry of God's king - dom:



whom should I fear? And why should I be  
One thing I ask, one thing of my Lord  
this I will see, this place of e - ter -



a - fraid? My shel - ter, my ref -  
I seek: to live in the house  
nal peace. I wait for my God,



uge, my pro - tec - tion, God's ho - ly light.  
of my Re - deem - er, God's safe em - brace.  
my hope, my free - dom,

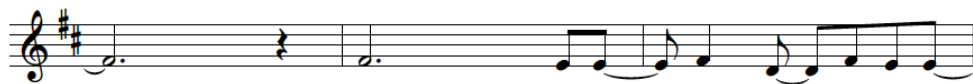


God's sav - ing grace.

Refrain



I be-long to you, I be-long to you, my God.



I be-long to you, I be-long



to you, my God.

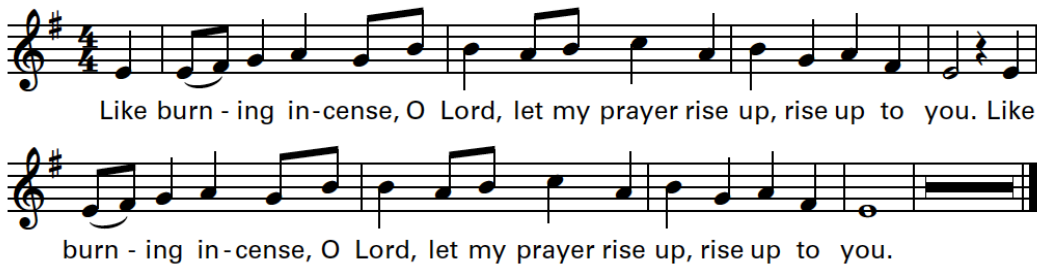
Text: Based on Psalm 27 and 1 Corinthians 1:10; Chris de Silva, b.1967  
Tune: Chris de Silva, b.1967  
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Psalm

**INCENSE PSALM**

*Psalm 141*

Paul Melley



1. Lord, I've called to you; come to help me.  
Hear my voice when I cry to you.  
Let my prayer arise before you like incense,  
the raising of my hands  
like an evening oblation.
2. Set, O Lord, a guard over my mouth;  
keep watch at the door of my lips!  
Do not turn my heart  
to things that are wrong,  
to evil deeds with those who are sinners.
3. To you, Lord God, my eyes are turned;  
in you I take refuge; spare my soul!  
From the trap they've laid keep me safe,  
from the snares of those who do evil.
4. Glory to the Father and to the Son,  
and to the Holy Spirit:  
As it was, is now and ever shall be forever.  
Amen. Amen.

Text: Based on Psalm 141:1-2, 3-4, 8-9.

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Silence

PSALM PRAYER

*PLEASE STAND*

LEADER:

God of mercy and compassion,  
from the rising of the sun to its setting  
your name is worthy of all praise.  
May the lifting up of our hands  
be as an evening sacrifice.  
Be with your people now.  
Journey with those who will soon be  
plunged  
into the life-giving waters of baptism.

Fill them, and all your people,  
with the precious gift of your living  
Spirit.  
May this prayer,  
and the ones gathered in our hearts,  
come like incense before you.

Through Christ our Lord. Amen.

**ALL: Amen**



PSALM

**REST IN GOD ALONE (PSALM 62)**

Curtis Stephan



- |   |   |
|---|---|
| 1. Only in God is my soul at rest;<br>from him comes my salvation.<br>He only is my rock<br>and he only is my salvation,<br>my stronghold, my stronghold;<br>I shall not be disturbed at all. | and he only is my salvation,<br>my stronghold, my stronghold;<br>I shall not be disturbed.  |
| 2. Only in God be at rest, my soul,<br>for from him comes my hope.<br>He only is my rock  | 3. With God is my safety and my glory,<br>he is the rock of my strength;<br>my refuge is in God.<br>Trust in him at all times, O my people!<br>Pour out your hearts before him. |

Text: Psalm 62: 2-3, 6-7, 8-9. Refrain © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved. Used with permission. Verses © 2001, 1998, 1986, 1970, Confraternity of Christian Doctrine, Washington, DC. All rights reserved. Used with permission. Music © 2011, Curtis Stephan. Published by OCP. All rights reserved.

PSALM PRAYER

*PLEASE STAND*

LEADER:

Lord God,  
you reward each one according to his works.  
You, truly, are our rock and salvation;  
in whom we find rest.  
As the day fades into evening,  
hear us as we pour out our hearts to you,  
seeking your grace and secure protection.  
We look to you for our stable hope  
so that we will not be disturbed  
in a constantly changing world.  
Through Christ our Lord.

**All: Amen**

A reading from the Letter of Saint Paul to the Romans.

Christ, while we were still helpless,  
yet died at the appointed time for the ungodly.  
Indeed, only with difficulty  
does one die for a just person,  
though perhaps for a good person  
one might even find courage to die.  
But God proves his love for us  
in that while we were still sinners Christ died for us.  
How much more then, since we are now justified by his blood,  
will we be saved through him from the wrath.  
Indeed, if, while we were enemies,  
we were reconciled to God through the death of his Son,  
how much more, once reconciled,  
will we be saved by his life.

Silence

SPIRITUAL READING



Today, the Church celebrates the Memorial of St. Katharine Drexel, She founded the Sisters of the Blessed Sacrament, an order that built elementary and high schools for African American and Native American populations across the United States and established Xavier University in New Orleans, LA to train teachers for those schools. St. Katherine was from a prominent Philadelphia family, but her compassion for marginalized people led her to set aside her desire for contemplative life for five decades while she engaged in active Ministry.

This wisdom comes from her:

“Often in my desire to work for others...

Some hostile influence renders me powerless.

My prayers seem to avail nothing... In such cases I must not grieve.

I am only treading in my Master's steps.”

*PLEASE STAND*

# HOLY IS YOUR NAME

WILD MOUNTAIN THYME  
Scottish traditional  
Arr. Tony Alonso

Based on the Magnificat, Luke 1:46-55  
Anonymous, alt.

## Verses



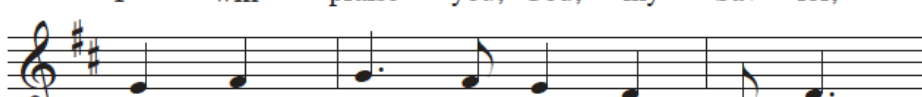
1. My soul is filled with joy  
2. I am low - ly as a child,  
3. I pro - claim your pow'r, O God!  
4. To the hun - gry you give food,  
5. In your love you now ful - fill



as I sing to God, my Sav - ior.  
but I know from this day for - ward  
You work won - ders for your ser - vants;  
send the rich a - way with noth - ing.  
all you prom - ised to your peo - ple.



You have looked up - on your ser - vant,  
that my name will be re - mem - bered,  
you have scat - tered the proud - heart - ed,  
In your mer - cy you are mind - ful  
I will praise you, God, my Sav - ior,

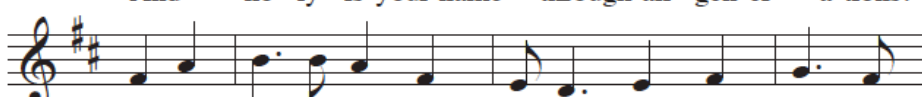


you have vis - it - ed your peo - ple.  
and the world will call me bless - ed.  
you have lift - ed up the low - ly.  
of the peo - ple you have cho - sen.  
ev - er - last - ing is your mer - cy.

## Refrain



And ho - ly is your name through all gen - er - a - tions!



Ev - er - last - ing is your mer - cy to the peo - ple



you have cho - sen, and ho - ly is your name!



INTERCESSIONS

SUNG RESPONSE:

Nguyễn Dao-Kim and Rufino Zaragoza, OFM

Ó - ye - nos, Se - ñor. Ding - gin mo ka - mi.

Xin nhậm lời chúng con. Hear our prayer, O Lord.

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CLOSING PRAYER

SUNG RESPONSE:

*All:*

A - men! A - men!

## Closing Song

### CHRIST, BE OUR LIGHT

Bernadette Farrell

Verses



1. Long-ing for light, — we wait in dark - ness. Long-ing for  
2. Long-ing for peace, — our world is trou - bled. Long-ing for  
3. Long-ing for food, — man - y are hun - gry. Long-ing for  
4. Long-ing for shel-ter, man - y are home-less. Long-ing for  
5. Man - y the gifts, — man - y the peo - ple, man - y the



1. truth, — we turn to you. Make us your own, —  
2. hope, — man - y de - spair. Your word a - lone —  
3. wa - ter, man - y still thirst. Make us your bread, —  
4. warmth, — man - y are cold. Make us your build - ing,  
5. hearts that yearn to be - long. Let us be ser - vants



1. your ho - ly peo-ple, light for the world to see.  
2. has pow'r to save us. Make us your liv - ing voice.  
3. bro - ken for oth-ers, shared un - til all are fed.  
4. shel - ter - ing oth-ers, walls made of liv - ing stone.  
5. to one an - oth - er, mak - ing your king - dom come.

Refrain



Christ, be our light! Shine in our hearts. Shine through the dark - ness.



Christ, be our light! Shine in your church gath-ered to-day.

# Lenten Prayer Services

Most Holy Redeemer Catholic Church

7:00 PM Every Wednesday During Lent



Feb. 24 - Evening Prayer

Mar. 3 - Evening Prayer

Mar. 10 - Stations of the Cross

Mar. 17 - Evening Prayer

Mar. 24 - Evening Prayer

Mar. 31 - Penitential Service

*For more information visit our website at [www.mhr.org](http://www.mhr.org)*



Most Holy Redeemer Parish is a Roman Catholic Christian Community. The parish draws people from isolation to community, from searching to awakening, from indifference to concern, from selfishness to meaningful service, from fear in the midst of adversity to faith and hope in God.

The community of Most Holy Redeemer shares God's compassionate love with all people. The parish offers a spiritual home to all: senior citizens and youth; single people and families; those who are straight, gay, lesbian, and transgender; the healthy and the sick, particularly persons with HIV/AIDS.

As a parish community, we celebrate God's loving presence in our lives. In worship and sacrament, especially the Eucharist, we are nurtured and challenged to extend God's kingdom of justice, truth, love and peace by growing in the spirit of Jesus, the Most Holy Redeemer.

#### **Parish Mission Statement**

*God's Inclusive love proclaimed here!*



**MOST HOLY REDEEMER**  
Catholic Church  
100 Diamond Street San Francisco, CA 94114

#### **Worship Hours:**

Monday - Saturday 8am Mass  
Reconciliation: Sat. 3:45pm-4:30pm  
Saturday Vigil Mass: 5pm  
Sunday Mass: 8am, 10am & 6:30pm  
Holy Days: 8am and 7pm