



Ascension of the Lord
Most Holy Redeemer Catholic Church

May 16, 2021
San Francisco, California

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Current Worship Schedule

Monday - Friday: Daily Mass 8:00AM
 Saturday Vigil Mass: 500PM
 Sunday Mass: 8:00am & 10:00AM
 Livestream Masses at:
www.facebook.com/mhrsf

This Week at Most Holy Redeemer

Daily Mass

8am Monday - Friday

Wednesday, May 19

4pm - 5:30pm Wednesday Supper lunch
 distribution at the church gates.

Saturday, May 22

5pm Vigil Mass

Sunday, May 23

8am & 10am Mass

Seat reservations are required for all weekend Masses.
 Reservations go live each **Thursday morning at 9:30am.**

*Face coverings must be worn and Social and
 Physical Distancing Guidelines must be
 followed at all times, thank you!*

Livestream Masses on our MHR Facebook page:

www.facebook.com/mhrsf

8am Monday, Wednesday & Friday
 10am Sunday

Daily Readings: May 17 - 23

- ◇ Monday: Acts 19:1-8, Jn. 16:29-33
- ◇ Tuesday: Acts 20:17-27, Jn. 17:1-11a
- ◇ Wednesday: Acts 20:28-38, Jn. 17:11b-19
- ◇ Thursday: Acts 22:30; 23:6-11, Jn. 21:1-5-19
- ◇ Friday: Acts 25:13b-21, Jn. 21:15-19
- ◇ Saturday: Acts 28: 16:20, 30-31, Jn. 21:20-25
- ◇ Sunday: Gn. 11:1-9 or Ex. 19:3-8a, 16-20b, or Ez. 37:1-14
 or Jl. 3:1-5, Rom. 8:22-27, Jn. 7:37-39

Stewardship Week of May 9

5pm -	\$294.00
8am -	\$788.00
10am -	\$960.00
Misc. -	\$594.79
<u>Online Giving -</u>	<u>\$2,535.74</u>
Total -	\$5,172.53
Budgeted -	\$4,000.00

Thank you for your amazing support!

Ascension Sunday

Today we celebrate the Ascension of Jesus into Heaven. Not a day for narrowness and sadness but a day for openness and joy. It is a day for renewing our hope in the goal towards which the Lord is leading us all, namely, a place in his kingdom. As we come closer to our hoped and prayed for end of the pandemic, it feels like there is much to remind us of the goodness of our little community of faith.

We continue to read from the Acts of the Apostles as we have been since Easter Sunday. Luke is the author of Acts and some commentators view it as the Gospel of the Spirit because the primary actor in Acts is the Holy Spirit. It is through the Spirit that miracles occur. It is through the Spirit the early Christian community decided that gentiles can be baptized without having to first become members of the Jewish faith. It was this decision that moved Christianity from being a sect to becoming its own religion. The Christian was a believer in Jesus and "The Way" that he led and taught.

The Ascension reminds us of how Jesus, now in the glorious presence of God, continues to act *through* the Holy Spirit and through his followers. The ascension of Jesus is his liberation from all restrictions of time and space. It does not represent his departure from earth, but his constant presence everywhere on earth!

As we prepare for Pentecost, it might be nice to renew the habit of taking time to be quiet, listening for that voice within, that voice that reveals who Jesus is to and for us and how the Holy Spirit continues to lead and guide us along the way.

If there is courage, compassion, forgiveness, and purity of heart, then we are living in the Spirit. Where there is an "abiding" of the Spirit within us, we pray for an indwelling of the seven gifts of the Holy Spirit -- wisdom, understanding, counsel, fortitude, knowledge, piety, and fear of the Lord.

"People of Galilee, why are you standing there looking at the sky?" (Acts 1:11).

May there be a new Pentecost in our lives and the in life of the Church. May there be an outpouring of the Holy Spirit. May *we* be Jesus' Presence in the world.

"Come Lord Jesus. Send down your Spirit. Renew the face of the earth."

Blessings, light and love on your week,
Fr. Matt

Library Corner

The library ins now open this Sundays after the 8AM and 10 AM Masses. We are featuring books for Asian Pacific American Heritage Month.



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Log on to smile.amazon.com, sign into your Amazon account and search for Most Holy Redeemer Church. Amazon will donate .5% of all eligible purchases you make to Most Holy Redeemer!

Ascension

Christ led his chosen from Jerusalem
To Olivet, and there he said to them:

“All sovereignty in heaven and on earth
Is given unto me in exaltation.
Thus go and make disciples of each nation,
Baptizing them, through waters of rebirth,
In Father, Son, and Spirit, every one.
Admonish all and teach them to attend
To everything that you have been commanded.
Remember: I will never leave you stranded,
For I am always with you to the end.”

He lifted up his hands in benediction,
And there before their eyes was raised in flight
Upon a cloud that stole him from their sight.
As they were gazing up in sad affliction,
Two angels dressed in white beside them pressed:
“O men of Galilee, forlorn eleven,
Why do you stand here, looking up, and yearn?
This Jesus who has left you will return
Just as you saw him going up to heaven.”

O Christ, have mercy on us standing here,
For we are orphans, Lord, till you appear!

—Stephen Wentworth Arndt

Community Life

- **Centering Prayer** is meeting via Zoom on Monday evenings @ 7:00pm. Email centering@mhr.org for login details.

Visit us:

On the web: www.mhr.org

Facebook: www.facebook.com/mhrsf

Instagram: [mhrcatholicssf](https://www.instagram.com/mhrcatholicssf)

Our Parish Community Birthdays

David O'Connor, Jason Pinost, Freddy Chavez, Walter Fernandes, Les Hribar, Joan McNicholl, Brendan Geary, Zachary Das, Allie Sanchez-Thompson, Victor Espinoza, Jenn Liang-Chaboud and Caitlin Greenburg.

SVDP Headline

Not the usual thanks from the St. Vincent de Paul conference.

Friends and supporters at Most Holy Redeemer, we're almost there. This very weird year of semi hibernation is finally ending. Meanwhile the parish's St Vincent de Paul group quietly continues its work. We Vincentian volunteers were privileged to be your hands and feet. We wish this note could give you a hug of thanks from us and the many we assisted on behalf of Most Holy Redeemer.

A typical example: a client called the parish office seeking assistance and 1-2 days later met with two of us, masked in the church garden for this "home visit". This 40ish year old man humbly mentioned that he had never asked for help before but that things were really tough. His restaurant hours had been cut such that he could pay only 70% of his rent. Could we help with the remainder? He lives in a very small apartment so his ask was small for San Francisco. We said yes, obtained the landlord's number, explained that we would verify, pay the landlord directly and let him know when all was done, and we offered him a \$25 food card which he very much appreciated. As usual in these meetings, we closed with a brief prayer. His relief was visible as he wiped the stress from his eyes. Where two or three are gathered in Jesus's name, there He is in their midst. And so it goes.

In a few months we'll summarize the year's work in numbers as always. Despite the pandemic, it will document that 2-3 thousand bag lunches were made and delivered to the St. Vincent de Paul shelter for homeless (with essential and great help from the Wednesday Night Supper friends). It will document dozens of calls, meetings and gestures of assistance, normally a "home visit". It's all possible because a steady 15-20 parishioners periodically lend a bit of their time to serve others. We use the limited resources entrusted to us with care, generosity, and frugality, too. Please know of our heartfelt gratitude to all of you for supporting these efforts.

Mass Intentions

Our Mass celebrants will remember the following intentions during the celebration of the Eucharist:

Saturday, May 15

5pm Robert Dymski †

Sunday, May 16

8am Teresita Lacey

10am Fran & Al Marcial †

Monday, May 17

8am Giuseppe & Angelina Fazio †

Tuesday, May 18

8am Darrel Koelz †

Wednesday, May 19

8am John Milne †

Thursday, May 20

8am Danny Forchione †

Friday, May 21

8am Patricia Hargadon †

Sr. Nadine Hargadon †

Contact the Parish Office at 415-863-6259 to have Mass celebrated for a special intention or sponsor the weekend altar flowers.

Prayer Requests

Jesusa Ayala, Lina Antipeusto, Lamberto & Ino Austria, Beatrix Bell, Brian Carrie, Ruth LaCroix Castilin, Rod Cathcart, Michael Cisneros, Joshua Daigle, Alice Jane Davenport, Vergilio De Leon, Shirley DeWan, Fr. Larry Dowling, Maribel Escobar, Tom Farmer, Marilyn Jean Faulk, Zane Fisher-Paulson, Barbara Frey, Tom Gratiot, Wallace Greene, Florence Kaloquin, Joanna Kennedy, David Kossman, Jim Lonergan, Warren Lubich, Bernie Maddox, Sebastian MacLean, Erineo Maliksi, Fr. Andrew Metcalfe, , David Sanchez, Rosellen Sanna, José Maria Sbresso, Kathy Schroeder, Gregory Dake Schultz, John Schwobeda, Nok Sojka, Christopher Sumner, Randy Tichenal, Christine Lane Tracy, Joseph Vouglas, Ryan Zuniga, †Eva Alegria†, †Michael Sisler†, †August Smith†, †Bill Wright† and †Dr. John Vaillancourt†.

MHR Parish Registration

- New parishioner?
- Birthday, Anniversary, sacraments, milestones?
- Notices and announcements?
- Have you moved?
- *Did we miss your birthday? We are sorry if we did. Let us know when your birthday was, by updating your information with the Parish Office*

Most Holy Redeemer Catholic Church

100 Diamond Street

San Francisco, CA 94114



MOST HOLY REDEEMER PASTORAL TEAM

Fr. Matt Link, C.P.P.S., Pastor
fr matt@mhr.org

MUSIC MINISTRY

Rhonda Smith, Director of Music
musicministry@mhr.org

PARISH OFFICE

Michael Poma, Parish Manager
mpoma@mhr.org

Will Ives, Secretary
secretary@mhr.org

Office Hours: Monday-Friday 9am - 5pm
Closed daily 12:30pm - 1:30pm
Closed Holidays
Phone: 415-863-6259 Fax: 415-552-8786
Visit us on the web: www.mhr.org

FINANCE COUNCIL

finance@mhr.org

Marc Colelli - Chair
Steve Adams
Maureen Flaherty
Mark Okashima
John Solaegui
Diane Trewin

MHR HIV/AIDS Support Group

100 Diamond Street
San Francisco, CA 94114
Phone: 415-863-6259 x 10
Fax: 415-552-8786
Monday-Friday: 9:30am-2pm
www.mhr-asg.com
Peter Toms, HIV/AIDS Support Group
Program Coordinator
pete-asg@mhr.org



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