



Pentecost Sunday
Most Holy Redeemer Catholic Church

May 23, 2021
San Francisco, California

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Current Worship Schedule

Monday - Friday: Daily Mass 8:00AM

Saturday Vigil Mass: 500PM

Sunday Mass: 8:00am & 10:00AM

Livestream Masses at:

www.facebook.com/mhrsf

This Week at Most Holy Redeemer

Daily Mass

8am Monday - Friday

Wednesday, May 26

4pm - 5:30pm Wednesday Supper lunch
 distribution at the church gates.

Saturday, May 29

5pm Vigil Mass

Sunday, May 30

8am & 10am Mass

Monday, May 31

Memorial Day - Parish office closed

Seat reservations are required for all weekend Masses.

Reservations go live each **Thursday morning at 9:30am.**

***Face coverings must be worn and Social and
 Physical Distancing Guidelines must be
 followed at all times, thank you!***

Livestream Masses on our MHR Facebook page:

www.facebook.com/mhrsf

8am Monday, Wednesday & Friday

10am Sunday

Daily Readings: May 24 - 30

- ◇ Monday: Gn. 3:9-15, 20 or Acts 1:12-14, Jn. 19:25-34
- ◇ Tuesday: Sir. 35:1-12, Mk. 10:28-31
- ◇ Wednesday: Sir. 36:1,4-5a, 10-17, Mk. 10:32-45
- ◇ Thursday: Sir. 42:15-25, Mk. 10:46-52
- ◇ Friday: Sir. 44:1, 9-13, Mk. 11:11-26
- ◇ Saturday: Sir. 51:12cd-20, Mk. 11:27-33
- ◇ Sunday: Dt. 4:32-34, 39-40, Rom. 8:14-17, Mt. 28:16-20

Stewardship Week of May 16

5pm -	\$151.00
8am -	\$679.00
10am -	\$803.00
Misc. -	\$803.00
<u>Online Giving -</u>	<u>\$1,022.87</u>
Total -	\$3,485.87
Budgeted -	\$4,000.00

Thank you for your amazing support!

Fr. Matt's Message - Pentecost

Veni Sancte Spiritus!

The disciples were winded, out of breath. Doubt, grief, guilt, a sense of failure, and above all, winded by their own insecurity, their sense of not doing enough, of not getting it right. Breathless and afraid, they locked themselves away. The disciples of Jesus were hiding in fear behind closed and locked doors, shutting out the rest of the hostile world, a world for them full of suspicion and accusation. And then, surprise! Into their isolation Jesus bursts. He sought them out in their weakness, ignoring the locked doors; ignoring their sense of guilt and regret. Yes, he was there; there to speak forgiveness and, above all, to give them the gift of the Spirit: the Spirit of the Second Chance, the Spirit of a love greater than their shame. "A Spirit," as Fr. William Bausch, retired pastor and author says, "that would break down doors and send them out, now as a community of wounded, forgiven healers, to preach the Good News of God's love. Oh, what a beginning, what a Pentecost that was!" Empowered by the loving kindness and forgiveness that Jesus offered, empowered by the gift of the Holy Spirit, they left their hiding places and set out to courageously witness and preach the Good News.

Now I truly believe that people grow when they are given hope and when someone believes in them. Most importantly, people grow and are more likely to reach their potential when they know they are loved. When we know we are loved, miracles can happen. We witness the miracle of human growth and transformation today in the feast of Pentecost, that birth day of the Church. It is the miracle we are called to be a part of in our own homes and in the midst of the various communities to which we belong.

Like the disciples, there are things which can keep us in hiding – fear, doubt, anger, jealousy, an inability to forgive or to seek forgiveness. Jesus simply loved the disciples. He forgave them and helped them to forgive themselves. He breathed on them and said to them, "Receive the Holy Spirit" (John 20:22). In giving them his breath, he helped them and he helps us to catch our breath. In Pentecost, we celebrate the coming of the Holy Spirit to the apostles and to us. We are called to witness and preach and live that Good News today and every day.

As our city, state and country continue doing the work of coming out from our safe places to a place of hoped-for post pandemic world, we are preparing as a parish for our reopening. Our plan to move forward is filled with hope and is quite simple:

Continues:

Library Corner

The library ins now open Sundays after the 8AM and 10 AM Masses. We are featuring books for Asian Pacific American Heritage Month.



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Log on to smile.amazon.com, sign into your Amazon account and search for Most Holy Redeemer Church. Amazon will donate .5% of all eligible purchases you make to Most Holy Redeemer!

Continued:

Reopening Calendar

Sunday, June 6 – open full liturgical schedule with resuming the 6:30 p.m. Sunday Mass.

Sunday, July 4 – “The Best Little Coffee Hour in Christendom” begins in Ellard Hall with beautiful new restrooms and a deep cleaning and refresh of the entire hall.

The dispensation from attending Sunday Mass is still in place if anyone does not yet feel comfortable returning to church. We will continue to livestream the Sunday 10:00 a.m. Mass as well as the weekday Masses on Monday, Wednesday and Friday. We will continue to wear our masks while in the sanctuary and in Ellard Hall unless we are eating or drinking. The Archdiocese has been good at providing protocol for parishes, so we continue to follow their guidelines.

We will notify you by email as well as putting any pertinent information on our parish website, and social media. Thank you for the many ways you continue to support and stay connected to this amazing parish. You are a gift and a blessing. I am so grateful!

Veni Sancte Spiritus! Come Holy Spirit, come! Enkindle in us the fire of your love, and we shall renew the face of the earth!

With love, gratitude, and prayers,
Fr. Matt

Community Life

- **Centering Prayer** is meeting via Zoom on Monday evenings @ 7:00pm. Email centering@mhr.org for login details.

Visit us:

On the web: www.mhr.org

Facebook: www.facebook.com/mhrsf

Instagram: [mhrcatholicssf](https://www.instagram.com/mhrcatholicssf)

Our Parish Community Birthdays

Kevin Fisher-Paulson, Francis Cummings, Gregory Schreiner, David Varela, Maximillian Baccarat, Albert Hill, George Woyames, Doug Wilson, Dominic Taylor, Bob Stevenson, Jr., Leonard Sabalvaro, Bill Jordan, John Williams, Esther Sojka, Joe Klecha and Cyndy Zimmer.

SVDP Headline

Not the usual thanks from the St. Vincent de Paul conference.

Friends and supporters at Most Holy Redeemer, we're almost there. This very weird year of semi hibernation is finally ending. Meanwhile the parish's St Vincent de Paul group quietly continues its work. We Vincentian volunteers were privileged to be your hands and feet. We wish this note could give you a hug of thanks from us and the many we assisted on behalf of Most Holy Redeemer.

A typical example: a client called the parish office seeking assistance and 1-2 days later met with two of us, masked in the church garden for this "home visit". This 40ish year old man humbly mentioned that he had never asked for help before but that things were really tough. His restaurant hours had been cut such that he could pay only 70% of his rent. Could we help with the remainder? He lives in a very small apartment so his ask was small for San Francisco. We said yes, obtained the landlord's number, explained that we would verify, pay the landlord directly and let him know when all was done, and we offered him a \$25 food card which he very much appreciated. As usual in these meetings, we closed with a brief prayer. His relief was visible as he wiped the stress from his eyes. Where two or three are gathered in Jesus's name, there He is in their midst. And so it goes.

In a few months we'll summarize the year's work in numbers as always. Despite the pandemic, it will document that 2-3 thousand bag lunches were made and delivered to the St. Vincent de Paul shelter for homeless (with essential and great help from the Wednesday Night Supper friends). It will document dozens of calls, meetings and gestures of assistance, normally a "home visit". It's all possible because a steady 15-20 parishioners periodically lend a bit of their time to serve others. We use the limited resources entrusted to us with care, generosity, and frugality, too. Please know of our heartfelt gratitude to all of you for supporting these efforts.

Mass Intentions

Our Mass celebrants will remember the following intentions during the celebration of the Eucharist:

Saturday, May 22

5pm Rita Pietroski †

Sunday, May 23

8am Demetrio Saclolo †

10am Richard Fuselier †

Monday, May 24

8am Jheus Bhetjoven Villena (L)

Tuesday, May 25

8am James & Madeline Lonergan †

Wednesday, May 26

8am Herbert A. Dietz †

Thursday, May 27

8am Aaron Malnick (L)

Friday, May 28

8am Jose Laosantos, Jr. (L)

Contact the Parish Office at 415-863-6259 to have Mass celebrated for a special intention or sponsor the weekend altar flowers.

Prayer Requests

Jesusa Ayala, Lina Antipeusto, Lamberto & Ino Austria, Beatrix Bell, Brian Carrie, Ruth LaCroix Castilin, Jim Cathcart, Michael Cisneros, Joshua Daigle, Alice Jane Davenport, Vergilio De Leon, Shirley DeWan, Fr. Larry Dowling, Maribel Escobar, Tom Farmer, Marilyn Jean Faulk, Zane Fisher-Paulson, Barbara Frey, Tom Gratiot, Wallace Greene, Christian Irizarry, Florence Kaloquin, Joanna Kennedy, Christine Kosche, David Kossman, Jim Lonergan, Warren Lubich, Bernie Maddox, Sebastian MacLean, Erineo Maliksi, Fr. Andrew Metcalfe, , David Sanchez, Rosellen Sanna, José Maria Sbresso, Kathy Schroeder, Gregory Dake Schultz, John Schwobeda, Nok Sojka, Christopher Sumner, Randy Tichenal, Christine Lane Tracy, Melissa Trow, Joseph Vouglas, Ryan Zuniga, †Les Hribart †, †Anita Lorek †, †Virginia O'Brient and †Bill Osuna †

MHR Parish Registration

- New parishioner?
- Birthday, Anniversary, sacraments, milestones?
- Notices and announcements?
- Have you moved?
- *Did we miss your birthday? We are sorry if we did. Let us know when your birthday was, by updating your information with the Parish Office*

Most Holy Redeemer Catholic Church

100 Diamond Street

San Francisco, CA 94114



MOST HOLY REDEEMER PASTORAL TEAM

Fr. Matt Link, C.P.P.S., Pastor
fr matt@mhr.org

MUSIC MINISTRY

Rhonda Smith, Director of Music
musicministry@mhr.org

PARISH OFFICE

Michael Poma, Parish Manager
mpoma@mhr.org

Will Ives, Secretary
secretary@mhr.org

Office Hours: Monday-Friday 9am - 5pm
Closed daily 12:30pm - 1:30pm
Closed Holidays
Phone: 415-863-6259 Fax: 415-552-8786
Visit us on the web: www.mhr.org

FINANCE COUNCIL

finance@mhr.org

Marc Colelli - Chair
Steve Adams
Maureen Flaherty
Mark Okashima
John Solaegui
Diane Trewin

MHR HIV/AIDS Support Group

100 Diamond Street
San Francisco, CA 94114
Phone: 415-863-6259 x 10
Fax: 415-552-8786
Monday-Friday: 9:30am-2pm
www.mhr-asg.com
Peter Toms, HIV/AIDS Support Group
Program Coordinator
pete-asg@mhr.org



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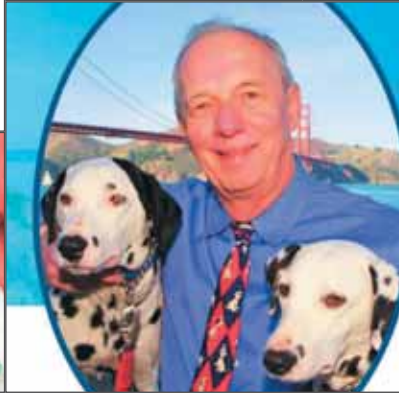
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