

MOST HOLY REDEEMER *Parish*



EIGHTEENTH SUNDAY IN ORDINARY TIME
AUGUST 1, 2021

CURRENT WORSHIP HOURS

Monday - Friday Daily Mass: 8:00am

Saturday Vigil Mass: 5:00pm

Sunday Masses: 8:00am, 10:00am & 6:30pm

Holy Days: 8:00am and 7:00pm

New Years and Thanksgiving Day:
10:00am

RECONCILIATION

Saturday: 3:45pm to 4:30pm

BAPTISM & MARRIAGES

Please contact the Parish Office.
For marriages please call the parish
office six months in advance.

PASTOR

Fr. Matt Link, C.P.P.S.
frmatt@mhr.org

MUSIC MINISTRY

Rhonda Smith, Director of Music
musicministry@mhr.org

PARISH OFFICE

Michael Poma, Parish Manager
mpoma@mhr.org

Will Ives, Secretary
secretary@mhr.org

Office Hours: Monday-Friday 9am - 5pm
Closed daily 12:30pm - 1:30pm
Closed Holidays
Phone: 415-863-6259
Visit us on the web: www.mhr.org

MHR HIV/AIDS Support Group

100 Diamond Street
San Francisco, CA 94114
Phone: 415-863-6259 x10
Fax: 415-552-8786

Peter Toms, Program Coordinator
pete-asg@mhr.org



God's Inclusive Love Proclaimed Here!



Most Holy Redeemer
Catholic Church
100 Diamond Street
San Francisco, California

Current Worship Hours
Daily Mass: M - F 8am
Saturday Vigil Mass: 5pm
Sunday Masses: 8am, 10am & 6:30pm
Holy Days: 8am & 7pm
Reconciliation: Saturdays 3:45pm - 4:30pm

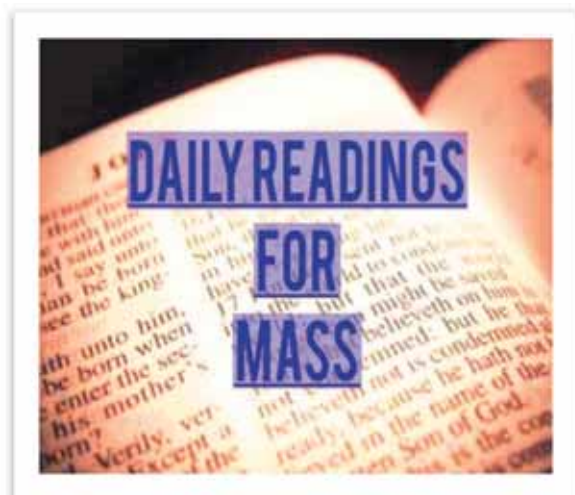


Daily Mass
8am Monday - Friday
Wednesday, August 4
4pm - 5:30pm Wednesday Supper lunch
distribution at the church gates.
Saturday, August 7
5pm Vigil Mass
Sunday, August 8
8am, 10am & 6:30pm Mass
The MHR Library is open after 8am & 10am Masses

Livestream the 10am Sunday Mass
on our MHR Facebook page:
www.facebook.com/mhrsf
*The will be no livestream of daily Mass
the first 2 weeks of August*

August 2nd - 8th, 2021

Monday: Nm. 11:4b-15, Mt. 14:13-21
Tuesday: Nm. 12:1-13, Mt. 14:22-36
Wednesday: Nm. 13:1-2, 25-14:1, 26a-24a, 34-35
Thursday: Nm. 20:1-13, Mt. 16:13-23
Friday: Dn. 7:9-10, 13-14, 2Pt. 1:16-19, Mk. 9:2-20
Saturday: Dt. 6:4-13, Mt. 17:14-20
Sunday: 1Kgs. 19:4-8, Eph. 4:30-5:2, Jn. 6:41-51



Fr. Matt's Message - Week of August 1st, 2021

Whatever happens, we'll stick together ...

If there has ever been a generation that demands proof of existence for everything, it must be ours. With our scientific mindset we think we can define reality by what can be definitively proven in the laboratory. That is unless we don't like the proof. Take, for example the great controversy, fear and doubt around the safety of the Covid-19 vaccines. It seems that we are a generation that doubts everything and demands explanation, and explanation to our liking.

When Moses told the Israelites that the bread and meat were gifts from God showering down on them, they didn't question or doubt. No, they believed and gave thanks to God for that manna from heaven and for the sustenance it provided. As we pour our efforts into achieving good health and comfort, security, safety, and the peace of mind these all can provide, our faith provides us still another way. Our souls thirst for what cannot be seen and our hearts desire what cannot be proven. When a parent reassures their child, "I will stay right here while you go to sleep," they are feeding manna to their child's soul. Their words carry a love and depth of caring that the most advanced gadget or toy can provide. "Whatever happens, we'll stick together," is manna feeding a discouraged or frightened spirit.

Jesus' word today, "I am the bread of life," is God's manna, surpassing the need for study and proof. The proof lies in the fact that something deep within us leaps for joy at these words. At last, food that sustains the human spirit, drink that quenches our thirst for God.

We continue to be a people who do all we can to remain healthy, steadfast and true. We witness to the truth for we believe, as scripture reminds us, that the truth shall set us free.

A friendly reminder from the Archdiocese of San Francisco and the CDC. It is strongly recommended that we continue to wear our masks while indoors. For us this means during Mass, at coffee hour and other gatherings at all times when we are not actively eating or drinking. Get your vaccine or help someone who hasn't yet. We've included several photos of the pop-up mini vaccination clinics we have been able to provide to our Wednesday Night Supper community.

Sr. Kathy and Sr. Katherine wanted me to let you know they were "blown away" by the homecoming they experienced last weekend as they preached our Missionary Co-op Appeal on behalf of their community, Sisters of Notre Dame de Namur. "Thank you for your warm welcome and for your amazing hospitality! We truly felt like we were coming home." And thanks to your generous response to the appeal, our community raised over \$1600 for the work of the Sisters of Notre Dame de Namur. As St. Julie Billiart would say, "Ah! How good is the good God!" And as Sr. Kathy and Sr. Katherine would say, "Steadfast! Strong! United!"

Thank you for all you do!
Have a beautiful week.

With gratitude, love and prayers,

Fr. Matt

I am taking a couple of weeks for vacation and will be away from 8/1 to 8/14. Please know that I pray for you and for our parish family every day.



Our Mass celebrants will remember the following intentions during the celebration of the Eucharist:

Saturday, July 31

5pm Souls in Purgatory

Sunday, August 1

8am Ignatio Austria

10am George & Cecile Hamil-Hardy †

6:30pm MHR Parishioners

Monday, August 2

8am Steven Keller †

Tuesday, August 3

8am Kikuzo Ishikawa †

Wednesday, August 4

8am Xyruz Deza (L)

Thursday, August 5

8am Chieko Ishikawa †

Friday, August 6

Grace Caramanno †

Ernie Golding †

Mass Intentions are celebrated for those to remember a loved one, honor someone on an important date or celebrate a special occasion. To schedule a Mass Intention or sponsor the weekend altar flowers, please call the parish office or email secretary@mhr.org.



Jesusa Ayala, Lena Antipeusto, Olga Barrera, Rudy Baclig, Beatrix Bell, Lauren Beller, Henry Berin, Brian Carrie, Jim Cathcart, Nicholas Chang, Michael Cisneros, Joshua Daigle, Vergilio De Leon, Fr. Larry Dowling, Alex Draffan, Maribel Escobar, Tom Farmer, Brian Fisher-Paulson, Barbara Frey, Richard Gray, Tom Gratiot, Wallace Greene, Joan James, Florence Kaloquin, Joanna Kennedy, Christine Kosche, Vicky LaFrance, Beatrice Lavirotte, Teresita Lacey, Michael Leonard, Jim Lonergan, Rita Ludeman, Warren Lubich, Bernie Maddox, Hugh Mallaney, Armindo Oliveira, Marie Prybylski, Sebastian MacLean, Erineo Maliksi, Gloria Regan, Gregory Dake Schultz, Bob Schmeisser, Nok Sojka, Randy Tichenal, Christine Lane Tracy, Dennis Vouglas, Joseph Vouglas, Ryan Zuniga, †Michael Flanders†, †Charles Fracchia†, †John Marney† and †Stephen Cartmelt†.



COMMUNITY LIFE

Centering Prayer is meeting via Zoom on Monday evenings @ 7:00pm.
Email centering@mhr.org for login details.

Visit us:

On the web: www.mhr.org

Facebook: www.facebook.com/mhrcsf

Instagram: [mhrcatholicssf](https://www.instagram.com/mhrcatholicssf)

An Auto External Defibrillator is located in hallway next to the
Ellard Hall women's restroom.

Our MHR Community blessed our cantor
Alexis and pianist Steve on Sunday
in celebration of their birthdays.



Our Wednesday Night Guests were able to receive Covid-19 vaccines
with help of the City of San Francisco!

photos by Dennis Callahan

The Wednesday Night Suppers Return August 11th!

The Wednesday Suppers will resume full operations on July 11. If you have previously volunteered and would like to continue or if you're interested in becoming a new volunteer, please send an email to us at suppers@mhr.org. Our volunteers generally arrive around 5pm and end around 7pm. We need people to serve meals as well as clean up afterwards. We also need a couple of people to help shop on Wednesday mornings for 2-3 hours starting at 7:30. For this, you need to be able to drive, lift a bit (a sack of potatoes is 50 lbs), and have some knowledge of how a meal is put together, i.e. make substitutions if something on the shopping list is not available. We hope you can join us for this very rewarding ministry.



8/28/2021 • 11:30AM-1:30PM
Annual BBQ & Social

Most Holy Redeemer
100 Diamond Street
MUNI LINES: F, K, L, M, T+, 24, 33, 37

- Food & Drinks
- Conversations
- Dog Treats
- Socks & Sweats
- Toiletries
- Gift Cards

*Sponsored by: Women & Men Religious
of the Archdiocese of San Francisco*

Most Holy Redeemer will once again be hosting this annual event sponsored by the Women and Men Religious of the SF Archdiocese.

Please watch this space as they will need volunteers and supplies. Last year's event was cancelled due to the pandemic and we are excited to once again host this event for our neighbors and guests in need!

Our Mission at Most Holy Redeemer Catholic Church

Most Holy Redeemer Parish is a Roman Catholic Christian Community. The parish draws people from isolation to community, from searching to awakening, from indifference to concern, from selfishness to meaningful service, from fear in the midst of adversity to faith and hope in God.

The community of Most Holy Redeemer shares God's compassionate love with all people. The parish offers a spiritual home to all: senior citizens and youth; single people and families; those who are straight, gay, lesbian, and transgender; the healthy and the sick, particularly persons with HIV.

As a parish community, we celebrate God's loving presence in our lives. In worship and sacrament, especially the Eucharist, we are nurtured and challenged to extend God's kingdom of justice, truth, love and peace by growing in the spirit of Jesus, the Most Holy Redeemer.

“God’s inclusive love proclaimed here!”



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