

# MOST HOLY REDEEMER *Parish*



Sixteenth Sunday in Ordinary Time  
July 24, 2022

### Current Worship Hours

Monday - Friday Daily Mass: 8:00am

Saturday Vigil Mass: 5:00pm

Sunday Masses: 8:00am, 10:00am & 6:30pm

Holy Days: 8:00am and 7:00pm

Thanksgiving Day: 10:00am

### Reconciliation

Saturday: 3:45pm to 4:30pm

### Baptism & Marriages

Please contact the Parish Office.

For marriages please call the parish  
office six months in advance.

### Our Mission at Most Holy Redeemer Catholic Church

Most Holy Redeemer Parish is a Roman Catholic Christian Community. The parish draws people from isolation to community, from searching to awakening, from indifference to concern, from selfishness to meaningful service, from fear in the midst of adversity to faith and hope in God.

The community of Most Holy Redeemer shares God's compassionate love with all people. The parish offers a spiritual home for senior citizens and youth; single people and families; those who are straight, gay, lesbian, and transgender; the healthy and the sick, particularly persons with HIV.

As a parish community, we celebrate God's loving presence in our lives. In worship and sacrament, especially the Eucharist, we are nurtured and challenged to extend God's kingdom of justice, truth, love and peace by growing in the spirit of Jesus, the Most Holy Redeemer.

*God's Inclusive Love Proclaimed Here!*



**MOST HOLY REDEEMER  
CATHOLIC CHURCH**  
100 Diamond Street  
San Francisco, California  
415-863-6259  
[www.mhr.org](http://www.mhr.org)

**CURRENT WORSHIP HOURS**  
Daily Mass: M - F 8am  
Saturday Vigil Mass: 5pm  
Sunday Masses: 8am, 10am & 6:30pm  
Holy Days: 8am & 7pm  
Reconciliation: Saturdays 3:45pm - 4:30pm

**MOST HOLY REDEEMER PASTORAL TEAM**

**Fr. Matt Link, C.P.P.S., Pastor**

[frmatt@mhr.org](mailto:frmatt@mhr.org)

**MUSIC MINISTRY**

**Rhonda Smith, Director of Music**

[musicministry@mhr.org](mailto:musicministry@mhr.org)

**PARISH OFFICE**

**Michael Poma, Parish Manager**

[mpoma@mhr.org](mailto:mpoma@mhr.org)

**Will Ives, Secretary**

[secretary@mhr.org](mailto:secretary@mhr.org)

**PASTORAL COUNCIL**

Simon Fung

Christian Irizarry

Michael Kirkland

Richard Levy

James Lonergan

Trudy Miller

Cyndy Zimmer

**FINANCE COUNCIL**

Marc Colelli - Chair

Steve Adams

Micaela Connery

Stephen McCarthy

John Solaegui

Diane Trewin

**THIS WEEK AT OUR PARISH**

Daily Mass

**Monday - Friday 8:00am**

Monday, July 25

**Centering Prayer 7pm (Church & Zoom)**

Wednesday, July 27

**Wednesday Night Supper: 5pm - 7pm**

Saturday, July 30

**Vigil Mass 5pm**

Sunday, July 31

**Masses: 8am, 10am & 6:30pm**

**Coffee hour after the 8am & 10am Masses**

**FACE COVERINGS ARE HIGHLY RECOMMENDED.**

**Livestream the 10am Sunday Mass**

**on our MHR Facebook page:**

[www.facebook.com/mhrsf](http://www.facebook.com/mhrsf)



**Collection - Week of July 17**

|                        |                   |
|------------------------|-------------------|
| 5pm -                  | \$410.00          |
| 8am -                  | \$250.00          |
| 10am -                 | \$582.00          |
| 6:30pm -               | \$138.00          |
| Misc. -                | \$635.00          |
| <u>Online giving -</u> | <u>\$1,668.11</u> |
| <b>Total -</b>         | <b>\$3,693.11</b> |
| Budgeted -             | \$4500.00         |
| Ukraine Fundraiser -   | \$1536.00         |

**Thank you for your generous support!**



**JULY 25 - 31**

**Monday: 2Cor. 4:7-15, Mt. 20:20-28**

**Tuesday: Jer. 14:17-22, Mt. 13:36-43**

**Wednesday: Jer. 15:10, 16-21, Mt. 13:44-46**

**Thursday: Jer. 18:1-6, Mt. 13:47-53**

**Friday: Jer. 26:1-9, Jn. 11:19-27**

**Saturday: Jer. 26:11-16, 24, Mt. 14:1-12**

**Sunday: Ecc. 1:2, 2:21-23, Col. 3:1-5, 9-11**

**Lk. 12:13-21**



### **We welcome Fr. Aaron Meszaros**

Fr. Aaron Meszaros walked into a second grade classroom at St. Alphonsus School in Brooklyn Center May 26 with a suitcase in one hand and a stuffed chicken in the other. He likes to use props when he talks to kids. He was ordained a Redemptorist priest April 9, 2016 in his hometown of Grand Rapids, and already he has settled on a style of communication he likes to use with children: laughter. It worked. The kids howled with delight as he pulled out the stuffed chicken and led them in a chicken dance. But, there was more to his classroom visit. On the suitcase were placards with words he wanted the students to think about: love, forgiveness, kindness, friendship, joy and peace. They were the same words he had preached about the day before during an all-school Mass. He was stopping by to see if the students had retained what he had taught them the previous day. They had. In between chicken dances, they made short but insightful comments on the words he had brought to them. They also laughed together, and Fr. Aaron continued to break out in laughter as he reflected later on these early experiences of his priesthood.

“It’s a real gift to be present to the students, to bring a little laughter, to walk with them in their journeys,” he said, noting that the humor works both ways. “As much as I want to bring a sense of hope or laughter or a sense of joy to them, they do the same to me.” “It’s mutual,” Fr. Aaron says.

Please welcome Fr. Aaron Meszaros, C.Ss.R., our Missionary Co-op preacher this weekend!

—From the home page of the Redemptorists International ([www.cssr.news](http://www.cssr.news))



*Our Mass celebrants will remember the following intentions during the celebration of the Eucharist:*

**Saturday, July 23**

**5pm Olga Penagos †**

**Sunday, July 24**

**8am**

**10am Christine Humbert (L)**

**6:30pm MHR Parishioners**

**Monday, July 25**

**8am**

**Tuesday, July 26**

**8am**

**Wednesday, July 27**

**8am Ben & Nancy (L)**

**Thursday, July 28**

**8am Rita Ludeman †**

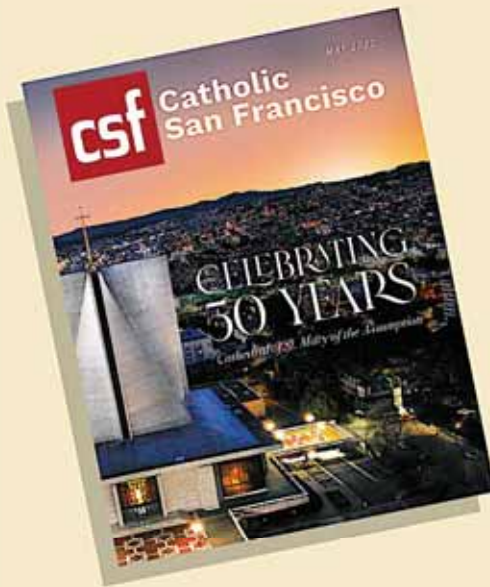
**Friday July 29**

**8am**

**Mass Intentions are celebrated for those to remember a loved one, honor someone on an important date or celebrate a special occasion. To schedule a Mass Intention or sponsor the weekend altar flowers, please call the parish office at 415-863-6259 or email [secretary@mhr.org](mailto:secretary@mhr.org).**



**Jerry Anderson, Bob Barcewski, Joyce Bednarek, Joseph Bielanski, Sr. Juliana Casey, Becky Caylor, Juan & Maria Cobarrubias, Francis Duffy, Tom Farmer, Editha Garcia, Eileen Gayton, Barbara Golding, Wallace Greene, Deborah Hardy, Serge Hubert, Florence Kaloquin, Kenny Kehoe, Joanna Kennedy, Jim & Lisa Kunzer, David Kossman, Fr. Tony LaTorre, Jill Laufenberg, Michael Leonard, Warren Lubich, Bernie Maddox, Nancy McCann, Anna McKenzie, Fr. Andrew Metcalf, Doris Nassal, Maureen O'Sullivan, Bruce Pray, Laura Records, Rose Rodenberger, Bobby Schulte, Bob Schultz, Gregory Dake Schultz, Annie & Nok Sojka, Mary Stevens, Michael Nicholas Taylor, Jim Teddar, Ruth Varela, Joseph & Mary Vouglas, Maureen Vouglas, David Washington, Louis Washington, Anna Weekly, Henry Wu, Larry Wysocki, Fr. William Young, Ryan Zuniga, †Barbara Saitz† and †Rita Ludeman†.**



**A History of the Cathedral** complete with vintage black and white photos of its groundbreaking and construction

**Several congratulatory notes** from parishes and Catholic ministries from across the archdiocese

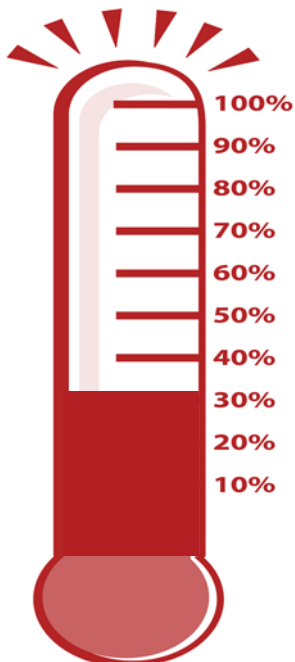
**The Second Vatican Council's** influence on the architecture

**Other uplifting articles** on faith and spirituality

The magazine is released seven to eight times per year and regularly features all the great happenings at the local parishes, schools, and other ministries.

Visit: [www.sfarch.org/catholic-sf-magazine/](http://www.sfarch.org/catholic-sf-magazine/)

**Subscribe to Catholic San Francisco for free!**



**Thank you to all who have contributed so far to the 2022 Archdiocesan Annual Appeal!**

**We have collected \$27, 405:**

**54% of our goal of \$50,461!**

You can make a one-time donation or set up recurring donations at [www.mhr.org](http://www.mhr.org) by clicking on the donation button or by using the pamphlets located in the pews or the church entrance.

**Thank you for your amazing support!**



# COMMUNITY LIFE

Visit us:

On the web: [www.mhr.org](http://www.mhr.org)

Facebook: [www.facebook.com/mhrsf](https://www.facebook.com/mhrsf)

Instagram: [mhrcatholicsf](https://www.instagram.com/mhrcatholicsf)

**Save the Date: Most Holy Redeemer Parish Retreat - Saturday, August 13, 9am - 5pm. Details to come.**

**Centering Prayer is meeting both in the church and via Zoom on Monday evenings @ 7:00pm.**

**Email [centering@mhr.org](mailto:centering@mhr.org) for Zoom login details.**

**Bible Study on upcoming Sunday readings meets via Zoom on Tuesday evenings at 7pm.**

**Email [biblestudy@mhr.org](mailto:biblestudy@mhr.org) for login and for more information.**

**Young Adults Meeting: New Time! 1st & 3rd Wednesdays at 7:00pm.**

**Email [yag@mhr.org](mailto:yag@mhr.org) for info.**

**An Auto External Defibrillator is located in hallway next to the Ellard Hall women's restroom.**



We are once again looking for fully vaccinated volunteers to visit and/or help our fully vaccinated clients. If you are interested in volunteering, please call the rectory (415-863-6259).



## **VOLUNTEERS NEEDED!**

Friendship Line, the warmline devoted to those 60+ years of age, is looking for volunteers. If you're interested, contact **Jaime Iñiguez** at 415-748-9409 or [jiniguez@ioaging.org](mailto:jiniguez@ioaging.org).

## **OUR PARISH COMMUNITY BIRTHDAYS**

**Richard Hardy, Zel Guerrero, Richard Fraumeni,  
John Sedlander, Connor Santo-Stevenson, Amy Miller,  
Lily Boucher, Fred Siegel, Christine Kosche,  
Kenneth Mills, Mary Henry, P.D. Colfer, Thomas Miles  
and Fernando Dehlinger**

## 2022 Parish Retreat



Saturday,  
August 13, 2022  
9:30 AM—6:00 PM  
Ellard Hall  
(ends after 5:00 PM Vigil Mass)

## A Future Full of Hope

*For I know well the plans  
I have in mind for you, says the Lord,  
plans for your welfare, not for woe,  
plans to give you a future full of hope.*

Jeremiah 29, 11

---

Registration after masses the  
weekend of July 17 & 24 or  
E-mail: [retreats@mhr.org](mailto:retreats@mhr.org)

Cost: \$35.00/person  
(includes box lunch & refreshments)

Don't wait as space is limited.

---

Most Holy Redeemer Catholic Church  
100 Diamond Street @ 18th  
San Francisco, CA 94114  
(415) 863 6295 | [mhr.org](http://mhr.org)



*God's inclusive love proclaimed here!*

### Presenter: Fr. Joe Nassal, C.P.P.S.

Our retreat this year will offer us an opportunity to gather as a parish family to recharge, renew and refresh ourselves in our faith as we look forward to "a future full of hope". After two and a half years of living through the pandemic and a world divided on so many levels, we seek a fresh start, a new beginning. We are guided by our belief that God has plans for us that will spark hope in our hearts. Where do we look for his hope today? How do we nurture hope in ourselves and in one another? How do we experience it at Most Holy Redeemer?



Joe Nassal, C.P.P.S. is the author of eight books including *The Conspiracy of Compassion*, *Rest Stops for the Soul*, *Premeditated Mercy*, *Moments of Truth*, and *Stations of the Crib*. A missionary of the Precious Blood, he has been engaged in retreat, renewal and reconciliation ministry since 1988. He was involved in establishing the Precious Blood Ministry of Reconciliation on the south side of Chicago. Ordained in 1982, Fr. Joe has served in parish, justice and peace ministry and in formation, vocation and leadership for his religious community. He presently serves on the leadership team for the United States Province as assistant provincial director and lives in Berkeley, CA.



### John Solaegui | Broker Associate

Dedicated to helping you find your place in this world.

HavenGroupSF.com

John Solaegui - (say it like So-Leggy)

DRE 01398160

415.999.0673

John@HavenGroupSF.com



Dr. Kathleen Kennedy  
Optometrist

- Eye Examinations
- Contact Lenses
- Distinctive Eyewear

552 Castro  
(415) 626-0858

www.fyeocastro.com

## Get this weekly bulletin delivered by email - for FREE!



Sign up here:

[www.jspaluch.com/subscribe](http://www.jspaluch.com/subscribe)

Courtesy of J.S. Paluch Company, Inc.



## JIM LAUFENBERG

BROKER ASSOCIATE, CRS, GRI  
YOUR SAN FRANCISCO REALTOR®

INTEGRITY • CUSTOMER SERVICE • EXPERIENCE

### 415-269-4997

jim@sf-realty.com

www.sf-realty.com

DRE#01201131



Take your FAITH ON A JOURNEY.  
(CST 2117990-70)

**Catholic Cruises and Tours**  
and The Apostleship of the Sea of the United States of America

Catholic Cruises/Tours to Worldwide Destinations  
Call us today at 860-399-1785 or email [eileen@CatholicCruisesandTours.com](mailto:eileen@CatholicCruisesandTours.com)  
[www.CatholicCruisesandTours.com](http://www.CatholicCruisesandTours.com)

### Protecting Seniors Nationwide

24SEVEN Medical Alert System

**\$29.95/MO. billed quarterly**

- One Free Month
- No Long-Term Contract
- Price Guarantee
- Easy Self Installation

Call Today! Toll Free 1.877.801.8608

## Life Matters

For more information go to [www.usccb.org/respectlife](http://www.usccb.org/respectlife)

## See Your Ad in COLOR

Call J.S. Paluch Today!  
**1.800.231.0805**

### If You Live Alone You Need MDMedAlert!

✓Ambulance 24 Hour Protection at HOME and AWAY!  
✓Police ✓Fire FREE Shipping  
✓Friends/Family FREE Activation  
NO Long Term Contracts **\$19.95** a month

Solutions as Low as

CALL NOW! **800.809.3352**

**MDMedAlert**  
Safe-Guarding America's Seniors Nationwide!

This Button SAVES Lives!  
As Shown GPS, Lowest Price Guaranteed!

GPS Tracking w/Fall Detection  
Nationwide, No Land Line Needed  
EASY Set-up, NO Contract  
24/7 365 Monitoring in the USA

Grow Your Business, Advertise Here.  
Support Your Church & Bulletin.  
Free professional ad design & my help!

email: [RushT@jspaluch.com](mailto:RushT@jspaluch.com) [www.jspaluch.com](http://www.jspaluch.com)

**Call Traci Rush**  
**925.239.1401**

### ONE PARISH

Grow in your faith, find a Mass, and connect with your Catholic Community with OneParish!

Download Our Free App or Visit [www.MY.ONEPARISH.com](http://www.MY.ONEPARISH.com)

**FINDaPARISH.com**

**The Most Complete Online National Directory of Catholic Parishes**

**Check It Out Today!**

**catholicmatch<sup>®</sup> California**

[CatholicMatch.com/myCA](http://CatholicMatch.com/myCA)