

# MOST HOLY REDEEMER *Parish*



Second Sunday in Ordinary Time  
January 15, 2023

### Current Worship Hours

Monday - Friday Daily Mass: 8:00am

Saturday Vigil Mass: 5:00pm

Sunday Masses: 8:00am, 10:00am & 6:30pm

Holy Days: 8:00am and 7:00pm

Thanksgiving Day: 10:00am

### Reconciliation

Saturday: 3:45pm to 4:30pm

### Baptism & Marriages

Please contact the Parish Office.

For marriages please call the parish  
office six months in advance.

### **Our Mission at Most Holy Redeemer Catholic Church**

Most Holy Redeemer Parish is a Roman Catholic Christian Community. The parish draws people from isolation to community, from searching to awakening, from indifference to concern, from selfishness to meaningful service, from fear in the midst of adversity to faith and hope in God.

The community of Most Holy Redeemer shares God's compassionate love with all people. The parish offers a spiritual home for senior citizens and youth; single people and families; those who are straight, gay, lesbian, and transgender; the healthy and the sick, particularly persons with HIV.

As a parish community, we celebrate God's loving presence in our lives. In worship and sacrament, especially the Eucharist, we are nurtured and challenged to extend God's kingdom of justice, truth, love and peace by growing in the spirit of Jesus, the Most Holy Redeemer.

*God's Inclusive Love Proclaimed Here!*



**MOST HOLY REDEEMER  
CATHOLIC CHURCH**  
100 Diamond Street  
San Francisco, California  
415-863-6259  
[www.mhr.org](http://www.mhr.org)

**CURRENT WORSHIP HOURS**

Daily Mass: M - F 8am  
Saturday Vigil Mass: 5pm  
Sunday Masses: 8am, 10am & 6:30pm  
Holy Days: 8am & 7pm  
Reconciliation: Saturdays 3:45pm - 4:30pm

**Fr. Matt Link, C.P.P.S., Pastor**

[frmatt@mhr.org](mailto:frmatt@mhr.org)

**MUSIC MINISTRY**

[musicministry@mhr.org](mailto:musicministry@mhr.org)

**PARISH OFFICE**

**Michael Poma, Parish Manager**

[mpoma@mhr.org](mailto:mpoma@mhr.org)

**Will Ives, Secretary**

[secretary@mhr.org](mailto:secretary@mhr.org)

**PASTORAL COUNCIL**

Simon Fung  
Christian Irizarry  
Michael Kirkland  
Richard Levy  
James Lonergan  
Trudy Miller  
Cyndy Zimmer

**FINANCE COUNCIL**

Marc Colelli - Chair  
Steve Adams  
Micaela Connery  
Stephen McCarthy  
John Solaegui  
Diane Trewin

**LITURGY COMMITTEE**

John Michael Reyes, Chair  
Hugo Gonzalez  
Jacque Grillo  
Pablo McLachlan  
Sr. Marilyn Morgan  
Curtis Murray  
Steve Snelling

**THIS WEEK AT OUR PARISH**

Daily Mass

**Monday - Friday 8:00am**

Monday, January 16, 2023

**MLK Holiday - Parish Office Closed**

**Centering Prayer 7pm (Zoom)**

Wednesday, January 18, 2023

**Wednesday Night Suppers 1pm - 7pm**

Saturday, January 21, 2023

**Vigil Mass 5pm**

Sunday January 22, 2023

**Masses 8am, 10am & 6:30pm**

Join us for Coffee Hour after the 8am & 10am Masses

**FACE COVERINGS ARE RECOMMENDED.**

**Livestream the 10am Sunday Mass**

**on our MHR Facebook page:**

[www.facebook.com/mhrsf](http://www.facebook.com/mhrsf)



**Collection - Weekend of January 8, 2023**

|                        |                   |
|------------------------|-------------------|
| 5pm -                  | \$161.00          |
| 8am -                  | \$519.00          |
| 10am -                 | \$1,195.00        |
| 6:30pm -               | \$187.00          |
| Misc. -                | \$105.00          |
| <b>Online Giving -</b> | <b>\$2432.00</b>  |
| <b>Total -</b>         | <b>\$4599.00</b>  |
| <b>Budgeted -</b>      | <b>\$4,500.00</b> |
| <b>ASG -</b>           | <b>\$1,390.00</b> |

**Thank you for your amazing support!**



**JANUARY 16 - 22**

**Monday: Heb. 5:1-10, Mk. 2:18-22**

**Tuesday: Heb. 6:10-20, Mk. 2:23-28**

**Wednesday: Heb. 7:1-3, 15-17, Mk. 3:1-6**

**Thursday: Heb. 7:25-8:6, Mk. 3:7-12**

**Friday: Heb. 8:6-13, Mk. 3:13-19**

**Saturday: Heb. 9:2-3, 11-14, Mk. 3:20-21**

**Sunday: Is. 8:23-9:3, 1Cor. 1:1-13, 17, Mt. 4:12-23  
or 4:12-17**

## Second Sunday in Ordinary Time

Have you ever glimpsed pure goodness in another person? Sometimes we see it as we gaze on a baby — goodness, innocence and seemingly limitless potential. On rarer occasions, we get caught up in a similar perception of a young person or an adult. Some people seem to exude peace and integrity. They are a blessing to be around. That must be what John the Baptist perceived in Jesus: a person whose very being illustrated holiness.

Who was John that he could recognize Jesus for who he was? According to Luke, John was a new Isaac, a son of the promise born to an aged couple. Today's liturgy suggests that he identified with the servant Isaiah described: called from the time of his conception to be a light to his people. All the Gospels depict John as a conscious forerunner to the Christ. Never claiming to be a messiah, he preached to prepare the way, probably never guessing how different Jesus' preaching would be from his own.

Surprisingly, the Baptist's essential characteristic, at least as he appears in the Gospel of John, is his humility. The rousing prophet, the desert ascetic who invented the baptismal ritual that continues to our own day, proclaimed that the unknown one to come after him ranked ahead of him. Although John's Gospel avoids admitting that Jesus submitted to baptism, the Baptist testifies that he saw the Spirit come down upon Jesus at the moment the other Gospels describe as the baptism.

Although he was not a disciple, John gets a more detailed and personal description than the Gospels give any other character except Jesus himself. Historically, John was probably as well known as Jesus and his following rivaled that of Jesus. But, with all that John accomplished, his greatest Gospel witness came through his saying that he was not "the one." The picture we get of John is that he not only had enough faith to believe in his own unique and crucial vocation, but enough to see beyond his own call, talents and insights.

If there were one phrase that could sum up John's essential message, it might be our Muslim friends' cry, "*Allahu Akbar*" ("God is greater"). With all his accomplishments, with everything he saw around him, be it the might of Rome or the uncountable stars in the sky, John lived and breathed an attitude of "*Allahu Akbar*."

That is the attitude that allowed John to recognize Jesus. With a profound grasp of his own prophetic vocation, John recognized something greater in Jesus, something that reflected more of God and more of God's promised future. Thus, John uttered those mystery-filled words we repeat in each Eucharist, "Behold the Lamb of God who takes away the sin of the world." The grace that impelled John in his vocation led him to recognize the grace that filled Jesus.

What did John mean by calling Jesus, "Lamb of God"? Was he referring to the lamb that replaced Isaac in Abraham's sacrifice? The lamb of Exodus whose blood saved the people from destruction? The lamb of atonement sacrifice that restored the people's broken relationship with God? To the apocalyptic lamb whose death brought life? The servant of God who went to death like a lamb to the slaughter?

The simplest answer is, yes. John called Jesus the lamb and the son of God. John saw Jesus and could only say, "*Allahu Akbar*."

The Gospels tell us about John so we may learn from him and to see ourselves in him. Like John, we have been called from birth. The mystery of our lives is that we are created in the divine image and called to become images of the divine. That's what Paul means when he says we have been sanctified and are called to be holy. John could recognize Jesus and say "*Allahu Akbar*" because he too shared the divine life: like knew like. We too know our moments of crying out "*Allahu Akbar*" because what we see in others and in creation reminds us of both God's unfathomable greatness and God's intimate love — a love that dwells in us as well.

John comes to us today inviting us into his own attitude of humble wonderment. First, listening to Isaiah like he did, we remember that we are created in the divine image and that sharing divine life is the reason for our being. Then, lest we ever settle for less or even just settle, John shows us how to open ourselves to the wonder of the God who is greater than we can imagine. As we begin "Ordinary Time," John invites us to learn over and over to recognize Christ for who he is and what he offers. Then we too will cry out "*Allahu Akbar*" in any and every language we speak.

—Sr. Mary M. McGlone. NCR



*Our Mass celebrants will remember the following intentions during the celebration of the Eucharist:*

**Saturday, January 14**

**5pm Christel Joras †**

**Sunday, January 15**

**8am Maddie Bonfin †**

**10am George G. Hauxhurst †**

**6:30pm MHR Parishioners**

**Monday, January 16**

**8am**

**Tuesday, January 17**

**8am Theresa Bissen (L)**

**Wednesday, January 18**

**8am Wednesday Night Suppers**

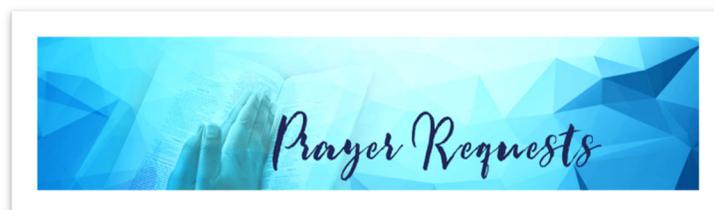
**Thursday, January 19**

**8am Ryan Zuniga (L)**

**Friday, January 20**

**8am Jose Evans Laosantos (L)**

Mass Intentions are celebrated for those to remember a loved one, honor someone on an important date or celebrate a special occasion. To schedule a Mass Intention or sponsor the weekend altar flowers, please call the parish office at 415-863-6259 or email [secretary@mhr.org](mailto:secretary@mhr.org).



Ted Alden, Jerry Anderson, Nick Andrade, Ino Austria, Rodolfo Cruz Baclig, Bob Barcewski, Joseph Bielanski, Christine Burns, Anna Bycholski, Becky Caylor, Earl Chan, Heather Combs, Dean Curtis, Joseph D'Amato, David Gaitan, Eileen Gayton, Monica Grace, Wallace Greene, Serge Hubert, Liz Kovack, David Kossman, David Lamdin, Doug Lawrence, Jill Laufenberg, Michael Leonard, David Magna, Ronald & Sharon Martinkus, Edgar Matthews, Carol Moilan, Ben Montoya, Lou Montoya, Cliff Morrison, Michael Motherway, Doris Nassal, John Notor, Nadia O'Donnell, Jeremy Nickel, Beatriz Perez, Lloyd Oksen, Maureen O'Sullivan, Lorena Santos, Bobby Schulte, Bob Schultz, Gregory Dake Schultz, Annie & Nok Sojka, Mary Stevens, Jim Stockholm, Ruth Varela, Joseph & Mary Vouglas, Maureen Vouglas, Stephen Wakefield, Dan Wandres, Ryan Zuniga, †Roy Klein†, †Bert Sousa† and Donald Dzurilla†.



COMMUNITY  
LIFE

Visit us:

On the web: [www.mhr.org](http://www.mhr.org)

Facebook: [www.facebook.com/mhrsf](https://www.facebook.com/mhrsf)

Instagram: [mhrcatholicsf](https://www.instagram.com/mhrcatholicsf)

Centering Prayer is meeting via Zoom on Monday evenings @ 7:00pm.  
Email [centering@mhr.org](mailto:centering@mhr.org) for Zoom login details.

Bible Study on upcoming Sunday readings meets via Zoom on Tuesday evenings at 7pm.  
Email [biblestudy@mhr.org](mailto:biblestudy@mhr.org) for login and for more information.

Young Adults Group: Meetings are on hiatus. Email [yag@mhr.org](mailto:yag@mhr.org) for info.

Christian Healing Prayer Group: Please join us on the first Thursday of each month at 2pm in the Church. Email [markwbass@yahoo.com](mailto:markwbass@yahoo.com) for information.

**An Auto External Defibrillator is located in hallway next to the women's restroom in Ellard Hall.**



### Most Holy Redeemer HIV/AIDS Support Group

Castro Street Fair: As a result of all of you who volunteered for the Support Group at the Fair last October and the hours that you put in, the AIDS Support Group has received a very generous donation of \$2,135.70 from the Fair committee.

Thank you very much!!

HAPPY  
BIRTHDAY

### OUR PARISH COMMUNITY BIRTHDAYS

**Marcela Ochoa, Kathi Knapp, James Donaher,  
Barbara Squeri, Ron Gundrum, Jean Santos, Bethany Rogers,  
Ian McNicholl, Jett Manchester, Elizabeth Fahlgren, Chris Valle,  
David Lloyd, Brian Bromberger, Jose Duran and Bayinaah Jones.**

# the MHR St. Vincent de Paul + See's Conference CANDIES

**Valentine's Day See's Candy Yum Fundraiser**, for our St. Vincent de Paul Conference to further strengthen our presence to follow Christ through service to those in need and to bear witness to His compassionate and liberating love.

Visit <https://tinyurl.com/29nmf65a> until 11:59 pm, January 27th to ensure delivery for Valentine's Day !!



**Pick up your  
2023 Calendars  
in the Church Entrance.  
We still have lots!**



Centering Prayer

## Centering Prayer & the Practice of Forgiveness

*"Forgiveness is the name of love in a wounded world."*

Henri Nouwen

### Speaker: Catherine Regan, Ph.D.

How many times have we heard or spoken the word "forgiveness"— in sermons, scriptures, inner promptings, prayers? We all have had countless opportunities to forgive our families, friends, co-workers, strangers, government, church, and ourselves. And yet how many times have our hearts been genuinely touched? Being honest with ourselves, have we been willing to forgive in some situations? Even with the best intentions, have we always been able to find access to our capacity to forgive?

There is so much more to forgiveness than we have yet discovered. Let us join together for a morning of contemplative reflection and dialogue on Jesus' words and a Buddhist forgiveness meditation on offering and receiving forgiveness.



**Catherine Regan, Ph.D.** is a spiritual director, retired psychologist, and longtime adjunct staff member at Mercy Center, Burlingame. She primarily serves on the Centering Prayer team, and is dedicated to the reclaiming of the Christian Wisdom Tradition and the contemplative practices so urgently needed at this time in our world.

Saturday,  
January 21, 2023  
10 AM —12:30 PM  
Ellard Hall  
(In-person event)

E-mail: [centering@mhr.org](mailto:centering@mhr.org)  
to register (name & e-mail  
address).

Most Holy Redeemer Catholic Church  
100 Diamond Street @ 18th  
San Francisco, CA 94114  
(415) 863 6295 | [mhr.org](http://mhr.org)



*God's inclusive love proclaimed here!*



## John Solaegui | Haven Group Real Estate Team at Compass

We offer:

- Laser focus on your goals
- Community connections
- Strong negotiating skills
- Solid marketing plan
- Resources for every home need



COMPASS

**John Solaegui** (say it like So-Leggy)

DRE 01398160

**415.999.0673 • John@HavenGroupSF.com**



Read More Here

## Please Patronize

The Sponsors Who Appear On This Bulletin. It Is Through Their Support That This Bulletin Is Made Possible.  
Business Owners Interested In Advertising Please Call

**J.S. Paluch**

**1-800-231-0805**

## ONE PARISH

Grow in your faith, find a Mass, and connect with your Catholic Community with OneParish!



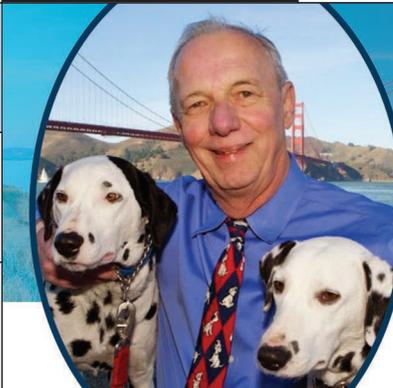
Download Our Free App or Visit

<https://www.oneparish.com>

**FINDaPARISH.com**

Check It Out Today!

*The Most Complete  
Online National  
Directory of  
Catholic Parishes*



## JIM LAUFENBERG

BROKER ASSOCIATE, CRS, GRI  
YOUR SAN FRANCISCO REALTOR®

INTEGRITY • CUSTOMER SERVICE • EXPERIENCE

**415-269-4997**

[jim@sf-realty.com](mailto:jim@sf-realty.com)

[www.sf-realty.com](http://www.sf-realty.com)

DRE#01201131



Please Cut Out This "Thank You Ad" and Present It The Next Time You Patronize One of Our Advertisers

# Thank You

Thank you for advertising in our church bulletin. I am patronizing your business because of it!

## If You Live Alone You Need MDMedAlert!

**24 Hour Protection at HOME and AWAY!**

✓ Ambulance    Solutions as Low as **\$19.95** a month  
 ✓ Police    ✓ Fire    FREE Shipping  
 ✓ Friends/Family    FREE Activation  
 NO Long Term Contracts

**CALL NOW! 800.809.3352**

**MDMedAlert**  
Safe-Guarding America's Seniors Nationwide!

GPS Tracking w/Fall Detection  
Nationwide, No Land Line Needed  
EASY Set-up, NO Contract  
24/7 365 Monitoring in the USA

This Button SAVES Lives! As Shown GPS. Lowest Price Guaranteed!

"I have peace of mind... Mom remains independent."

Catholic Cruises and Tours and The Apostleship of the Sea of the United States of America  
Take your **FAITH ON A JOURNEY.**  
Call us today at **860-399-1785** or email [eileen@CatholicCruisesandTours.com](mailto:eileen@CatholicCruisesandTours.com)  
[www.CatholicCruisesandTours.com](http://www.CatholicCruisesandTours.com)

Protecting **Seniors**  
Nationwide



Medical Alert System

**\$29.95/Mo.** billed quarterly

- One Free Month
- No Long-Term Contract
- Price Guarantee
- Easy Self Installation



Call Today! Toll Free **1.877.801.8608**

**catholicmatch®**  
California



[CatholicMatch.com/myCA](http://CatholicMatch.com/myCA)