

MOST HOLY REDEEMER

Parish



Third Sunday in Ordinary Time
January 22, 2023

Current Worship Hours

Monday - Friday Daily Mass: 8:00am

Saturday Vigil Mass: 5:00pm

Sunday Masses: 8:00am, 10:00am & 6:30pm

Holy Days: 8:00am and 7:00pm

Thanksgiving Day: 10:00am

Reconciliation

Saturday: 3:45pm to 4:30pm

Baptism & Marriages

Please contact the Parish Office.

For marriages please call the parish office six months in advance.

Our Mission at Most Holy Redeemer Catholic Church

Most Holy Redeemer Parish is a Roman Catholic Christian Community. The parish draws people from isolation to community, from searching to awakening, from indifference to concern, from selfishness to meaningful service, from fear in the midst of adversity to faith and hope in God.

The community of Most Holy Redeemer shares God's compassionate love with all people. The parish offers a spiritual home for senior citizens and youth; single people and families; those who are straight, gay, lesbian, and transgender; the healthy and the sick, particularly persons with HIV.

As a parish community, we celebrate God's loving presence in our lives. In worship and sacrament, especially the Eucharist, we are nurtured and challenged to extend God's kingdom of justice, truth, love and peace by growing in the spirit of Jesus, the Most Holy Redeemer.

God's Inclusive Love Proclaimed Here!



**MOST HOLY REDEEMER
CATHOLIC CHURCH**
100 Diamond Street
San Francisco, California
415-863-6259
www.mhr.org

Fr. Matt Link, C.P.P.S., Pastor

frmatt@mhr.org

MUSIC MINISTRY

musicministry@mhr.org

PARISH OFFICE

Michael Poma, Parish Manager

mpoma@mhr.org

Will Ives, Secretary

secretary@mhr.org

PASTORAL COUNCIL

Simon Fung

Christian Irizarry

Michael Kirkland

Richard Levy

James Lonergan

Trudy Miller

Cyndy Zimmer

LITURGY COMMITTEE

John Michael Reyes, Chair

Hugo Gonzalez

Jacque Grillo

Pablo McLachlan

Sr. Marilyn Morgan

Curtis Murray

Steve Snelling

FINANCE COUNCIL

Marc Colelli - Chair

Steve Adams

Micaela Connery

Stephen McCarthy

John Solaegui

Diane Trewin

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THIS WEEK AT OUR PARISH

Daily Mass

Monday - Friday 8:00am

Monday, January 23, 2023

Centering Prayer 7pm (Zoom)

Wednesday, January 25, 2023

Wednesday Night Suppers 1pm - 7pm

Saturday, January 28, 2023

Vigil Mass 5pm

Sunday January 29, 2023

Masses 8am, 10am & 6:30pm

Join us for Coffee Hour after the 8am & 10am Masses

FACE COVERINGS ARE RECOMMENDED.

Livestream the 10am Sunday Mass

on our MHR Facebook page:

www.facebook.com/mhrstf



Collection - Weekend of January 15, 2023

5pm -	\$319.00
8am -	\$469.00
10am -	\$1,041.00
6:30pm -	\$161.00
Misc. -	\$845.00
Online Giving -	\$949.00
Total -	\$4,084.00
Budgeted -	\$4,500.00

Thank you for your generosity!



JANUARY 23 - 29

Monday: Heb. 9:15, 24-28, Mk. 3:22-30

Tuesday: Heb. 10:1-10, Mk. 3:31-35

Wednesday: Acts 22:3-16 or 9:1-22, Mk. 16:15-18

Thursday: 2Tm. 1:1-8 or Ti. 1:1-5, Mk. 4:21-25

Friday: Heb. 10:32-39, Mk. 4:26-34

Saturday: Heb. 11:1-2, 8-19, Mk. 4:35-41

Sunday: Zep. 2:3, 3:12-13, 1Cor. 1:26-31,

Mk. 5:1-12a

Third Sunday in Ordinary Time

"The people who walked in darkness have seen a great light!" I bet you thought the Christmas season was over. According to some, it ended on Jan. 6. Others opt for a 40-day Christmas season, lasting until Feb. 2, the feast of the Presentation of the Lord. Matthew's Gospel, which ends with Christ's promise to be with us always, reminds us that all time is now Emmanuel time.

With today's Gospel, we begin our contemplation of Jesus' mission from the perspective of Matthew and his community. Matthew wrote for Jewish Christians who were coming to grips with the implications of the destruction of the Temple. They realized that sacrifice could no longer be the centerpiece of their worship or their sacrament of union with God. They had to discern how Jesus and his message fit with the way God had led them through history. As they were moving through a terrible, painful, yet potential-filled time of transition, Matthew tried to help them understand how Jesus embodied their past and God's plan for their future.

According to Matthew, after Jesus' time of discernment in the desert, he learned that John the Baptist had been arrested. With that, he left Nazareth to reside in Capernaum, a fishing village by the Sea of Galilee, a detail that Matthew recorded to connect Jesus to Isaiah's prophecies. Matthew described Jesus as a prophet on the move, the one foretold and whose life would be in danger from the beginning of his ministry. Matthew depicts Jesus as preaching an exceedingly simple message: "Repent, for the kingdom of heaven is at hand." Exceedingly simple and extremely comprehensive.

While underlining how Jesus fulfilled ancient scriptural promises, Matthew described his proclamation that the fullness of time had dawned, that God's hopes for the world were in the process of coming to completion. Believing in that message would necessarily usher people into a process of metanoia (repentance), a thorough, astonishing reorientation of belief, thinking and action. (Wikipedia describes metanoia as nothing less than "a psychotic 'breakdown' and subsequent, positive psychological rebuilding or 'healing.'")

As Matthew sets up the story, Jesus preached his simple, radical message as he walked along the seashore, the symbolic space where two vastly different realities touch and define one another. There, after preaching a general invitation to metanoia, Jesus turned to specific people, inviting them to bet their lives on the good news he was announcing.

As we hear this story, we can note two things of great importance. First, after his time of tempting in the desert, Jesus showed no intention of carrying out his mission alone. There are few leaders in history whose followers are remembered as well as the original followers of Jesus. Perhaps this is because, like God who created humanity in the divine image and capable of participating in divine life, Jesus had no plan to be a messiah over people, but rather a force for salvation with and among them. As we know from the Gospels, he shared not only his message and his power, but even promised his disciples that they would do greater things than he did (John 14:12).

A second key element of this story is the response of the four disciples — the models for all who would follow in their stead. We are told that upon hearing the invitation, they took him up on it with all the abandon and enthusiasm of people who are falling in love. Long before they understood the implications of joining his crowd, they experienced a metanoia that others might have viewed as psychotic (or some similar first-century diagnosis).

We can be sure that some of their family and friends tried to talk sense into them, citing the fact that Jesus was a dreamer with no powerful backing and that his reputation and message were too close to John the Baptist for anyone's comfort or safety. Such arguments failed to sway them. Like everyone who moves beyond infatuation and commits to lifelong loving, Jesus' followers had much to learn as they fleshed out their vocation to be bearers of the good news. While metanoia may begin in a moment of crashing insight, it must be integrated into all the dimensions of one's life.

Today, we are invited to remember our moments of metanoia and reflect on how we have integrated them into the project of our lives. By no means is everyone called to leave behind their metaphorical nets and travel as apostolic disciples. Nevertheless, Emmanuel calls all who bear the name Christian to so believe that the reign of God is among us that we center our lives publicly around that astounding truth. Then, people who walk in darkness will see a great light.

—Sr. Mary M McGlone, National Catholic Reporter Contributor



Mass Intentions FOR THE WEEK

*Our Mass celebrants will remember the following intentions
during the celebration of the Eucharist:*

Saturday, January 21

5pm

Sunday, January 22

8am

10am Maddie Bonpin †

6:30pm MHR Parishioners

Monday, January 23

8am

Tuesday, January 24

8am Bjay Divinagracia (L)

Wednesday, January 25

8am Wednesday Night Suppers

Thursday, January 26

8am

Friday, January 27

8am

Mass Intentions are celebrated for those to remember a loved one, honor someone on an important date or celebrate a special occasion. To schedule a Mass Intention or sponsor the weekend altar flowers, please call the parish office at 415-863-6259 or email secretary@mhr.org.



Prayer Requests

Ted Alden, Jerry Anderson, Nick Andrade, Ino Austria, Emmerson Chin, Rodolfo Cruz Balig, Bob Barcewski, Joseph Bielanski, Christine Burns, Anna Bycholski, Becky Caylor, Earl Chan, Heather Combs, Dean Curtis, Joseph D'Amato, Doreen Faiello, Carol Fertudo, Eileen Gayton, Mary Geracimos, Monica Grace, Wallace Greene, Marcia Groskin, Michael Hardy, Serge Hubert, Liz Kovack, David Kossman, Doug Lawrence, Jill Laufenberg, Michael Leonard, David Magna, Ronald & Sharon Martinkus, Edgar Matthews, Carol Moilan, Ben Montoya, Lou Montoya, Cliff Morrison, Michael Motherway, Doris Nassal, John Notor, Nadia O'Donnell, Jeremy Nickel, Modesta Orque, Maureen O'Sullivan, Lorena Santos, Bobby Schulte, Bob Schultz, Gregory Dake Schultz, Annie & Nok Sojka, Mary Stevens, Jim Stockholm, Ruth Varela, Joseph & Mary Vouglas, Maureen Vouglas, Yoko Yoshi, Stephen Wakefield, Dan Wandres, Ryan Zuniga, †Maddie Bonpin†, †Louise Ireland†, †Christel Joras† and †Dilma Sprüll†.



COMMUNITY LIFE

Visit us:

On the web: www.mhr.org

Facebook: www.facebook.com/mhrsf

Instagram: [mhrcatholicsf](https://www.instagram.com/mhrcatholicsf)

Centering Prayer is meeting via Zoom on Monday evenings @ 7:00pm.

Email centering@mhr.org for Zoom login details.

Bible Study on upcoming Sunday readings meets via Zoom on Tuesday evenings at 7pm.

Email biblestudy@mhr.org for login and for more information.

Young Adults Group: Meetings are on hiatus. Email yag@mhr.org for info.

Christian Healing Prayer Group: Please join us on the first Thursday of each month at 2pm in the Church. Email markwbass@yahoo.com for information.

An Auto External Defibrillator is located in hallway next to the women's restroom in Ellard Hall.



Most Holy Redeemer HIV/AIDS Support Group

Community Thrift: Community Thrift returns to the Support Group a portion of the sales of items donated in our name which allows us to purchase food vouchers for the needy in our HIV community. Please bring your unwanted and usable clothing and household items to Community Thrift at 623 Valencia, between 17th & 18th Streets Be sure to mention that MHR AIDS Support Group is your charity ---Charity # 242. Thank you.

HAPPY
BIRTHDAY

OUR PARISH COMMUNITY BIRTHDAYS

Mary Anderson, Dylan Baker Flynn, Edward Herrera, Gordon Hom,
George Walke, John Fanning, Santiago Bohall-Ortega, Steve Lindsey,
Christopher Sumner, Steve Palmer and Matty Fagan.

the MHR St. Vincent de Paul + See's® Conference CANDIES

Valentine's Day See's Candy Yum Fundraiser, for our St. Vincent de Paul Conference to further strengthen our presence to follow Christ through service to those in need and to bear witness to His compassionate and liberating love.

Visit <https://tinyurl.com/29nmf65a> until 11:59 pm, January 27th to ensure delivery for Valentine's Day !!



Pick up your
2023 Calendars
in the Church Entrance.
We still have lots!

Ordinary Time

Ordinary Time, the longest season of the church year, fills the weeks “which do not celebrate a specific aspect of the mystery of Christ.” It’s the no-particular-reason season. Christmas Time honors the birth of Christ. Easter Time rejoices in the resurrection. Ordinary Time is devoted to the mystery of Christ in all its aspects.

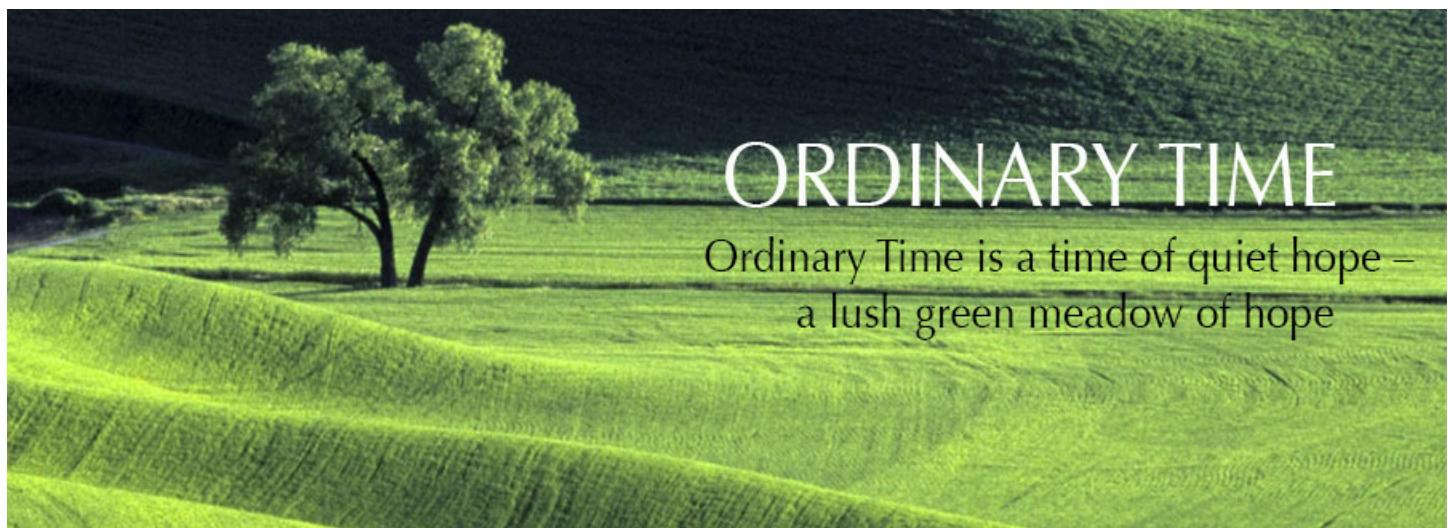
The number of the weeks of Ordinary Time replaces the old counting of weeks “after Epiphany” and “after Pentecost.” The old calendar suggested that Pentecost ran for six months. The new calendar gives Pentecost a day. Then we return to Ordinary Time.

At first glance the principles of Ordinary Time seem basic enough. Start counting the weeks after Christmas Time. Break for Lent and Easter. Resume after Pentecost and keep counting till Advent. Basically, that’s how it works. But we have a few quirks.

For example, there is no “First Sunday in Ordinary Time”; however, there is a first week. Usually Christmas Time ends on a Sunday with the Baptism of the Lord. The lectionary also calls it the First Sunday in Ordinary Time, but it is part of Christmas Time. (Some years the Baptism of the Lord falls on a Monday, but that’s another story.) Ordinary Time gets underway on a weekday. When the next Sunday rolls around we start week two.

On the Tuesday before Ash Wednesday, we see the last of Ordinary Time until after Pentecost. Even then, it emerges only on weekdays. Trinity Sunday always follows Pentecost Sunday, and the solemnity of the Most Holy Body and Blood of the Lord comes the next Sunday in the United States. (In countries where this solemnity is a holy day, it falls on a Thursday.) So when the numbered Sundays in Ordinary Time return in summer, we start out a little higher than where we left off.

Sometimes we skip one or two entire weeks of Ordinary Time during the Easter break. We want to close the Sundays of the year with Christ the King, one week before Advent. Christ the King always falls on the 34th Sunday in Ordinary Time. So, we determine the week number after Pentecost not based on where we left off before Lent but counting backwards from Christ the King. One or two weeks may disappear, but Ordinary Time still serves the complete mystery of Christ.—*Paul Turner*





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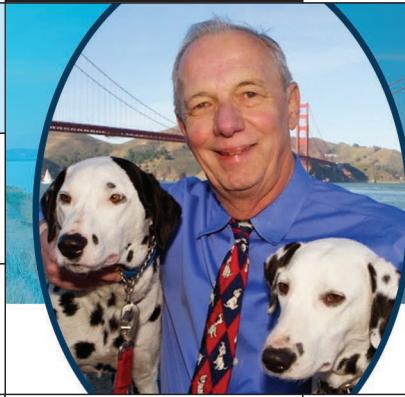
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