

MOST HOLY REDEEMER

Parish



Fourth Sunday in Ordinary Time
January 29, 2023

Current Worship Hours

Monday - Friday Daily Mass: 8:00am

Saturday Vigil Mass: 5:00pm

Sunday Masses: 8:00am, 10:00am & 6:30pm

Holy Days: 8:00am and 7:00pm

Thanksgiving Day: 10:00am

Reconciliation

Saturday: 3:45pm to 4:30pm

Baptism & Marriages

Please contact the Parish Office.

For marriages please call the parish office six months in advance.

Our Mission at Most Holy Redeemer Catholic Church

Most Holy Redeemer Parish is a Roman Catholic Christian Community. The parish draws people from isolation to community, from searching to awakening, from indifference to concern, from selfishness to meaningful service, from fear in the midst of adversity to faith and hope in God.

The community of Most Holy Redeemer shares God's compassionate love with all people. The parish offers a spiritual home for senior citizens and youth; single people and families; those who are straight, gay, lesbian, and transgender; the healthy and the sick, particularly persons with HIV.

As a parish community, we celebrate God's loving presence in our lives. In worship and sacrament, especially the Eucharist, we are nurtured and challenged to extend God's kingdom of justice, truth, love and peace by growing in the spirit of Jesus, the Most Holy Redeemer.

God's Inclusive Love Proclaimed Here!



**MOST HOLY REDEEMER
CATHOLIC CHURCH**
100 Diamond Street
San Francisco, California
415-863-6259
www.mhr.org

Fr. Matt Link, C.P.P.S., Pastor

frmatt@mhr.org

MUSIC MINISTRY

musicministry@mhr.org

PARISH OFFICE

Michael Poma, Parish Manager

mpoma@mhr.org

Will Ives, Secretary

secretary@mhr.org

PASTORAL COUNCIL

Simon Fung

Christian Irizarry

Michael Kirkland

Richard Levy

James Lonergan

Trudy Miller

Cyndy Zimmer

LITURGY COMMITTEE

John Michael Reyes, Chair

Hugo Gonzalez

Jacque Grillo

Pablo McLachlan

Sr. Marilyn Morgan

Curtis Murray

Steve Snelling

FINANCE COUNCIL

Marc Colelli - Chair

Steve Adams

Micaela Connery

Stephen McCarthy

John Solaegui

Diane Trewin



Collection - Weekend of January 22

5pm -	\$182.00
8am -	\$500.00
10am -	\$1,351.00
6:30pm -	\$238.00
Misc. -	\$3,183.00
Online Giving -	\$1,594.00
Total -	\$7,048.00
Budgeted -	\$4,500.00

This weekend there is a second collection for the MHR St. Vincent de Paul Conference. Thank you for your generous support!

CURRENT WORSHIP HOURS

Daily Mass: M - F 8am

Saturday Vigil Mass: 5pm

Sunday Masses: 8am, 10am & 6:30pm

Holy Days: 8am & 7pm

Reconciliation: Saturdays 3:45pm - 4:30pm

THIS WEEK AT OUR PARISH

Daily Mass

Monday - Friday 8:00am

Monday, January 30

Centering Prayer 7pm (Zoom)

Wednesday, February 1

Wednesday Night Suppers 1pm - 7pm

Saturday, February 4

Vigil Mass: 5pm

Sunday February 5

Masses: 8am, 10am & 6:30pm

Join us for Coffee Hour after the 8am & 10am Masses

FACE COVERINGS ARE RECOMMENDED.

Livestream the 10am Sunday Mass

on our MHR Facebook page:

www.facebook.com/mhrst



JANUARY 30 - FEBRUARY 5

Monday: Heb. 11:32-40, Mk. 5:1-20

Tuesday: Heb. 12:1-4, Mk. 5:21-43

Wednesday: Heb. 12:4-7, 11-15, Mk. 6:1-6

Thursday: Mal. 3:1-4, Heb. 2:14-18, Lk. 2:22-40 or 2:22-32

Friday: Heb. 13:1-8, Mk. 6:14-29

Saturday: Heb. 13:15-17, 20-21, Mk. 6:30-36

Sunday: Is. 58:7-10, 1Cor. 2:1-5, Mt. 5:13-16

Fourth Sunday in Ordinary Time

This Sunday in January marks the last days of the first month of the new year. With every new year comes new possibilities, new opportunities, new dreams and new hopes and desires for a more equitable and just world for all creation.

Despite the dawn of a new year, competition and conflict continue to weaken, and sometimes even destroy, the bonds of human relationships. Technofeudal lords jockey for position in the global market as oligarchs bankroll private interests, all for the sake of creating economic empires of power, prestige and control that leave many people disenfranchised and distanced from what is really going on behind the scenes.

This Sunday's readings offer encouragement to the disenfranchised, define the interests of the divine one, and present a way forward for those seeking to live alternatively to the dominant social model of power, prestige, status, control and the colonization of others.

The reading from the book of Zephaniah is a clarion call to the humble of the earth, to those among us who are disenfranchised. They are not to embrace humiliation and the feeling of powerlessness. Rather they need to seek justice and truth while remaining rooted in the divine presence who is the source of virtue and peace.

The reading from the First Letter to the Corinthians reinforces this message. Divine favor rests with and empowers those having no status and prestige, who live a life of humility, acknowledging that all is a divine gift.

The responsorial psalm presents a portrait of the divine and an implied description of holiness and godliness. The divine one favors the oppressed, those in need and those who suffer. This one actively acts on their behalf to break the bonds of captivity while "waking" others to an understanding of the root causes of their disenfranchisement and suffering. This one safeguards the "other" and sustains unprotected classes.

Holiness and godliness, then, entails standing with the margins while working toward their justice. Holiness can never be separated from mission.

Finally, as part of the Sermon on the Mount, the Gospel reading from the book of Matthew showcases a narrative that presents a way to live alternatively.

This reading, also known as the Beatitudes, features Jesus as having an agenda he wants to put forward during a time of great ideological variety, when Jews, Sadducees, Pharisees and Essenes competed for followers. Each sect had its own approach to Judaism and vied for allegiance. While they all believed in the Torah, they disagreed about details of observance.

Aside from the Jewish population, various representatives of the Roman government strived for power. Priests collected tithes and, as representatives of the Roman government, collected taxes. Zealots wanted to throw off the yoke of Rome.

Clearly, Jesus was not the only voice speaking against the status quo. The Sermon on the Mount, however, was tantamount to a mission statement for the religious organization Jesus inspired.

At one level, the Sermon on the Mount appears to be a talk in which Jesus inspires his listeners to do good deeds, to live simply, and to behave honorably. When we view the oration in the context of its first-century times, however, we can understand how it also is part of social conflict.

Political and economic conditions were oppressive; resources were scarce; power imbalances existed; values were challenged; several sects tried to win the hearts, minds and loyalties of the people as many Jewish leaders cooperated with Roman rulers; and a variety of Jewish sects rivaled others for power and influence. These conditions are all situations that contributed to social conflict.

Many of these conditions and similar ones exist today. The Beatitudes provide a vision for life lived alternatively to power, prestige, status and the resultant competition and conflict. They showcase a way to handle social conflict that preserves the dignity and well-being of all while establishing and sustaining peace.

The entire Sermon on the Mount, and especially the Beatitudes, functions as a polemic against the ways and attitudes of the Roman Empire. As such, the Gospel is also, however, an invitation to personal and communal transformation for all, where differences are honored and the true exercise of power leads not to conflict and division but to unity and peace.

In sum, will we who struggle, like the rest of humanity, with the crisis of identities, choose self-serving power, prestige and status, or will we set foot on a different, alternative path characterized by humility and blueprinted by the Beatitudes?

This alternative path and the divine one's choice for those on the margins offer us much needed hope.

—Carol J. Dempsey, Professor of Biblical Studies, University of Portland, Oregon, NCR Contributor



*Our Mass celebrants will remember the following intentions
during the celebration of the Eucharist:*

Saturday, January 28

5pm Carlo Mazzaferro †

Sunday, January 29

8am

10am

6:30pm MHR Parishioners

Monday, January 30

8am

Tuesday, January 31

8am Clara Joost †

Wednesday, February 1

8am Edwin & Taeko Wong †

Thursday, February 2

8am Vincent & Barbara Colelli †

Friday, February 3

8am Maria Lourdes Deza (L)

Mass Intentions are celebrated for those to remember a loved one, honor someone on an important date or celebrate a special occasion. To schedule a Mass Intention or sponsor the weekend altar flowers, please call the parish office at 415-863-6259 or email secretary@mhr.org.

Prayer Requests

Ted Alden, Jerry Anderson, Nick Andrade, Ino Austria, Emmerson Chin, Rodolfo Cruz Balig, Bob Barcewski, Joseph Bielanski, Christine Burns, Anna Bycholski, Becky Caylor, Earl Chan, Heather Combs, Dean Curtis, Joseph D'Amato, Joy Chase Dickey, Doreen Faiello, Carol Fertudo, Eileen Gayton, Mary Geracimos, Monica Grace, Stella Gravis, Wallace Greene, Marcia Groskin, Michael Hardy, Serge Hubert, Donald Jones, Liz Kovack, David Kossman, Doug Lawrence, Jill Laufenberg, Michael Leonard, David Magna, Phil Martin, Ronald & Sharon Martinkus, Edgar Matthews, Carol Moilan, Ben Montoya, Lou Montoya, Cliff Morrison, Michael Motherway, Doris Nassal, John Notor, Nadia O'Donnell, Jeremy Nickel, Modesta Orque, Maureen O'Sullivan, Lorena Santos, Bobby Schulte, Bob Schultz, Gregory Dake Schultz, Annie & Nok Sojka, Mary Stevens, Jim Stockholm, Ruth Varela, Joseph & Mary Vouglas, Maureen Vouglas, Yoko Yoshi, Stephen Wakefield, Dan Wandres and Ryan Zuniga.



COMMUNITY LIFE

Visit us:

On the web: www.mhr.org

Facebook: www.facebook.com/mhrsf

Instagram: [mhrcatholicsf](https://www.instagram.com/mhrcatholicsf)

Centering Prayer is meeting via Zoom on Monday evenings @ 7:00pm.

Email centering@mhr.org for Zoom login details.

Bible Study on upcoming Sunday readings meets via Zoom on Tuesday evenings at 7pm.

Email biblestudy@mhr.org for login and for more information.

Young Adults Group: Meetings are on hiatus. Email yag@mhr.org for info.

Christian Healing Prayer Group: Please join us on the first Thursday of each month at 2pm in the Church. Email markwbass@yahoo.com for information.

An Auto External Defibrillator is located in hallway next to the women's restroom in Ellard Hall.



Most Holy Redeemer HIV/AIDS Support Group

Community Thrift: Community Thrift returns to the Support Group a portion of the sales of items donated in our name which allows us to purchase food vouchers for the needy in our HIV community. Please bring your unwanted and usable clothing and household items to Community Thrift at 623 Valencia, between 17th & 18th Streets Be sure to mention that MHR AIDS Support Group is your charity ---Charity # 242. Thank you.

HAPPY
BIRTHDAY

OUR PARISH COMMUNITY BIRTHDAYS

Keith Truitt, Ryan Greenberg, John Harrison, Matt Dorsey, Keira Barton, Quinn Barton,
Bill Ross, Chuck Yenson, Suzanne Boyle, Jim Laufenberg,
Tama Auvaa and Jason Putnam.

Pre-Valentine's Day



BAKE SALE

FEB 12 AFTER
8 AM & 10 AM MASSES

PROCEEDS WILL GO TOWARDS
THE DOMINICAN SISTERS OF MISSION
SAN JOSE FOR THEIR MINISTRY AND
WORK AT ICA CRISTO REY ACADEMY AND
ST. JAMES SCHOOL

PLEASE CONTACT TRUDY MILLER @ TLMLR@AOL.COM
IF YOU CAN BRING SOME HOMEMADE GOODIES FOR
THIS WORTHWHILE FUNDRAISER.

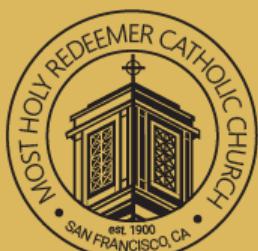


Centering Prayer

Saturday,
February 11, 2023
10 AM —12:30 PM
Ellard Hall
(In-person event)

E-mail: centering@mhr.org
to register (name @ e-mail address).

Most Holy Redeemer Catholic Church
100 Diamond Street @ 18th
San Francisco, CA 94114
(415) 863 6295 | mhr.org



God's inclusive love proclaimed here!



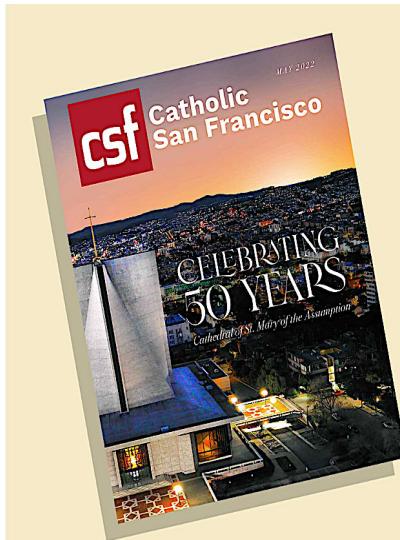
The Sacrament of the Present Moment

Speaker: William J. Dohar, Ph.D.

The Jesuit mystic, Jean-Pierre de Caussade wrote that the sacrament of the present moment is “full of infinite treasures. It contains far more than you have the capacity to hold.” What happens when we wake up to this present moment? How can it be sacramental? How does God become manifest? And what of us--do we linger and ‘wait for the grace’ or check our watches and flee the moment? This workshop is devoted to the practice of the present moment and perhaps finding a glimpse of those treasures God is offering us. Through spiritual exercises, short presentations and group discussion, we’ll learn from each other and from the Spirit dwelling among us when we gather to pray.



William “Bill” J. Dohar, Ph.D., is a Bay Area teacher, writer, speaker and spiritual director. He’s a Senior Lecturer in Santa Clara University’s Religious Studies Department and the Graduate Program in Pastoral Ministries. He has degrees in theology and history as well as a Licentiate in Medieval Studies from the Pontifical Institute in Toronto where he also received his PhD. He has written books and numerous articles on the history of medieval piety and devotion, the priesthood, parish life, and pastoral care.



A History of the Cathedral complete with vintage black and white photos of its groundbreaking and construction

Several congratulatory notes from parishes and Catholic ministries from across the archdiocese

The Second Vatican Council's influence on the architecture

Other uplifting articles on faith and spirituality

The magazine is released seven to eight times per year and regularly features all the great happenings at the local parishes, schools, and other ministries.

Visit: www.sfarch.org/catholic-sf-magazine/

Subscribe to Catholic San Francisco for free!



Pick up your
2023 Calendars
in the Church Entrance.
We still have a few!



John Solaegui | Haven Group Real Estate Team at Compass

We offer:



- Laser focus on your goals
- Community connections
- Strong negotiating skills
- Solid marketing plan
- Resources for every home need

John Solaegui (say it like So-Leggy)

DRE 01398160

415.999.0673 • John@HavenGroupSF.com



[Read More Here](#)

Please Patronize

The Sponsors Who Appear On This Bulletin. It Is Through Their Support That This Bulletin Is Made Possible. Business Owners Interested In Advertising Please Call

J.S. Paluch
1-800-231-0805



ONE PARISH

Grow in your faith, find a Mass, and connect with your Catholic Community with OneParish!

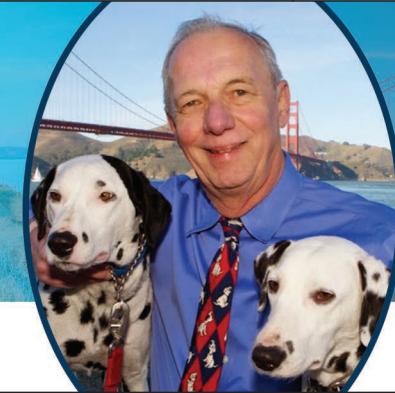
Available on the App Store | GET IT ON Google play

Download Our Free App or Visit <https://www.oneparish.com>

FINDaPARISH.com

Check It Out Today!

**The Most Complete
Online National
Directory of
Catholic Parishes**



JIM LAUFENBERG

BROKER ASSOCIATE, CRS, GRI
YOUR SAN FRANCISCO REALTOR®

INTEGRITY • CUSTOMER SERVICE • EXPERIENCE

415-269-4997

jim@sf-realty.com
www.sf-realty.com
DRE#01201131

**COLDWELL
BANKER**

RESIDENTIAL BROKERAGE



Please Cut Out This "Thank You Ad"
and Present It The Next Time You
Patronize One of Our Advertisers

Thank You

Thank you for advertising in
our church bulletin.
I am patronizing your business
because of it!

If You Live Alone You Need MDMedAlert!

24 Hour Protection at HOME and AWAY!

- ✓ Ambulance
- ✓ Police
- ✓ Fire
- ✓ Friends/Family

Solutions as Low as \$19.95 a month

FREE Shipping
FREE Activation
NO Long Term Contracts



CALL NOW! 800.809.3352

GPS Tracking w/Fall Detection
Nationwide, No Land Line Needed
EASY Set-up, NO Contract
24/7 365 Monitoring in the USA



This Button SAVES Lives!
As Shown GPS,
Lowest Price Guaranteed!

Catholic Cruises and Tours and The Apostleship
of the Sea of the United States of America
Take your FAITH ON A JOURNEY.
Call us today at 860-399-1785 or email
eileen@CatholicCruisesandTours.com
www.CatholicCruisesandTours.com

Protecting Seniors
Nationwide

24SEVEN

Medical Alert System

\$29.95/MO. billed quarterly

- One Free Month
- No Long-Term Contract
- Price Guarantee
- Easy Self Installation

Toll Free 1.877.801.8608



Call Today!

638200 Most Holy Redeemer Church

www.jspaluch.com

catholicmatch®
California



CatholicMatch.com/myCA

For Ads: J.S. Paluch Co., Inc. 1-800-675-5051