



EPIPHANY OF THE LORD SUNDAY, JANUARY 8, 2023
MOST HOLY REDEEMER CATHOLIC CHURCH SAN FRANCISCO, CALIFORNIA



**MOST HOLY REDEEMER
CATHOLIC CHURCH**
100 Diamond Street
San Francisco, California
415-863-6259
www.mhr.org

CURRENT WORSHIP HOURS
Daily Mass: M - F 8am
Saturday Vigil Mass: 5pm
Sunday Masses: 8am, 10am & 6:30pm
Holy Days: 8am & 7pm
Reconciliation: Saturdays 3:45pm - 4:30pm

Fr. Matt Link, C.P.P.S., Pastor

fr matt@mhr.org

MUSIC MINISTRY

musicministry@mhr.org

PARISH OFFICE

Michael Poma, Parish Manager

mpoma@mhr.org

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secretary@mhr.org

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THIS WEEK AT OUR PARISH

Daily Mass

Monday - Friday 8:00am

Monday, January 9, 2023

Centering Prayer 7pm (Zoom)

Wednesday, January 11, 2023

Wednesday Night Suppers 1pm - 7pm

Saturday, January 14, 2023

Vigil Mass 5pm

Sunday January 15, 2023

Masses 8am, 10am & 6:30pm

Join us for Coffee Hour after the 8am & 10am Masses



FACE COVERINGS ARE RECOMMENDED.

Livestream the 10am Sunday Mass

on our MHR Facebook page:

www.facebook.com/mhrsf



Collection - Weekend of January 1, 2023

5pm -	\$213.00
8am -	\$237.00
10am -	\$1,209.00
6:30pm -	\$146.00
Misc. -	\$528.00
Online Giving -	\$1,411.46
Total -	\$3,744.46
Budgeted -	\$4,500.00
ASG -	\$510.00
Christmas 2022 -	\$17442.49

Thank you for your amazing support!

JANUARY 9 - 15

Monday: Is. 42:1-4, 6-7 or Acts 10:34-38

Mt. 1:21-28

Tuesday: Heb. 2:5-12, Mk. 1:21-28

Wednesday: Heb. 2:14-18, Mk. 1:29-39

Thursday: Heb. 3:7-14, Mk. 1:40-45

Friday: Heb. 4:1-5, 11, Mt. 2:1-12

Saturday: Heb. 4:12-16, Mk. 2:13-17

Sunday: 49:3, 5-6, 1Cor. 1:1-13, Jn. 1:29-34

Epiphany of the Lord

Imaginative versions of the story of the pilgrims who sought the Christ child are generally fairly romantic and formulaic. Matthew's description of their gifts has solidified the idea that they were three wealthy fellows. Their identity morphed into royalty because people identified them with Isaiah's description of the nations who would seek Israel's wisdom and relationship with God.

When we let the Magi camp out in our imagination, they appear as meaningful today as they did centuries ago. First of all, in line with what Pope Francis suggests in "*Laudato Si'*, on Care for Our Common Home," they followed their star, seeing it as a natural gift from God, symbolizing the love that draws creation toward universal communion. The Magi's first discovery was that the leaders of the very people best prepared to have welcomed that love had gotten caught up in the rhythm of preserving petty power. When the pilgrims sought the wisdom of Israel, the religious leaders cited prophecies while remaining tragically incurious about their implications for their own time.

Today's feast day is called the Epiphany of the Lord. The Greek word epiphany is a synonym for apocalypse; both refer to a revelation. Merriam-Webster tells us that a revelation is an enlightening or astonishing disclosure. In the contrast between the Magi and Herod's theologians, today's Gospel depicts the difference between people who can receive a revelation and those who protect themselves from it. Theologian Silvano Fausti describes those open to revelation with the paradoxical statement: "The person who seeks is the person who knows." What did the Magi know? They knew that their stores of wisdom, knowledge and certainties were smaller than the truth. They knew that growth requires displacement, the uncomfortable process of venturing into an unknown that stretches and questions assumptions, all for the sake of a greater depth of being.

In sum, the Magi had more faith in God than in their own ideas and understanding. They were willing to sing "I spent a lifetime looking for you" for the rest of their lives. We might look to them as the patron saints of evolution, reminders that no matter how much we accomplish, learn or love, God keeps offering more to those who are willing to seek and find it.

The feast of the Epiphany invites us to holy disquiet, a way of living that has nothing to do with grumbling or complaint. We can make holy disquiet a lifelong posture by nurturing it with wonder, gratitude and hope — all of which require humility. Holy disquiet leads us to appreciate the good of every moment not as something to be grasped, but as a promise of more.

Surely, we will sometimes end up in the wrong places, but, like the Magi who could leave Herod to his own devices, it's always possible to reorient ourselves. Our journey will not end on this Earth, but we cannot do better than spend our lifetime seeking. —*Mary M. McGlone, NCR*

Epiphany Door Blessing

The gospel tells us that the magi found Christ "on entering the house". The door to your home is a holy threshold. You can bless those who come in and go out by inscribing above the door in chalk the first two numbers of the year + C + M + B + the last two numbers of the year. Tradition tells us that the letters stand for the names of the magi: Caspar, Melchior, Balthasar. Adolph Adam points out that it may also mean "Christus mansionem benedicat" or "may Christ bless this dwelling."

It is appropriate to bless your door in January – janua means "door" and the first month is the door to the new year.

20 + C + M + B + 23 After inscribing the doorway, say this prayer:

<i>"God in Bethlehem and Cana,</i>	<i>May we fill this place</i>	<i>By the gentle light of a star,</i>
<i>God of Jordan's leaping waters,</i>	<i>With kindness to one another,</i>	<i>Guide home all who seek you</i>
<i>In baptism you bring us</i>	<i>With hospitality to guests,</i>	<i>On paths of faith, hope, and love.</i>
<i>Into your family.</i>	<i>And with abundant care</i>	<i>Then we will join the angels in</i>
<i>You wed us and embrace us</i>	<i>For every stranger.</i>	<i>proclaiming your praise:</i>
<i>As your Beloved.</i>		<i>Glory in heaven and peace on earth,</i>
		<i>Now and forever. Amen."</i>



Our Mass celebrants will remember the following intentions during the celebration of the Eucharist:

Saturday, January 7

5pm

Sunday, January 8

8am Giuseppe & Angelina Fazio †

**10am Benefactors, Volunteers and Clients
of the MHR HIV/AIDS Support Group**

6:30pm MHR Parishioners

Monday, January 9

8am

Tuesday, January 10

8am

Wednesday, January 11

8am Wednesday Night Suppers

Thursday, January 12

8am Barbara Colelli †

Friday, January 13

8am

Mass Intentions are celebrated for those to remember a loved one, honor someone on an important date or celebrate a special occasion. To schedule a Mass Intention or sponsor the weekend altar flowers, please call the parish office at 415-863-6259 or email secretary@mhr.org.



Ted Alden, Jerry Anderson, Nick Andrade, Ino Austria, Rodolfo Cruz Baclig, Bob Barcewski, Joseph Bielanski, Anna Bycholski, Becky Caylor, Earl Chan, Heather Combs, Dean Curtis, Joseph D'Amato, David Gaitan, Eileen Gayton, Monica Grace, Wallace Greene, Serge Hubert, Liz Kovack, David Kossman, David Lamdin, Doug Lawrence, Jill Laufenberg, Michael Leonard, David Magna, Ronald & Sharon Martinkus, Edgar Matthews, Carol Moilan, Ben Montoya, Lou Montoya, Cliff Morrison, Michael Motherway, Doris Nassal, John Notor, Nadia O'Donnell, Beatriz Perez, Lloyd Oksen, Maureen O'Sullivan, Lorena Santos, Bobby Schulte, Bob Schultz, Gregory Dake Schultz, Annie & Nok Sojka, Mary Stevens, Jim Stockholm, Ruth Varela, Joseph & Mary Vouglas, Maureen Vouglas, Stephen Wakefield, Dan Wandres, Ryan Zuniga, †Jacqueline Collette†, †Michelle Pira†, †Karen Twiss† and †Barbara Walters†.



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Facebook: www.facebook.com/mhrsf

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Centering Prayer is meeting via Zoom on Monday evenings @ 7:00pm.

Email centering@mhr.org for Zoom login details.

Bible Study on upcoming Sunday readings meets via Zoom on Tuesday evenings at 7pm.

Email biblestudy@mhr.org for login and for more information.

Young Adults Group: Meetings are on hiatus. Email yag@mhr.org for info.

Christian Healing Prayer Group: Please join us on the first Thursday of each month at 2pm in the Church. Email markwbass@yahoo.com for information.

An Auto External Defibrillator is located in hallway next to the women's restroom in Ellard Hall.



Most Holy Redeemer HIV/AIDS Support Group

Castro Street Fair: As a result of all of you who volunteered for the Support Group at the Fair last October and the hours that you put in, the AIDS Support Group has received a very generous donation of \$2,135.70 from the Fair committee.

Thank you very much!!

HAPPY
BIRTHDAY

OUR PARISH COMMUNITY BIRTHDAYS

**Fr. Donal Godfrey, Ron Pacheco, Rick Levy, Carol Klufts,
Bob Dehlinger, Mark Kilkenny, Linda Buckley, Colin Chandler
and Kevin Romanko.**



Centering Prayer

Centering Prayer & the Practice of Forgiveness

"Forgiveness is the name of love in a wounded world."

Henri Nouwen

Speaker: Catherine Regan, Ph.D.

How many times have we heard or spoken the word "forgiveness"—in sermons, scriptures, inner promptings, prayers? We all have had countless opportunities to forgive our families, friends, co-workers, strangers, government, church, and ourselves. And yet how many times have our hearts been genuinely touched? Being honest with ourselves, have we been willing to forgive in some situations? Even with the best intentions, have we always been able to find access to our capacity to forgive?

There is so much more to forgiveness than we have yet discovered. Let us join together for a morning of contemplative reflection and dialogue on Jesus' words and a Buddhist forgiveness meditation on offering and receiving forgiveness.



Catherine Regan, Ph.D. is a spiritual director, retired psychologist, and longtime adjunct staff member at Mercy Center, Burlingame. She primarily serves on the Centering Prayer team, and is dedicated to the reclaiming of the Christian Wisdom Tradition and the contemplative practices so urgently needed at this time in our world.

Saturday,
January 21, 2023
10 AM —12:30 PM
Ellard Hall
(In-person event)

E-mail: centering@mhr.org
to register (name & e-mail
address).

Most Holy Redeemer Catholic Church
100 Diamond Street @ 18th
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Pick up your
2023 Calendars
in the Church Entrance!



A History of the Cathedral complete with vintage black and white photos of its groundbreaking and construction

Several congratulatory notes from parishes and Catholic ministries from across the archdiocese

The Second Vatican Council's influence on the architecture

Other uplifting articles on faith and spirituality

The magazine is released seven to eight times per year and regularly features all the great happenings at the local parishes, schools, and other ministries.

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