

# MOST HOLY REDEEMER

## *Parish*



Fifth Sunday in Ordinary Time  
February 5, 2023

### Current Worship Hours

Monday - Friday Daily Mass: 8:00am

Saturday Vigil Mass: 5:00pm

Sunday Masses: 8:00am, 10:00am & 6:30pm

Holy Days: 8:00am and 7:00pm

Thanksgiving Day: 10:00am

### Reconciliation

Saturday: 3:45pm to 4:30pm

### Baptism & Marriages

Please contact the Parish Office.

For marriages please call the parish  
office six months in advance.

### **Our Mission at Most Holy Redeemer Catholic Church**

Most Holy Redeemer Parish is a Roman Catholic Christian Community. The parish draws people from isolation to community, from searching to awakening, from indifference to concern, from selfishness to meaningful service, from fear in the midst of adversity to faith and hope in God.

The community of Most Holy Redeemer shares God's compassionate love with all people. The parish offers a spiritual home for senior citizens and youth; single people and families; those who are straight, gay, lesbian, and transgender; the healthy and the sick, particularly persons with HIV.

As a parish community, we celebrate God's loving presence in our lives. In worship and sacrament, especially the Eucharist, we are nurtured and challenged to extend God's kingdom of justice, truth, love and peace by growing in the spirit of Jesus, the Most Holy Redeemer.

*God's Inclusive Love Proclaimed Here!*



**MOST HOLY REDEEMER  
CATHOLIC CHURCH**  
100 Diamond Street  
San Francisco, California  
415-863-6259  
[www.mhr.org](http://www.mhr.org)

**CURRENT WORSHIP HOURS**  
Daily Mass: M - F 8am  
Saturday Vigil Mass: 5pm  
Sunday Masses: 8am, 10am & 6:30pm  
Holy Days: 8am & 7pm  
Reconciliation: Saturdays 3:45pm - 4:30pm

**Fr. Matt Link, C.P.P.S., Pastor**

[frmatt@mhr.org](mailto:frmatt@mhr.org)

**MUSIC MINISTRY**

[musicministry@mhr.org](mailto:musicministry@mhr.org)

**PARISH OFFICE**

**Michael Poma, Parish Manager**

[mpoma@mhr.org](mailto:mpoma@mhr.org)

**Will Ives, Secretary**

[secretary@mhr.org](mailto:secretary@mhr.org)

**PASTORAL COUNCIL**

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Hugo Gonzalez

Jacque Grillo

Pablo McLachlan

Sr. Marilyn Morgan

Curtis Murray

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Steve Adams

Micaela Connery

Stephen McCarthy

John Solaegui

Diane Trewin

**THIS WEEK AT OUR PARISH**

Daily Mass

**Monday - Friday 8:00am**

Monday, February 6

**Centering Prayer 7pm (Zoom)**

Wednesday, February 8

**Wednesday Night Suppers 1pm - 7pm**

Saturday, February 11

**Vigil Mass: 5pm**

Sunday February 12

**Masses: 8am, 10am & 6:30pm**

Join us for Coffee Hour after the 8am & 10am Masses

**FACE COVERINGS ARE RECOMMENDED.**

**Livestream the 10am Sunday Mass**

**on our MHR Facebook page:**

**[www.facebook.com/mhrsf](https://www.facebook.com/mhrsf)**



**Collection - Weekend of January 29**

**5pm - \$533.00**

**8am - \$422.00**

**10am - \$1,084.00**

**6:30pm - \$229.00**

**Misc. - \$651.00**

**Online Giving - \$852.00**

**Total - \$3,771.00**

**Budgeted - \$4,500.00**

**SVDP - \$904.00**

**This weekend there is a second collection  
for the Wednesday Night Suppers.**

**Thank you for your generous support!**



**JANUARY 30 - FEBRUARY 5**

**Monday: Gn. 1:1-19, Mk. 6:53-56**

**Tuesday: Gn. 1:10-2:4a, Mk. 7:1-13**

**Wednesday: Gn. 2:4b-9, 15:17, Mk. 7:14-23**

**Thursday: Gn. 2:18-25, Mk. 7:24-30**

**Friday: Gn. 3:1-8, Mk. 7:31-37**

**Saturday: Gn. 3:9-24, Mk. 8:1-10**

**Sunday: Sir. 15:15-20, 1Cor. 2:6-10, Mt. 5:17-37**



*Our Mass celebrants will remember the following intentions  
during the celebration of the Eucharist:*

**Saturday, February 4**

**5pm John Adams †**

**Sunday, February 5**

**8am**

**10am**

**6:30pm MHR Parishioners**

**Monday, February 6**

**8am**

**Tuesday, February 7**

**8am Joseph Hargadon (L)**

**Wednesday, February 8**

**8am**

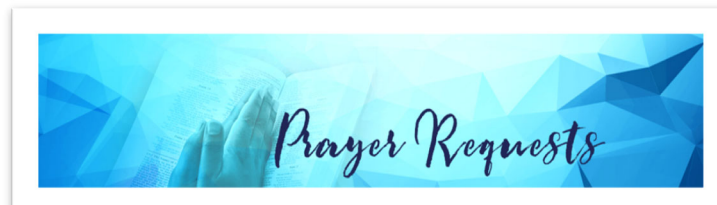
**Thursday, February 9**

**8am**

**Friday, February 10**

**8am Judy Cheevers †**

Mass Intentions are celebrated for those to remember a loved one, honor someone on an important date or celebrate a special occasion. To schedule a Mass Intention or sponsor the weekend altar flowers, please call the parish office at 415-863-6259 or email [secretary@mhr.org](mailto:secretary@mhr.org).



Jerry Anderson, Ino Austria, Emmerson Chin, Rodolfo Cruz Baclig, Bob Barcewski, Joseph Bielanski, Christine Burns, Anna Bycholski, Earl Chan, Joseph D'Amato, Joy Chase Dickey, Paul Erickson, Carol Fertudo, Eileen Gayton, Mary Geracimos, Stella Gravis, Wallace Greene, Marcia Groskin, Michael Hardy, Serge Hubert, Donald Jones, Liz Kovack, David Kossman, Jack & Louise Lamdin, Doug Lawrence, Jill Laufenberg, Al Leftcourt, Michael Leonard, David Magna, Phil Martin, Rodrigo Quintanilla, Ronald & Sharon Martinkus, Edgar Matthews, Carol Moilan, Ben Montoya, Cliff Morrison, Michael Motherway, Doris Nassal, John Notor, Nadia O'Donnell, Jeremy Nickel, Modesta Orque, Maureen O'Sullivan, Lorena Santos, Bobby Schulte, Bob Schultz, Gregory Dake Schultz, Annie & Nok Sojka, Jim Stockholm, Joseph & Mary Vouglas, Maureen Vouglas, Yoko Yoshi, Stephen Wakefield, Ryan Zuniga, †Luchechi Amaechi†, †Joyce Bednarek†, † Benjamin Vasquez†, †Remedios Vercasi† and †Gary Weaver†.



## Welcome to the Most Holy Redeemer Peace and Social Justice Corner!

This new weekly feature of the parish bulletin is part of the recently revitalized Peace and Social Justice Committee, a group of parishioners who will be tending to two tasks on the behalf of the parish in the months to come:

- (1) Providing information, inspiration and education to the parish as a whole around monthly Peace and Social Justice themes that will be integrated into our Sunday worship experience by way of the liturgy and entrance displays as well as
- (2) Something completely new--and very 21st century--for the parish: "The Peace and Social Justice Network at Most Holy Redeemer," an online **private** Facebook group **exclusively for MHR parishioners** where members can post peace and social justice-related information and activities, engage in respectful and safe dialogue with one another around pertinent issues, and which will serve as a growing online library of resources and educational material around the rich tradition of Catholic social justice teaching and activism locally, nationally and internationally. If you are interested in joining this Facebook group and participating in what we hope will be the beginning of a vigorous PSJ parish network as a contributor or moderator, please email Rob Hopcke at [socialjustice@mhr.org](mailto:socialjustice@mhr.org) and he'll send you the link to join.

If you would like to explore serving on the Coordinating Committee, we will be meeting on the third Wednesday of every month, at 7pm via Zoom: this month's meeting will be on February 15. Send an email to [socialjustice@mhr.org](mailto:socialjustice@mhr.org) if you'd like to join and Rob will send you the Zoom link.

February is African-American History month, in which all Americans are invited to celebrate the contributions of this community to the life of our nation and educate ourselves more fully about the specifics of what black Americans have experienced and experience still.

## WE CELEBRATE BLACK HISTORY MONTH



### RUBY BRIDGES

At the tender age of six, Ruby Bridges advanced the cause of civil rights in November 1960 when she became the first African American student to integrate an elementary school in the South.

Ruby and her mother were escorted by four federal marshals to the school every day that year. She walked past crowds screaming vicious slurs at her. Undeterred, she later said she only became frightened when she saw a woman holding a black baby doll in a coffin.

A lifelong activist for racial equality, in 1999, Ruby established The Ruby Bridges Foundation to promote tolerance and create change through education. (National Women's History Museum)





COMMUNITY  
LIFE

Visit us:

On the web: [www.mhr.org](http://www.mhr.org)

Facebook: [www.facebook.com/mhrsf](https://www.facebook.com/mhrsf)

Instagram: [mhrcatholicsf](https://www.instagram.com/mhrcatholicsf)

Centering Prayer is meeting via Zoom on Monday evenings @ 7:00pm.  
Email [centering@mhr.org](mailto:centering@mhr.org) for Zoom login details.

Bible Study on upcoming Sunday readings meets via Zoom on Tuesday evenings at 7pm.  
Email [biblestudy@mhr.org](mailto:biblestudy@mhr.org) for login and for more information.

Young Adults Group: Meetings are on hiatus. Email [yag@mhr.org](mailto:yag@mhr.org) for info.

Christian Healing Prayer Group: Please join us on the first Thursday of each month at 2pm in the Church. Email [markwbass@yahoo.com](mailto:markwbass@yahoo.com) for information.

**An Auto External Defibrillator is located in hallway next to the women's restroom in Ellard Hall.**



## Most Holy Redeemer HIV/AIDS Support Group

**Volunteers Needed:** If you have 1-2 hours a week and can help with one of these needs, please call the Support Group office for more information (863-6259 xt10) or email: [asg@mhr.org](mailto:asg@mhr.org).

A man who uses a wheelchair and lives in ParkMerced (near Stonestown & SF State) is looking for someone to visit and occasionally go to movies.

A man in his 60s, living on Fillmore near McAllister, is looking for company. He is interested in watching movies, science-fiction, and Buddhism. Good listening skills are required.

HAPPY  
BIRTHDAY

## OUR PARISH COMMUNITY BIRTHDAYS

**Brain McGrath, Andy Pinost,  
John Kiszla, Roman Maimone, Joe Beaupre,  
Richard Bargetto, Greg Wrenn, Emmy Briones-Reyes,  
Steve Rosera, Charles Chow, Sara Baker-Flynn,  
Rene Lazo, David Grant and Lino Fritz.**

## Request for Help to Premier the New Opera/Oratorio "Coming Home" at MHR

Anne and Mark Kilkenny (part-time MHR parishioners living in Wasilla, Alaska and Shaker Heights, Ohio respectively) request help premiering their work at MHR. It is a dramatization of the life-story of an unsung gay man, Jim Stulz, who in the 1980's, as MHR's first Parish Council (co-) President, was instrumental in establishing MHR's "Gays and Grays" ministry, 40-hour devotions with Archbishop Quinn, and the Coming Home Hospice. Ideally, Mark and Anne would like "Coming Home" to become an annual fund-raising event at MHR (as the Messiah became for various Dublin and London charities), held on or around All-Saints Day. However, much help is needed for the parish to undertake this, including finding:

**An impresario** who would be willing to devote his or her time to:

- Invite and select at least five singers (soprano, alto, two tenors, baritone and bass, a piano accompanist, and a conductor. This person would also work closely with our Composer/Arranger, Jonathan Williams.
- Oversee all logistical and financial arrangements (This person need not be an MHR parishioner, but must be excited to produce it)

**Financial sponsors.** These could be individuals organizations or schools and non-profits. At least \$20,000 will be needed to cover costs, mostly relating to performer salaries. Help find and contact donors and help with fundraising. Please contact Anne and Mark by email at [stulzopera@yahoo.com](mailto:stulzopera@yahoo.com) if you are interested (or know someone else who might be interested) in helping "Coming Home" come home!



**Centering Prayer**

Saturday,  
February 11, 2023  
10 AM —12:30 PM  
Ellard Hall  
(In-person event)

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E-mail: [centering@mhr.org](mailto:centering@mhr.org)  
to register (name @ e-mail  
address).

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Most Holy Redeemer Catholic Church  
100 Diamond Street @ 18th  
San Francisco, CA 94114  
(415) 863 6295 | [mhr.org](http://mhr.org)



*God's inclusive love proclaimed here!*



## **The Sacrament of the Present Moment**

**Speaker: William J. Dohar, Ph.D.**

The Jesuit mystic, Jean-Pierre de Caussade wrote that the sacrament of the present moment is "full of infinite treasures. It contains far more than you have the capacity to hold." What happens when we wake up to this present moment? How can it be sacramental? How does God become manifest? And what of us--do we linger and 'wait for the grace' or check our watches and flee the moment? This workshop is devoted to the practice of the present moment and perhaps finding a glimpse of those treasures God is offering us. Through spiritual exercises, short presentations and group discussion, we'll learn from each other and from the Spirit dwelling among us when we gather to pray.



William "Bill" J. Dohar, Ph.D., is a Bay Area teacher, writer, speaker and spiritual director. He's a Senior Lecturer in Santa Clara University's Religious Studies Department and the Graduate Program in Pastoral Ministries. He has degrees in theology and history as well as a Licentiate in Medieval Studies from the Pontifical Institute in Toronto where he also received his PhD. He has written books and numerous articles on the history of medieval piety and devotion, the priesthood, parish life, and pastoral care.



# Pre-Valentine's Day



## BAKE SALE

FEB 12 AFTER  
8 AM & 10 AM MASSES

PROCEEDS WILL GO TOWARDS  
THE DOMINICAN SISTERS OF MISSION  
SAN JOSE FOR THEIR MINISTRY AND  
WORK AT ICA CRISTO REY ACADEMY AND  
ST. JAMES SCHOOL

PLEASE CONTACT TRUDY MILLER @ [TLMLR@AOL.COM](mailto:TLMLR@AOL.COM)  
IF YOU CAN BRING SOME HOMEMADE GOODIES FOR  
THIS WORTHWHILE FUNDRAISER.





# Pancake Breakfast

Sunday, February 19th  
after the 8am & 10am Masses

Join us for pancakes  
and all the fixings!

Volunteers are needed.  
Please contact the parish office  
email: [secretary@mhr.org](mailto:secretary@mhr.org)  
phone: 415-863-6259

Hosted by the MHR  
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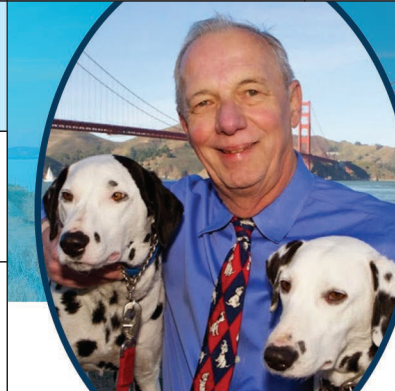
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