



Fourth Sunday of Lent

March 19, 2023



**Most Holy
Redeemer**
Catholic Church

100 Diamond Street, San Francisco

*God's inclusive love
proclaimed here!*

Lent 2023

Lenten Drive to Help a School in Need



Most Holy Redeemer Parish is committed to supporting St. James Catholic Elementary School in the Mission district of our city. Throughout the Sundays of Lent, MHR will be collecting school supplies for our education partner. If you prefer, cash donations will also be accepted and will be used to buy additional supplies for St. James. You may place your contributions of supplies or cash in the baskets in the church.

Thank you for your generosity for this great ministry of our parish!

February 26 & March 5 - Copy Paper.

March 12 - Art Supplies: Construction paper, Crayons, Colored pencils, pens & pastels.

**March 19- Teacher supplies: White and colored card stock, Standard staples,
Mechanical pencils, Blue painter's tape, Post-its, Expo dry erase markers.**

**March 26 - Student supplies: Binder paper, Pens and Pencils, Spiral college-ruled
notebooks, Composition notebooks and Graph paper.**

April 2 - Anything Sunday (any of the above items).

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Most Holy Redeemer Catholic Church

100 Diamond Street @ 18th, San Francisco, CA 94114 (415) 863-6259 www.mhr.org

✙ The Introductory Rites ✙

Gathering Hymn

There's a Wideness in God's Mercy



1. There's a wide-ness in God's mer - cy Like the wide - ness
2. For the love of God is broad-er Than the meas - ures
3. Trou - bled souls, why will you scat - ter Like a crowd of



of the sea; There's a kind - ness in God's jus - tice
of our mind, And the heart of the E - ter - nal
fright - ened sheep? Fool - ish hearts, why will you wan - der



Which is more than lib - er - ty. There is plen - ti -
Is most won - der - ful - ly kind. If our love were
From a love so true and deep? There is wel - come



ful re - demp - tion In the blood that has been shed;
but more sim - ple We should take him at his word,
for the sin - ner And more grac - es for the good;



There is joy for all the mem - bers
And our lives would be thanks - giv - ing
There is mer - cy with the Sav - ior,



In the sor - rows of the Head.
For the good - ness of our Lord.
There is heal - ing in his blood.

Greeting

Penitential Rite

Jacques Berthier

(\odot)



Ky - ri - e, Ky - ri - e, e - le - i - son.
Chris - te, Chris - te, e - le - i - son.
Ky - ri - e, Ky - ri - e, e - le - i - son.

Collect

First Reading

1 Samuel 16:1b, 6-7, 10-13a

✦ Liturgy of the Word ✦

Responsorial Psalm

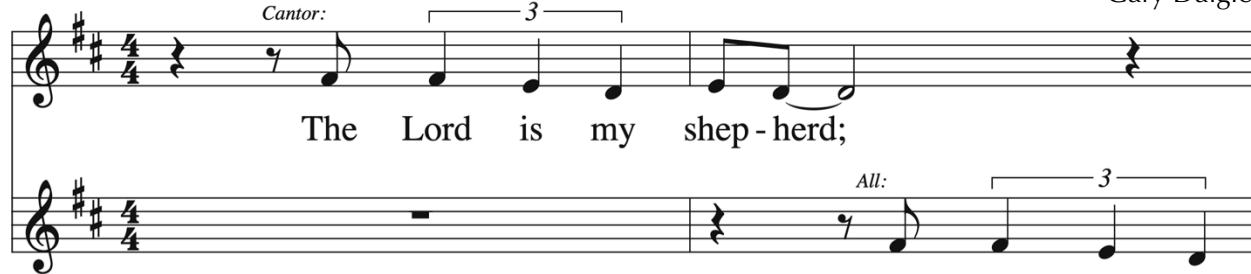
Psalm 23: 1-3a, 3b-4, 5, 6

Psalm 23: The Lord Is My Shepherd

Refrain

Cantor:

Gary Daigle



All: The Lord is my



Continued...

there is noth-ing I shall want. The

want, there is noth-ing I shall want.

Lord is my shep-herd;

The Lord is my shep-herd;

Verses

- | | |
|---|---|
| <p>1. The LORD is my shepherd;
there is nothing I shall want.
Fresh and green are the pastures
where he gives me repose.
Near restful waters he leads me;
he revives my soul.</p> | <p>2. He guides me along the right path,
for the sake of his name.
Though I should walk in the valley of
the shadow of death
no evil would I fear, for you are with me.
Your crook and your staff will give me
comfort.</p> |
| <p>3. You have prepared a table before me
in the sight of my foes.
My head you have anointed with oil;
my cup is overflowing.</p> | <p>4. Surely goodness and mercy shall
follow me
all the days of my life.
In the LORD's own house shall I dwell
for length of days unending.</p> |

Text: Psalm 23, *The Abbey Psalms and Canticles*, © 2018, 2010, United States Conference of Catholic Bishops, Washington, DC; refrain trans.,
© 1969, ICEL
Music: Gary Daigle, © 2012, GIA Publications, Inc.

Second Reading

Ephesians 5:8-14

Verse Before the Gospel

John 8:12

*I am the light of the world, says the Lord;
whoever follows me will have the light of life.*

Lenten Gospel Acclamation

Robert Bastatini

Praise to you, Lord Je - sus Christ, King of end - less glo - ry!

The following hymn is woven into the gospel proclamation.
The Cantor will cue the beginning of each verse.

Gospel Hymn

He Healed the Darkness of My Mind

1. He_ healed the_ dark - ness of my_ mind The_
 2. Let_ oth - ers_ call my faith a_ lie, Or_
 3. Ask_ me not_ how! But I know who Has_

day he_ gave my sight to me: It_
 try to_ stir up doubt in me: Look
 o - pened up new worlds to me: This

was not_ sin_ that_ made me_ blind; It_
 at me_ now! None can de - ny I_
 Je - sus_ does what none can_ do I_

was no_ sin - ner made me see.____
 once was blind, and now I see.____
 once was blind, and now I see.____



Homily

Profession of Faith – Apostles' Creed

**I believe in God,
the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,**

[At the words that follow, up to and including “the Virgin Mary,” all bow.]

**who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.**

Universal Prayer

Response:



Lord, hear our prayer.



✙ Liturgy of the Eucharist ✙

Presentation and Preparation of the Gifts

5pm, 8pm Mass ~ Instrumental, "Ground," Henry Purcell

10am Mass ~ Choir: "If You Search With All Your Heart," Craig Courtney

The Eucharistic Prayer

HOLY

Mass of Spirit and Grace
Ricky Manalo, CSP

Ho - ly, Ho - ly, Ho - ly Lord God of hosts.

Heav - en and earth are full of your glo - ry. Ho -

san - na, ho - san - na, ho - san-na in the high - est. (Fine)

Bless-ed is he who comes in the name of the Lord. Ho -

Memorial Acclamation

WE PROCLAIM YOUR DEATH

Mass of Spirit and Grace
Ricky Manalo, CSP

We pro - claim your Death, O Lord, and pro -

fess your Res - ur - rec - tion un - til you come a -

gain, un - til you come a - gain.

AMEN

Mass of Spirit and Grace
Ricky Manalo, CSP

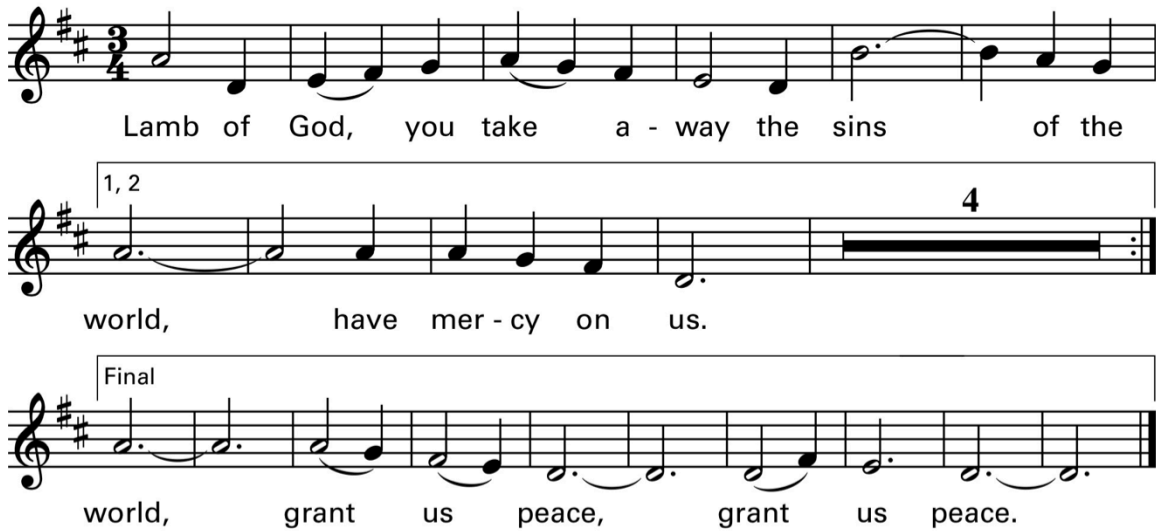


Communion Rite

The Lord's Prayer ❖ The Sign of Peace ❖ The Breaking of the Bread

LAMB OF GOD

Mass of Spirit and Grace
Ricky Manalo, CSP



Communion Procession

Now In This Banquet

Refrain *May be sung in canon.

Marty Haugen



Continued...

Verses 1, 2



1. You who have touched us and graced us with love,
2. Let our hearts burn with the fire of your love;



make us your peo-ple of good-ness and light.
o - pen our eyes to the glo - ry of God.

Verse 3



3. God who makes the blind to see, God who makes the



lame to walk, bring us danc - ing in - to day,



lead your peo - ple in your way.

Verse 4



4. Hope for the hope-less, light for the blind,



"Strong" is your name, Lord, "Gen-tle" and "Kind."

Verse 5



5. Call us to be your light, call us to be your love,



make us your peo - ple a - gain.

Open My Eyes

Verses

Jesse Manibusan



1. O - pen my eyes, Lord. Help me to see your face.
 2. O - pen my ears, Lord. Help me to hear your voice.
 3. O - pen my heart, Lord. Help me to love like you.
 4. I live with - in you. Deep in your heart, O Love.



O - pen my eyes, Lord. Help me to see. (To verse 2)
 O - pen my ears, Lord. Help me to hear. (To verse 3)
 O - pen my heart, Lord. Help me to love. (To bridge)
 I live with - in you. Rest now in me.

❖ Concluding Rites ❖

Hymn of Sending

Amazing Grace



Cantor solo – 1. A - maz - ing grace! how sweet the sound, That
ALL – 2. 'Twas grace that taught my heart to fear, And
Treble / high voices – 3. The Lord has prom - ised good to me, His
Bass / low voices – 4. Through man - y dan - gers, toils, and snares, I
ALL – 5. When we've been there ten - thou - sand years, Bright



saved a wretch like me! I once was lost, but
 grace my fears re - lieved; How pre - cious did that
 word my hope se - cures; He will my shield and
 have al - read - y come; 'Tis grace has brought me
 shin - ing as the sun, We've no less days to



now am found, Was blind, but now I see.
 grace ap - pear The hour I first be - lieved!
 por - tion be As long as life en - dures.
 safe thus far, And grace will lead me home.
 sing God's praise Than when we'd first be - gun.

Please join us in Ellard Hall after the 8 & 10am Mass for
The Best Little Coffee Hour in All of Christendom!

Most Holy Redeemer Mission Statement

Most Holy Redeemer Parish is a Roman Catholic Christian Community. The parish draws people from isolation to community, from searching to awakening, from indifference to concern, from selfishness to meaningful service, from fear in the midst of adversity to faith and hope in God.

The community of Most Holy Redeemer shares God's compassionate love with all people. The parish offers a spiritual home to all: senior citizens and youth; single people and families; those who are straight, gay, lesbian, and transgender; the healthy and the sick, particularly persons with HIV/AIDS.

As a parish community, we celebrate God's loving presence in our lives. In worship and sacrament, especially the Eucharist, we are nurtured and challenged to extend God's kingdom of justice, truth, love and peace by growing in the spirit of Jesus, the Most Holy Redeemer.

Lent and Holy Week at Most Holy Redeemer

Lenten Evening Prayer

Peaceful songs and meditations for your Lenten Journey

Wednesdays ~ 7:00 p.m.

March 1, 8, 15, 22, 29 (Reconciliation)

Face coverings are recommended.

Easter Triduum

Holy Thursday ~ April 6, 7pm

Friday of the Passion of the Lord ~ April 7, 7 p.m.

Vigil: The Paschal Mystery ~ April 8, 8 p.m.

Easter Sunday ~ April 9, 8 a.m., 10 a.m. and 6:30 p.m.



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All are welcome!