

MOST HOLY REDEEMER

Parish



14th Sunday in Ordinary Time
July 9, 2023

Worship Hours

Monday - Friday Daily Mass: 8:00am

Saturday Vigil Mass: 5:00pm

Sunday Masses: 8:00am, 10:00am & 6:30pm

Holy Days: 8:00am and 7:00pm

Reconciliation

Saturday: 3:45pm to 4:30pm

Baptism & Marriages

Please call the parish office
for an appointment.

For marriages please call the parish
office six months in advance.

Our Mission at Most Holy Redeemer Catholic Church

Most Holy Redeemer Parish is a Roman Catholic Christian Community. The parish draws people from isolation to community, from searching to awakening, from indifference to concern, from selfishness to meaningful service, from fear in the midst of adversity to faith and hope in God.

The community of Most Holy Redeemer shares God's compassionate love with all people. The parish offers a spiritual home for senior citizens and youth; single people and families; those who are straight, gay, lesbian, and transgender; the healthy and the sick, particularly persons with HIV.

As a parish community, we celebrate God's loving presence in our lives. In worship and sacrament, especially the Eucharist, we are nurtured and challenged to extend God's kingdom of justice, truth, love and peace by growing in the spirit of Jesus, the Most Holy Redeemer.

God's Inclusive Love Proclaimed Here!



**MOST HOLY REDEEMER
CATHOLIC CHURCH**
100 Diamond Street
San Francisco, California

Phone (415) 863-6259
www.mhr.org

Pastor

Fr. Matt Link, C.P.P.S.
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ty@mhr.org

PARISH OFFICE

Michael Poma, Business Manager
mpoma@mhr.org

PASTORAL COUNCIL

Michael Kirkland
Richard Levy
James Lonergan
Trudy Miller
Cyndy Zimmer

FINANCE COUNCIL

Marc Colelli, Chair
Steve Adams
Micaela Connery
Stephen McCarthy
John Solaegui
Diane Trewin

LITURGY COMMITTEE

JM Reyes, Chair
Ty Henderson
Hugo Gonzalez
Jacque Grillo

Pablo McLachlan
Sr. Marilyn Morgan
Curtis Murray



Collection - Week of July 2, 2023

Saturday 5pm -	\$259.00
Sunday 8am -	\$304.00
Sunday 10am -	\$1,250.00
Sunday 6:30pm -	\$136.00
Misc. -	\$440.00
VANCO -	\$0.00
Total -	\$2,389.00
Budgeted -	\$4,200.00

AIDS Support Group- \$762.00

Thank you for your generosity!

Give online -



MASS TIMES

Daily Mass: 8am (Mon ~ Fri)
Saturday Vigil Mass: 5pm
Sunday Masses: 8am, 10am & 6:30pm
Holy Days: 8am & 7pm
Reconciliation: Saturdays 3:45pm - 4:30pm

THIS WEEK AT OUR PARISH

JULY 10 ~ 16, 2023

Daily Mass

Monday - Friday 8:00am

Monday

Centering Prayer 7pm (Zoom)

Wednesday

Wednesday Night Suppers 1pm - 7pm

Saturday

Vigil Mass - 5pm

Sunday

Masses: 8am, 10am & 6:30pm

*Join us for Coffee Hour after the
8am & 10am Masses*

**Livestream the 10am Sunday Mass
on our MHR Facebook page:**
www.facebook.com/mhrsf



JULY 10 ~16, 2023

Mon: Gn 28:10-22a Mt 9:18-26
Tue: Gn 32:23-33 Mt 9:32-38
Wed: Gn 41:55-57; 42:5-7a, 17-24a Mt 10:1-7
Thu: Gn 44:18-21, 23b-29; 45:1-5 Mt 10:7-15
Fri: Gn 46:1-7, 28-30 Mt 10:16-23
Sat: Gn 49:29-32; 50:15-26a Mt 10:24-33
Sun: Is 55:10-11 Rom 8:18-23 Mt 13:1-23

July 9, 2023: Fourteenth Sunday in Ordinary Time

In the time before the Civil War, enslaved people sang to encourage one another. As often as not, their songs chanted coded messages about escape routes — whether literal or psychological. Thus we hear, "Gonna lay down my heavy burden, down by the riverside ... ain't gonna study war no more." The first line of this spiritual speaks of a real dream: crossing the river into free territory. The second calls forth the interior freedom to escape bitterness. This song celebrates a graced combination in which a free person would be shackled neither by iron or by lust for vengeance. Imagining the humility and greatness of soul needed to pray for that sort of freedom helps us enter into the message of today's Scriptures.

The prophet Zechariah reflects a comparable combination of greatness and humility in his vision of the arrival of Zion's king. His savior arriving meekly on a donkey is a parody. It mocks the pretentious power of overlords who ride giant stallions and frighten children with the clamor of their armor and war chariots. Zechariah's people had witnessed the arrogance of such conquerors; some among them even recognized that the bullies' posturing and grandiosity were ultimately nothing more than attempts to hide the fragility of the tyrannical power.

The prophet tells his people that God's king will be the antithesis of their oppressors. Horses, chariots and weapons will be banished under this king. The one who comes in humility has no need of weapons. His victory is based on winning the hearts and minds of the people, therefore, he is the only ruler whose reign remains safe from rebellion.

In today's Gospel reading, Jesus also celebrates the power of humility as he thanks his Father that his message has come home to the humble. We can imagine Jesus almost dancing with joy as simple people listen to him and get it. These are people who have gotten caught up in the dynamic of Jesus' love and mission. They've been captured by the love of his tender Father. The people he describes would know how to sing, "Ain't gonna study war no more." They can face those who disdain them with the self-assurance that comes from knowing they are loved beyond measure.

Jesus says, "No one knows the Father except the Son and anyone to whom the Son reveals him." Why just some and not others? Jesus explains the privilege of "little ones," those who are the antithesis of the "wise and learned." The wise ones he's talking about might be called sophisticated. We could think of their "learning" as technology or technique, the ability to control things. Those are acquired skills, achievements of mind and muscle that enable people to manage their world.

Useful as these abilities are, they do not automatically put us in right relationship with ourselves, others or the world around us. The very word "sophistication" serves as a warning to us, for one of its closest verbal cousins is "sophistry," the use of apparently sound arguments to deceive others. We can recognize these wise and learned by the way they strut, letting the world know they consider themselves above the rest — a status they believe they have earned, as if they had chosen wisely when and where to be born.

The little ones? They're different. Their strength lies in the fact that they don't think they know it all. They're open to the free gift of God's love, never expecting to deserve it. The more they discover, the humbler they become and thus even more open to God. This cycle of continual growth in humility creates greatness of soul.

Not only that, but the humbler people are, the freer they become. The freer they are, the less impressed they will be by the self-acclaimed sophisticated ones. They can laugh at parodies of power and importance and feel sympathy for people who rely on them. Paul would recognize them as people who are in the Spirit; people whose humility and confidence, whose courage and humor, all spring from the energy of God's Spirit dwelling in them.

This brings us to Jesus' invitation, "Come unto me all who are burdened ... my yoke is easy." Imagine the freedom of never feeling you had to impress others or demonstrate your worth! (No more being "debtors to the flesh.") Imagine what it would feel like to have genuine sympathy for the "wise and learned," who rely on themselves, compelled to make a show of their prestige. Imagine laying down all those heavy burdens!

This is the invitation of the Gospel. When we rejoice in the fact that we can never earn it, we are prepared to enjoy it.

[Sr. Mary M. McGlone serves on the congregational leadership team of the Sisters of St. Joseph of Carondelet and is a contributor to National Catholic Reporter.](#)



Our Mass celebrants will remember the following intentions during the celebration of the Eucharist:

Saturday, July 8

5pm Giuseppe & Angelina Fazio †

Sunday, July 9

8am William Adams †

10am Pamela Pope †

The Kirchubels †

Fred, Edna, & Bill

6:30p MHR Parish

Monday, July 10

8am Michael Leonard

Tuesday, July 11

8am Coming Home Hospice Patients

Wednesday, July 12

8am Wednesday Night Suppers

Thursday, July 13

8am Kevin Fisher-Paulson

Friday, July 14

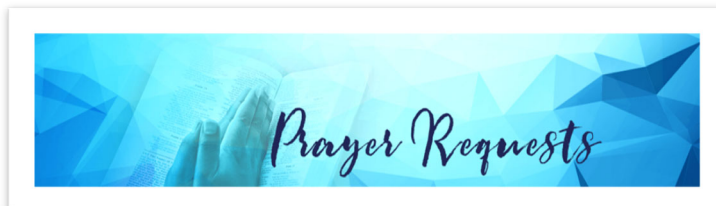
8am Michael Cisneros

Saturday, July 15

5pm Michael Gorman †

Mass Intentions are celebrated for those to remember a loved one, honor someone on an important date or celebrate a special occasion.

To schedule a Mass Intention or sponsor the weekend altar flowers, please call the parish office at 415-863-6259 or email secretary@mhr.org.



**Jerry Anderson, Bob Barcewski, Laura Barrera, John Colelli,
Jacqueline Farah, Katherine Ayman Farah, Torchy Garcia,
Eileen Gayton, Wallace Greene, Paul Haire,
Serge Hubert, Joh Johnson, Patricia Ligos, Cliff Morrison,
John Notor, Nadia O'Donnell, Meme Riordan,
Maureen O'Sullivan, Kate Raymundo, Yoko Yoshi,
and Ryan Zuniga,**



COMMUNITY
LIFE

Visit us:

On the web: www.mhr.org

Facebook: www.facebook.com/mhrsf

Instagram: [mhrcatholicf](https://www.instagram.com/mhrcatholicf)

Centering Prayer is meeting via Zoom on Monday evenings @ 7:00pm.
Email centering@mhr.org for Zoom login details.

Bible Study on upcoming Sunday readings meets via Zoom on Tuesday evenings at 7pm.
Email biblestudy@mhr.org for login and for more information.

Christian Healing Prayer Group: Please join us on the first Thursday of each month at 2pm in the Church. Email markwbass@yahoo.com for information.

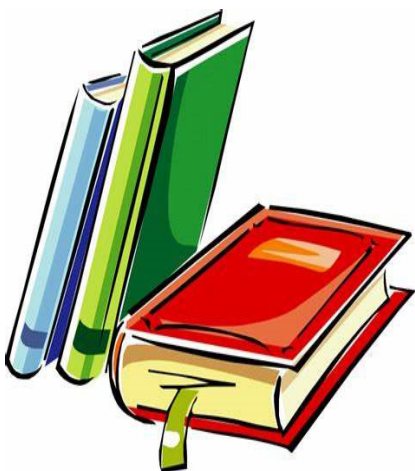
An Auto External Defibrillator is located in hallway next to the women's restroom in Ellard Hall.

MOST HOLY REDEEMER HIV/AIDS SUPPORT GROUP



Volunteers Needed: We are looking for volunteers to call, visit and/or help our people. If you are interested in volunteering, please contact Pete Toms at 415-612-0651 or email asg@mhr.org.

Community Thrift: Community Thrift returns to the Support Group a portion of the sales of items donated in our name which allows us to purchase food vouchers for the needy in our HIV community. Please bring your unwanted and usable clothing and household items to Community Thrift at 623 Valencia, between 17th & 18th Streets Be sure to mention that MHR AIDS Support Group is your charity ---Charity # 242. Thank you.



LIBRARY CORNER

New Acquisitions in our parish library:

Immigration and Faith: Cultural, Biblical, and Theological Narratives Brett C. Hoover tackles the issues surrounding migration to and within the United States for all to better understand and support each other.

A Theology of Migration: The Bodies of Refugees and The Body of Christ Daniel G. Groody sees "the crucified body of Christ in the broken bodies of refugees and how their bodies are transubstantiated into the Eucharistic Body of Christ to give new life to us all". – Peter Phan

OUR PARISH COMMUNITY BIRTHDAYS

**Bob Barcewski, Brad Chavez, Paula Zimmerman,
Matt Liang-Chaboud, Jamie Reyes, Frank La Fleur
and Ricardo Lugo**



MHR PEACE AND SOCIAL JUSTICE CORNER

July 2023: Embracing Diversity: Celebrating the Journey of Immigration



This week, as we commemorate the courageous journey of immigration, the MHR Peace and Social Justice Corner highlights an insightful article that discusses the recent call by the President of the Catholic Bishops for improved border management and ongoing care for immigrants.

The article discusses a statement made by Archbishop Timothy Broglio, the president of the U.S. Conference of Catholic Bishops, during their spring gathering. Archbishop Broglio called for effective and humane border management as part of comprehensive immigration reforms. He emphasized the Church's commitment to assisting migrants and urged fellow Catholics to continue providing aid. Broglio expressed concern about the practice of some governors transporting migrants from one state to another, seeing it as potentially problematic if done for political statements rather than responding to immediate needs.

"If they're transporting them, because those other states might be better able to respond to the immediate needs, well then that might be a way of responding to the problem. However, I suspect that it's more to make a statement."

Earlier last month, El Paso Bishop Mark Seitz voiced similar criticism after Florida state workers recruited migrants outside a Catholic church for a tax-funded flight to California, with promises of jobs and housing, a Catholic official said. Florida Gov. Ron DeSantis, a Republican presidential candidate, has taken credit for such flights.

For further reading on this topic, please visit the provided link: (<https://www.usnews.com/news/us/articles/2023-06-15/catholic-bishops-president-calls-for-better-border-management-continued-care-for-immigrants>)



Sing in the Summer Choir!!

During July and August, the MHR Choir is in *Summer Choir* mode.
Choir is open to everyone with no commitment required.
Just come for the rehearsal Thursday evening and sing on the following Sunday.

Rehearsal – Thursday, 7:00 PM in the choir loft

Warm-up – Sunday, 9:15AM, downstairs in the Ellhard Hall
before the 10AM Mass.

- To sing with the choir on Sunday, come to rehearsal on the Thursday before.
- Bring a friend – it's a perfect time to invite people to try choir.
- During the Summertime we sing easy choral pieces and familiar hymns.



A History of the Cathedral complete with vintage black and white photos of its groundbreaking and construction

Several congratulatory notes from parishes and Catholic ministries from across the archdiocese

The Second Vatican Council's influence on the architecture

Other uplifting articles on faith and spirituality

The magazine is released seven to eight times per year and regularly features all the great happenings at the local parishes, schools, and other ministries.

Visit: www.sfarch.org/catholic-sf-magazine/

Subscribe to Catholic San Francisco for free!