

# MOST HOLY REDEEMER

## *Parish*



18th Sunday in Ordinary Time  
August 6, 2023

### Worship Hours

Monday - Friday Daily Mass: 8:00am  
Saturday Vigil Mass: 5:00pm  
Sunday Masses: 8:00am, 10:00am & 6:30pm  
Holy Days: 8:00am and 7:00pm

### Reconciliation

Saturday: 3:45pm to 4:30pm

### Baptism & Marriages

Please call the parish office  
for an appointment.  
For marriages please call the parish  
office six months in advance.

### **Our Mission at Most Holy Redeemer Catholic Church**

Most Holy Redeemer Parish is a Roman Catholic Christian Community. The parish draws people from isolation to community, from searching to awakening, from indifference to concern, from selfishness to meaningful service, from fear in the midst of adversity to faith and hope in God.

The community of Most Holy Redeemer shares God's compassionate love with all people. The parish offers a spiritual home for senior citizens and youth; single people and families; those who are straight, gay, lesbian, and transgender; the healthy and the sick, particularly persons with HIV.

As a parish community, we celebrate God's loving presence in our lives. In worship and sacrament, especially the Eucharist, we are nurtured and challenged to extend God's kingdom of justice, truth, love and peace by growing in the spirit of Jesus, the Most Holy Redeemer.

*God's Inclusive Love Proclaimed Here!*



**MOST HOLY REDEEMER  
CATHOLIC CHURCH**  
100 Diamond Street  
San Francisco, California

Phone (415) 863-6259  
[www.mhr.org](http://www.mhr.org)

**Pastor**

**Fr. Matt Link, C.P.P.S.**  
[frmatt@mhr.org](mailto:frmatt@mhr.org)

**MUSIC MINISTRY**

**Ty Henderson**, Director of Music  
[ty@mhr.org](mailto:ty@mhr.org)

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**Michael Poma**, Business Manager  
[mpoma@mhr.org](mailto:mpoma@mhr.org)

**Cristy Torres**, Administrative Assistant

**PASTORAL COUNCIL**

Michael Kirkland  
Richard Levy  
James Lonergan  
Trudy Miller  
Cyndy Zimmer

**FINANCE COUNCIL**

Marc Colelli, Chair  
Steve Adams  
Micaela Connery  
Stephen McCarthy  
John Solaegui  
Diane Trewin

**LITURGY COMMITTEE**

Ty Henderson, Chair  
Hugo Gonzalez  
Jacque Grillo

Pablo McLachlan  
Sr. Marilyn Morgan  
Curtis Murray



**Collection - Week of July 30, 2023**

Saturday 5pm -	\$314.00
Sunday 8am -	\$255.00
Sunday 10am -	\$884.00
Sunday 6:30pm -	\$66.00
Misc. -	\$485.00
<b>VANCO -</b>	<b>\$991.00</b>
<b>Total -</b>	<b>\$2,995.00</b>
<b>Budgeted -</b>	<b>\$4,200.00</b>
 St. Vincent de Paul -	 \$879.00

***Thank you for your generosity!***

**Give online -**



**MASS TIMES**

**Daily Mass:** 8am (Mon ~ Fri)  
**Saturday Vigil Mass:** 5pm  
**Sunday Masses:** 8am, 10am & 6:30pm  
**Holy Days:** 8am & 7pm  
**Reconciliation:** Saturdays 3:45pm - 4:30pm

**THIS WEEK AT OUR PARISH**

***AUG 7 — AUG 13***

**Daily Mass**

Monday - Friday 8:00am

**Monday**

Centering Prayer 7pm (Zoom)

**Wednesday**

Wednesday Night Suppers 1pm - 7pm

**Saturday**

Vigil Mass - 5pm

**Sunday**

Masses: 8am, 10am & 6:30pm

*Join us for Coffee Hour after the  
8am & 10am Masses*

**Livestream the 10am Sunday Mass**

**on our MHR page:**

[www.mhr.org/livestream](http://www.mhr.org/livestream)



***AUG 7 — AUG 13***

Mon: [Nm 11:4b-15](#) [Mt 14:13-21](#)  
Tue: [Nm 12:1-13](#) [Mt 14:22-36](#)  
Wed: [Nm 13:1-2, 25-14:1, 26a-29a, 34-35](#)  
[Mt 15: 21-28](#)  
Thu: [2 Cor 9:6-10](#) [Jn 12:24-26](#)  
Fri: [Dt 4:32-40](#) [Mt 16:24-28](#)  
Sat: [Dt 6:4-13](#) [Mt 17:14-20](#)  
Sun: [1 Kgs 19:9a, 11-13a](#) [Mt 14:22-33](#)

# August 6, 2023: Feast of the Transfiguration of the Lord

Did you ever wonder how the image of God as an elderly man with white hair got started? The Book of Daniel has probably inspired lots of artists, [the most influential being Michelangelo](#). Interestingly, while a seeming majority depict God as European, Daniel suggests a more African image. Definitively gendered and ethnocentric religious art can cripple our imaginations.

To be fair, the author of today's first reading was not trying to say what God looks like in the description of the ancient one. The point of this passage was to assure a persecuted people that God outranked any earthly ruler and that God's kingdom would eventually triumph over all evil. The focus of this reading is the image of the son of man, leading us to contemplate Christ who used that title for himself ([Matthew 16:27-28](#)).

Son of Man is a mysterious term. Jesus used the term in at least three ways: as a simple description of his humanity, in reference to his upcoming passion, and finally anticipating his resurrected, eternal destiny. (For examples, see [Matthew 8:20](#); [11:19](#); [16:13](#); [12:32](#); [17:22](#); and [17:9](#) and [25:31](#).) Son of Man seemed to be Jesus' preferred title, pointing to all he was and would be. Seeing this title as Jesus' description of his vocation prepares us to accompany him and the disciples up the mountain of the Transfiguration.

The Transfiguration scene echoes the Hebrew Scriptures at almost every turn. Most obviously, it features Moses, the one to whom God's law was revealed, and Elijah, the father of the prophets. Additionally, Jesus' ascent with two disciples evokes the memory of Moses leading his disciples to a mountain encounter with God ([Exodus 24:9-11](#)). Finally, and most strikingly, Matthew situates this incident six days after Jesus had spoken about his coming passion. That seemingly subtle detail situated the Transfiguration on the seventh day, referring to the fulfillment of creation ([Matthew 17:1](#), [Genesis 2:1-3](#)). Matthew gives us these details as if they were background music to what is about to happen — even if the disciples weren't aware of it. (Imagine "How Great Thou Art.")

Jesus' disciples were probably not expecting much to happen on that mountain. They had been with Jesus and seen him pray before. But this time was different. Without any preamble, Jesus became transfigured (metamorphized) before them. Matthew tells us that Jesus' garments were white as light and his face shone like the sun. Symbolically, the light, the first thing God created, indicates that Jesus was clothed in God's presence. Jesus' shining face suggests something more.

The Hebrew word for praise is [tehillah](#), which means to shine, indicating that a prayer of praise leads one to reflect the glory of God. Jesus' shining face revealed God. His prayer made him a mirror of God. Standing with Moses, God's lawgiver, and Elijah the prophet, Jesus reflected God's glory. This underlines Matthew's theology of Jesus as Emmanuel, God in our midst. (See [Matthew 1:23](#) and [28:20](#).)

Peter embodied the disciples' response to this epiphany. They were glimpsing something more than they had previously perceived about Jesus and, like people concentrating on cameras at a wedding, their first response was to freeze it in time rather than let it affect them in the moment. Suddenly they were swept beyond their wonder and enveloped in a cloud, a sign that there was more to this moment than they could grasp.

Beyond the symbolism of Moses and Elijah, the mountain and the light, the crux of the experience was the word of God: "This is my beloved Son ... listen to him." That proclamation, echoing what Jesus had heard at his baptism ([Matthew 3:16-17](#)), confirmed Jesus as God's own and voiced the one command necessary: "Listen to him."

"Listen to him." That's all. If we want to know what God is like, listen to him. If we want to hear God's voice in our own time, if we want to know the will of God, listen to him.

Hidden in that command is the invitation to praise him — for what else would we do if we really recognize him? Then, like Jesus before God, our praise will begin to transform us into his image.

The wonder of the Transfiguration was not a light show but an invitation. If we want to know what God really looks like, we will gaze on those who love God — they come with curly hair and gray buns. They're old and young, Christian, Muslim, Jew and more. Not even Michelangelo could imagine all the variations in which God chooses to appear among us.

*Just listen and our world will be transfigured.*

Mary M. McGlone, Sr. Mary M. McGlone serves on the congregational leadership team of the Sisters of St. Joseph of Carondelet.



***Our Mass celebrants will remember the following intentions  
during the celebration of the Eucharist:***

**Saturday, August 5**

5pm Chieko Ishikawn

**Sunday, August 6**

8am Vivi Blanquie †

10am MHR Parish

6:30p Ellen Flanagan †

**Monday, August 7**

8am Timothy Cook †

**Tuesday, August 8**

8am Gary Kovack Sr. †

**Wednesday, August 9**

8am Wednesday Night Suppers

**Thursday, August 10**

8am Carlos Rodriguez †

**Friday, August 11**

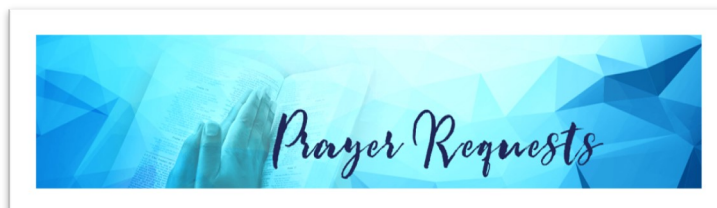
8am Elizabeth O'Sullivan †

**Saturday, August 12**

5pm Cora Ismarin †

Mass Intentions are celebrated for those to remember a loved one, honor  
someone on an important date or celebrate a special occasion.

To schedule a Mass Intention or sponsor the weekend altar flowers,  
please call the parish office at 415-863-6259 or email [secretary@mhr.org](mailto:secretary@mhr.org).



**Maggie Rousseau, Ed Le Clair, Jerry Anderson, Bob Barcewski, Laura Barrera,  
John Colelli, Jacqueline Farah, Katherine Ayman Farah, Torchy Garcia,  
Eileen Gayton, Wallace Greene, Paul Haire, Serge Hubert,  
Joh Johnson, Ashley Kline, Patricia Ligos, John Mauerer, Cliff Morrison,  
John Notor, Nadia O'Donnell, Meme Riordan,  
Maureen O'Sullivan, Kate Raymundo, Yoko Yoshi, and Ryan Zuniga**





COMMUNITY  
LIFE

Visit us:

On the web: [www.mhr.org](http://www.mhr.org)

Facebook: [www.facebook.com/mhrsf](https://www.facebook.com/mhrsf)

Instagram: [mhrcatholicsf](https://www.instagram.com/mhrcatholicsf)

Centering Prayer is meeting via Zoom on Monday evenings @ 7:00pm.  
Email [centering@mhr.org](mailto:centering@mhr.org) for Zoom login details.

Bible Study on upcoming Sunday readings meets via Zoom on Tuesday evenings at 7pm.  
Email [biblestudy@mhr.org](mailto:biblestudy@mhr.org) for login and for more information.

Christian Healing Prayer Group: Please join us on the first Thursday of each month at 2pm in the Church. Email [markwbass@yahoo.com](mailto:markwbass@yahoo.com) for information.

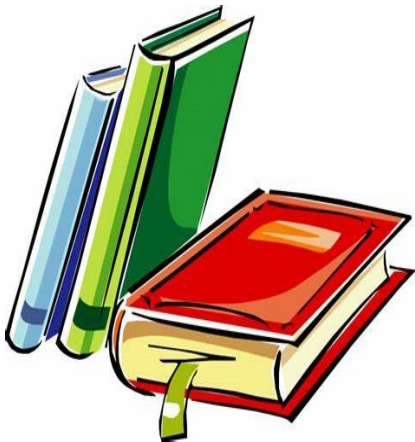
**An Auto External Defibrillator is located in hallway next to the women's restroom in Ellard Hall.**

### MOST HOLY REDEEMER HIV/AIDS SUPPORT GROUP



**Volunteers Needed:** We are looking for volunteers to call, visit and/or help our people. If you are interested in volunteering, please contact Pete Toms at 415-612-0651 or email [asg@mhr.org](mailto:asg@mhr.org).

**Community Thrift:** Community Thrift returns to the Support Group a portion of the sales of items donated in our name which allows us to purchase food vouchers for the needy in our HIV community. Please bring your unwanted and usable clothing and household items to Community Thrift at 623 Valencia, between 17th & 18th Streets Be sure to mention that MHR AIDS Support Group is your charity ---Charity # 242. Thank you.



### LIBRARY CORNER

#### New Acquisitions in our parish library:

##### Poverty by America

Matthew Desmond draws on history, research, and original reporting to show how Americans who are financially secure, knowingly and unknowingly, keep poor people poor.

### OUR PARISH COMMUNITY BIRTHDAYS

John Tallon, Ann Romero, Jo-Anne O'Hare, Ramona Michaels, Anthony Macias, Patricia Plantz, Jim Moldovan, Ken Schott, Tony Vela, Areal Alvarado, Christopher Goodwin, MJ Schleicher, Joseph Fernicola, Victor Gonzales, Terri Pagano - Grindall, Scott Perket, Tom Diserio



## MHR PEACE AND SOCIAL JUSTICE CORNER

### August 2023 - Health Care

This month's Peace and Social Justice Corner theme is **HEALTH CARE** and we are happy to have Mike Daly, one of our parishioners, share his personal experience with us on the ground in the front line of his work at General.

"I have worked at Zuckerberg-San Francisco General Hospital for 32 years as a Registered Nurse. Known as a Level 1 Trauma Hospital, SFGH is also a safety net for the underserved population, including the poor, elderly, uninsured working families, immigrants and the homeless. Between 2014 to present 92% of the patient population either receive publicly funded health insurance such as Medicare/Medicaid or are uninsured.

The uninsured place a huge pressure on the health care service system, and a full 34% of such patients fail to follow up at a clinical appointment post-surgical intervention. Many reasons for patients to be uninsured include loss of job with health benefits, incomplete application for insurance within the county, and/or are undocumented. This results in poor access to providers and necessary treatment and excessive use of the Emergency Room seeking treatment instead of Urgent Care which is less costly. Often delay in treatment can lead to detrimental outcomes, and in particular, sepsis which can be fatal.

Sepsis is an overwhelming infection caused by blunt trauma, pneumonia, infected wounds, and dehydration, resulting in multi organ failure with a high mortality rate and high hospital associated costs. Sepsis is difficult to identify, as similar symptoms to drug withdrawal are noted such as lethargy and unresponsiveness, confusion, and may have presence/absence of a fever. Hospitals, including ours, have implemented what is known as a "Sepsis Bundle" to identify early signs of sepsis and thereby, save patients lives.

In the health care community, the questions we ask ourselves are the questions I might urge all of us to ask ourselves as well:

How can we educate/support people to be better informed on their health care needs?

How can volunteers/staff, and the general public, identify health care issues in a timely manner?"



Further reading: Zuckerberg San Francisco General Annual Report  
<https://zuckerbergsanfranciscogeneral.org/about-us/news/annual-reports/>



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CATHOLIC CHURCH**

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**LIVE STREAMING**

Join us each Sunday for  
10 AM PDT Mass  
[MHR.org/livestream](http://MHR.org/livestream)