

MOST HOLY REDEEMER

Parish



19th Sunday in Ordinary Time
August 13, 2023

Worship Hours

Monday - Friday Daily Mass: 8:00am
Saturday Vigil Mass: 5:00pm
Sunday Masses: 8:00am, 10:00am & 6:30pm
Holy Days: 8:00am and 7:00pm

Reconciliation

Saturday: 3:45pm to 4:30pm

Baptism & Marriages

Please call the parish office
for an appointment.
For marriages please call the parish
office six months in advance.

Our Mission at Most Holy Redeemer Catholic Church

Most Holy Redeemer Parish is a Roman Catholic Christian Community. The parish draws people from isolation to community, from searching to awakening, from indifference to concern, from selfishness to meaningful service, from fear in the midst of adversity to faith and hope in God.

The community of Most Holy Redeemer shares God's compassionate love with all people. The parish offers a spiritual home for senior citizens and youth; single people and families; those who are straight, gay, lesbian, and transgender; the healthy and the sick, particularly persons with HIV.

As a parish community, we celebrate God's loving presence in our lives. In worship and sacrament, especially the Eucharist, we are nurtured and challenged to extend God's kingdom of justice, truth, love and peace by growing in the spirit of Jesus, the Most Holy Redeemer.

God's Inclusive Love Proclaimed Here!



**MOST HOLY REDEEMER
CATHOLIC CHURCH**
100 Diamond Street
San Francisco, California

Phone (415) 863-6259
www.mhr.org

Pastor

Fr. Matt Link, C.P.P.S.
frmatt@mhr.org

MUSIC MINISTRY

Ty Henderson, Director of Music
ty@mhr.org

PARISH OFFICE

Michael Poma, Business Manager
mpoma@mhr.org

Cristy Torres, Administrative Assistant

PASTORAL COUNCIL

Michael Kirkland
Richard Levy
James Lonergan
Trudy Miller
Cyndy Zimmer

FINANCE COUNCIL

Marc Colelli, Chair
Steve Adams
Micaela Connery
Stephen McCarthy
John Solaegui
Diane Trewin

LITURGY COMMITTEE

Ty Henderson, Chair
Hugo Gonzalez
Jacque Grillo

Pablo McLachlan
Sr. Marilyn Morgan
Curtis Murray



Collection - Week of August 6, 2023

Saturday 5pm -	\$216.00
Sunday 8am -	\$960.00
Sunday 10am -	\$1,022.00
Sunday 6:30pm -	\$214.00
Misc. -	\$275.00
VANCO -	\$1,025.00
Total -	\$3,712.00
Budgeted -	\$4,200.00
 Facilities -	 \$791.00

Thank you for your generosity!

Give online -



MASS TIMES

Daily Mass: 8am (Mon ~ Fri)
Saturday Vigil Mass: 5pm
Sunday Masses: 8am, 10am & 6:30pm
Holy Days: 8am & 7pm
Reconciliation: Saturdays 3:45pm - 4:30pm
(or by appointment)

THIS WEEK AT OUR PARISH

AUG 14 — AUG 20

Daily Mass

Monday - Friday 8:00am

Monday

Centering Prayer 7pm (Zoom)

Tuesday

Solemnity of the Assumption of the Blessed Virgin Mary

Masses: 8:00AM & 7:00PM

Wednesday

Wednesday Night Suppers 1pm - 7pm

Saturday

Vigil Mass - 5pm

Sunday

Masses: 8am, 10am & 6:30pm

*Join us for Coffee Hour after the
8am & 10am Masses*

Livestream the 10am Sunday Mass

on our MHR page:

www.mhr.org/livestream



AUG 14 — AUG 20

Mon: [Dt 10:12-22](#) [Mt 17:22-27](#)

Tue: ***Assumption of the Blessed Virgin Mary***

[1 Chr 15:3-4, 15-16; 16:1-2](#) [1 Cor 15:54b-57](#) [Lk 11:27-28](#)

Wed: [Dt 34:1-12](#) [Mt 18:15-20](#)

Thu: [Jos 3:7-10a, 11, 13-17](#) [Mt 18:21-19:1](#)

Fri: [Jos 24:1-13](#) [Mt 19:3-12](#)

Sat: [Jos 24:14-29](#) [Mt 19:13-15](#)

Sun: [Is 56:1, 6-7](#) [Mt 15:21-28](#)

MHR Handbell Choir

Handbells are a unique and delightful instrument. There are many uses for handbells as part of the liturgy and in other events. They may be used alone or with voices or other instruments and will add to the beauty of our praise through music.

We're aiming to establish a Handbell Choir as part of the music Ministry at MHR, and we need your help. This Sunday marks the commencement of our Handbell Pledge Campaign.

There are many kinds of gear needed by a Handbell Choir and many ways to support the Campaign.

There is additional information on the front page of the website — www.MHR.org — and printed in the Worship Aid insert. You may also call Ty in the office for additional information.

Thank you for your consideration.



LIVING OUR FAITH



Solemnity of the Assumption of the Blessed Virgin Mary

Next Tuesday, 8/15
is a holy day of obligation.

Masses times
8:00AM & 7:00PM

August 13, 2023: Nineteenth Sunday in Ordinary Time

Difficult and dangerous times. Intolerant religious leaders disdain the "deviants." Prophetic voices are silenced as a threat to others. Hungry people holding what little they have. This describes the environment of today's Gospel — and ours?

The disciples knew Jesus as the prophet rejected by his own. They saw him lead thousands of hungry people to share a little bread and be satisfied. All of this happened just after the preacher closest to Jesus was senselessly martyred by a deranged ruler. Then Jesus slipped away to pray (Matthew 13:54-14:33).

No wonder the disciples feared they were about to die on turbulent waters! Matthew, Mark and John each narrate a version of the storm and Jesus calming the disciples, but Matthew is the only one to tell on Peter.

Peter is named 24 times in Matthew's Gospel. He was among the first disciples called (4:18). Jesus visited his home and healed his mother-in-law (8:14). Peter assumed the role of speaker for the group (17:24). Beyond that, Peter stars in three stories that have the same plot: today's stormy sea account, his proclamation of faith in Jesus (16:13-28) and his response to Jesus' passion (26:31-75).

The scene of today's incident has the disciples boarding their boat just after Jesus had preached all day to a multitude. In that scene, when the disciples suggested that Jesus send people home to eat, he told them to offer their own meager provisions to feed the five thousand. Even more preposterous than that proposal was the crowd's sharing of bread and fish until they were satisfied. That's what the disciples had experienced before embarking.

Once on the water, they got caught in a storm. While the waves had their way with the boat and the disciples fought for their lives, Jesus walked toward them on the water. Because his appearance was the last thing they expected, they figured they were seeing a ghost — a sure sign that they were about to die! Then, as all God's messengers do, Jesus said, "Do not be afraid."

Peter, a sterling example of the dictum that anything worth doing is worth overdoing, decided to test the waters: "If it's really you, call me to join you out there!" Jesus replied, "Come."

What a test! "If it is you, let me walk on water!" Did Peter even consider what would happen if it had not been Jesus out there? Peter jumped overboard (in every sense) and started to do what Jesus did. For a quick minute it worked; then Peter let himself get overwhelmed. That sank him. But for Jesus, it would have been the end.

As he pulled Peter's head above the water, Jesus said, "O you of little faith!" How was that fair? Peter had risked his life to take a chance on Jesus! Wouldn't it have been nicer to say something like "Great try!"? He could have asked Peter what had happened. But no, Jesus just said, "O you of little faith."

There's a subtle and costly dynamic in all of this. On the mountain Jesus had told his disciples to give everything for others; it worked and everyone ate. Then, when they were in mortal danger, only Peter took a crazy risk. Although he sank into doubt, his daring brought him into a new relationship with Jesus. Jesus had now truly saved him. At least this once, Peter had risked it all. He bet his life on Jesus — and in the midst of not getting it right, Jesus did more for him than anyone ever had before.

Matthew leads us to ask who understood Jesus better, the ones who did solemn homage (like the Magi who returned home) or the wild one Jesus rescued when his behavior looked like pure folly. Isn't Peter's risky expression of faith much greater than that of the boat-bound spectators who simply worshipped? Risk, failure and redemption seem to be Peter's pattern. He repeated it when he proclaimed Jesus as Messiah and then told him how to do it. He did it again when, after swearing he would die for Jesus, he denied him and went off weeping.

Peter offers us a saintly example of extravagance. Fear of failure didn't stop him, he kept growing closer to Jesus who appreciated his passion rather than worrying about his weaknesses. Jesus didn't criticize the group who stayed in the boat. They gave him proper homage. But Peter loved Jesus with a wild heart, mind and soul, plus a drenched body. Peter's very doubts allowed him to go deeper. Maybe we should hear "you of little faith" as an invitation.

Peter shows us how to risk the depths. His example dares us, too, to do what Jesus did.

Today's word of God is, "Come." It's the only remedy for our little faith.



Our Mass celebrants will remember the following intentions during the celebration of the Eucharist:

Saturday, August 12

5pm Cora Ismarin †

Sunday, August 13

8am Benefactors, Volunteers &
Clients of our Aids Support Group

10am MHR Parish

6:30p Sr. Marilyn Morgan

Monday, August 14

8am Jack Poma †

Tuesday, August 15

8am Joseph Hargadon †

Wednesday, August 16

8am Wednesday Night Suppers

Bill Matthews †

Thursday, August 17

8am Giuseppe & Angelina Fazio †

Friday, August 18

8am Tom Wallerstein †

Saturday, August 19

5pm Bernie Banonis †

This weeks flower arrangement is in honor of:

Sr. Marilyn Morgan's Jubilee

Celebrating 60 years of Religious Life

To schedule a Mass Intention
or sponsor the weekend altar flowers,

please call the parish office at 415-863-6259
or email secretary@mhr.org.



**Maggie Rousseau, Ed Le Clair, Jerry Anderson, Bob Barcewski, Laura Barrera,
John Colelli, Jacqueline Farah, Katherine Ayman Farah, Torchy Garcia,
Eileen Gayton, Wallace Greene, Paul Haire, Serge Hubert,
Joh Johnson, Ashley Kline, Patricia Ligos, John Mauerer, Cliff Morrison,
John Notor, Nadia O'Donnell, Meme Riordan,
Maureen O'Sullivan, Kate Raymundo, Yoko Yoshi, and Ryan Zuniga**



COMMUNITY
LIFE

Visit us:

On the web: www.mhr.org

Facebook: www.facebook.com/mhrsf

Instagram: [mhrcatholicsf](https://www.instagram.com/mhrcatholicsf)

Centering Prayer is meeting via Zoom on Monday evenings @ 7:00pm.
Email centering@mhr.org for Zoom login details.

Bible Study on upcoming Sunday readings meets via Zoom on Tuesday evenings at 7pm.
Email biblestudy@mhr.org for login and for more information.

Christian Healing Prayer Group: Please join us on the first Thursday of each month at 2pm in the Church. Email markwbass@yahoo.com for information.

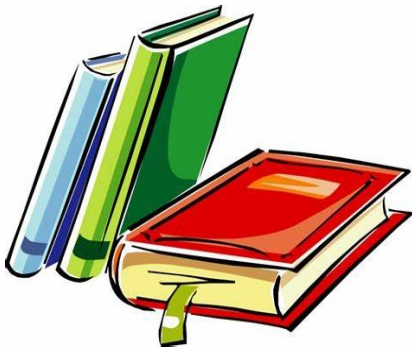
An Auto External Defibrillator is located in hallway next to the women's restroom in Ellard Hall.

MOST HOLY REDEEMER HIV/AIDS SUPPORT GROUP



Volunteers Needed: We are looking for volunteers to call, visit and/or help our people. If you are interested in volunteering, please contact Pete Toms at 415-612-0651 or email asg@mhr.org.

Community Thrift: Community Thrift returns to the Support Group a portion of the sales of items donated in our name which allows us to purchase food vouchers for the needy in our HIV community. Please bring your unwanted and usable clothing and household items to Community Thrift at 623 Valencia, between 17th & 18th Streets Be sure to mention that MHR AIDS Support Group is your charity ---Charity # 242. Thank you.



LIBRARY CORNER

New Acquisitions in our parish library:

Poverty by America

Matthew Desmond draws on history, research, and original reporting to show how Americans who are financially secure, knowingly and unknowingly, keep poor people poor.

OUR PARISH COMMUNITY BIRTHDAYS

John Tallon, Thomas Sullivan, Jim McDermott, Garry DuFour, Chris Thompson, Zane Fisher-Paulson, Manny Mandapat, Leah Molera, Chris Perez, Aira Villareal, Suzy Loftus, B. Quanta Avanzar



MHR PEACE AND SOCIAL JUSTICE CORNER

August 2023 - Health Care



This month's Peace and Social Justice Corner theme is HEALTH CARE and we are happy to have Mike Daly, one of our parishioners, share his personal experience with us on the ground in the front line of his work at General.

This week, continuing on the theme of Health Care, I would like to discuss the care of people with the diagnosis of diabetes.

First, by way of education, some facts: in 2022, cases of diabetes have risen to an estimated 37.3 million people, or 11.3 % of the US population, and further, it is estimated that 8.5 million people have diabetes but have not yet been diagnosed (2022).

Diabetes has impacts on people from all social, economic, and ethnic backgrounds. In children statistics are more alarming as it is estimated that in the year 2035 one in five births will be diagnosed with Type 1 Diabetes meaning that infants will not have the ability to produce insulin. Diabetes can affect many parts of the body and is associated with serious complications, such as heart disease, stroke, blindness, kidney failure, and lower limb amputation.

In the health care community, and specifically in my work with the primarily uninsured patients we see at SFGH, we encourage and support patients to become educated about their diagnosis, controlling their blood glucose, diet, and taking medications. Unfortunately, as a bottle of insulin costs \$35, the cost of these medications can be a financial burden on these individuals, which means the expense of this care must necessarily be borne by the wider community--which makes THEIR health care part of OUR lives.

In his address to doctors on the Feast of St. Luke in 2021, Pope Francis specifically tied public policy around health care funding and pharmaceutical research to our essential Catholic commitment to the dignity of each and every human being. "There are no lives that are unworthy or to be discarded because they do not respond to the criterion of utility or to the demands of profit."

In other words, the provision and funding of health care is a fundamental social justice issue for us Catholics.

Further reading: Centers for Disease Control National Diabetes Statistics Report 2022.

<https://www.catholicnewsagency.com/news/249313/pope-francis-catholic-healthcare-is-called-to-bear-witness-to-human-dignity>

Image Credit: Buravleva stock / Shutterstock